

# QUICK FACTS

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February 19 - 23, 2013

Las Vegas, NV, USA

# Welcome to Las Vegas, Nevada - 2013



USA Taekwondo welcomes you to the Las Vegas Hotel and Casino in, Las Vegas, Nevada, for the 2013 U.S. Open Taekwondo Championships. We thank you for your continued support and offer our best wishes to each participant for a successful and enjoyable experience. We also extend our most sincere appreciation to our sponsors whose assistance is invaluable for the conduct of this Championship.

We extend our thanks to the Las Vegas Hotel and Casino for serving as the Headquarters hotel and venue for this prestigious event.

## USA Taekwondo Points of Contact

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## 2013 MAJOR CHANGES

### **2013 U.S. Open Schedule**

The 2013 U.S. Open Taekwondo Championships will be a 5 day event in 2013 with the Championships taking place on Tuesday, February 19 – Saturday, February 23. The following days will comprise the 2013 U.S. Open Taekwondo Championships with **ALL POOMSAE** divisions taking place on Tuesday, February 19; the 10-11, 12-13 & Ultra sparring divisions on Wednesday, February 20; and the Senior sparring divisions on Thursday and Friday, February 21 & 22, and 14-17 Divisions sparring on Saturday, February 23.

USA Taekwondo plans to have 2013 be the final year for POOMSAE divisions to take place at the U.S. Open Taekwondo Championships. Starting in the fall of 2013, USAT will conduct a U.S. Open Poomsae Championships. Stay tuned to the USA Taekwondo website and at the 2013 U.S. Open Taekwondo Championships for more information about this exciting **NEW** event.

### **Registration Structure**

In 2013, U.S. Open registration will consist of an “Early Kick” registration price and a “Registration” price. Those competitors taking advantage of the “early kick” registration period will save. Please check the Pre-Event Manual for the registration timeline. Those who do not pay the “early kick” fee by the corresponding deadline will pay the registration price.

### **Athletic Trainers & Taping of Athletes – Continued from 2012**

Event Athletic Trainers will not be responsible for taping athletes’ ankles or instep pads. The Athletic Trainers are there to cover the event and this is where their responsibilities need to be. The Athletic Trainers are contracted for Injury Assessment and Care during the event. Please remember when taping ankles or instep pads competitors must comply with the rules set forth by the WTF and USAT.

### **Daedo-Truescore**

Daedo-Truescore will be the official provider of the EBP (Electronic Body Protector) for the U.S. Open Taekwondo Championships. USA Taekwondo and Daedo-Truescore will provide the hogus to all athletes prior to each sparring match and will be obtained at the equipment area. These hogus should be returned immediately to the equipment area after the completion of their match.

All athletes are responsible for purchasing their own scoring foot gear prior to the event. It is best if athletes purchase them prior to arriving at the following link.

<http://truescore116.corecommerce.com/E-Sparring-Equipment/E-Foot-Gear-p24.html>



**Equipment – continued from 2012**

All participants must provide their own red, blue or white headgear with no markings other than corporate logos. Cracks or defects in the headgear will not be allowed.

**The athletes in the Junior (14-17) and Senior (14+) divisions must have RED or BLUE head gear ONLY.**

**No white HEADGEAR can be worn in these divisions.** This is because of the WTF sanction and rules.

All other divisions (Youth, Cadet, and Ultra) can wear WHITE, but it is strongly encouraged all athletes have RED and BLUE.

All male athletes are REQUIRED to wear a protective cup inside the pants during competition. **All females in the Junior(14-17) and Senior (14+) divisions are REQUIRED to wear a protective cup as well.**

This is because of the WTF sanction and rules. This is optional for female athletes in Youth, Cadet, and Ultra divisions.

## Schedule

### MONDAY – FEBRUARY 18: 2013 U.S. OPEN TAEKWONDO CHAMPIONSHIP

U.S. Open Check-In	4:00PM – 8:00PM		Las Vegas Hotel – Pavilion 9-11
National Team Training	By Appointment ONLY (1.5 hour sessions)		Las Vegas Hotel – Pavilion 1 & 6
Open Training Area	2:00PM – 8:00PM		Las Vegas Hotel – Pavilion 2 & 5
All Poomsae competitors must be checked-in by 8:00PM on Monday, 2/18/2013			

### TUESDAY – FEBRUARY 19: 2013 U.S. OPEN TAEKWONDO CHAMPIONSHIP

#### ALL POOMSAE DIVISIONS

U.S. Open Check-In	9:30AM – 12:00PM & 2:00PM – 6:00PM		Las Vegas Hotel – Pavilion 9-11
Weigh-In for Wednesday competitors	9:30AM – 12:00PM &		Las Vegas Hotel – Pavilion 9-11

U.S. OPEN PRE-EVENT MANUAL

	2:00PM – 6:00PM		
Doors open for credentialed and ticketed patrons	8:15AM		Paradise Event Center
U.S. Open Taekwondo Championship <b>COMPETITION BEGINS</b>	9:00AM		Paradise Event Center
Lunch			
COMPETITION RESUMES	1:30PM		Paradise Event Center
OPENING CEREMONIES	6:30PM		Paradise Event Center
National Team Training	By Appointment ONLY (1.5 hour sessions)		Las Vegas Hotel – Pavilion 1 & 6
Open Training Area	8:00AM – 8:00PM		Las Vegas Hotel – Pavilion 2 & 5
All 10-11(Youth), 12-13(Cadet) & 33+(Ultra) sparring competitors must be weighed-in by 6:00PM on Tuesday, 2/19/2013			

**WEDNESDAY – FEBRUARY 20: 2013 U.S. OPEN TAEKWONDO CHAMPIONSHIP**

**ALL 10-11(YOUTH), 12-13(CADET) & 33+(ULTRA) SPARRING DIVISIONS**

U.S. Open Check-In	9:30AM – 12:00PM & 2:00PM – 6:00PM		Las Vegas Hotel – Pavilion 9-11
Weigh-In for THURSDAY competitors	9:30AM – 12:00PM & 2:00PM – 6:00PM		Las Vegas Hotel – Pavilion 9-11
Doors open for credentialed and ticketed patrons	8:15AM		Paradise Event Center
U.S. Open Taekwondo Championship <b>COMPETITION BEGINS</b>	9:00AM		Paradise Event Center



U.S. OPEN PRE-EVENT MANUAL

Lunch			
COMPETITION RESUMES	1:30PM		Paradise Event Center
FINALS	6:00PM		Paradise Event Center
National Team Training	By Appointment ONLY (1.5 hour sessions)		Las Vegas Hotel – Pavilion 1 & 6
Open Training Area	8:00AM – 8:00PM		Las Vegas Hotel – Pavilion 2 & 5
<p>Female Senior Sparring competitors (Under 62Kg-Light, 67Kg-Welter, 73Kg-Middle &amp; Over 73Kg-Heavy) and Male Senior Sparring competitors (Under 54Kg-Fin, 58Kg-Fly, 63Kg-Bantam, 68Kg-Feather) must be weighed-in by 6:00PM on Wednesday, 2/20/2013</p>			

**THURSDAY – FEBRUARY 21: 2013 U.S. OPEN TAEKWONDO CHAMPIONSHIP**

**FEMALE SENIOR SPARRING DIVISIONS** (Under 62Kg, 67Kg, 73Kg & Over 73Kg) & **MALE SENIOR SPARRING DIVISIONS** (Under 54Kg, 58Kg, 63Kg, 68Kg)

U.S. Open Check-In	9:30AM – 12:00PM & 2:00PM – 6:00PM		Las Vegas Hotel – Pavilion 9-11
Weigh-In for FRIDAY competitors	9:30AM – 12:00PM & 2:00PM – 6:00PM		Las Vegas Hotel – Pavilion 9-11
Doors open for credentialed and ticketed patrons	8:15AM		Paradise Event Center
U.S. Open Taekwondo Championship <b>COMPETITION BEGINS</b>	9:00AM		Paradise Event Center
Lunch			
COMPETITION RESUMES	1:30PM		Paradise Event Center



U.S. OPEN PRE-EVENT MANUAL

FINALS	TBD	Paradise Event Center
National Team Training	By Appointment ONLY (1.5 hour sessions)	Las Vegas Hotel – Pavilion 1 & 6
Open Training Area	8:00AM – 8:00PM	Las Vegas Hotel – Pavilion 2 & 5
<p>Female Senior Sparring competitors (Under 46Kg-Fin, 49Kg-Fly, 53Kg-Bantam, 57Kg-Feather) and                  Male Senior Sparring competitors (Under 74Kg-Light, 80Kg-Welter, 87Kg-Middle &amp;                  Over 87Kg-Heavy)                  must be weighed-in by 6:00PM on Thursday, 2/21/2013</p>		

**FRIDAY – FEBRUARY 22: 2013 U.S. OPEN TAEKWONDO CHAMPIONSHIP**

**FEMALE SENIOR SPARRING DIVISIONS** (Under 46Kg, 49Kg, 53Kg, 57Kg) & **MALE SENIOR SPARRING DIVISIONS** (Under 74Kg, 80Kg, 87Kg & Over 87Kg)

U.S. Open Check-In	9:30AM – 12:00PM & 2:00PM – 6:00PM	Las Vegas Hotel – Pavilion 9-11
Weigh-In for SATURDAY competitors	9:30AM – 12:00PM & 2:00PM – 6:00PM	Las Vegas Hotel – Pavilion 9-11
Doors open for credentialed and ticketed patrons	8:15AM	Paradise Event Center
U.S. Open Taekwondo Championships <b>COMPETITION BEGINS</b>	9:00AM	Paradise Event Center
Lunch		
COMPETITION RESUMES	1:30PM	Paradise Event Center
National Team Training	By Appointment ONLY (1.5 hour sessions)	Las Vegas Hotel – Pavilion 1 & 6



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Open Training Area	8:00AM – 8:00PM	Las Vegas Hotel – Pavilion 2 & 5
All 14-17 Junior Sparring competitors must be weighed-in by 6:00PM on Friday, 2/22/2013		

<b>SATURDAY – FEBRUARY 23: 2013 U.S. OPEN TAEKWONDO CHAMPIONSHIP</b>		
<b><u>ALL 14-17(JUNIOR) SPARRING DIVISIONS</u></b>		
Doors open for credentialed and ticketed patrons	8:15AM	Paradise Event Center
U.S. Open Taekwondo Championship <b>COMPETITION BEGINS</b>	9:00AM	Paradise Event Center
Lunch		
COMPETITION RESUMES	1:30PM	Paradise Event Center
Open Training Area	9:00AM – 4:00PM	Las Vegas Hotel – Pavilion 2 & 5
<b>FOLLOW THE US OPEN ON TWITTER @USOpenTKD</b>		

# Registration Deadlines & Fees

All registrations must take place on the USAT Hang-a-star system. Please visit <http://www.usa-taekwondo.us> to register. Please have your USAT membership number accessible to register for the 2013 U.S. Open Taekwondo Championships.

USA Taekwondo has a NO REFUND policy. **NO REFUNDS** will be given due to medical withdrawals, when an individual or team decides not to attend or is unable to attend.



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**ATHLETES**

Competition	Early kick Registration Fee	Registration Fee	Early kick Deadline	Registration Deadline
1 <sup>st</sup> Division	\$100.00	\$150.00	January 28, 2013	February 11, 2013
2 <sup>nd</sup> Division	\$125.00	\$175.00	January 28, 2013	February 11, 2013
3 <sup>rd</sup> Division	\$150.00	\$200.00	January 28, 2013	February 11, 2013
4 <sup>th</sup> Division	\$175.00	\$225.00	January 28, 2013	February 11, 2013

**\*\* Registration deadlines end at 11:59pm (MST) \*\***

**COACHES**

CIDP Level	Early kick Registration Fee	Registration Fee	On-Site Fee	Early kick Deadline	Registration Deadline
NONE / AC	\$60.00	\$110.00	\$135.00	January 28, 2013	February 11, 2013
Level 1 / Level 2	\$45.00	\$110.00	\$135.00	January 28, 2013	February 11, 2013

**\*\* Registration deadlines end at 11:59pm (MST) \*\***

Registration Checklist

Completing all items on this list will help insure a speedy check-in and weigh-in process at the 2013 U.S. Open Taekwondo Championships.

- Register for the **2013 U.S. Open Taekwondo Championships** through the USAT Hang-A-Star online registration system.
- Complete Registration payment online.



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- If under 18 years of age, print the “confirmation form”. Have parent or legal guardian sign confirmation form and mail, fax or scan & email to USA Taekwondo National Office.

**MAIL TO:**

USA TKD  
1 Olympic Plaza  
Attn: US Open  
Colorado Springs, CO 80909

**EMAIL TO:** [USATKDEvents@gmail.com](mailto:USATKDEvents@gmail.com)

**FAX TO:** (719) 866-4642

- Complete personal insurance items on the USAT Hang-A-Star online registration system.
- Upload headshot photo to your USAT membership profile

### Important Notes:

- For specific help regarding the USAT Hang-A-Star online registration system, refer to the Event FAQ (<http://www2.teamusa.org/USA-Taekwondo/Resources/Event-Resources/Events-FAQ.aspx>)
- **Participants & Coaches in the 2013 U.S. Open Taekwondo Championships are subject to and must obey ALL rules, regulations and policies of USA Taekwondo and the World Taekwondo Federation herein or otherwise written.**
- All participants must provide their own red, blue or white headgear with no markings other than corporate logos. Cracks or defects in the headgear will not be allowed.  
**The athletes in the Junior (14-17) and Senior (14+) divisions must have RED or BLUE head gear ONLY. No white HEADGEAR can be worn in these divisions.** This is because of the WTF sanction and rules.  
All other divisions (Youth, Cadet, and Ultra) can wear WHITE, but it is strongly encouraged all athletes have RED and BLUE.
- To view a complete list of approved WTF equipment please use the following link.  
[http://www.wtf.org/wtf\\_eng/site/about\\_wtf/recognized.html](http://www.wtf.org/wtf_eng/site/about_wtf/recognized.html)



## Method of Competition

### SPARRING

A single elimination tournament with seeding system will be applied; the seeding will be as follows:

- WTF World Rankings
- Random computer draw

## Head of Team Meeting

The head of team (technical) meeting shall be conducted one (1) day prior to the start of the senior divisions, in the presence of the WTF delegate and the representatives of the participating nations. Please check the schedule for the time and location of the Head of Team (Technical) meeting.

## Qualifications & Competition Rules

### QUALIFICATIONS

In accordance with **Article 4: Qualification of Contestant of the WTF Competition Rules**, the contestant must be:

Criterion #1: Holder of the Kukkiwon Poom or Dan Certificate

\*A copy of the Dan Certificate should be enclosed when registering for accreditation. In a case a contest has applied for a Kukkiwon Dan Certificate but has not received it yet, a copy of the Dan Application form and the remittance certificate sent the Kukkiwon must be enclosed when registering for accreditation. Please refer to the Kukkiwon web site ([www.kukkiwon.or.kr](http://www.kukkiwon.or.kr)) for more information

### COMPETITION RULES - SPARRING

For Junior (14-17) & Senior Divisions (14+ year olds) will use current WTF competition rules. To download the WTF Competition Rules visit [www.wtf.org/wtf\\_eng/site/rules/competition.html](http://www.wtf.org/wtf_eng/site/rules/competition.html)



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For Youth (10-11 year olds), Cadet (12-13 year olds) and Ultra (33+ year olds) Divisions will use current USA Taekwondo competition rules. To download the USAT Competition rules visit <http://www2.teamusa.org/USA-Taekwondo/Resources/Event-Resources/Competition-Rules.aspx>

Participants, Coaches and Team Representatives in the U.S. Open Taekwondo Championships are subject to and must obey ALL rules, regulations and policies of the WTF and USA Taekwondo herein or otherwise written.

USAT uses the date December 31 of the given year (December 31, 2013) to determine the age of all competitors. Example: an athlete turns 14 on October 26, 2013 they would compete as a 14 year old in the 2013 U.S. Open Taekwondo Championships, even though they are 13 years old at the time of the event.

### Dobok & Equipment Standards

#### The Uniform for Contestants

- Official Uniform (Dobok)

All contestants must wear a white Taekwondo V-neck USAT/WTF uniform (dobok) in good condition. Black Belts must wear black-collared uniforms. Color belts must wear white-collared uniforms; color belts cannot wear black-collared uniforms. Patches, embroidery, logos, team names, country names, athlete names, and stripes are permitted on the uniform; they can be up to 12" x 4" on each extremity (leg or arm) for a total of four. Logos or names on the back of the uniform and patches on the chest area of the uniform are also allowed.

#### **NO TAPE WILL BE ALLOWED ON ANY PART OF THE UNIFORM**

- Protective Equipment

Contestants shall wear an approved trunk protector, headgear (white, or red for Hong and blue for Chung), groin guard, gloves (see below), forearm protector, shin-instep protectors, sensing socks and a mouth guard before entering the contest area. The head protector must be firmly tucked under the left arm when entering the competition area, and shall be put on the head following instructions of the referee before the start of the contest. The groin, forearm, and shin-instep protectors must be worn inside the Taekwondo uniform. Wearing of any other items on the head other than head protector shall not be permitted. A previously approved religious item shall be worn beneath the head protector and inside the dobok and shall not cause harm or obstruct the opposing contestant.

- Personal Requirements

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All competitors shall keep their nails cut short and shall not wear any articles that may injure or endanger an opponent. Any competitor whose hair, in the opinion of the referee, is so long as to risk causing inconvenience to other competitors shall be required to tie it back securely.

### a. Metallic Articles

Contestants are not allowed to wear any kind of metallic articles or hard objects, such as rings, eyeglasses (including prescribed safety eyeglasses or eye goggles), necklaces, watches, bracelets, earrings, etc.

### b. Personal Hygiene

All competitors must maintain the highest standard of personal hygiene, keep their nails cut short, and groom their hair neatly.

Any violators of Section above will be required to correct the violation within one minute, or face disqualification.

### c. Tape

A maximum of two (2) layers of tape are allowed, except in the case of an injury. For an injury, the minimum amount of tape that will protect the area should be used. If there is a question, the referee should have the wrapping examined and approved by the Tournament Medical Staff. Under no circumstances will a hard splint or cast—no matter how small—be allowed.

## Equipment Standards

Gloves - 14-17 year old and Senior Black belts are required to wear taekwondo gloves. Gloves may be red, blue, or white. If the competitor chooses to wear red or blue gloves, they must correspond with the chest protector. For all other divisions, gloves are optional and must comply with the above rule.



Mouth Guard – All athletes are REQUIRED to use a mouth guard. A mouth cover may be used for those with braces if an orthodontist’s note is provided prior to the beginning of competition. Mouth guards may be any color for Youth, Cadet or Ultra divisions. Junior & Senior divisions are required by WTF to use only white or transparent mouth guards.

Properly fitting Headgear – All participants must provide their own red, blue or white headgear with no markings other than corporate logos. Cracks or defects in the headgear will not be allowed. **The athlete in the Junior(14-17) and Senior Divisions(14+) must have RED or BLUE head gear ONLY. No white HEADGEAR can be worn in these divisions.**

Protective Cup – All male athletes are REQUIRED to wear a protective cup inside the pants during competition. All females in the 14-17 and Senior Divisions are REQUIRED to wear a protective cup as well. This is because of the WTF sanction and rules. This is optional for female athletes in other divisions.

Shin protection – Shin protectors are REQUIRED and they must be made of foam, cloth or vinyl products.

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Forearm guard – Forearm guards are REQUIRED and it is mandatory that athletes get foam, cloth, or vinyl products.

*Please Note: USA Taekwondo reserves the right to disallow any uniform or equipment if it is found to be offensive or degrading in any fashion. **The 2013 U.S. Open Taekwondo Championships will follow the WTF equipment guidelines for all divisions.***

- **To view a complete list of approved WTF equipment please use the following link.**

[http://www.wtf.org/wtf\\_eng/site/about\\_wtf/recognized.html](http://www.wtf.org/wtf_eng/site/about_wtf/recognized.html)

### CODE OF CONDUCT/DISCIPLINARY ACTIONS

Any person registered for the event that is causing unfavorable situations either prior to, during, or after the 2013 U.S. Open Taekwondo Championship is subject to disciplinary action as decided by the Competition Supervisory Board. In particular, the use of alcohol or drugs by athletes, coaches, officials, or staff during the course of the event will disqualify the guilty individual from further competition. There are no warnings for alcohol or drug consumption by underage participants.

The following outline is the Code of Conduct for USA Taekwondo (USAT). The Code is for all athletes, coaches, international referees and staff members to fully abide by when participating in any and all USAT sanctioned & organized events. Failure to comply with the following guidelines can result in the removal from an event, dismissal from future USAT sanctioned events, and/or the complete suspension from participation as a competitor, coach, international referee or staff member in future USAT sanctioned or organized events.

\*The signer is authorized to make this declaration and has confirmed by his/her signature that all members of the National Team understand this Code of Conduct.

#### **As a participant of the Event, I hereby promise and agree that I:**

- will abide by all published rules related to the Event as approved by USA Taekwondo;
- have acted and will act in a sportsmanlike manner consistent with the spirit of fair play and responsible conduct;
- will maintain a level of fitness and competitive readiness that will permit my performance to be at the maximum of my abilities;
- will submit to a physical examination by USA Taekwondo medical personnel if my ability to compete is compromised due to physical injury
- will not commit a doping violation as defined by the International Olympic Committee (IOC), World Anti-Doping Agency (WADA), the United States Anti-Doping Agency (USADA), the United States Olympic Committee (USOC) or the World Taekwondo Federation rules;
- am not currently serving a doping violation and/or do not have a pending or unresolved doping charge;
- will not engage in any conduct that is criminal under any laws applicable to me, including, but not limited to laws governing the possession and use of drugs and alcohol and providing of drugs to any person and of alcohol to minors;
- will not participate or assist in any gambling or betting activities associated with any event related to my sport or my participation;



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- am eligible to compete under the rules of World Taekwondo Federation;
- will refrain from conduct detracting from my ability or that of my teammates to attain peak performance;
- will respect the property of others whether personal or public;
- will respect members of my Team, other teams, spectators and officials, and engage in no form of discriminatory behavior or verbal, physical or sexual harassment or abuse;
- will abide by the rules of the World Taekwondo Federation concerning allowable trademark identification on clothing and equipment worn or used in competition or on visible body tattoos.
- agree to be filmed and photographed by the official photographer(s) and network(s) of USA Taekwondo under conditions authorized by USA Taekwondo and give event organizers and USA Taekwondo the right to use my name, picture, likeness, and biographical information before, during and after the period of my participation in these activities to promote the activity in which I participate or to promote the success of the team on which I compete; in no event may USA Taekwondo or the event organizers use or authorize the use of my name, picture, likeness, voice and biographical information for the purpose of trade, including any use in a manner that would imply an endorsement of any company, product, or service, without my written permission;
- will not use or authorize the use of photographs, films or videos of myself in USA Taekwondo Events, apparel or equipment or the use of the USA Taekwondo logo for the purpose of trade, without the prior written consent of USA Taekwondo;
- will attempt to participate in media activities if compatible with my training and competitive schedule, when requested by USA Taekwondo;
- understand that if I require legal representation because of I am accused of a doping violation or am accused of criminal misconduct, or if for any other reasons I require the services of an attorney, I will be personally responsible for payment of such legal fees and expenses;
- Will act in a way that will bring respect and honor to myself, my teammates, my country; and
- Will remember that at all times I am an ambassador for my sport, my country and the Olympic Movement.

USAT recognizes that this Code does not establish a comprehensive set of rules that prescribes every aspect of appropriate behavior.

\_\_\_\_\_  
Representative Printed Name

\_\_\_\_\_  
Representative Signature

\_\_\_\_\_  
Date

### USA TAEKWONDO CONSENT FOR MEDICAL TREATMENT

I, \_\_\_\_\_, consent to medical treatment for athletic related injuries/illnesses by USA TAEKWONDO Medical Personnel and /or Hospital Medical Staff at any USA Taekwondo Sanctioned Event. I authorize treatment by such personnel in the event of injury or illness. This care includes but is not limited to: preventative taping and padding; first aid treatment of injuries and illnesses; medication for illness or injury treatment, including over-the-counter medications such as ibuprofen or acetaminophen; emergency care of injuries, which may include use of a backboard and cervical collar; suturing, splinting or casting of wounds/injuries on site or in medical treatment facility; chiropractic adjustments and care; acupuncture treatments; use of AED, injected medications, oxygen or IV to stabilize an athlete's condition on site or in route to a medical treatment facility; and any other medical and/or life-sustaining treatment deemed necessary for athlete



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to continue competition or deemed by medical personnel to be in the best interest of the health and well-being of the athlete.

\_\_\_\_\_  
(Participant's Signature) (Date)

As a parent or legal guardian of \_\_\_\_\_, who is under the age of 18, I hereby authorize medical treatment in the event of an injury or illness as outlined above, while he/she is participating in a USA TAEKWONDO event by a member of USA TAEKWONDO Medical Personnel and/or Hospital Medical Staff.

I Agree  I Agree, with the following exceptions to treatment:

\_\_\_\_\_  
\_\_\_\_\_

I DO NOT AGREE

\_\_\_\_\_  
(Parent/Guardian Signature) (Date)

All medical evaluations completed by USA TAEKWONDO Medical Personnel for athletic injuries are considered confidential and will be filed under the direction of the USA TAEKWONDO Director of Events. Copies of medical injury forms can be requested verbally from the USA TAEKWONDO Director of Events by the injured athlete, or parent of a minor athlete at the time of injury or requested in writing following a competition. The original injury report form will remain on file. No information about an individual athlete will be released without that athlete's permission per Federal Guidelines except where it is necessary to file insurance claims directly associated with the injury or illness. Information pertaining to injury data without using an athlete's name will be released to the Medical Director, the Medical Coordinator or their assistants for purposes of injury research or recommendations for safety rule changes only. An athlete's name and injury will only be released in cases pertaining to head injuries requiring the athlete to not compete for 30 days per USA Taekwondo and World Taekwondo Federation rules. This information will be released to the Medical Director, Medical Coordinator, Referee Chairperson, Tournament Committee Chairman, National Events Director, Executive Director and documented within the secured USA Taekwondo online registration program for purposes of enforcing the 30-day-out rule in compliance with USA TAEKWONDO and WTF rules.

I have read and understand the above information as it pertains to my medical records of injury or illness which may occur and be treated at USA Taekwondo Sanctioned events. I also understand that if these guidelines are not followed as stated above that USA Taekwondo could be found in violation of Federal Guidelines set forth by HIPAA.

\_\_\_\_\_



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(Participant's Signature)

(Date)

\_\_\_\_\_

\_\_\_\_\_

(Parent/Guardian Signature)

(Date)

\*\*\*\*\*

I, \_\_\_\_\_, consent to having my image photographed while injured or ill by USA Taekwondo Staff Photographer or USA TAEKWONDO Medical staff for purposes of documentation of the injury and/or publicity for USA Taekwondo, USA Taekwondo Sports Medicine. This publicity may include but is not limited to advertisement in print or on the websites of said organizations. I know I have the right to decline the photographing of my image at the time of injury if verbally requested by myself, my parent or my coach per Federal Guidelines set forth by HIPAA. Furthermore I know I can request that such images be removed from publication or public view if I decide to decline their use at a later date for any reason simply by making that request in writing directly to the USA Taekwondo National Office, Director of Events. I understand that such pictures may be taken without any expectations of compensation for said photographic images.

I Agree       I Decline

\_\_\_\_\_

\_\_\_\_\_

(Participant's Signature)

(Date)

As a parent or legal guardian of \_\_\_\_\_, who is under the age of 18, I hereby authorize photographic images of \_\_\_\_\_ to be allowed if injured or ill unless otherwise verbally requested at time of injury/illness that no such photographs be taken at that time. Furthermore I know I can request that such images be removed from publication or public view if I decide to decline their use at a later date simply by making that request in writing directly to the USA Taekwondo National Office, Director of Events.

I Agree       I Decline

\_\_\_\_\_

\_\_\_\_\_

(Participant's Signature)

(Date)

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**INSURANCE INFORMATION:**

Primary Insurance Company:

Policyholder's Name:

Insurance Address:

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Insurance Phone:

Policy #:

Claimant's Name (Print):

**WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND PARENTAL CONSENT AND INDEMNITY AGREEMENT**

• In consideration of your acceptance of my entry or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors and administrators waive, release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or may accrue to me against USA Taekwondo and for its states and district associations, this athletic meet, its organizing committee, the United States Olympic Committee, the 2013 U.S. Open Taekwondo Championships, the World Taekwondo Federation, Las Vegas Hilton Hotel & Convention Center, all members of this athletic meet, or their respective officers, committees, medical committee, agents, representatives, successors, sponsors, advertisers, volunteers, owners and lesser of premises on which the athletic meet takes place, assignees and against any competitor for any and all damages which may be sustained by me or the minor child, in connection with my association with or entry in the above athletic meet, or which may arise out of traveling to, participating in, and returning from this athletic meet. I understand that all entry fees are nonrefundable.

• I understand the nature of USA Taekwondo activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this athletic meet. I understand that USA Taekwondo activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by myself or the minor child's own actions, or inactions, and/or the actions or inactions of others participating in the athletic meet.

• If the minor child or I are selected, I agree to be drug tested pursuant to the United States Olympic Committee National Anti-Doping Program, as amended. I understand that such drug testing may take place at any time during the competition. If the minor child or I fail to show up at the athletic meet, for any reason, I knowingly forfeit this competition and all applicable registration fees. I further understand that any pictures taken of the minor child or me in connection with this athletic meet may be used by USA Taekwondo for publicity or promotion without compensation.

• I have read this agreement, fully understand it's terms, understand that I or the minor child have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid that the balance, notwithstanding, shall continue in full force and effect.

\_\_\_\_\_  
Participant's Printed Name

\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
Date

U.S. OPEN PRE-EVENT MANUAL

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Parent/Guardian Printed Name

---

Parent/Guardian Signature

---

Date

# GENERAL EVENT INFORMATION

## Chapter

# 2



February 19 - 23, 2013

Las Vegas, NV, USA

## Promoter – Sanctioned – Recognized

**Promoter** - USA Taekwondo (USAT)

1 Olympic Plaza  
Colorado Springs, CO 80909, USA  
Phone: 00+1 719.866.4632  
Fax: 00+1 719.866.4642  
Email: [travis.oosthoek@usa-taekwondo.us](mailto:travis.oosthoek@usa-taekwondo.us)  
website: [www.usa-taekwondo.us](http://www.usa-taekwondo.us)

**Sanctioned By** – World Taekwondo Federation (WTF)

4<sup>th</sup> Floor, Joyang Building, 113, Samseong-dong, Gangnam-gu  
Seoul, Korea 135-090  
Phone: +82.2.556.2505  
Fax: +82.2.553.4728  
Email: [sport@wtf.org](mailto:sport@wtf.org) (sport division)  
Website: [www.wtf.org](http://www.wtf.org)

**Recognized By** – Pan American Taekwondo Union (PATU)

1109 Edgewood Lane, Fort Lee, New Jersey 07024, USA  
Phone: 00+1 201.863.8282  
Fax: 00+1 201.224.5768  
Website: [www.patu.org](http://www.patu.org)

## Hotel & Venue

USA Taekwondo is please to bring the 2013 U.S. Open Taekwondo Championships to the **LVH Hotel and Casino**. The LVH will serve as both the Headquarters hotel and competition venue.

Experience the exclusive gem that is the LVH, the iconic place to stay and play in the electrifying city of Las Vegas. As a world-class hotel and casino and the largest race & sports book in the world, our Las Vegas Nevada hotel offers a unique blend of sophistication and excitement with incredible restaurants, endless entertainment in town. Among off Strip hotels, the LVH boasts the most alluring variety of luxury rooms and suites in a relaxing atmosphere, while still maintaining easy access via monorail to the excitement of the Strip, just one block away.



## Accommodations - Lodging

Experience modern and functional accommodations in Las Vegas, offering comfortable bedding, 37" plasma TVs, and high-speed Internet access (for a fee). Just one block from the glamorous Strip, the Las Vegas Hilton offers dining, entertainment, spa services and expansive meeting space, creating the perfect destination. Discounted accommodations have been set-up through the **LVH**. All reservations can be made, modified or canceled by individuals online at the following link <https://resweb.passkey.com/go/USATAEKWONDO2013>. Individuals will also be able to make reservations by calling 1-800-635-7711 between the hours of 6:00am-11:00pm daily. Reservations must be made on or before the cut-off date of January 30, 2013 in order to be eligible for the group rate. When making reservations with the **LVH Hotel & Casino** use the group code **SGUSAT** to secure your discounted rate.

### Single/Double Rooms: \$99.00 per night



(Pictures courtesy of www.thelvh.com)



# Transportation

## Rental Car

Dedicated McCarran Rent-A-Car Center shuttles depart approximately every five minutes to the new McCarran Rent-A-Car Center. Exit door 10 or 11. Taxicabs are also available at the McCarran Rent-A-Car Center. The following rent-a-car companies serve the Las Vegas-McCarran International Airport.

Rent-A-Car	Phone Number	Web Site
Advantage	800.777.9377	<a href="http://www.advantage.com">www.advantage.com</a>
Budget	800.922.2899	<a href="http://www.budget.com">www.budget.com</a>
Alamo / National	800.462.5266	<a href="http://www.alamo.com">www.alamo.com</a>
Dollar	800.800.4000	<a href="http://www.dollar.com">www.dollar.com</a>
Avis	800.331.1212	<a href="http://www.avis.com">www.avis.com</a>
Hertz	800.654.3131	<a href="http://www.hertz.com">www.hertz.com</a>
Enterprise	800.796.2227	<a href="http://www.enterprise.com">www.enterprise.com</a>

## Airfare

All participants & National Teams are responsible for their own airfare. All participants and National Teams should look for flights to the Las Vegas-McCarran International Airport (LAS). The following major and national airlines serve the Las Vegas-McCarran International Airport.

## U.S. OPEN PRE-EVENT MANUAL

Airline	Phone Number	Web Site
American Airlines	800.433.7300	<a href="http://www.aa.com">www.aa.com</a>
Air Tran	800.247.8726	<a href="http://www.airtran.com">www.airtran.com</a>
Air Canada	888.247.2262	<a href="http://www.aircanada.ca">www.aircanada.ca</a>
Continental Airlines	800.525.0280	<a href="http://www.continental.com">www.continental.com</a>
Delta	800.221.1212	<a href="http://www.delta.com">www.delta.com</a>
Frontier	800.432.1359	<a href="http://www.frontierairlines.com">www.frontierairlines.com</a>
Korean Air	800.438.5000	<a href="http://www.koreanair.com">www.koreanair.com</a>
Southwest	800.435.9792	<a href="http://www.southwest.com">www.southwest.com</a>
*United	800.864.8997	<a href="http://www.united.com">www.united.com</a>

**\*USA Taekwondo has partnered with United Airlines to provide a discounted rate on airfare. When participants are arranging airfare for the 2013 U.S. Open Taekwondo Championships, be sure to use the code "ZMGW914313".**

## Training Opportunities

USA Taekwondo will provide an "Open Training Area" to all 2013 U.S. Open Taekwondo Championship participants. This training area will be designated and identified prior to arrival at the LVH. This training area will be open during all scheduled times. Please check the Championship schedule for times of Open Training.

## Awards - Sparring

2013 U.S. Open Taekwondo Championship Medals will be given out to the top four (4) athletes, in the respective divisions and weight categories.





## U.S. OPEN PRE-EVENT MANUAL

<b>Individual Awards</b>	
1 <sup>st</sup> Place	Gold Medal + Certificate
2 <sup>nd</sup> Place	Silver Medal + Certificate
3 <sup>rd</sup> Place	Bronze Medal + Certificate
3 <sup>rd</sup> Place	Bronze Medal + Certificate

### Team Awards – Sparring Only

2013 U.S. Open Taekwondo Championships Trophies will be given out to the top four (4) teams in each the Men's and Women's Classifications, based off the point system below:

<b>Rationale</b>	<b>Points Awarded</b>
Gold Medal	7
Silver Medal	3
Bronze Medal	1

\*\*Tie-Breaker: In case more than two teams are tied, the rank shall be decided by 1) number of gold, silver and bronze medals won by the team in order, 2) number of participating contestants

Other prizes, such as "Best fighting Spirit" and "Best Sportsmanship", may be awarded to selected teams/individuals, upon the decision of ad-hoc committee.

### Awards - Poomsae

2013 U.S. Open Taekwondo Championship Medals will be given out to the top four (4) individuals, pairs (co-ed) and teams in the respective divisions.

U.S. OPEN PRE-EVENT MANUAL

Individual Awards	
1 <sup>st</sup> Place	Gold Medal + Certificate
2 <sup>nd</sup> Place	Silver Medal + Certificate
3 <sup>rd</sup> Place	Bronze Medal + Certificate
3 <sup>rd</sup> Place	Bronze Medal + Certificate

# Spectator Tickets

Admission to the 2013 U.S. Open Taekwondo Championships is by credential or ticket only. Advance sales will save time and avoid lines at the ticket windows, especially the first day of competition.

**Advance Event Tickets can be ordered directly on-line through Brown Paper Tickets beginning October 1<sup>st</sup>.**

Follow the Brown Paper Tickets link below to purchase tickets:

<http://usopentkd.brownpapertickets.com>

Save yourself time by ordering online and printing at home! Make sure to bring your tickets to the event as USA Taekwondo will not honor anything but printed or mobile tickets.

**Deadline for ordering tickets online is February 17<sup>th</sup>!** Tickets will have to be purchased onsite after February 17.

Wrist bands will be given in exchange for your tickets at the Paradise Event Center (the LVH). Wristbands must be worn at all times and are good for the time allotted on your ticket (All Event = all days of the event; Single Day = only for the appropriate day purchased).

Please keep your tickets in a safe place and remember to pack them

Ticket Pricing		
Event Ticket	At-Door	In Advance (online)
All-Event (Adult 18+)	Not available	\$25.00

## U.S. OPEN PRE-EVENT MANUAL

Single Day (Adult 18+)	\$15.00	\$7.50
Single Day (Children 6-17)	\$10.00	\$5.00
Children 5 & Under	Free	Free

**\*\*No refunds or exchanges. Lost, stolen or forgotten tickets will NOT be replaced or refunded\*\***

### Participant Credentials

All event registered participants will receive an event credential when they arrive to the event check-in and weigh-ins. This credential is NONTRANSFERABLE and will be **confiscated** if misused. The participants credential is NOT VALID for an adult, parent or sibling of that participant.

**Lost credentials are subject to a \$5.00 reprint fee – this will be enforced**

2013 U.S. Open Taekwondo Championship staff reserves the right to conduct random and periodic ID checks during competition.

### Sports Medicine

The training staff will be available free of charge to all 2013 U.S Open Taekwondo Championship participants. It is the responsibility of the participant or National Team to have training supplies such as tape. The training staff's duties are not to be retailers in tape and other training supplies. It is impossible and unreasonable to expect them to estimate and ship enough training supplies for every participant or National Team. Their purpose is to support, evaluate and assist in athlete injuries and medical emergencies. The trainers' facility will be located on the Hilton Center floor in a central location.

The WTF Anti-Doping Rules, and where necessary the Code of the World Anti-Doping Agency, shall apply throughout the competitions.

\*Random tests will be conducted for the athletes who have participated in the finals. Tests are conducted by U.S. Anti-Doping Agency (USADA) - <http://www.usantidoping.org>



Divisions – Weight Categories **Chapter**  
Weigh-ins – Bracketing –  
Coaching Requirements

**3**



February 19 - 23, 2013

Las Vegas, NV, USA

# SPARRING

**Senior Divisions (14+ year olds) – National Team Divisions – 3 rounds, 2 minutes**

	Male Divisions	Female Divisions
Classification	Weight Category (kg)	
Fin	Not exceeding 54kg	Not exceeding 46kg
Fly	Over 54kg & Not exceeding 58kg	Over 46kg & Not exceeding 49kg
Bantam	Over 58kg & Not exceeding 63kg	Over 49kg & Not exceeding 53kg
Feather	Over 63kg & Not exceeding 68kg	Over 53kg & Not exceeding 57kg
Light	Over 68kg & Not exceeding 74kg	Over 57kg & Not exceeding 62kg
Welter	Over 74kg & Not exceeding 80kg	Over 62kg & Not exceeding 67kg
Middle	Over 80kg & Not exceeding 87kg	Over 67kg & Not exceeding 73kg
Heavy	Over 87kg	Over 73kg

**Note:**

(Explanation #1)

Not exceeding:

The weight limit is defined by the criterion of one decimal place away from the stated limit. For example, not exceeding 50kg is established as 50.0kg with 50.1kg being over the limit and resulting in disqualification.

(Explanation #2)

Over: Over 50.00 kg marks occur at the 50.1kg reading and 50.0kg and below is regarded as insufficient, resulting in disqualification.

**\*\*Every National Taekwondo Association/Federation is permitted to enter no more than one (1) participant per weight category, per classification for a verified National Team\*\***

U.S. OPEN PRE-EVENT MANUAL

**Junior Divisions (14-17 year olds) – 3 rounds, 1 minute 30 seconds**

	<b>Male Divisions</b>	<b>Female Divisions</b>
<b>Classification</b>	<b>Weight Category (kg)</b>	
Fin	Not exceeding 45kg	Not exceeding 42kg
Fly	Over 45kg & Not exceeding 48kg	Over 42kg & Not exceeding 44kg
Bantam	Over 48kg & Not exceeding 51kg	Over 44kg & Not exceeding 46kg
Feather	Over 51kg & Not exceeding 55kg	Over 46kg & Not exceeding 49kg
Light	Over 55kg & Not exceeding 59kg	Over 49kg & Not exceeding 52kg
Welter	Over 59kg & Not exceeding 63kg	Over 52kg & Not exceeding 55kg
Light Middle	Over 63kg & Not exceeding 68kg	Over 55kg & Not exceeding 59kg
Middle	Over 68kg & Not exceeding 73kg	Over 59kg & Not exceeding 63kg
Light Heavy	Over 73kg & Not exceeding 78kg	Over 63kg & Not exceeding 68kg
Heavy	Over 78kg	Over 68kg

**Cadet Divisions (12-13 year olds) – 3 rounds, 1 minute**

	<b>Male Divisions</b>	<b>Female Divisions</b>
<b>Classification</b>	<b>Weight Category (kg)</b>	
Fin	Not exceeding 34kg	Not exceeding 33kg
Bantam	Over 34kg & Not exceeding 40kg	Over 33kg & Not exceeding 37kg
Light	Over 40kg & Not exceeding 45kg	Over 37kg & Not exceeding 43kg
Middle	Over 45kg & Not exceeding 50kg	Over 43kg & Not exceeding 48kg
Heavy	Over 50kg	Over 48kg

**Youth Divisions (10-11 year olds) – 3 rounds, 1 minute**

	<b>Male Divisions</b>	<b>Female Divisions</b>
<b>Classification</b>	<b>Weight Category (kg)</b>	
Fin	Not exceeding 30kg	Not exceeding 30kg
Light	Over 30kg & Not exceeding 35kg	Over 30kg & Not exceeding 35kg
Middle	Over 35kg & Not exceeding 40kg	Over 35kg & Not exceeding 40kg
Heavy	Over 40kg	Over 40kg

**Ultra Divisions (33+ year olds) – 3 rounds, 1 minute**

	<b>Male Divisions</b>	<b>Female Divisions</b>
<b>Classification</b>	<b>Weight Category (kg)</b>	
Fin	Not exceeding 58kg	Not exceeding 49kg
Light	Over 58kg & Not exceeding 68kg	Over 49kg & Not exceeding 57kg
Middle	Over 68kg & Not exceeding 80kg	Over 57kg & Not exceeding 67kg
Heavy	Over 80kg	Over 67kg

## Weigh-ins

1. A competitor's weight shall be measured the day prior to their competition day. All competitors must weigh-in during the designated times on the schedule.
2. A competitor's weight may be measured twice. If a contestant does not qualify the first time, one more official weigh-in is granted within the time limit. So as not to be disqualified during official weigh-in, a scale, the same as the official one, shall be provided at the contestants' place of accommodation or at the arena for preweigh-in.
3. During the weigh-in, the contestant is required to show his/her current photo ID, USAT identification card, passport or birth certificate.

4. Any irregular action by the competitor or coach during the weigh-in may result in disqualification from event participation.

5. Weigh in, for both males and females shall be taken in the official V-neck uniform, or, if a contestant wishes, weigh-in may be done in underpants for male and underpants and bra for female contestants. ***Under NO circumstances may an athlete weigh-in in the nude in the United States.***

## Bracketing & Seeds

Sparring competition will be a single elimination event with a seeding system being applied to.

Seeding System:

- WTF World Rankings
- Computer Random Draw

*\*\*USA participants from the same state and club will be separated (according to the athlete profiles on the USAT Hang-A-Star system) in the first round of the appropriate bracket, if possible.*

## POOMSAE

### Individual Poomsae

#### Youth (10-11), Cadet (12-13) & Junior (14-17) Individual Poomsae

Division	Belt	Rank	Sex
Youth (10-11)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
Youth (10-11)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
Cadet (12-13)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female



U.S. OPEN PRE-EVENT MANUAL

Cadet (12-13)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
Junior (14-17)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
Junior (14-17)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male

**Senior & Masters Individual Poomsae**

Division	Belt	Rank	Sex
1 <sup>st</sup> Senior (18-29)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
1 <sup>st</sup> Senior (18-29)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
2 <sup>nd</sup> Senior (30-39)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
2 <sup>nd</sup> Senior (30-39)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
1 <sup>st</sup> Masters (40-49)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
1 <sup>st</sup> Masters (40-49)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
2 <sup>nd</sup> Masters (50-59)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
2 <sup>nd</sup> Masters (50-59)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
3 <sup>rd</sup> Masters (60+)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
3 <sup>rd</sup> Masters (60+)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male

**Pairs Poomsae (Co-Ed)**

**Youth (10-11), Cadet (12-13), 1<sup>st</sup> Pairs (14-29) & 2<sup>nd</sup> Pairs (30+) Pairs Poomsae**

Division	Belt	Rank	Sex
Youth (10-11)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Co-Ed
Cadet (12-13)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Co-Ed
1 <sup>st</sup> Pairs (14-29)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Co-Ed

U.S. OPEN PRE-EVENT MANUAL

2 <sup>nd</sup> Pairs (30+)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Co-Ed
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## Team Poomsae

**Youth (10-11), Cadet (12-13), 1<sup>st</sup> Team (14-29) & 2<sup>nd</sup> Team (30+) Team Poomsae**

Division	Belt	Rank	Sex
Youth (10-11)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
Youth (10-11)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
Cadet (12-13)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
Cadet (12-13)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
1 <sup>st</sup> Team (14-29)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
1 <sup>st</sup> Team (14-29)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male
2 <sup>nd</sup> Team (30+)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Female
2 <sup>nd</sup> Team (30+)	Black	1 <sup>st</sup> – 9 <sup>th</sup>	Male

## COACHING REQUIREMENTS

In order to coach at the 2013 U.S. Open Taekwondo Championships all coaches must be in good standing with their National Federation or Governing Body, is a current member of USAT, and register for the event prior to the registration deadlines. The registration deadlines and prices will be strictly followed and no exceptions will be made. Please refer to Chapter 1 for the registration deadlines and prices.

# DAEDO HIT LEVELS

COMING SOON!!