

Costa Rica X Taekwondo Open

September 1, 2 & 3. X Costa Rica Open 2017
San José, Costa Rica
BN Arena Hatillo 2

WTF Sanctioned, World Ranking G-1 / G-1
G1 Poomsae & G1 Sparring
Infant, Cadets, Junior, Seniors.
EBP DAEDO



Federación Costarricense de Taekwondo

More info: www.tkdcr.org

Email: opencr@tkdcr.org / presidente@tkdcr.org

Tel contact:

(506) 8390-7077 / (506) 2231-4308

Host Hotel:



Hotel Motel & Casino



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Affiliated to:



UNION PANAMERICANA DE TAEKWONDO



FEDERACIÓN MUNDIAL DE TAEKWONDO

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SANCTIONED BY

World Taekwondo Federation (WTF)

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PROMOTED BY

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Website: www.patu.org.

ORGANIZED BY

Costa Rica Taekwondo Federation

Bodegas Morepark, bodega Núm.13,

San Jose Costa Rica

Telephone: 506 (22314308)

Website: www.tkdcrc.org

DATE AND PLACE OF EVENT.

BN Arena, Hatillo 2

San Jose, Costa Rica

September 1, 2, & 3 of 2017

Requirement for Participation:

- 1. Must be a citizen of the country they are representing**
- 2. Must have approval from the National Federation they are representing**
- 3. Must have Global Athlete License (GAL) 2017**
- 4. Coaches must have PATU certification**

AFFILIATE:

All participant must be a citizen of the country they represent.
They must also present a letter of approval from the corresponding National Federation

COMPETITION RULE:

The current WTF and PATU competition rules will be used.

Age group:

- A. Cadets: 2003, 2004 & 2005.
- B. Juniors: 2000, 2001 & 2002
- C. Seniors: 1999 y antes.

COACHES:

The requirements are:

1. Must be 18 years or older.
2. Must have GAL license.
3. The coaches as well as trainers must be certified by PATU (Seminars presented by PATU).
4. Coaches and trainers that do not have the intercontinental coach license must obtain this certification prior to Costa Rica Open 2017

Coaches' dress code:

During the semifinals and finals, it is mandatory to wear a formal suit.

GEARS:

The C.O. (Organizing Committee) will provide electronic chest guard and headgear for black belt athletes. Athletes must have the electronic foot guard for sparring competition.

PSS DAEDO system will be used beginning with the Cadet category.

All athletes are responsible for their own sparring gears.

Color belts will use traditional chest guards.

OFFICIAL UNIFORM:

All participant must use a white WTF Taekwondo (dobok) with V-neck collar in good condition. Black belts must use uniforms with black collar. Logos, team name, country, athlete's name are permitted in accordance to the WTF uniform rules. Only uniform approved by WTF may be used.

PROTECTIVE GEARS:

Athletes must enter the competition area with sparring gears and WTF approved uniform. Groin guard, forearm guard, and shin guard must be worn inside the Taekwondo uniform

No article may be worn upon the head other than headgear. Any religious article must be used underneath the headgear and underneath the uniform and must not cause damage or obstruction to the opponent.

Points earned per medal for G1 & Open

GOLD: 7 Points.

SILVER: 3 Points.

BRONZE: 1 Point.

REGISTRATION FEE.

ATHLETES				
Poomsae & Sparring Division	Early Registration	Early Registration Deadline	Late Registration with Fee	Registration Deadline
1st Division	\$125	August 20	\$150	August 27
2nd Division	\$150	August 20	\$175	August 27
3rd Division	\$175	August 20	\$200	August 27
4th Division	\$200	August 20	\$225	August 27
5th Division	\$250	August 20	\$275	August 27
6th Division	\$300	August 20	\$325	August 27
7th Division	\$350	August 20	\$375	August 27
Coaches and Assistant				
Coach	Free Registration			

REFEREES:

1. PATU will designate the number of referees required.
2. Airline tickets must be covered by each international referee.
3. The CO will cover four nights of room and board and meals
4. The CO will pay each international referee an honorary of US\$100 for three days of competition.

WEIGH-IN:

- I. The athletes' weigh-in must take place the day before their competition.
- II. Male competitor may weigh in in their underwear and female competitor may weigh in in their underwear and bra.
- III. Athletes may weigh in in the nude if they prefer.

GROUND TRANSPORTATION:

The Organizing Committee will provide ground transportation for participating teams that are staying in host hotels; Airport-hotel and vice-versa/ host hotel-Event venue and vice-versa.

The hotels must be informed about arrivals and departure through the links provided in the Accommodation section:

Furthermore, host hotel will provide:

- I. Free Breakfast.
- II. Free Internet.

ACCOMMODATION:

1. Best Western Irazú Hotel & Casino.

Frescia Chinchilla Morera | Ejecutiva de Ventas Segmento Corporativo.

Tel.: +506 2290 2321 ~ Ext. (1228)

Cel: +506 88479926

www.bestwesterncostarica.com

English:

<https://res.windsurfercrs.com/bbe/page2.aspx?pcode=IRAZU&propertyid=2445&nights=1&checkin=08/21/2017&group=Taekwondo2017>

Spanish:

<https://res.windsurfercrs.com/bbe/page2.aspx?langid=3&pcode=irazu&propertyid=2445&nights=1&checkin=21/08/2017&group=taekwondo2017>



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2. HOTEL VILLAS DEL RIO.

Telephone: (506) 2208-2400

Spanish: csotela@villasdelrio.com

English: csotela@villasdelrio.com



Cristina Sotela S.
Gerente General
Tel. (506) 2208-2400
(506) 4002-2400
csotela@villasdelrio.com
www.villasdelrio.com
f www.facebook.com/villasdelrio



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3. HOTEL HOLIDAY INN AUROLA.



For reservations please email us reservaciones@aurolahotels.com the code to reserve is H3T.

If you require additional information you can call to (506) 2523-1267 with Marco Rodríguez.

MEDICAL SERVICES:

1. The CO will only provide medical service in emergency situation where an athlete is injured.
2. All participants are responsible for expenses incurred from injury and/or hospitalization
3. The CO recommends to all participant that they carry medical insurance and have supporting documents on hand.

Registration Method and Deadline.

Ordinary Registration Deadline: Sunday, August 20, 8:00 pm.

Extraordinary Registration Deadline: Sunday, August 27, 8:00 pm.

Team registration will be accepted online through the WTF online registration system (<https://worldtkd.simplycompete.com/login>).

Registration will only be possible with a current WTF Global License.

VISAS:

Participants are responsible for carrying out their own Visa process.

The invitation letter is available upon request by contacting: opencrc@gmail.com

PAYMENT METHOD:

Competition payment will be received in the registration office in the Hotel Best Western Irazu in the form of cash during the days 25 to 29 of August. During the days 30 and 31 of August, payment must be made at the venue (BN Arena).

WEIGHT DIVISION: BLACK BELTS G1

WEIGHT DIVISIONS CADETS		WEIGHT DIVISIONS JUNIOR		WEIGHT DIVISIONS SENIOR	
Men	Women	Men	Women	Men	Women
Under 33 kg	Under 29 kg	Under 45 kg	Under 42 kg	Under 54 kg	Under 46 kg
Under 37 kg	Under 33 kg	Under 48 kg	Under 44 kg	Under 58 kg	Under 49 kg
Under 41 kg	Under 37 kg	Under 51 kg	Under 46 kg	Under 63 kg	Under 53 kg
Under 45 kg	Under 41 kg	Under 55 kg	Under 49 kg	Under 68 kg	Under 57 kg
Under 49 kg	Under 44 kg	Under 59 kg	Under 52 kg	Under 74 kg	Under 62 kg
Under 53 kg	Under 47 kg	Under 63 kg	Under 55 kg	Under 80 kg	Under 67 kg
Under 57 kg	Under 51 kg	Under 68 kg	Under 59 kg	Under 87 kg	Under 73 kg
Under 61 kg	Under 55 kg	Under 73 kg	Under 63 kg	Over 87 kg	Over 73 kg
Under 65 kg	Under 59 kg	Under 78 kg	Under 68 kg		
Over 65 kg	Over 59 kg	Over 78 kg	Over 68 kg		

POOMSAE DIVISION: BLACK BELT G1

INDIVIDUAL POOMSAE			
Age Category	Age Division	Grade	Competition Type
Infantiles	7 – 11 years of age	1st – 9th	Modified WTF format
Cadets	12 – 14 years of age	1st – 9th	WTF format
Junior	15 – 17 years of age	1st – 9th	WTF format
1st Senior	18 – 30 years of age	1st – 9th	WTF format
2nd Senior	31 – 40 years of age	1st – 9th	WTF format
1st Master	Under 50 years of age	1st – 9th	WTF format
2nd Master	51– 60 years of age	1st – 9th	WTF format
3rd Master	61 – 65 years of age	1st – 9th	WTF format
4th Master	Over 65 years of age	1st – 9th	WTF format
PARTNERS and TEAM POOMSAE			
Age Category	Age Division	Grade	Competition Type
Infantiles	7 – 11 years of age	1st-9th	Modified WTF format
Cadets	12 – 14 years of age	1st-9th	WTF format
Junior	15 – 17 years of age	1st-9th	WTF format
1st Partner	18 – 30 years of age	1st-9th	WTF format
2nd Partner	Over 31 years of age	1st-9th	WTF format

POOMSAE TO PERFORM PER EACH AGE CATEGORY

MODIFIED FORMAT FOR UNDER 12 YEARS OF AGE	
INDIVIDUAL POOMSAE	
Under 12 years of age	Taeguk 2, 3, 4, 5, 6, 7, 8 jang, Koryo
Cadet (12 - 14)	Taeguk 4, 5, 6, 7, 8 jang, Koryo, Kumgang
Juniors (15 - 17)	Taeguk 4, 5, 6, 7, 8 jang, Koryo, Kumgang, Taebaek,
Senior 1 (18 - 30)	Taeguk 6, 7, 8 jang, Koryo, Kumgang, Taebaek, Pyongwon, Shipjin
Senior 2 (31 - 40)	Taeguk 6, 7, 8 jang, Koryo, Kumgang, Taebaek, Pyongwon, Shipjin
Master 1 (41 - 50)	Taeguk 8 jang, Koryo, Kumgang, Taebaek, Pyongwon, Shipjin
Master 2 (51 - 60)	Koryo, Kumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkown, Hansu
Master 3 (61 - 65)	Koryo, Kumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkown, Hansu
Master 4 (65 & over)	Koryo, Kumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkown, Hansu
WTF POOMSAE FORMAT	
MODIFIED FORMAT FOR UNDER 12 YEARS OF AGE	
PARTNER POOMSAE	
Under 12 years of age	Taeguk 2, 3, 4, 5, 6, 7, 8 jang, Koryo
Cadet (12 - 14)	Taeguk 4, 5, 6, 7, 8 jang, Koryo, Kumgang
Juniors (15 - 17)	Taeguk 4, 5, 6, 7, 8 jang, Koryo, Kumgang, Taebaek,
Partners 1 (18 - 30)	Taeguk 6, 7, 8 jang, Koryo, Kumgang, Taebaek, Pyongwon, Shipjin
Partners 2 (31 & over)	Chonkwon
WTF POOMSAE FORMAT	
MODIFIED FORMAT FOR UNDER 12 YEARS OF AGE	
TEAM POOMSAE	
Under 12 years of age	Taeguk 3, 4, 5, 6, 7, 8 jang, Koryo, Kumgang
Cadet (12 - 14)	Taeguk 4, 5, 6, 7, 8 jang, Koryo, Kumgang
Juniors (15 - 17)	Taeguk 4, 5, 6, 7, 8 jang, Koryo, Kumgang, Taebaek
Teams 1 (18 - 30)	Taeguk 6, 7, 8 jang, Koryo, Kumgang, Taebaek, Pyongwon y Shipjin
Teams 2 (31 & over)	Taeguk 8 jang, Koryo, Kumgang, Taebaek, Pyongwon, Shipjin, Jitae y Chonkwon

FREESTYLE POOMSAE DIVISION G1

FREESTYLE INDIVIDUAL POOMSAE		
Age Category	Age Division	Competition Type
Cadet	12 – 14 years of age	WTF format
Junior	15 – 17 years of age	WTF format
Senior	18 years of age & over	WTF format
FREESTYLE PARTNER POOMSAE		
Age Category	Age Division	Competition Type
Cadet / Junior	12 – 17 years of age	WTF format
Senior	18 years of age & over	WTF format
FREESTYLE TEAM (5 athletes with at least 2 men or 2 women)		
Age Category	Age Division	Competition Type
Cadet / Junior	12 – 17 years of age	WTF format
Senior	18 years of age & over	WTF format

AWARDS:

1. A certification of participation will be given to all athletes.
2. World Ranking G – 1 / G – 1.
 - a. A best male and female referee, Poomsae and Kyorugui trophy will be awarded.
 - b. A best male and female athlete G-1, Poomsae trophy will be awarded.
 - c. A best male and female coach G-1, Poomsae will be awarded.
 - d. 1st, 2nd, and 3rd best team G-1, Poomsae trophy will be awarded
 - e. A best male and female athlete G-1, Sparring will be awarded.
 - f. A best male and female coach G-1, Sparring will be awarded.
 - g. 1st, 2nd, and 3rd best team G-1, Sparring will be awarded.
3. X Costa Rica Open.
 - a. Trophy for 1st, 2nd, and 3rd place team of the Open

LIABILITY WAIVER:

Through the writing and my signature presented here, I recognize, agree and accept, of my own free will and understanding of the nature of the Costa Rica Taekwondo Open which will take place during the days of September 1, 2 and 3 of the year 2017, hereby declare that I am in good health and have the appropriate physical condition necessary to compete in said event. If at any moment during competition, I consider that the conditions are unfavorable, I will immediately withdraw my participation from the Costa Rica Taekwondo Open, taking place on the days September 1, 2 and 3 of the year 2017, with the complete understanding that:

The Athletic activities implies risks, very serious bodily injury, including permanent disability, paralysis, and death.

These risks and dangers may be caused by my own action or inaction, or through the actions or inactions of other participant in the activity.

There may be other risks and social and economical loss not known or foreseen by mi at the moment; I accept, recognize and assume complete responsibility for the expenses and damages that may incur as a result of my participation or of the minor in the activity.

By this document, I declare and and agree not to sue or make a claim before any tribunal (criminal or civil) of the State of Costa Rica against the Organizers of this Championship, to take place during the days of September 1,2 and 3 of the year 2017, against THE COSTA RICA TAEKWONDO FEDERATION, including the representatives, officials, directors, agents, employees, and their families, against all sponsors, each one of them are released from responsibility, lawsuits, loss, or damages to my account caused or alleged to be caused entirely or partially by them. I have read and completely understood the terms of this document, of which I proceed to sign of my own free will.

As the parent and/or legal guardian of the minor, I understand the nature of the athletic activities and the experience and capabilities of the minor, I declare that the minor is in good health and in appropriate physical condition necessary for participation in said event. I agree not to sue, and through this writing and signature, release all the before-mentioned of all responsibilities mentioned about claims, loss or damages by the minor in question.

PARTICIPANT'S NAME:

SIGNATURE (PARENT OF MINOR):

