







Outline for

the 19th European Junior Taekwondo Championships

Vila Nova de Gaia – Portugal

September 25th – 28th 2013

Dear Mr President, Dear Sir, Dear Madam,

We are very pleased to receive this championship in our country that will be held in Vila Nova de Gaia, Porto, on the 25th - 28th of September 2013.

We are proud and honoured to invite you and your team to come to Portugal and participate in one of the most important events this year.

In order to offer to the athletes, coaches, refeeree, and all the participants a good time we will provide the best conditions and support. And we believe that a competition as this one, with the best of each country, we will have high level of transparency and fair play.

We wish you all the best of luck and hope that you will enjoy the Championship as well as Portugal.

Yours sincerely,

Jose Luis Sousa President Portuguese Taekwondo Federation









1. Promoter:

European Taekwondo Union (ETU)

Secretary General

P.O. Box 37, 7570 AA Oldenzaal Netherlands

2. Organizer:

Federação Portuguesa de Taekwondo

Rua dos Correeiros nº 221 - 2º drt.

1100-162 Lisboa

E-mail: europeanjunior2013por@gmail.com e secretaria@fptkd.com

Web-site: http://www.fptkd.com/Taekwondo/european2013/

Facebook: https://www.facebook.com/EuropeanJuniorTaekwondo2013

3. Date:

September 25th – 28th 2013

4. Place / Sport hall

Pavilhão Desportivo Municipal / Centro de Alto Rendimento

Rua Almeida Garrett

4430-300 VILA NOVA DE GAIA - PORTUGAL

5. Qualifications:

CRITERION #1: Holder of the nationality of the participating team.

CRITERION #2: An athlete must be nominated by the pertinent national taekwondo association

that is recognised by the European Taekwondo Union and by their NOC.

CRITERION #3: Holder of the Kukkiwon Poom or Dan Certificate

(* A copy of the Dan certificate should be enclosed when registering for accreditation. In case a contestant has applied for a Kukkiwon Dan certificate but has not received it yet, a copy of the Dan application form and the remittance certificate sent to the Kukkiwon must be enclosed when registering for accreditation. Please refer to the Kukkiwon Web site (www.kukkiwon.or.kr) for

more information.)



CRITERION #4: An athlete must be born between 1 January 1996 and 31 December 1998.

CRITERION #5: Holder of the WTF Global Athlete License (GAL)

*** WTF Global Athlete License (GAL) Rules stipulate that all athletes to participate in WTF-promoted championships, except World Para-Taekwondo Championships, should hold WTF GAL. Please take note that entry registration without GAL no. will not be considered as completed. Application for WTF GAL should be made only through Member National Association to Mr. Justin Tenbeth, GAL Project Manager in WTF Lausanne Office, at licence@wtf.org.

6. Categories / Age:

Junior Male and Female.

One contestant per weight category.

Those, who were born in 1996, 1997 or 1998, are eligible to participate.

7. Competition Rules:

The WTF Competition Rules

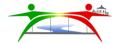
8. Team Entries Male and Female Divisions respectively:

Position	Max. Nº Of Members	Max. Nº Of Members		
	Male	Female		
Head of Team:		1		
Manager:	1	1		
Coach:	2	2		
Trainer:	1	1		
Team Doctor:	1	1		
Contestants:	10	10		

Please, fill and send the team members form until September 1st 2013.

Team Members Form EuroTKD2013.pdf

and send to europeanjunior2013por@gmail.com e secretaria@fptkd.com



9. Weight Divisions:

Weight Divisions (Male):

Fin Not exceeding 45 kg

Over 45 kg and not exceeding 48 kg Fly Over 48 kg and not exceeding 51 kg **Bantam** Over 51 kg and not exceeding 55 kg Feather Light Over 55 kg and not exceeding 59 kg Welter Over 59 kg and not exceeding 63 kg Light Middle Over 63 kg and not exceeding 68 kg Middle Over 68 kg and not exceeding 73 kg Light Heavy Over 73 kg and not exceeding 78 kg

Heavy Over 78 kg

Weight Divisions (Female):

Fin Not exceeding 42 kg

Fly Over 42 kg and not exceeding 44 kg **Bantam** Over 44 kg and not exceeding 46 kg Feather Over 46 kg and not exceeding 49 kg Light Over 49 kg and not exceeding 52 kg Welter Over 52 kg and not exceeding 55 kg Light Middle Over 55 kg and not exceeding 59 kg Middle Over 59 kg and not exceeding 63 kg Light Heavy Over 63 kg and not exceeding 68 kg

Heavy Over 68 kg

10. Award Presentation:

1st place - One gold medal

2nd place – One silver medal

3rd place – Two bronze medal to each

Trophies for National Teams:

The 3 first ranked teams (female, male and in total will each get trophy). The ranking position of the teams will be decided by the Olympic System. All contestants and team officials participating in the European Championships will receive a certificate of participation.



11. Conditions for Participation:

Round trip airfare and accommodation of room and board shall be borne by the participating National Associations.

Entry Forms for participation payment fee:

The entry fee is 60,00 euros per competitor.

Payment by bank before September 1st 2013.

Entry submission after **September 1**st **2013** will be not accepted under any circumstances.

The registered athletes or team officials may be replaced without any penalty money until September 1st 2013.

12. Applications:

All the Application Forms must be sent to the Email europeanjunior2013por@gmail.com

Deadline September 1st 2013.

To register your team:

Please login to the Internet subscription through http://www.tpss.nl

Please upload your pictures of competitors and officials to the website.

Team and officials registration is only online possible by TPSS.

13. WTF – recognized Taekwondo Uniform (Dobok) and Protective Equipment:

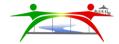
The participating contestants shall wear the WTF recognized Taekwondo uniform (Dobok). The WTF – recognized protective equipment of trunk protector will be provided by the sponsor.

Groin guard, forearm, shin guard and headgear recognized by the WTF shall be carried by the participants for their personal use. Wearing of the WTF recognized Taekwondo Uniform (Dobok) and protective equipment will be checked at the inspection desk before entering into the contest area and any contestants wearing unrecognized Dobok and /or protective equipment shall not be permitted to compete. Daedo PSS will be used in this championship.

14. Medical Control:

Use of drugs or doping by any chemical substances prescribed in the WTF Regulations for Doping Control is strongly prohibited.

The ETU will carry out medical doping test among the winners at random sampling and any winner who refuses to undergo the testing or who proves to have committed a breach of the regulations for Doping Control shall be removed from the final standings, and a disciplinary action will be taken.



15. Indemnities:

It is the responsibility of each National Association to ensure that their contestants have filled in the participation forms correctly and have signed them thereby indemnifying the organizers, the officials and other contestants from any claims of injuries, losses or otherwise arising in the course of participation in these championships or any activities linked therewith.

It is the responsibility of each National Association to ensure that sufficient insurance coverage has been taken out for all officials and participants.

Participants without proper participation entry forms and without sufficient insurance coverage will not be allowed to compete.

Please, fill and send the Personal and Group form until September 1st 2013.

Personal and Group Indemnity Form EuroTKD2013.pdf

16. Head of Team Meeting and Drawing Lots:

This will be conducted by ETU – officials.

The head of team meeting and drawing lots will be conducted electronically prior to the competition in the presence of officials and representatives of the participating nations. The draw will be carried out for all weight categories electronically.

17. Weigh-in:

The weigh-in of the contestants takes place on the previous day of the weight – division they compete.

During the weigh-in, the male contestant shall wear underpants and the female contestant shall wear underpants and brassiere.

However the contestant may weigh-in nude if he/she wishes to do so.

The weigh-in will be conducted once. However, one more weigh-in within the time limit of the official weigh-in will be granted to those contestants who did not qualify the first time.

18. Closing date for entries:

The closing date for receipt of entry forms will be **September 1st 2013.**

The registration for TPSS will be closed September 1st 2013.

Entries received after the closing date will not be accepted.

Strict compliance with the ruling is required.



19. Payment:

The payment of **entry-fee** should be paid to:

Account name: Athanasios Pragalos

IBAN GR50 0120 0040 0000 0003 3662 432

Swift BIC EMPOGRAA

The participating federations can pay the entry fee cash at registration

Please, send the proof of registration to europeanjunior2013por@gmail.com and secretaria@fptkd.com

20. Accommodation:

Accommodation charges for room and boarding of the teams will be born by the participating National Taekwondo Federations. Please note that hotel reservations that are cancelled after the deadline (August 24, 2013) will be fined with 50 % of the total hotel reservation cost.

Hotel reservations that are cancelled after AUGUST 30, 2013 will be fined with 100 % of the total hotel reservation cost.

Please, fill and send the Hotel Reservation form until 24th August 2013

Hotel Reservation Form EuroTKD2013.pdf

And send the proof of bank transfer to europeanjunior2013por@gmail.com

21. Transportation:

Round trip airfare of the teams will be born by the participating National Taekwondo Federations. The Organizing Committee will arrange transportation from the Airport to the official hotels and back as well as the transportation between the hotels and to the sport hall. Transportation will be organized for the teams that have made hotel reservations through the Organizing Committee. National Taekwondo Federations must fully fill in the attached Forms and return it to the Organizer before August 24, 2013



22. Others:

Each participating team should bring two delegation flags with size of 90 cm x 130 cm and CD of the national anthem.

All contestants and officials participating in the 19th European Junior Male and Junior Female Taekwondo Championships will receive a diploma signed by the ETU President.

23. Urgent Note for Hotels:

Reservations and Registrations are only valid when payments have been received and can be confirmed by the Bank. Bank Rates are not included.

Please contact the organizer to make sure that your reservation is confirmed before payment.

As rooms allotment is limited, your room reservation request will be treated according to the space availability at each hotel. Please make sure to confirm hotel availability with the organizing committee before payment.

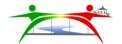
Account name: Marlene European Junior Taekwondo

Bank BPI - Banco Português de Investimento

Account 8-4978385-000-001

IBAN PT50 0010 0000 4978 3850 0010 3

Swift BIC BBPIPTPL



OFFICIAL CHAMPIONSHIP HOTELS ALL PRICES INCLUDE BREAKFAST

	Hotel Name					Price per room	
Code Nr.		City / Distance	Room type	Nr. Of available rooms	Nr. of persons	Until August 9, 2013	from 10 August to 24 August 2013
1 Tiara 5*	Porto	Single	5	5	110,0€	115,5 €	
	Tiara 5*	30 minutes from the					
		competicion venue	Twin	42	84	110,0€	115,5 €
2	Holliday Inn 4*	Vila Nova de Gaia	Single	10	10	73,0€	76,7 €
		7 minutes from the	Double	20	40	78,0€	81,9€
		competicion venue	Twin	80	160	78,0 €	81,9 €
3		Vila Nova de Gaia	Single		0	79,5 €	83,5 €
	Novotel 4*	20 minutes from the					
		competicion venue	Twin	30	60	79,5 €	83,5 €
		Vila Nova de Gaia	Single		0	65,0€	68,3 €
4	Mercure 4*	20 minutes from the					
		competicion venue	Twin	30	60	75,0€	78,8 €
	lpanema 4*	Porto	Single		0	71,0€	74,6 €
5		30 minutes from the					
		competicion venue	Twin	20	40	74,0 €	77,7 €
	Fenix 4*	Porto	Single		0	71,0€	74,6 €
6		30 minutes from the					
		competicion venue	Twin	20	40	74,0 €	77,7 €
	Clip 3*	Vila Nova de Gaia	Single	3	3	56,5€	59,3 €
7		5 minutes from the					
		competicion venue	Twin	15	30	62,5 €	65,6 €
8	Tuela 3*	Porto	Single		3	67,5€	70,9 €
		30 minutes from the					
		competicion venue	Twin	20	40	70,5 €	74,0 €
9	Ibis 2*	Vila Nova de Gaia	Single	4	4	53,0€	55,7 €
		20 minutes from the		22	-	50.0.0	62.6.6
		competicion venue	Twin	30	60	59,0 €	62,0 €
	Park Hotel 2*	Vila Nova de Gaia	Single	3	3	50,0€	52,5 €
10		15 minutes from the		•		50.0.0	
		competicion venue	Twin	29	58	50,0€	52,5€



TIMETABLE (This timetable is subject to change)

Date	Time	Events	Place	
September				
22 Sunday	All Day	Arrivals	Hotels	
September	mber 14:00 - 20:00 Arrivals / Registracion of Teams		Hotel Holiday Inn	
23 Monday				
	10:00 - 16:00	Arrivals / Registracion of Teams	Hotel Holiday Inn	
Comtombou	10:00 - 18:00	Training session	Sport Hall Gaia	
September 24 Tuesday	14:00 - 16:00	Referee Meeting	Hotel Ipanema Park	
24 Tuesuay	16:30 - 17:30	Weigh-in for 25 September	Sport Hall Gaia	
	18:00 - 20:00	Head of Team and Drawing of lots	Hotel Holiday Inn	
	9:30 - 14:00	Male -55kg / -68kg	Sport Hall Gaia	
		Female -42kg / -44kg / +68KG		
September	14:00 - 15:00	Lunch Break		
25	15:00 - 16:00	Opening Ceremony		
Wednesday	16:00 - 18:30	Preliminaries / Semifinals		
	16:30 - 17:30	Weigh-in for 26 September		
	19:00 - 20:00	Finals / Awarding Ceremony		
	09:30 - 14:00	Male -45kg / -48kg / -51kg	Sport Hall Gaia	
Carlanda		Female -46kg / -52kg		
September 26	14:15 - 15:15	Lunch Break		
Thursday	15:15 - 18:00	Preliminaries / Semifinals		
illuisuay	16:30 - 17:30	Weigh-in for 27 September		
	18:30 - 20:00	Finals / Awarding Ceremony		
	09:30 - 14:00	Male -59kg / -63kg / +78kg	Sport Hall Gaia	
		Female -49kg / -59kg		
September 14:15 - 15:1		Lunch Break		
27 Friday	15:15 - 18:30	Preliminaries / Semifinals		
	16:30 - 17:30	Weigh for 28 September		
	19:00 - 20:30	Finals / Awarding Ceremony		
	09:30 - 14:00	Male -73kg / -78kg	Sport Hall Gaia	
September		Female -55kg / -63kg / -68kg		
28	14:15 - 15:15	Lunch Break		
Saturday	15:15 - 18:00	Preliminaries / Semifinals		
	18:00 - 20:30	Finals / Awarding Ceremony		
September	Departure			
29 Sunday		•	Hotels	



Links to forms:

Team Members Form EuroTKD2013.pdf

Hotel Reservation Form EuroTKD2013.pdf

Personal and Group Indemnity Form EuroTKD2013.pdf

Link location of hotels and championship:

location map



We wish you all the best of luck and hope that you will enjoy the Championship as well as Portugal.









