

Costa Rica

9th Taekwondo Open

August 26th-28th IX Costa Rica Open 2016
Venue BN Arena, San José
Costa Rica

WTF Sanctioned, World Ranking G1

Poomsae & Sparring

Infant, Cadetes WTF New Division, Junior, Senior & Executive Seniors, Para Taekwondo.
EBP Daedo



FEDERACION COSTARRICENSE DE TAEKWONDO

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Affiliated to:



Sanctioned by:



Host Hotel



Sponsored by:



Costa Rica Taekwondo Open

Sanctioned

World Taekwondo Federation (WTF)

President Dr. ChungwonChoue

Seochu - Gu, Seoul Korea

Telephone: 82.2.566.2505 / Fax: 82.2.553.4728

Email: wtf@wtf.org

Website: www.wtf.org

Promote

Pan-American Taekwondo Union

President: Grand Master Ji Ho Choi

4 Brook Lane, Plainfield NJ 07060 USA

Telephone: (201) 694.1986 / Fax: (908) 561.5648

Email: masterjihochoi@aol.com

Website: www.patu.org

Organized

Costa Rica Taekwondo Federation

Bodegas Morepark, bodega Núm.13,

San Jose, Costa Rica

Telephone: (506) 22314308 / (506) 72075041 / (506) 85676221

Website: www.tkdcrc.org

Date and Place of the Event

BN Arena, Hatillo 2

San Jose, Costa Rica

26th-28th August, 2016.



Eligibility:

1. Holder of the represented country.
2. Holder of recommendation and recognition of the National Association.
3. Holder Poom or Dan Kukkiwon Certificate
4. Holder of the WTF Global Athlete (GAL) 2016
5. Holder of PATU Coach Certificate for Coaches 2016.

Participants:

All the participants must be nationality holders of the represented country. Every contestant is required to present a Member National Association endorsement for competition.

Competition Rules:

Competition Rules in force for WTF and PATU.

Ages:

1. Cadet: 2002, 2003 & 2004.
2. Junior: 1999, 2000 & 2001.
3. Senior: Born in 1998 and before.

Coaches Qualifications:

The minimum qualification requirements for coaches are as follows:

- All coaches must be at least 18 years of age.
- All Coaches / Trainers must be holders of the PATU 2016 Coach Certificate (granted by participation in a PATU Coach Seminar). Coaches / Trainers that do not have the PATU Coach License shall pay a \$200.00 (USD) fine at the registration desk.

Coaches Dress Code:

During semifinals and finals for G1 all coaches are required to wear a formal suit. Coaches that do not follow the dress code cannot be entered into the field of play and coach.

Sport Equipment:

The C.O. will only provide electronic chest gears for all Black belts participating athletes, athletes must have their electronic foot protectors to combat competition. The PSS DAEDO system will be used from the Cadet category. All athletes are responsible for bringing their own headprotectors.



Official Uniform (Dobok):

Participants must use (dobok) taekwondo white V -neck PATU / WTF in good condition. Black belts must wear WTF approved uniforms with black neck. Logos, team names, countries and athlete names will be allowed according to the rules of the WTF.

Protective equipment:

All Black Belt athletes must use WTF approved equipment's (head, hand foot, shin...etc), by the time of entering the inspection area. All protections must be inside of the Taekwondo uniform. It is prohibited any extra object on the head additional to the headgear. Any religious article must be prior approved and must be used under the headgear, inside the dobok and must not cause any type of obstruction or lack of visibility for the opponent.

Points for medals:

GOLDEN : 7 pts.

SILVER:3 pts.

BRONZE:1 pt.

Registration fee:

- 1) 100 USD Fee to be paid for 1 competition event.
- 2) 160 USD Fee to be paid for 2 competition events.
- 3) 180 USD Fee to be paid for 3 competition events.
- 4) 200 USD Fee to be paid for 4 competition events.
- 5) 220 USD Fee to be paid for 5 competition events.

Referees &CSB (Competition Supervisory Board)

1. PATU will appoint the total amount of required International Referees.
WTF TD will appoint 3 CSB members at the event.
2. International Referees and CSB are required to pay for their own round trip fares.
3. The Organizing Committee shall pay for the expenses for four (4) nights' stay of room and board.
4. The Organizing Committee shall pay a per diem of US\$100 per three days of competition.

Weigh in:

- I. Athletes weigh-in will take place 1 day prior to each division competition day.
- II. During the weigh-in, the male athlete shall wear underpants and the female athlete



shall wear underpants and brassiere.

III. However, the athlete may weigh in nude if he/she wishes to do so.

Ground transportation

The Organizing Committee will provide local transportation for teams. (Airport- hotel-airport, and /or hotel-event-hotel), this will be provided only for teams from official hotels.

Organizing Committee will also provide this service to Referees, Official Members of the PATU & WTF.

Accommodation:

Hotel Irazu

Phone: (506) 22909321 ext.1228

Hotel Tryp Sabana.

Phone: (506) 2547-2323

Hotel Villas del Rio.

Phone: (506) 22082400

Medical services:

Organizing Committee will only provide medical services for emergencies during competition if any injury is suffered.

Contestants are responsible for further injury and hospitalization expenses

Organizing Committee recommends to all contestants to have an updated medical insurance and have all the information available at any time.

Registration form and deadline

Registration Deadline: Friday, 19th August, 2016, 20.00 hrs National team entries will only be accepted through the WTF online registration system and registration is only possible with a valid WTF Global License. All color belts must contact opencr@tkdcr.org to get the Color Belts Inscription Form.

Visas:

All participants are responsible for their own visa process.

Invitation letters will be available, please contact: opencr@tkdcr.org



Weight divisions:

KIDS Category female & male		
Ages 6 & 7	Ages 8 & 9	Ages 10 & 11
Not exceeding 20 Kg.	Not exceeding 25 Kg.	Not exceeding 26 Kg.
Not exceeding 22 Kg.	Not exceeding 27 Kg.	Not exceeding 28 Kg.
Not exceeding 24 Kg.	Not exceeding 29 Kg.	Not exceeding 30 Kg.
Not exceeding 26 Kg.	Not exceeding 31 Kg.	Not exceeding 32 Kg.
Not exceeding 28 Kg.	Not exceeding 33 Kg.	Not exceeding 34 Kg.
Not exceeding 30 Kg.	Not exceeding 35 Kg.	Not exceeding 36 Kg.
Not exceeding 32 Kg.	Not exceeding 37 Kg.	Not exceeding 38 Kg.
Not exceeding 34 Kg.	Not exceeding 39 Kg.	Not exceeding 40 Kg.
Not exceeding 36 Kg.	Not exceeding 41 Kg.	Not exceeding 42 Kg.
Not exceeding 38 Kg.	Not exceeding 43 Kg.	Not exceeding 44 Kg.
Not exceeding 40 Kg.	Not exceeding 45 Kg.	Not exceeding 46 Kg.
Over 42 Kg.	Over 47 Kg.	Over 48 Kg.

CADETES		JUNIORS	
MALE	FEMALE	MALE	FEMALE
- 33 kg	- 29 kg	- 45 kg	- 42 kg
- 37 kg	- 33 kg	- 48 kg	- 44 kg
- 41 kg	- 37 kg	- 51 kg	- 46 kg
- 45 kg	- 41 kg	- 55 kg	- 49 kg
- 49 kg	- 44 kg	- 59 kg	- 52 kg
- 53 kg	- 47 kg	- 63 kg	- 55 kg
- 57 kg	- 51 kg	- 68 kg	- 59 kg
- 61 kg	- 55 kg	- 73 kg	- 63 kg
- 65 kg	- 59 kg	- 78 kg	- 68 kg
+ 65 kg	+ 59 kg	+ 78 kg	+ 68 kg



SENIORS	
Male	Female
- 54 kg	- 46 kg
- 58 kg	- 49 kg
- 63 kg	- 53 kg
- 68 kg	- 57 kg
- 74 kg	- 62 kg
- 80 kg	- 67 kg
- 87 kg	- 73 kg
+87 kg	+73 kg

Schedules

August 25th, 2016

10am – 12pm.

Weight in Categories Senior:

Female: -53kg, -62kg, -73kg

Male: -63kg, -74kg, -87kg

Technical Meeting: 4pm.

August 26th, 2016.

Event starts at 8am.

All poomsae categories will be from 8 am to 12 pm (all belts and ages).

Sparring Weight in from 10am to 12pm.

Weight in Categories Senior:

Female: -46 kg, -49kg, -57kg, -67kg, +73kg

Male: -54 kg, -58kg, -68kg, -80kg, +87kg

Lunch Break from 12 pm to 1pm.



At 1pm starts Kyorugi:

Female: -53kg, -62kg, -73kg

Male: -63kg, -74kg, -87kg

August 27th, 2016

Event starts at 8am

Starts Kyorugi categories:

Female: -46 kg, -49kg, -57kg, -67kg, +73kg

Male: -54 kg, -58kg, -68kg, -80kg, +87kg

Weight in Categories all Junior and Cadets black belts:

From 10am to 12pm.

Break from 12 pm to 1pm.

August 28th, 2016.

Sparring Junior, Cadets and Kids all categories and belts (including BB).

Lunch Break from 12 pm to 1pm.

Event ends at 7 pm.

Awards:

Participation Certificate will be award to all athletes.

Trophy will be given to the Best Male and Female Referee.

Individual awards: Trophy will be given to the Best Female and Male Coach.

Team Overall awards:

Trophy will be given to the 1st place, 2nd place and 3rd place of the G1.

Best Male Athletes

Best Female Athletes

Best Male Coach

Best Female Coach

Best Male Referee (2)

Best Female Referee (2)



POOMSAE

Division		Kids	Cadets	Junior	Under 30	Under 40	Under 50	Under 60	Under 65	More than 65
Age		Under 12 years old	12 – 14 years old	15 – 17 years old	18 – 30 years old	31 – 40 years old	41 – 50 years old	51 – 60 years old	61 – 65 years old	66 years old and over
Individual	Male	x	x	x	x	x	x	x	x	x
	Female	x	x	x	x	x	x	x	x	x
Division		Kids	Cadets		Junior		Under 30		Over 30	
Age		Under 12 Years old	12 – 14 years old		15 – 17 years old		18 – 30 years old		31 years old and over	
Pairs		x	x		x		x		x	
Team	Male	x	x		x		x		x	
	Female	x	x		x		x		x	



FREE STYLE

Division		Under 17	Over 17
Age		12- 17 years old	18 years old and over
Individual	Male	x	x
	Female	x	x
Pair		x	x
Team (mixed)		x	



Competition	Division	Compulsory Poomsae
Individual	Under 12 years old	Taeguk 4, 5, 6, 7, 8, Jang.
	Cadet Under 14 years old (12 to 14 years)	Taeguk 4, 5, 6, 7, 8, Jang, Koryo&Keumgang.
	Junior Under 17 years old (15 to 17 years old)	Taeguk 4, 5, 6, 7, 8, Jang, Koryo, Keumgang&Taebaek.
	Under 30 years old (18 to 30 years old)	Taeguk 6, 7, 8, Jang, Koryo, Keumgang, Taebaek, Pyongwon&Shipjin
	Under 40 years old (31 to 40 years old)	Taeguk 6, 7, 8, Jang, Koryo, Keumgang, Taebaek, Pyongwon&Shipjin
	Under 50 years old (41 to 50 years old)	Taeguk 8, Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae&Chonkwon
	Under 60 years old (51 to 60 years old)	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, JitaeChonkwon&Hansu.
	Under 65 years old (61 to 65 years old)	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, JitaeChonkwon&Hansu.
	Over 65 years old	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, jitaeChonkwon&Hansu



Program	Friday 26Th
<p>Kids individual male & female, Cadet individual male & female, Junior individual male & female, - 30 years old individual male & female, -40 years old individual Male & Female. (All BB categories)</p>	<p>09:00 to 12 pm</p>
<p>Kids pair, cadets pair, Junior pair,- 30 years old pair, +30 years old pair. (All BB categories)</p>	
<p>Junior male team, junior female team, -30 years old female team, -30 years old male team. (All BB categories)</p>	
<p>-17 individual male free style, -17 individual female free style. (All BB categories)</p>	
<p>-17 pair free Style (All BB categories)</p>	



Program	Sunday 28Th
Kids individual male & female, Cadet individual male & female, Junior individual male & female, - 30 years old individual male & female, -40 years old individual Male & Female. (All CB categories)	09:00 to 12 pm
Kids pair, cadets pair, Junior pair,- 30 years old pair, +30 years old pair. (All CB categories)	
Junior male team, junior female team, -30 years old female team, -30 years old male team. (All CB categories)	
-17 individual male free style, -17 individual female free style. (All CB categories)	
-17 pair free Style (All CB categories)	



Official Uniform (Dobok):

All contestants are required to use official WTF Poomsae uniform (dobok) from PATU / WTF recognized brands in good conditions. Black belts must use black necks.

RELEASE OF LIABILITY:

Through writing I hereby acknowledge, agree and accept, freely and voluntarily, I understand the nature of the Open Taekwondo Costa Rica called for August 26, 27 and 28 of 2016, so I qualify, in good health, and I am appropriate to compete in the event physical conditions. So I do think that at any time the conditions of competition are unsafe immediately stop my participation in the Open Taekwondo Costa Rica on August 26, 27 and 28 of 2016, so I fully understand this:

Athletic activities involve risks, serious bodily injury, including permanent disability, paralysis, and death.

These risks and hazards that can be caused by my own actions or inactions, the actions or inactions of other participants in the activity.

May be other risks and social and economic losses not known to me or not foreseeable for me at this time; I accept, acknowledge and fully take responsibility, cost and damage that may be incurred as a result of my participation or minor in the activity.

Declare by this document, and hereby agree not incur any claim in any court (criminal, civil), the State of Costa Rica against the organizers of the Open Taekwondo Costa Rica, held on August 26, 27 and 28 of 2016, Costa Rican Taekwondo Federation, including its representatives, officers, directors, agents, employees and relatives of each of them, all the sponsors, each of them is relieved of liability, lawsuits, lost, or damage in my account caused or alleged to be prosecuted whole or in part. I read this agreement; fully understand its terms, so I proceeded to sign this document freely and voluntarily.

As a parent of a minor and / or legal guardian, I understand that the nature of athletic activities and experience minor and capabilities that the minor are in good health and physical conditions appropriate to participate in such activity. I agree not to sue, and hereby agree relieved of all responsibility each aforementioned claims, losses or damages by the child in question.

Participant Name: _____

Signature (parent of a minor and / or legal guardian): _____

Identification Card (parent of a minor and / or legal guardian): _____

