



27 February – 03 March 2019  
Las Vegas Convention Center  
Las Vegas, Nevada USA



Where Olympic Journeys Begin



*USA Taekwondo would like to welcome you to the 2019 U.S. Open Taekwondo Championships in Las Vegas, Nevada being held 27 February - 03 March 2019 at the Las Vegas Convention Center, Halls C1 & C2  
3150 Paradise Rd.  
Las Vegas, NV 89109*

## Sanctioned By:



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Where Olympic Journeys Begin

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# SCHEDULE

## Wednesday, 27 February 2019

9:00am-12:00pm	Credential Pick Up for ALL Competitors Weigh-in For Junior (15-17) Sparring Competitors	Las Vegas Convention Center
10:00am-12:00pm	Credential Pick Up for National Teams that have scheduled a pick-up time <b>ONLY*</b>	Las Vegas Convention Center
10:00am-8:00pm	Open Training	Las Vegas Convention Center
2:00pm-6:00pm	Credential Pick Up for ALL Competitors Weigh-In for Junior (15-17) Sparring Competitors	Las Vegas Convention Center
2:30pm-5:00pm	Credential Pick Up for National Teams that have a scheduled pick-up time <b>ONLY*</b>	Las Vegas Convention Center
6:30pm	International Referee Meeting	Las Vegas Convention Center
TBD	Poomsae WT Coach Permit Course Sparring WT Coach Permit Course	Las Vegas Convention Center
6:00pm	<b>Poomsae Technical Meeting</b>	<b>Las Vegas Convention Center</b>

All Thursday's Poomsae & Junior (15-17) Sparring competitors must be checked in & weighed by 6:00pm

## Thursday 28 February 2019

Junior (15-17) Sparring Youth (10-11) Individual, Pairs & Team Poomsae Under 50 Individual Poomsae Under 60 Individual Poomsae Under 65 Individual Poomsae		66 & Older Individual Poomsae Under 30 Pairs & Team Poomsae Over 30 Pairs & Team Poomsae Cadet/Junior (12-17) Individual Freestyle Cadet/Junior (12-17) Pairs & Teams Freestyle Poomsae	
7:30am	Doors Open for Thursday's Competitors	Las Vegas Convention Center, Halls C1-C2	
8:00am	Doors Open for Spectators	Las Vegas Convention Center, Halls C1-C2	
TBD	Para Classification	Las Vegas Convention Center	
8:30am	Competition Begins	Las Vegas Convention Center, Halls C1-C2	
9:30am-12:30pm	Credential Pick Up for ALL Competitors Weigh-In for Friday's Sparring Competitors	Las Vegas Convention Center	
8:00am-7:00pm	Open Training	Las Vegas Convention Center, Halls C1-C2	
TBD	Lunch		
2:30pm-6:30pm	Credential Pick Up for ALL Competitors Weigh-In for Friday's Sparring Competitors	Las Vegas Convention Center	
TBD	Para Technical Meeting	Las Vegas Convention Center	

All Friday's Poomsae, Youth (10-11) & Ultra (33+) Sparring Competitors must be checked in & weighed in by 6:30pm

Detailed report times will be published prior to the start of the competition on the USA Taekwondo's website ([www.usa-taekwondo.us](http://www.usa-taekwondo.us)). Match numbering will be used for all sparring divisions. Sparring brackets will be posted to the USA Taekwondo website the evening before the competition after the close of weigh-in. Designated poomsae will be posted 1 week prior to the start of the competition.



Where Olympic Journeys Begin

## Friday, 01 March 2019

	Youth (10-11) Sparring Ultra (33 & Older) Sparring Para Sparring (16+) Para Poomsae (16+) Cadet (12-14) Individual, Pairs & Team Poomsae	Junior (15-17) Individual, Pairs & Team Poomsae Under 30 Individual Poomsae Under 40 Individual Poomsae Senior (18 & Older) Individual Freestyle Poomsae Senior (18 & Older) Pairs & Teams Freestyle Poomsae
<b>7:30am</b>	Doors Open for Friday's Competitors	Las Vegas Convention Center, Halls C1-C2
<b>8:00am</b>	Doors Open for Spectators	Las Vegas Convention Center, Halls C1-C2
<b>8:30am</b>	Competition Begins	Las Vegas Convention Center, Halls C1-C2
<b>9:30am-12:30pm</b>	Credential Pick Up for ALL Competitors Weigh-In for Saturday's Sparring Competitors	Las Vegas Convention Center
<b>8:00am-7:00pm</b>	Open Training	Las Vegas Convention Center
<b>TBD</b>	Lunch	
<b>2:30pm-6:30pm</b>	Credential Pick Up for ALL Competitors Weigh-In for Saturday's Sparring Competitors	Las Vegas Convention Center
<b>TBD</b>	Sparring WT Coach Permit Course	Las Vegas Convention Center
<b>7:00pm</b>	Senior Sparring Technical Meeting	Las Vegas Convention Center

**All Saturday's Cadet (12-14) & Senior (17-32) Sparring Competitors MUST be checked in and weighed-in by 6:30pm**

## Saturday, 02 March 2019

	<b>Cadet (12-14) Sparring</b> <u>Male:</u> Light (-49kg), Welter (-53kg), Light Middle (-57kg), Middle (-61kg), Light Heavy (-65kg), Heavy (+65kg) <u>Female:</u> Fin (-29kg), Fly (33kg), Bantam (-37kg), Feather (-41kg), Light (-44kg)	<b>Senior (17-32) Sparring</b> <u>Male:</u> Bantam (-63kg), Welter (-80kg), Middle (-87kg), Heavy (+87kg) <u>Female:</u> Fin (-46kg), Fly (59kg), Feather (-57kg), Welter (-67kg), Heavy (+73kg)
<b>7:30am</b>	Doors Open for Saturday's Competitors	Las Vegas Convention Center
<b>8:00am</b>	Random Weigh-In (Senior Competitors <b>ONLY</b> )	Las Vegas Convention Center
<b>8:00am</b>	Doors Open for Spectators	Las Vegas Convention Center
<b>8:30am</b>	Competition Begins	Las Vegas Convention Center
<b>9:30am-12:30pm</b>	Credential Pick Up for ALL Competitors Weigh-In for Sunday's Sparring Competitors	Las Vegas Convention Center
<b>8:00am-7:00pm</b>	Open Training	Las Vegas Convention Center
<b>TBD</b>	Lunch	
<b>4:00pm-6:00pm</b>	Sparring WT Coach Permit Course	Las Vegas Convention Center
<b>2:30pm-6:30pm</b>	Credential Pick Up for ALL Competitors Weigh-In for Sunday's Sparring Competitors	Las Vegas Convention Center

**All Sunday's Cadet (12-14) & Senior (17-32) Sparring Competitors MUST be checked in and weighed-in by 6:30pm**

## Sunday, 03 March 2019

	<b>Cadet (12-14) Sparring</b> <u>Male:</u> Fin (-33kg), Fly (-37kg), Bantam (-41kg), Feather (-45kg) <u>Female:</u> Welter (-47kg), Light Middle (-51kg), Middle (-55kg), Light Heavy (59kg), Female Heavy (+59kg)	<b>Senior (17-32) Sparring</b> <u>Male:</u> Fin (-54kg), Fly (-58kg), Feather (-68kg) & Light (- 74kg) <u>Female:</u> Bantam (-53kg), Light (-62kg), Middle (-73kg)
<b>7:30am</b>	Doors Open for Sunday's Competitors	Las Vegas Convention Center
<b>8:00am</b>	Random Weigh-In (Senior Competitors <b>ONLY</b> )	Las Vegas Convention Center
<b>8:00am</b>	Doors Open for Spectators	Las Vegas Convention Center
<b>8:30am</b>	Competition Begins	Las Vegas Convention Center
<b>TBD</b>	Lunch	Las Vegas Convention Center

# REGISTRATION & QUALIFICATION REQUIREMENTS

**REGISTRATION REQUIREMENTS:** All Registration must take place on the World Taekwondo (WT) online registration system. Please visit <https://worldtkd.simplycompete.com/login> to register. All Athletes, Coaches and Officials must have a current World Taekwondo Membership (formally named WT Global License) that is valid through 2019 and have the World Taekwondo Global License (formally named the World Taekwondo Event Pass) before you will be able to register. USA Taekwondo has a NO REFUND policy. **NO REFUNDS** will be given for any reason. Registration Deadlines ends at 11:59pm (Mountain Time) on the respective dates.

- Athletes and coaches must pay IN FULL by the early, regular or final registration deadline to receive the registration fee at that rate. This means if you register during the Early Registration period but do not pay by the deadline you will have to pay the fee applicable for the registration period when you pay.
- If you register and pay for a division at early/regular period and then add a new division at regular or late registration period, you will be charged the difference between two registration periods for your first division and pay respective fees for the period registered for your 2nd division. For example: If you register during the early registration period and paid 135 USD and then add additional division during the Final Registration date period (07 Feb – 12 Feb, 2019), you will be charged 185 USD for the addition you have made and pay 50 USD for the registration fee difference from the early registration to the final registration fee for the first division.
- All U.S. Coaches and Officials must complete and clear a background check prior to registering for the 2019 U.S. Open Taekwondo Championships. This is part of the Safe Sport – Background initiative that is mandatory for all United States Olympic Committee National Governing Bodies. This background check is required for all people that are in supervisory positions with our Taekwondo athletes. For more information on Safe Sport initiative please visit the USA Taekwondo website. <http://www.teamusa.org/USA-Taekwondo/Resources/Safe-Sport>

## **QUALIFICATIONS:**

- Athletes must be at least 10 years of age as of December 31, 2019 to compete in this event.
- Must be a 1<sup>st</sup> degree black belt or higher. A copy of the black belt certification must be uploaded your Global License profile.
- All athletes, coaches and team officials MUST have a World Taekwondo Membership and Global Athlete License to compete in this the U.S. Open Taekwondo Championships. For details on obtaining your Global License. Go to: <https://www.teamusa.org/usa-taekwondo/v2-events/global-license-applications>. Non-U.S. participants must go through their Member National Association (MNA).

**Note:** USA Taekwondo uses the date of December 31 of the given year (December 31, 2019) to determine the age of all competitors. Example: If an athlete turns 14 on October 26, 2019 they would compete as a 14-year-old in the 2019 U.S. Open Taekwondo Championships, even though they are 13 years old at the time of the event.

**WT/PATU Intercontinental Coach Permit Seminar:** Starting in 2017 World Taekwondo (WT) required all Coaches to have WT Coach Certification to coach athletes at any G rated events. Coaches are required to upload a copy of their certification to the WT Global License system if you have taken a previous course. The fee for this course will be \$100.00. Registration can be completed at [www.PATU.org](http://www.PATU.org).

## **CREDENTIAL PICKUP:**

- All participants must pick up **their own** credential for this event. You must present a photo ID at the time of registration. This ID must be either an official State issued ID or Passport.
- All sparring competitors must also present their own official State issued ID, Passport or Global License at the time of weigh-in.
- Lost credentials are subject to \$50 reprint fee. U.S. Open staff reserves the right to conduct random and periodic ID checks during competition.
- Any participants found on the competition floor without a valid credential will be asked to leave the competition floor and may be removed for the competition completely violating any of the USA Taekwondo policies, procedures or code of conduct.

## REGISTRATION DEADLINES & FEES

### ATHLETES

Division (Sparring/Poomsae)	Early Registration Fee	Early Registration Deadline	Regular Registration Fee	Regular Registration Deadline	Final Registration Fee	Final Registration Deadline
1 <sup>st</sup> Division	\$135.00	01 Feb, 2019	\$160.00	07 Feb., 2019	\$185.00	12 Feb., 2019
2 <sup>nd</sup> Division	\$150.00	01 Feb, 2019	\$175.00	07 Feb., 2019	\$200.00	12 Feb., 2019
3 <sup>rd</sup> Division	\$200.00	01 Feb, 2019	\$225.00	07 Feb., 2019	\$250.00	12 Feb., 2019
4 <sup>th</sup> Division	\$250.00	01 Feb, 2019	\$275.00	07 Feb., 2019	\$300.00	12 Feb., 2019
5 <sup>th</sup> Division	\$300.00	01 Feb, 2019	\$325.00	07 Feb., 2019	\$350.00	12 Feb., 2019
6 <sup>th</sup> Division	\$350.00	01 Feb, 2019	\$375.00	07 Feb., 2019	\$400.00	12 Feb., 2019
7 <sup>th</sup> Division	\$400.00	01 Feb, 2019	\$425.00	07 Feb., 2019	\$450.00	12 Feb., 2019

### COACHES

Position	Early Registration Fee	Early Registration Deadline	Regular Registration Fee	Regular Registration Deadline	Final Registration Fee	Final Registration Deadline	Onsite Registration
Coach	65.00	01 Feb., 2019	\$90.00	07 Feb., 2019	125.00	12 Feb., 2019	\$175.00

*\*US Coaches must have completed and cleared a background check, complete Safe Sport Training Course in last 2 years and have WT Global License to register on-site for this event.*

**Registration Deadlines ends at 11:59pm (Mountain Time).**

## METHOD OF COMPETITION

### **SPARRING:**

Senior Sparring - Single Elimination tournament with seeding system will be applied; the seeding will be as follows:

- WT World Rankings – 100% Seeding for Senior G2 Sparring
- Random computer draw

All other Sparring divisions (Youth, Cadet, Junior, Ultra) will be done by Random draw.

**POOMSAE:** The WT Cut off competition system will be used.

Contestants shall perform one (1) assigned compulsory Poomsae in the preliminary and semi-final rounds and two (2) assigned compulsory Poomsae in the final round. All contestants will compete in the preliminary round. The highest 50% scores from the preliminary round will advance to the semifinals. At the end of the semi-final round the highest eight (8) scoring contestants will advance to the final round. The highest score in four (4) contestants will be awarded medals (1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 3<sup>rd</sup>) based on scores

- Divisions with fewer than 20 contestants will start with the semi-final round.
- Divisions with fewer than 9 contestants will start with the final round.

# COMPETITION RULES

**SPARRING:** Cadet (12-14), Junior (15-17), Senior (17-32) and Ultras (33+) competitors will use current WT competition rules. To download the WT competition Rules go to: <http://www.worldtaekwondo.org/rules/> . Youth (10-11) competitors will use USA Taekwondo's Junior Safety rules. To download these rules, go to: <https://www.teamusa.org/usa-taekwondo/v2-events/competition-rules>

## **SCORING EQUIPMENT:**

Daedo Gen 1 PSS Hogu will be used for all Youth (10-11) Sparring Divisions. All Youth (10-11) participants must provide their own red and blue head gear. with no markings other than corporate logos. Cracks or defects in the headgear will not be allowed.

Daedo Gen 2 PSS Hogu and Headgear will be provided for all Cadet (12-14), Junior (15-17), Senior (17-32), Ultra (33+) and Para Divisions.

All sparring divisions competitors must bring their own Daedo Sensor Socks.

Dartfish video replay will be used on all competition areas.

**DOPING CONTROL:** Anti-doping regulations The WT Anti-Doping Rules, and where necessary the Code of the World Anti-Doping Agency, shall apply throughout the competitions. Compulsory anti-doping tests will be carried out for all according to the World Taekwondo Anti-doping finalists, while random tests will be conducted among the quarter- and semi-finalists who failed to advance to the (semi-)final. The WT and/or WADA may carry out random out-of-competition testing prior to the U.S. Open. Therefore, all participating contestants are required to submit their latest and most accurate Athlete Location (Whereabouts Info) Forms to the WT.

TUE (Therapeutic Use who take any substance or medicine listed): In the "Prohibited List" of the WT Anti-Doping Rules and Anti-Doping Code of World Anti-Doping Agency (WADA) for therapeutic purposes are requested to visit the website of WADA and make online filing of their TUE applications on ADAMS <http://www.wada-ama.org/en/ADAMS/> and report to the WT Sport Department at [marcoienna@wtf.org](mailto:marcoienna@wtf.org). For more details, please see the following page of the WT website: <http://www.worldtaekwondo.org/medical-anti-doping/antidoping/therapeutic-use-exemptions-tues/> For ADAMs login, please contact National Anti-Doping Organization (NADO) in your country or WT Anti-Doping Manager at [antidoping@worldtaekwondo.org](mailto:antidoping@worldtaekwondo.org)

**POOMSAE:** Divisions for ages 12 and older will use current WT poomsae rules. To download the rules, go to: <http://www.worldtaekwondo.org/rules/>. Division for Youth (10-11) competitors will use a modified WT format which will have a preliminary round, a semifinal round, and a final, non-bracketed round. The final round will be for the top eight competitors. The top four scores will be the gold, silver, and two bronze medalists.

**Uniform for contestants:** Official Uniform (Dobok) <http://www.worldtaekwondo.org/wtf-partners/recognized/>

**Sparring:** Contestants must wear a white Taekwondo V-neck WT approved uniform (Dobok) in good condition. Black belts must wear black-collared uniforms. Patches, embroidery, logos, team names, country names, athlete names and stripes are permitted on the uniform; They can be up to 12" x 4" on each extremity (leg or arm) for a total of 4 (four). Logos or names on the back of the uniform and patches on the chest area of the uniform are also allowed.

**Poomsae:** Contestants must wear WT approved Dobok or the WT designated Y-neck competition poomsae uniform as outlined in the WT Rules. If a Contestants chooses to wear the WT designated competition poomsae uniform, they must comply with WT guidelines concerning uniforms designated by rank. WT Y-neck uniforms may have a national flag patch and country code displayed on the uniform consistent with WT guidelines.

# SPARRING DIVISIONS - WEIGHT CATEGORIES

**All Divisions Are Black Belts ONLY. Note:** Not Exceeding means the weight limit is defined by the criterion of one decimal place away from the stated limit. For Example, not exceeding 50kg is established as until 50.0kg with 50.1kg being over the limit resulting in disqualification.

## SENIOR (17-32) SPARRING 3 ROUNDS, 2 MINUTES

CLASSIFICATION	MALE DIVISIONS WEIGHT CATEGORY (KG)	FEMALE DIVISIONS WEIGHT CATEGORY (kg)
FIN	Not Exceeding 54kg	Not Exceeding 46kg
FLY	Over 54kg & Not Exceeding 58kg	Over 46kg & Not Exceeding 49kg
BANTAM	Over 58kg & Not Exceeding 63kg	Over 49kg & Not Exceeding 53kg
FEATHER	Over 63kg & Not Exceeding 68kg	Over 53kg & Not Exceeding 57kg
LIGHT	Over 68kg & Not Exceeding 74kg	Over 57kg & Not Exceeding 62kg
WELTER	Over 74kg & Not Exceeding 80kg	Over 62kg & Not Exceeding 67kg
MIDDLE	Over 80kg & Not Exceeding 87kg	Over 67kg & Not Exceeding 73kg
HEAVY	Over 87kg	Over 73kg

## JUNIOR (15-17) SPARRING 3 ROUNDS, 1 MINUTE 30 SECONDS

CLASSIFICATION	MALE DIVISIONS WEIGHT CATEGORY (KG)	FEMALE DIVISIONS WEIGHT CATEGORY (kg)
FIN	Not Exceeding 45kg	Not Exceeding 42kg
FLY	Over 45kg & Not Exceeding 48kg	Over 42kg & Not Exceeding 44kg
BANTAM	Over 48kg & Not Exceeding 51kg	Over 44kg & Not Exceeding 46kg
FEATHER	Over 51kg & Not Exceeding 55kg	Over 46kg & Not Exceeding 49kg
LIGHT	Over 55kg & Not Exceeding 59kg	Over 49kg & Not Exceeding 52kg
WELTER	Over 59kg & Not Exceeding 63kg	Over 52kg & Not Exceeding 55kg
LIGHT MIDDLE	Over 63kg & Not Exceeding 68kg	Over 55kg & Not Exceeding 59kg
MIDDLE	Over 68kg & Not Exceeding 73kg	Over 59kg & Not Exceeding 63kg
LIGHT HEAVY	Over 73kg & Not Exceeding 78kg	Over 63kg & Not Exceeding 68kg
HEAVY	Over 78kg	Over 68kg

## CADET (12-14) SPARRING 3 ROUNDS, 1 MINUTE

CLASSIFICATION	MALE DIVISIONS WEIGHT CATEGORY (KG)	FEMALE DIVISIONS WEIGHT CATEGORY (kg)
FIN	Not Exceeding 33kg	Not Exceeding 29kg
FLY	Over 33kg & Not Exceeding 37kg	Over 29kg & Not Exceeding 33kg
BANTAM	Over 37kg & Not Exceeding 41kg	Over 33kg & Not Exceeding 37kg
FEATHER	Over 41kg & Not Exceeding 45kg	Over 37kg & Not Exceeding 41kg
LIGHT	Over 45kg & Not Exceeding 49kg	Over 41kg & Not Exceeding 44kg
WELTER	Over 49kg & Not Exceeding 53kg	Over 44kg & Not Exceeding 47kg
LIGHT MIDDLE	Over 53kg & Not Exceeding 57kg	Over 47kg & Not Exceeding 51kg
MIDDLE	Over 57kg & Not Exceeding 61kg	Over 51kg & Not Exceeding 55kg
LIGHT HEAVY	Over 61kg & Not Exceeding 65kg	Over 55kg & Not Exceeding 59kg
HEAVY	Over 65kg	Over 59kg



## YOUTH (10-11) SPARRING 3 ROUNDS, 1 MINUTE

CLASSIFICATION	MALE DIVISIONS WEIGHT CATEGORY (KG)	FEMALE DIVISIONS WEIGHT CATEGORY (kg)
Fin	Not Exceeding 30kg	Not Exceeding 30kg
Light	Over 30kg & Not Exceeding 35kg	Over 30kg & Not Exceeding 35kg
Middle	Over 35kg & Not Exceeding 40kg	Over 35kg & Not Exceeding 40kg
Heavy	Over 40kg	Over 40kg

## ULTRA (33+) SPARRING - (Age Division: 33 to 45 and 46+.) 3 ROUNDS, 1 MINUTE

CLASSIFICATION	MALE DIVISIONS WEIGHT CATEGORY (KG)	FEMALE DIVISIONS WEIGHT CATEGORY (kg)
Fly	Not Exceeding 58kg	Not Exceeding 49kg
Light	Over 58kg & Not Exceeding 68kg	Over 49kg & Not Exceeding 57kg
Middle	Over 68kg & Not Exceeding 80kg	Over 57kg & Not Exceeding 67kg
Heavy	Over 80kg	Over 67kg

### Weigh-Ins

- If you make weight category changes within the same registration period that you registered and paid it will be **FREE**. If you make weight category change in a different registration period from when you initially registered and paid you will be charged the difference e.g. Registered and paid during early bird (until 1<sup>st</sup> Feb 2019) you can change any time during this period for FREE. If you then change weight category during regular bird (Feb 2<sup>nd</sup>-7<sup>th</sup>) you would be charged 25 USD (difference between regular and early registration fee) if you change during Final registration period (Feb 8<sup>th</sup>-12<sup>th</sup>) you would be charge 50 USD.
- During the weigh-in, the contestant is required to show his/her current photo ID, GAL Card or birth certificate.
- A competitor's weight shall be measured the day prior to his/her competition day. All competitors must weigh-in during the designated times on the schedule
- A competitor's weight may be measured twice. If a contestant does not qualify the first time, one more official weigh-in is granted within the time limit. So as not to be disqualified during official weigh-in, a scale, the same as the official one, shall be provided at the convention center as a test scale.
- Any irregular action by the competitor or coach during the weigh-in may result in disqualification from event participation.
- Weigh in, for both male and female athletes shall be taken in the official V-neck uniform, or, if a contestant wishes, weigh-in may be done in underpants for male and underpants and bra for female contestants. ***Under NO circumstances may an athlete weigh-in in the nude in the United States.***
- *\*Starting in 2019, athletes in the Youth (10-11), Cadet (12-14) and Junior (15-17) division will weigh-in in clothing or dobok ONLY. Athletes will be given 0.2kg cushion for clothing.*
- RANDOM WEIGH IN: All G-2 Kyorugi competitors are subject to this new WT rules. Random weigh-in must be completed 30 minutes prior to the beginning of competition each day. The random weigh-in for Senior athletes will take place at 8.00am at the competition venue. All contestants must be present for the random weigh-in. Should a contestant fail to appear for the random weigh-in, he/she will be disqualified. 20% of the number of athletes for each category shall be randomly selected for the weigh-in. The random weigh-in shall be conducted with +5% of the contestant's weight category.

# POOMSAE DIVISIONS – AGE CATEGORIES

All of the poomsae divisions except for the 10-11 (Youth) Individuals & Pairs will follow the WT format. The Youth divisions will use a modified WT format which will have a preliminary round, a semifinal round, and a final, non-bracketed round. The final round will be for the top eight competitors. The top four scores will be the gold, silver, and two bronze medalists.

## INDIVIDUAL POOMSAE

AGE CLASSIFICATION	AGE DIVISIONS	RANK	COMPETITION TYPE
Youth	10-11 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	Modified WT Format
Cadet	12-14 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format
Junior	15-17 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format
1 <sup>st</sup> Senior	18-30 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format
2 <sup>nd</sup> Senior	31-40 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format
1 <sup>st</sup> Masters	1-50 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format
2 <sup>nd</sup> Masters	51-60 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format
3 <sup>rd</sup> Masters	61-65 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format
4 <sup>th</sup> Masters	66 & Older	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format

## PAIRS POOMSAE (Co-Ed)

AGE CLASSIFICATION	AGE DIVISIONS	RANK	COMPETITION TYPE
Youth	10-11 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	Modified WT Format
Cadet	12-14 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format
Junior	15-17 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format
1 <sup>st</sup> Pairs	18-30 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format
2 <sup>nd</sup> Pairs	31 & Older	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format

## TEAM POOMSAE

(3 Competitors of the Same Gender)

AGE CLASSIFICATION	AGE DIVISIONS	RANK	COMPETITION TYPE
Youth	10-11 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	Modified WT Format
Cadet	12-14 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format
Junior	15-17 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format
1 <sup>st</sup> Team	18-30 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format
2 <sup>nd</sup> Team	31 & Older	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format

## INDIVIDUAL FREESTYLE POOMSAE

AGE CLASSIFICATION	AGE DIVISION	RANK	COMPETITION TYPE
Cadet/Junior	12-17 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format
Cadet/Junior	12-17 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format
Senior	18 Years & Older	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format
Senior	18 Years & Older	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format

## PAIRS FREESTYLE POOMSAE (Co-Ed)

AGE CLASSIFICATION	AGE DIVISION	RANK	COMPETITION TYPE
Cadet/Junior	12-17 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format
Senior	18 Years & Older	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format

## TEAM FREESTYLE POOMSAE (Co-Ed)

5 Members at least 2 Males & 2 Females

AGE CLASSIFICATION	AGE DIVISION	RANK	COMPETITION TYPE
Cadet/Junior	12-17 Years Old	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format
Senior	18 Years 7 Older	1 <sup>st</sup> – 9 <sup>th</sup>	WT Format

**IMPORTANT:** Designated Poomsae will be selected from the Compulsory Poomsae listed below and be published to the USA Taekwondo website 1 week from the start of the 2019 U.S. Open Taekwondo Championships.

DESIGNATED POOMSAE	
INDIVIDUAL DIVISIONS	COMPULSORY POOMSAE
Youth (10-11)	Taegeuk 2, 3, 4, 5, 6, 7, 8 Jang, Koryo
Cadet (12-14)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
Juniors (15-17)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, , Taebaek
1 <sup>st</sup> Senior (18-30)	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
2 <sup>nd</sup> Senior (31-40)	
1 <sup>st</sup> Masters (41-50)	Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
2 <sup>nd</sup> Masters (51-60)	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkown, Hansu
3 <sup>rd</sup> Masters (61-65)	
4 <sup>th</sup> Maters (66 & Older)	
PAIRS DIVISIONS (CO-ED)	COMPULSORY POOMSAE
Youth (10-11)	Taegeuk 2, 3, 4, 5, 6, 7, 8 Jang, Koryo
Cadets (12-14)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
Juniors (15-17)	Taegeuk 4, 5, 6, 7, 8 Jang , Koryo, Keumgang, Taebaek
1 <sup>st</sup> Pairs (18-30)	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
2 <sup>nd</sup> Pairs (31+)	Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
TEAMS DIVISIONS	COMPULSORY POOMSAE
Youth (10-11)	Taegeuk 3, 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
Cadets (12-14)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
Juniors (15-17)	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebaek
1 <sup>st</sup> Team (18-30)	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
2 <sup>nd</sup> Team (31+)	Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon

## COACHING REQUIREMENTS

All coaches must be in good standing with their MNA and holder of current World Taekwondo Membership (formally names WT Global License) and World Taekwondo Global License (Formally names World Taekwondo Event Pass). The registration deadlines and fees will be strictly enforced and no exceptions will be made. Please refer to Registration Fees and deadlines section of this packet.

**COACHES ATTIRE:** All coaches are required to wear business suits (tie optional) for the semifinals and final rounds. Coaches who do not follow the dress code will not be allowed to enter the field of play during finals and semifinals.

**INTERCONTINENTAL COACH CERTIFICATION:** Starting in 2017 WT will require all Coaches to have an Intercontinental Coach Certification to coach in a WT Sanctioned competition. Coaches will be required to upload a copy of their certification to the WT Global License or attend one of the courses being held at the 2018 U.S. Open Taekwondo Championships. Registration for this seminar will be open shortly and more details will be provided once registration is open for the course.: [www.patu.org](http://www.patu.org)

All U.S. Coaches and officials must be a current USA Taekwondo member, have completed and cleared a background check, taken Safe Sport Training course in the last 2 years before registering your Global License will be approved. Once you have completed this you can register for the 2019 U.S. Open Taekwondo Championships. On-site registration is permitted, but only if you have completed and cleared the USA Taekwondo background check (in the past 2 years and Centers for Safe Sport Training Course. For more information on Safe Sport and USA Taekwondo background checks, please go to the USA Taekwondo website.

## TRAINING OPPORTUNITIES

Training will be available at the Las Vegas Convention Center starting on 27 February, 2019.

## AWARDS

2019 U.S. Open Taekwondo Championships medals will be given out to the top four (4) athletes, in the respective divisions and weight Categories. 1<sup>st</sup> Place - Gold Medal, 2<sup>nd</sup> Place – Silver Medal, & two (2) 3<sup>rd</sup> Place – Bronze medals in all sparring and poomsae divisions.

Team awards will be given out to the top three (3) teams in each of the Men's and Women's Senior Sparring Classifications and Men's and Women's Under 30 and Under 40 (combined) Poomsae divisions, based on the point system below:

Rationale	Points Awarded
<b>Gold Medal</b>	7 Points
<b>Silver Medal</b>	3 Points
<b>Bronze Medal</b>	1 Point

Awards will also be given to the Best Male and Best Female athlete in the Senior Sparring Division and Best Male and Best Female in either the Under 30 or Under 40 poomsae divisions, Best Male and Female International Referees and Best Male and Female Team Coach. These awards will be determined and awarded after the conclusion of the final day of the Senior Sparring Divisions.

## HOTEL, FLIGHTS & TRANSPORTATION

**Hotel Reservation:** All participants may book their hotel reservation through USA Taekwondo Hotel Housing Company – Group Housing. Reservation can be made directly by clicking the link below. This is the only way to receive USA

## Spectator Tickets

Admission to the 2019 U.S. Open Taekwondo Championships is by credential or ticket only. Advanced tickets can be purchased online through **15 February 2019**. Link to purchase tickets will be available soon.

Wrist bands will be given in exchange for tickets at the Las Vegas Convention Center. Wrist bands must always be worn and are good for the day allotted on your ticket. **No refunds or exchanges.** Lost, stolen or forgotten tickets will NOT be replaced or refunded.

TICKET PRICING		
Event Ticket	In Advance (Online ONLY)	At-Door
Adult All-Events (18+)	\$55.00	\$65.00
Adult Single Day (18+)	\$16.00	\$19.00
Children Single Day (6-17)	\$11.00	\$13.00
Children 5 & Under	Free	Free