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February 19 - 23, 2014

Las Vegas, NV, USA

Welcome to Las Vegas, Nevada - 2014



USA Taekwondo welcomes you to the **Las Vegas Hotel & Casino** in, Las Vegas, Nevada, for the 2014 U.S. Open Taekwondo Championships. We thank you for your continued support and offer our best wishes to each participant for a successful and enjoyable experience. We also extend our most sincere appreciation to our sponsors whose assistance is invaluable for the conduct of this Championship.

We extend our thanks to the **Las Vegas Hotel & Casino** for serving as the Headquarters hotel and venue for this prestigious event.

USA Taekwondo Points of Contact

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2014 MAJOR CHANGES - UPDATED

WTF Rule and Age Divisions Changes

As of Dec. 26, 2012, the WTF has made changes to their age classification. Those changes are as follows:

SPARRING

- Juniors = 15-17 years old
- Seniors = 17+ years old (anyone 17 and older can compete in the Senior division)
- Cadets = 12-14 years old

POOMSAE

- Junior = 15-17 years old (Individual, Co-Ed Pairs, Team)
- 1st Senior = 18-29 years old
- 1st Co-Ed Pairs = 18-29 years old
- Cadet = 12-14 years old (Individual, Co-Ed Pairs, Team)

2014 U.S. Open Schedule

The 2014 U.S. Open Taekwondo Championships will be a five-day event in 2014 with the Championships taking place Wednesday, Feb. 19 – Sunday, Feb. 23. The following days will comprise the 2014 U.S. Open Taekwondo Championships with **ALL POOMSAE** divisions, Senior (17+) sparring (Female and Male Middle & Heavy categories) taking place on Wednesday, Feb. 19; Senior (17+) sparring (Female and Male Fly, Feather, & Light) divisions on Thursday, Feb. 20; Senior (17+) sparring (Female and Male Fin, Bantam, & Welter) divisions and Junior (15-17) sparring (Light Heavy & Heavy) division on Friday, Feb. 21; Junior (15-17) sparring (Female and Male Fin, Fly, Bantam, Feather, Light, Welter, Light Middle, & Middle) divisions on Saturday, Feb. 22; all Cadet (12-14) sparring divisions Sunday, Feb. 23.

In 2014, U.S. Open registration will consist of an “Early” registration price and a “Registration” price. Those competitors taking advantage of the “Early” registration period will save. Please check the Pre-Event Manual for the registration timeline. Those who do not pay the “early” fee by the corresponding deadline will automatically pay the registration price.

Athletic Trainers & Taping of Athletes – Continued from 2012

Event Athletic Trainers will not be responsible for taping athletes’ ankles or instep pads. The Athletic Trainers are there to cover the event and this is where their responsibilities need to be. The Athletic Trainers are contracted for injury assessment and care during the event. Please remember when taping ankles or instep pads competitors must comply with the rules set forth by the WTF and USAT.

Daedo-Truescore

Daedo-Truescore will be the official provider of the EBP (Electronic Body Protector) for the U.S. Open Taekwondo Championships. USA Taekwondo and Daedo-Truescore will provide the hogus to all athletes prior to each sparring match and will be obtained at the equipment area. These hogus must be returned immediately to the equipment area after the completion of their match.

All athletes are responsible for purchasing their own scoring foot gear prior to arriving in Las Vegas. It is best if athletes purchase their scoring foot gear at the following link well before the event.

<http://truescore116.corecommerce.com/E-Sparring-Equipment/E-Foot-Gear-p24.html>

Equipment

All participants must provide their own red, blue or white headgear with no markings other than corporate logos. Cracks or defects in the headgear will not be allowed.

The ALL athletes must have RED or BLUE head gear ONLY. No white HEADGEAR can be worn in these divisions. This is due to the WTF sanction and rules.

All male athletes are REQUIRED to wear a protective cup **inside** the pants during competition. **All female athletes are REQUIRED to wear a protective cup as well.** This is because of the WTF sanction and rules.

Schedule

TUESDAY – FEBRUARY 18: 2014 U.S. OPEN TAEKWONDO CHAMPIONSHIP			
Check-In	3:00PM – 8:00PM		Las Vegas Hotel – Pavilion 9-11
Weigh-In for Wednesday competitors	3:00PM – 8:00PM		Las Vegas Hotel – Pavilion 9-11
National Team Training	By Appointment ONLY (1.5 hour sessions)		Las Vegas Hotel – Pavilion 1 & 6
Open Training Area	2:00PM – 8:00PM		Las Vegas Hotel – Pavilion 2 & 5
Technical Meeting	8:00PM		TBD
<p>All Poomsae competitors MUST be checked-in by 8:00PM Female Senior Sparring competitors (Over 67Kg & Not exceeding 73Kg-Middle; Over 73Kg-Heavy) AND</p>			

Male Senior Sparring competitors (Over 80Kg & Not exceeding 87Kg-Middle; Over 87Kg-Heavy)
MUST be weighed-in by 8:00PM, Tuesday, February 18, 2014

WEDNESDAY – FEBRUARY 19: 2014 U.S. OPEN TAEKWONDO CHAMPIONSHIP

ALL POOMSAE DIVISIONS

Female Senior Sparring competitors (Over 67Kg & Not exceeding 73Kg-Middle; Over 73Kg-Heavy)

Male Senior Sparring competitors (Over 80Kg & Not exceeding 87Kg-Middle; Over 87Kg-Heavy)

U.S. Open Check-In	9:00AM – 12:00PM & 2:00PM – 6:00PM		Las Vegas Hotel – Pavilion 9-11
Weigh-In for Thursday competitors	9:00AM – 12:00PM & 2:00PM – 6:00PM		Las Vegas Hotel – Pavilion 9-11
Doors open for credentialed and ticketed patrons	8:15AM		Paradise Event Center
U.S. Open Taekwondo Championship POOMSAE BEGINS	9:00AM		Paradise Event Center
Lunch			
POOMSAE RESUMES SPARRING BEGINS	1:30PM		Paradise Event Center
FINALS	TBD		
National Team Training	By Appointment ONLY (1.5 hour sessions)		Las Vegas Hotel – Pavilion 1 & 6
Open Training Area	8:00AM – 8:00PM		Las Vegas Hotel – Pavilion 2 & 5

Female Senior Sparring competitors: (Over 46Kg & not exceeding 49Kg-Fly; Over 53Kg & not exceeding 57Kg-Feather; Over 57Kg & not exceeding 62Kg-Light)

AND

Male Senior Sparring competitors: (Over 54Kg & not exceeding 58Kg-Fly; Over 63Kg & not exceeding 68Kg-Feather; Over 68Kg & not exceeding 74Kg-Light)

MUST be weighed-in by 6:00PM on Wednesday, February 19, 2014

THURSDAY – FEBRUARY 20: 2014 U.S. OPEN TAEKWONDO CHAMPIONSHIP

Female Senior Sparring competitors: (Over 46Kg & not exceeding 49Kg-Fly; Over 53Kg & not exceeding 57Kg-Feather; Over 57Kg & not exceeding 62Kg-Light)

Male Senior Sparring competitors: (Over 54Kg & not exceeding 58Kg-Fly; Over 63Kg & not exceeding 68Kg-Feather; Over 68Kg & not exceeding 74Kg-Light)

U.S. Open Check-In	9:00AM – 12:00PM & 2:00PM – 6:00PM		Las Vegas Hotel – Pavilion 9-11
Weigh-In for FRIDAY competitors	9:00AM – 12:00PM & 2:00PM – 6:00PM		Las Vegas Hotel – Pavilion 9-11
Doors open for credentialed and ticketed patrons	8:15AM		Paradise Event Center
U.S. Open Taekwondo Championship COMPETITION BEGINS	9:00AM		Paradise Event Center
Lunch			
COMPETITION RESUMES	1:30PM		Las Vegas Hilton Center
FINALS	TBD		Las Vegas Hilton Center
National Team Training	By Appointment ONLY (1.5 hour sessions)		Las Vegas Hotel – Pavilion 1 & 6
Open Training Area	8:00AM – 8:00PM		Las Vegas Hotel – Pavilion 2 & 5

Female Senior Sparring competitors: (Not exceeding 46Kg-Fin; Over 49Kg & not exceeding 53Kg-Bantam; Over 62Kg & not exceeding 67Kg-Welter),

Male Senior Sparring competitors: (Not Exceeding 54kg-Fin; Over 58Kg & not exceeding 63Kg-Bantam; Over 74Kg & not exceeding 80Kg-Welter),

Female Junior Sparring competitors: (Over 63Kg & not exceeding 68Kg-Light Heavy; Over 68Kg-Heavy),
and

Male Junior Sparring competitors: (Over 73Kg & not exceeding 78Kg-Light Heavy; Over 78Kg-Heavy)

MUST be weighed-in by 6:00PM on Thursday, February 20, 2014

FRIDAY – FEBRUARY 21: 2014 U.S. OPEN TAEKWONDO CHAMPIONSHIP

Female Senior Sparring competitors: (Not exceeding 46Kg-Fin, Over 49Kg & not exceeding 53Kg-Bantam; Over 62Kg & not exceeding 67Kg-Welter),
Male Senior Sparring competitors: (Not Exceeding 54kg-Fin; Over 58Kg & not exceeding 63Kg-Bantam; Over 74Kg & not exceeding 80Kg-Welter),
Female Junior Sparring competitors: (Over 63Kg & not exceeding 68Kg-Light Heavy; Over 68Kg-Heavy)
Male Junior Sparring competitors: (Over 73Kg & not exceeding 78Kg-Light Heavy; Over 78Kg-Heavy)

U.S. Open Check-In	9:00AM – 12:00PM & 2:00PM – 6:00PM		Las Vegas Hotel – Pavilion 9-11
Weigh-In for SATURDAY competitors	9:00AM – 12:00PM & 2:00PM – 6:00PM		Las Vegas Hotel – Pavilion 9-11
Doors open for credentialed and ticketed patrons	8:15AM		Paradise Event Center
U.S. Open Taekwondo Championship COMPETITION BEGINS	9:00AM		Paradise Event Center
Lunch			
COMPETITION RESUMES	1:30PM		Paradise Event Center
FINALS	TBD		Paradise Event Center
National Team Training	By Appointment ONLY (1.5 hour sessions)		Las Vegas Hotel – Pavilion 1 & 6
Open Training Area	8:00AM – 8:00PM		Las Vegas Hotel – Pavilion 2 & 5

Female Junior Sparring competitors: (Not exceeding 42Kg-Fin; Over 42Kg & not exceeding 44Kg-Fly; Over 44Kg & not exceeding 46Kg-Bantam; Over 46Kg & not exceeding 49Kg-Feather; Over 49Kg & not exceeding 52Kg-Light; Over 52Kg & not exceeding 55Kg-Welter; Over 55Kg & not exceeding 59Kg-Light Middle; Over 59Kg & not exceeding 63Kg-Middle) and

Male Junior Sparring competitors: (Not exceeding 45Kg-Fin; Over 45Kg & not exceeding 48Kg-Fly; Over 48Kg & not exceeding 51Kg-Bantam; Over 51Kg & not exceeding 55Kg-Feather; Over 55Kg & not exceeding 59Kg-Light; Over 59Kg & not exceeding 63Kg-Welter; Over 63Kg & not exceeding 68Kg-Light Middle; Over 68Kg & not exceeding 73Kg-Middle)

MUST be weighed-in by 6:00PM on Friday, February 21, 2014

Saturday – FEBRUARY 22: 2014 U.S. OPEN TAEKWONDO CHAMPIONSHIP

Female Junior Sparring competitors: (Not exceeding 42Kg-Fin; Over 42Kg & not exceeding 44Kg-Fly; Over 44Kg & not exceeding 46Kg-Bantam; Over 46Kg & not exceeding 49Kg-Feather; Over 49Kg & not exceeding 52Kg-Light; Over 52Kg & not exceeding 55Kg-Welter; Over 55Kg & not exceeding 59Kg-Light Middle; Over 59Kg & not exceeding 63Kg-Middle) and

Male Junior Sparring competitors: (Not exceeding 45Kg-Fin; Over 45Kg & not exceeding 48Kg-Fly; Over 48Kg & not exceeding 51Kg-Bantam; Over 51Kg & not exceeding 55Kg-Feather; Over 55Kg & not exceeding 59Kg-Light; Over 59Kg & not exceeding 63Kg-Welter; Over 63Kg & not exceeding 68Kg-Light Middle; Over 68Kg & not exceeding 73Kg-Middle)

U.S. Open Check-In	9:00AM – 12:00PM & 2:00PM – 6:00PM		Las Vegas Hotel – Pavilion 9-11
Weigh-In for SUNDAY competitors	9:00AM – 12:00PM & 2:00PM – 6:00PM		Las Vegas Hotel – Pavilion 9-11
Doors open for credentialed and ticketed patrons	8:15AM		Paradise Event Center
U.S. Open Taekwondo Championships COMPETITION BEGINS	9:00AM		Paradise Event Center
Lunch			
COMPETITION RESUMES	1:30PM		Paradise Event Center
National Team Training	By Appointment ONLY (1.5 hour sessions)		Las Vegas Hotel – Pavilion 1 & 6
Open Training Area	8:00AM – 8:00PM		Las Vegas Hotel – Pavilion 2 & 5

ALL Cadet sparring competitors

MUST be weighed-in by 6:00PM on Saturday, February 22, 2014

SUNDAY – FEBRUARY 23: 2014 U.S. OPEN TAEKWONDO CHAMPIONSHIP**ALL Cadet sparring competitors**

Doors open for credentialed and ticketed patrons	8:15AM		Paradise Event Center
U.S. Open Taekwondo Championship COMPETITION BEGINS	9:00AM		Paradise Event Center
Lunch			
COMPETITION RESUMES	1:30PM		Paradise Event Center
Open Training Area	9:00AM – 4:00PM		Las Vegas Hotel – Pavilion 2 & 5
Follow the 2014 U.S. Open on Twitter @USOpenTKD			

Registration Deadlines & Fees

All registrations must take place on the USAT Hang-A-Star system. Please visit <http://www.usa-taekwondo.us> to register. Please have your USAT membership number accessible to register for the 2014 U.S. Open Taekwondo Championships.

USA Taekwondo has a NO REFUND policy. **NO REFUNDS** will be given due to medical withdrawals, when an individual or team decides not to attend or is unable to attend.

ATHLETES

Competition	Early Registration Fee	Early Deadline	Registration Fee	Registration Deadline
1 st Division	\$100.00	January 27, 2014	\$150.00	February 7, 2014
2 nd Division	\$125.00	January 27, 2014	\$175.00	February 7, 2014
3 rd Division	\$150.00	January 27, 2014	\$200.00	February 7, 2014
4 th Division	\$175.00	January 27, 2014	\$225.00	February 7, 2014

**** Registration deadlines end at 11:59pm (MST) ****

COACHES

CIDP Level	Early Registration Fee	Early Deadline	Registration Fee	Registration Deadline	On-Site Fee
NONE / AC	\$60.00	January 27, 2014	\$110.00	February 7, 2014	\$135.00
Level 1 / Level 2	\$45.00	January 27, 2014	\$110.00	February 7, 2014	\$135.00

**** Registration deadlines end at 11:59pm (MST) ****

Registration Checklist

Completing all items on this list will help insure a speedy check-in and weigh-in process at the 2014 U.S. Open Taekwondo Championships.

- Register for the **2014 U.S. Open Taekwondo Championships** through the USAT Hang-A-Star online registration system.
- Complete Registration payment online.
- Provide proof of WTF Global Athlete License (GAL)
- If under 18 years of age, print the “confirmation form.” Have parent or legal guardian sign confirmation form and mail, fax or scan & email to USA Taekwondo National Office.

MAIL TO:

USA Taekwondo
 1 Olympic Plaza
 Attn: US Open
 Colorado Springs, CO 80909

EMAIL TO: events@usa-taekwondo.us

FAX TO: (719) 866-4642

- Complete personal insurance items on the USAT Hang-A-Star online registration system.
- Upload headshot photo to your USAT membership profile

Important Notes:

- For specific help regarding the USAT Hang-A-Star online registration system, refer to the Event FAQ (<http://www.teamusa.org/USA-Taekwondo/Events/Events-FAQ.aspx>)

- **Participants & Coaches in the 2014 U.S. Open Taekwondo Championships are subject to and must obey ALL rules, regulations and policies of USA Taekwondo and the World Taekwondo Federation herein or otherwise written.**
- All participants must provide their own red, blue or white headgear with no markings other than corporate logos. Cracks or defects in the headgear will not be allowed.
The athletes in ALL divisions must have RED or BLUE head gear ONLY. No white HEADGEAR can be worn in these divisions. This is because of the WTF sanction and rules.
- To view a complete list of approved WTF equipment please click the following link.
http://www.wtf.org/wtf_eng/site/about_wtf/recognized.html

Method of Competition

SPARRING

A single elimination tournament with seeding system will be applied; the seeding will be as follows:

- WTF World Rankings
- Random computer draw

POOMASE

The U. S. Open Taekwondo Championships will follow the WTF Cut Off competition System (modified). Contestants shall perform one (1) assigned compulsory Poomsae in the preliminary and semi-final rounds and two (2) assigned compulsory Poomsae in the final round. All contestants will compete in the preliminary round. The highest 50% scores from the preliminary round will advance to the semifinals. At the end of the semi-final round the highest eight (8) scoring contestants will advance to the final round. The highest scoring four (4) contestants will be awarded medals (1st, 2nd, 3rd, 3rd) based on scores.

- Divisions with fewer than 20 contestants will start with the semi-final round.
- Divisions with fewer than nine contestants will start with the final round.

Head of Team Meeting

SPARRING

The head of team (technical) meeting shall be conducted one (1) day prior to the start of the senior divisions, in the presence of the WTF delegate and the representatives of the participating nations. Please check the schedule for the time and location of the Head of Team (Technical) meeting.

POOMSAE

The Head of Team (technical) meeting shall be conducted one (1) day prior to the start of competition. Please check the schedule for the time and location of the Head of Team (Technical Poomsae) meeting.

Qualifications & Competition Rules

USAT uses the date December 31 of the given year (December 31, 2014) to determine the age of all competitors. Example: an athlete turns 14 on October 26, 2014 they would compete as a 14 year old in the 2014 U.S. Open Taekwondo Championships, even though they are 13 years old at the time of the event.

QUALIFICATIONS

In accordance with **Article 4: Qualification of Contestant of the WTF Competition Rules**, the contestant must be:

Criterion #1: Holder of the Kukkiwon Poom or Dan Certificate

*A copy of the Dan Certificate should be enclosed when registering for accreditation. In a case a contest has applied for a Kukkiwon Dan Certificate but has not received it yet, a copy of the Dan Application form and the remittance certificate sent the Kukkiwon must be enclosed when registering for accreditation. Please refer to the Kukkiwon web site (www.kukkiwon.or.kr) for more information

Criterion #2: Holder of WTF Global Athlete License (GAL)

COMPETITION RULES - SPARRING

ALL Divisions (Cadet (12-14), Junior (15-17) & Senior Divisions (17+ year olds) will use current WTF competition rules. To download the WTF Competition Rules visit www.wtf.org/wtf_eng/site/rules/competition.html

COMPETITION RULES – POOMSAE

Divisions for ages 15-60+ years will use current WTF competition rules. To download the WTF Competition rules visit this site: http://www.wtf.org/wtf_eng/site/rules/poomsae.html. Divisions for ages under 14 years will follow USAT Competition Rules. To download the USAT Competition Rules visit this site: <http://www.teamusa.org/USA-Taekwondo/Events/Competition-Rules.aspx>

Participants, Coaches and Team Representatives in the U.S. Open Taekwondo Championships are subject to and must obey ALL rules, regulations and policies of the WTF and USA Taekwondo herein or otherwise written.

Dobok & Equipment Standards

The Uniform for Contestants

- Official Uniform (Dobok)

Contestants **must** wear a white Taekwondo V-neck USAT/WTF uniform (dobok) in good condition. Black Belts must wear black-collared uniforms. Patches, embroidery, logos, team names, country names, athlete names, and stripes are permitted on the uniform; they can be up to 12" x 4" on each extremity (leg or arm) for a total of four. Logos or names on the back of the uniform and patches on the chest area of the uniform are also allowed.

Poomsae Contestant **must** wear WTF designated Y-neck competition poomsae uniforms as outlined in the WTF Notice from April 4, 2012 (http://www.wtf.org/wtf_eng/site/news/notice.html). Contestants must comply with WTF guidelines concerning uniforms designated by rank. WTF Y-neck uniforms may have a national flag patch and country code displayed on the uniform consistent with WTF guidelines.

NO TAPE WILL BE ALLOWED ON ANY PART OF THE UNIFORM

- Protective Equipment

Contestants shall wear an approved trunk protector, headgear (white, or red for Hong and blue for Chung), groin guard, gloves (see below), forearm protector, shin-instep protectors, sensing socks and a mouth guard before entering the contest area. The head protector must be firmly tucked under the left arm when entering the competition area, and shall be put on the head following instructions of the referee before the start of the contest. The groin, forearm, and shin-instep protectors must be worn inside the Taekwondo uniform. Wearing of any other items on the head other than head protector shall not be permitted. A previously approved religious item shall be worn beneath the head protector and inside the dobok and shall not cause harm or obstruct the opposing contestant.

- Personal Requirements

All competitors shall keep their nails cut short and shall not wear any articles that may injure or endanger an opponent. Any competitor whose hair, in the opinion of the referee, is so long as to risk causing inconvenience to other competitors shall be required to tie it back securely.

a. Metallic Articles

Contestants are not allowed to wear any kind of metallic articles or hard objects, such as rings, eyeglasses (including prescribed safety eyeglasses or eye goggles), necklaces, watches, bracelets, earrings, etc.

b. Personal Hygiene

All competitors must maintain the highest standard of personal hygiene, keep their nails cut short, and groom their hair neatly.

Any violators of Sections a & b above will be required to correct the violation within one minute, or face disqualification.

c. Tape

A maximum of two (2) layers of tape are allowed, except in the case of an injury. For an injury, the minimum amount of tape that will protect the area should be used. If there is a question, the referee should have the wrapping examined and approved by the Tournament Medical Staff. Under no circumstances will a hard splint or cast—no matter how small—be allowed.

Equipment Standards

Gloves – Junior (15-17 year old) and Senior (17+) Black belts are required to wear taekwondo gloves. Gloves may be red, blue, or white. If the competitor chooses to wear red or blue gloves, they must correspond with the chest protector. For all other divisions, gloves are optional and must comply with the above rule.



Mouth Guard – All athletes are REQUIRED to use a mouth guard. A mouth cover may be used for those with braces if an orthodontist’s note is provided prior to the beginning of competition. ALL divisions are required by WTF to use only white or transparent mouth guards.

Properly fitting Headgear – All participants must provide their own red, blue or white headgear with no markings other than corporate logos. Cracks or defects in the headgear will not be allowed. **Athletes in the ALL Divisions must have RED or BLUE head gear ONLY. No white HEADGEAR can be worn in these divisions.**

Protective Cup – All male athletes are REQUIRED to wear a protective cup inside the pants during competition. All female athletes are REQUIRED to wear a protective cup as well. This is because of the WTF sanction and rules.

Shin protection – Shin protectors are REQUIRED and they must be made of foam, cloth or vinyl products.

Forearm guard – Forearm guards are REQUIRED and it is mandatory that athletes get foam, cloth, or vinyl products.

*Please Note: USA Taekwondo reserves the right to disallow any uniform or equipment if it is found to be offensive or degrading in any fashion. **The 2014 U.S. Open Taekwondo Championships will follow the WTF equipment guidelines for all Cadet, Junior and Senior divisions.***

To view a complete list of approved WTF equipment please use the following link.

http://www.wtf.org/wtf_eng/site/about_wtf/recognized.html

CODE OF CONDUCT/DISCIPLINARY ACTIONS

Any person registered for the event who is causing unfavorable situations either prior to, during, or after the 2014 U.S. Open Taekwondo Championship is subject to disciplinary action as decided by the Competition Supervisory Board. In particular, the use of alcohol or drugs by athletes, coaches, officials, or staff during the course of the event will disqualify the guilty individual from further competition. There are no warnings for alcohol or drug consumption by underage participants.

The following outline is the Code of Conduct for USA Taekwondo (USAT). The Code is for all athletes, coaches, and international referees and staff members to fully abide by when participating in any and all USAT sanctioned & organized events. Failure to comply with the following guidelines can result in the removal from an event, dismissal from future USAT sanctioned events, and/or the complete suspension from participation as a competitor, coach, international referee or staff member in future USAT sanctioned or organized events.

*The signer is authorized to make this declaration and has confirmed by his/her signature that all members of the National Team understand this Code of Conduct.

As a participant of the Event, I hereby promise and agree that I:

- will abide by all published rules related to the Event as approved by USA Taekwondo;
- have acted and will act in a sportsmanlike manner consistent with the spirit of fair play and responsible conduct;
- will maintain a level of fitness and competitive readiness that will permit my performance to be at the maximum of my abilities;
- will submit to a physical examination by USA Taekwondo medical personnel if my ability to compete is compromised due to physical injury
- will not commit a doping violation as defined by the International Olympic Committee (IOC), World Anti-Doping Agency (WADA), the United States Anti-Doping Agency (USADA), the United States Olympic Committee (USOC) or the World Taekwondo Federation rules;
- am not currently serving a doping violation and/or do not have a pending or unresolved doping charge;
- will not engage in any conduct that is criminal under any laws applicable to me, including, but not limited to laws governing the possession and use of drugs and alcohol and providing of drugs to any person and of alcohol to minors;
- will not participate or assist in any gambling or betting activities associated with any event related to my sport or my participation;
- am eligible to compete under the rules of World Taekwondo Federation;
- will refrain from conduct detracting from my ability or that of my teammates to attain peak performance;
- will respect the property of others whether personal or public;
- will respect members of my Team, other teams, spectators and officials, and engage in no form of discriminatory behavior or verbal, physical or sexual harassment or abuse;
- will abide by the rules of the World Taekwondo Federation concerning allowable trademark identification on clothing and equipment worn or used in competition or on visible body tattoos.
- agree to be filmed and photographed by the official photographer(s) and network(s) of USA Taekwondo under conditions authorized by USA Taekwondo and give event organizers and USA Taekwondo the right to use my name, picture, likeness, and biographical information before, during and after the period of my participation in these activities to promote the activity in which I participate or to promote the success of the team on which I compete; in no event may USA Taekwondo or the event organizers use or authorize the use of my name, picture, likeness, voice and biographical information for the purpose of trade, including any use in a manner that would imply an endorsement of any company, product, or service, without my written permission;

2014 U.S. OPEN TAEKWONDO CHAMPIONSHIPS - PRE-EVENT MANUAL

- will not use or authorize the use of photographs, films or videos of myself in USA Taekwondo Events, apparel or equipment or the use of the USA Taekwondo logo for the purpose of trade, without the prior written consent of USA Taekwondo;
- will attempt to participate in media activities if compatible with my training and competitive schedule, when requested by USA Taekwondo;
- understand that if I require legal representation because of I am accused of a doping violation or am accused of criminal misconduct, or if for any other reasons I require the services of an attorney, I will be personally responsible for payment of such legal fees and expenses;
- Will act in a way that will bring respect and honor to myself, my teammates, my country; and
- Will remember that at all times I am an ambassador for my sport, my country and the Olympic Movement.

USAT recognizes that this Code does not establish a comprehensive set of rules that prescribes every aspect of appropriate behavior.

Representative Printed Name

Representative Signature

Date

USA TAEKWONDO CONSENT FOR MEDICAL TREATMENT

I, _____, consent to medical treatment for athletic related injuries/illnesses by USA TAEKWONDO Medical Personnel and /or Hospital Medical Staff at any USA Taekwondo Sanctioned Event. I authorize treatment by such personnel in the event of injury or illness. This care includes but is not limited to: preventative taping and padding; first aid treatment of injuries and illnesses; medication for illness or injury treatment, including over-the-counter medications such as ibuprofen or acetaminophen; emergency care of injuries, which may include use of a backboard and cervical collar; suturing, splinting or casting of wounds/injuries on site or in medical treatment facility; chiropractic adjustments and care; acupuncture treatments; use of AED, injected medications, oxygen or IV to stabilize an athlete's condition on site or in route to a medical treatment facility; and any other medical and/or life-sustaining treatment deemed necessary for athlete to continue competition or deemed by medical personnel to be in the best interest of the health and well-being of the athlete.

(Participant's Signature)

(Date)

As a parent or legal guardian of _____, who is under the age of 18, I hereby authorize medical treatment in the event of an injury or illness as outlined above, while he/she is participating in a USA TAEKWONDO event by a member of USA TAEKWONDO Medical Personnel and/or Hospital Medical Staff.

I Agree I Agree, with the following exceptions to treatment:

 I DO NOT AGREE

(Parent/Guardian Signature)

(Date)

All medical evaluations completed by USA TAEKWONDO Medical Personnel for athletic injuries are considered confidential and will be filed under the direction of the USA TAEKWONDO Director of Events. Copies of medical injury forms can be requested verbally from the USA TAEKWONDO Director of Events by the injured athlete, or parent of a minor athlete at the time of injury or requested in writing following a competition. The original injury report form will remain on file. No information about an individual athlete will be released without that athlete's permission per Federal Guidelines except where it is necessary to file insurance claims directly associated with the injury or illness. Information pertaining to injury data without using an athlete's name will be released to the Medical Director, the Medical Coordinator or their assistants for purposes of injury research or recommendations for safety rule changes only. An athlete's name and injury will only be released in cases pertaining to head injuries requiring the athlete to not compete for 30 days per USA Taekwondo and World Taekwondo Federation rules. This information will be released to the Medical Director, Medical Coordinator, Referee Chairperson, Tournament Committee Chairman, National Events Director, Executive Director and documented within the secured USA

WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND PARENTAL CONSENT AND INDEMNITY AGREEMENT

- In consideration of your acceptance of my entry or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors and administrators waive, release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or may accrue to me against USA Taekwondo and for its states and district associations, this athletic meet, its organizing committee, the United States Olympic Committee, the 2014 U.S. Open Taekwondo Championships, the World Taekwondo Federation, Las Vegas Hilton Hotel & Convention Center, all members of this athletic meet, or their respective officers, committees, medical committee, agents, representatives, successors, sponsors, advertisers, volunteers, owners and lesser of premises on which the athletic meet takes place, assignees and against any competitor for any and all damages which may be sustained by me or the minor child, in connection with my association with or entry in the above athletic meet, or which may arise out of traveling to, participating in, and returning from this athletic meet. I understand that all entry fees are nonrefundable.
- I understand the nature of USA Taekwondo activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this athletic meet. I understand that USA Taekwondo activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by myself or the minor child's own actions, or inactions, and/or the actions or inactions of others participating in the athletic meet.
- If the minor child or I are selected, I agree to be drug tested pursuant to the United States Olympic Committee National Anti-Doping Program, as amended. I understand that such drug testing may take place at any time during the competition. If the minor child or I fail to show up at the athletic meet, for any reason, I knowingly forfeit this competition and all applicable registration fees. I further understand that any pictures taken of the minor child or me in connection with this athletic meet may be used by USA Taekwondo for publicity or promotion without compensation.
- I have read this agreement, fully understand it's terms, understand that I or the minor child have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid that the balance, notwithstanding, shall continue in full force and effect.

_____	_____	_____
Participant's Printed Name	Participant's Signature	Date
_____	_____	_____
Parent/Guardian Printed Name	Parent/Guardian Signature	Date

GENERAL EVENT INFORMATION

Chapter

2



February 19 - 23, 2014

Las Vegas, NV, USA

Promoter – Sanctioned – Recognized

Promoter

USA Taekwondo (USAT)
Colorado Springs, CO 80909, USA
Phone: 00+1 719.866.4632
Fax: 00+1 719.866.4642
Email:
Jeanna.Mendoza@usa-taekwondo.us
website: www.usa-taekwondo.us

Sanctioned By

World Taekwondo Federation (WTF) 1 Olympic Plaza
4th Floor, Joryang Building, 113, Samseong-dong, Gangnam-gu
Seoul, Korea 135-090
Phone: +82.2.556.2505
Fax: +82.2.553.4728
Email: sport@wtf.org (sport division)
Website: www.wtf.org

Pan American Taekwondo Union (PATU)
4 rook Lane, Plainfield, New Jersey 07060, USA
Phone: 00+1 201.863.8282
Fax: 00+1 201.224.5768
Website: www.patu.org

Hotel & Venue

USA Taekwondo is pleased to bring the 2014 U.S. Open Taekwondo Championships to the **Las Vegas Hotel & Casino**. The **Las Vegas Hotel & Casino** will serve as both the Headquarters hotel and competition venue.

Experience the exclusive gem that is the LVH, the iconic place to stay and play in the electrifying city of Las Vegas. As a world-class hotel and casino and the largest race & sports book in the world, our Las Vegas Nevada hotel offers a unique blend of sophistication and excitement with incredible restaurants, endless entertainment in town. Among off Strip hotels, the LVH boasts the most alluring variety of luxury rooms and suites in a relaxing atmosphere, while still maintaining easy access via monorail to the excitement of the Strip, just one block away.



Accommodations - Lodging

Experience modern and functional accommodations in Las Vegas, offering comfortable bedding, 37" plasma TVs, and high-speed Internet access (for a fee). Just one block from the glamorous Strip, the **Las Vegas Hotel & Casino** offers dining, entertainment, spa services and expansive meeting space, creating the perfect destination. Discounted accommodations have been set-up through the **Las Vegas Hotel & Casino**. All reservations can be made, modified or canceled by individuals online at the following link <https://resweb.passkey.com/go/USAT2014>. Individuals will also be able to make reservations by calling 1-800-635-7711 between the hours of 6:00am-11:00pm daily. Reservations must be made on or before the cut-off date of **January 27, 2014** in order to be eligible for the group rate. When making reservations with the **Las Vegas Hotel & Casino** use the group code **SUST3R** to secure your discounted rate.

Single/Double Rooms: \$99.00 per night



(Pictures courtesy of www.thelvh.com)



Transportation

Rental Car

Dedicated McCarran Rent-A-Car Center shuttles depart approximately every five minutes to the new McCarran Rent-A-Car Center. Exit door 10 or 11. Taxicabs are also available at the McCarran Rent-A-Car Center. The following rent-a-car companies serve the Las Vegas-McCarran International Airport.

Rental Car	Phone Number	Web Site
Enterprise	800.796.2227	www.enterprise.com

***USA Taekwondo has partnered with Enterprise to provide a discounted rate on rental car service. When participants are arranging their rental car for the 2014 U.S. Open Taekwondo Championships, be sure to use the following code "L54H123" or click on the link below.**

http://www.enterprise.com/car_rental/deeplinkmap.do?bid=028&refId=TAEKWONDO

Airfare

All participants & National Teams are responsible for their own airfare. All participants and National Teams should look for flights to the Las Vegas-McCarran International Airport (LAS). The following major and national airlines serve the Las Vegas-McCarran International Airport.

Airline	Phone Number	Web Site
American Airlines	800.433.7300	www.aa.com
Air Tran	800.247.8726	www.airtran.com
Air Canada	888.247.2262	www.aircanada.ca
Continental Airlines	800.525.0280	www.continental.com
Delta	800.221.1212	www.delta.com
Frontier	800.432.1359	www.frontierairlines.com
Korean Air	800.438.5000	www.koreanair.com
Southwest	800.435.9792	www.southwest.com
*United	800.864.8997	www.united.com

***USA Taekwondo has partnered with United Airlines to provide a discounted rate on airfare. When participants are arranging airfare for the 2014 U.S. Open Taekwondo Championships, be sure to use the code "ZP6D562534".**

Training Opportunities

USA Taekwondo will provide an “Open Training Area” to all 2014 U.S. Open Taekwondo Championship participants. This training area will be designated and identified prior to arrival at the LVH. This training area will be open during all scheduled times. Please check the Championship schedule for times of Open Training.

Awards - Sparring

2014 U.S. Open Taekwondo Championship Medals will be given out to the top four (4) athletes, in the respective divisions and weight categories.

Individual Awards	
1 st Place	Gold Medal + Certificate
2 nd Place	Silver Medal + Certificate
3 rd Place	Bronze Medal + Certificate
3 rd Place	Bronze Medal + Certificate

Team Awards – Sparring Only

2014 U.S. Open Taekwondo Championships Trophies will be given out to the top four (4) teams in each the Men’s and Women’s Classifications, based off the point system below:

Rationale	Points Awarded
Gold Medal	7
Silver Medal	3
Bronze Medal	1

**Tie-Breaker: In case more than two teams are tied, the rank shall be decided by 1) number of gold, silver and bronze medals won by the team in order, 2) number of participating contestants

Other prizes, such as “Best fighting Spirit” and “Best Sportsmanship”, may be awarded to selected teams/individuals, upon the decision of ad-hoc committee.

Awards - Poomsae

2014 U.S. Open Taekwondo Championship Medals will be given out to the top four (4) individuals, pairs (co-ed) and teams in the respective divisions.

Individual Awards	
1 st Place	Gold Medal + Certificate
2 nd Place	Silver Medal + Certificate
3 rd Place	Bronze Medal + Certificate
3 rd Place	Bronze Medal + Certificate

Spectator Tickets

Admission to the 2014 U.S. Open Taekwondo Championships is by credential or ticket only. Advance sales will save time and avoid lines at the ticket windows, especially the first day of competition.

**Advance Event Tickets can be ordered directly on-line through
Brown Paper Tickets beginning December 1st.**

Follow the Brown Paper Tickets link below to purchase tickets:

<https://2014usopentkd.brownpapertickets.com>

Save yourself time by ordering online and printing at home! Make sure to bring your tickets to the event as USA Taekwondo will not honor anything but printed or mobile tickets.

Deadline for ordering tickets online is February 14! Tickets will have to be purchased onsite after February 14.

Wrist bands will be given in exchange for your tickets at the Paradise Event Center (LVH). Wristbands must be worn at all times and are good for the time allotted on your ticket (All Event = all days of the event; Single Day = only for the appropriate day purchased).

Please keep your tickets in a safe place and remember to pack them

Ticket Pricing		
Event Ticket	At-Door	In Advance (online)
All-Event (Adult 18+)	Not available	\$25.00
Single Day (Adult 18+)	\$15.00	\$7.50
Single Day (Children 6-17)	\$10.00	\$5.00
Children 5 & Under	Free	Free

****No refunds or exchanges. Lost, stolen or forgotten tickets will NOT be replaced or refunded****

Participant Credentials

All event registered participants will receive an event credential when they arrive to the event check-in and weigh-ins. This credential is NONTRANSFERABLE and will be **confiscated** if misused. The participants credential is NOT VALID for an adult, parent or sibling of that participant.

Lost credentials are subject to a \$5.00 reprint fee – this will be enforced

2014 U.S. Open Taekwondo Championship staff reserves the right to conduct random and periodic ID checks during competition.

Sports Medicine

The training staff will be available free of charge to all 2014 U.S Open Taekwondo Championship participants. It is the responsibility of the participant or National Team to have training supplies such as tape. The training staff's duties are not to be retailers in tape and other training supplies. It is impossible and unreasonable to expect them to estimate and ship enough training supplies for every participant or National Team. Their purpose is to support, evaluate and assist in athlete injuries and medical emergencies. The trainers' facility will be located on the Paradise Event Center floor (competition area) in a central location.

The WTF Anti-Doping Rules, and where necessary the Code of the World Anti-Doping Agency, shall apply throughout the competitions.

*Random tests will be conducted for the athletes who have participated in the SENIOR sparring division finals. Tests are conducted by U.S. Anti-Doping Agency (USADA) - <http://www.usantidoping.org>

Divisions – Weight Categories **Chapter**
Weigh-ins – Bracketing –
Coaching Requirements **3**



February 19 - 23, 2014

Las Vegas, NV, USA

SPARRING

Senior Divisions (17+ year olds) – National Team Divisions – 3 rounds, 2 minutes

	Male Divisions	Female Divisions
Classification	Weight Category (kg)	
Fin	Not exceeding 54kg	Not exceeding 46kg
Fly	Over 54kg & Not exceeding 58kg	Over 46kg & Not exceeding 49kg
Bantam	Over 58kg & Not exceeding 63kg	Over 49kg & Not exceeding 53kg
Feather	Over 63kg & Not exceeding 68kg	Over 53kg & Not exceeding 57kg
Light	Over 68kg & Not exceeding 74kg	Over 57kg & Not exceeding 62kg
Welter	Over 74kg & Not exceeding 80kg	Over 62kg & Not exceeding 67kg
Middle	Over 80kg & Not exceeding 87kg	Over 67kg & Not exceeding 73kg
Heavy	Over 87kg	Over 73kg

Note:

(Explanation #1)

Not exceeding:

The weight limit is defined by the criterion of one decimal place away from the stated limit. For example, not exceeding 50kg is established as 50.0kg with 50.1kg being over the limit and resulting in disqualification.

(Explanation #2)

Over: Over 50.00 kg marks occur at the 50.1kg reading and 50.0kg and below is regarded as insufficient, resulting in disqualification.

****Athletes are not permitted to enter more than one (1) weight category, per age division. ****

**** Athletes must compete in their age divisions in which they fall. An athlete cannot compete “up or down” in age divisions. ****

2014 U.S. OPEN TAEKWONDO CHAMPIONSHIPS - PRE-EVENT MANUAL

Junior Divisions (15-17 year olds) – 3 rounds, 1 minute 30 seconds

	Male Divisions	Female Divisions
Classification	Weight Category (kg)	
Fin	Not exceeding 45kg	Not exceeding 42kg
Fly	Over 45kg & Not exceeding 48kg	Over 42kg & Not exceeding 44kg
Bantam	Over 48kg & Not exceeding 51kg	Over 44kg & Not exceeding 46kg
Feather	Over 51kg & Not exceeding 55kg	Over 46kg & Not exceeding 49kg
Light	Over 55kg & Not exceeding 59kg	Over 49kg & Not exceeding 52kg
Welter	Over 59kg & Not exceeding 63kg	Over 52kg & Not exceeding 55kg
Light Middle	Over 63kg & Not exceeding 68kg	Over 55kg & Not exceeding 59kg
Middle	Over 68kg & Not exceeding 73kg	Over 59kg & Not exceeding 63kg
Light Heavy	Over 73kg & Not exceeding 78kg	Over 63kg & Not exceeding 68kg
Heavy	Over 78kg	Over 68kg

Cadet Divisions (12-14 year olds) – rounds and time limit is TBD.

	Male Divisions	Female Divisions
Classification	Weight Category (kg)	
Fin	Not exceeding 33kg	Not exceeding 29kg
Fly	Over 33kg & Not exceeding 37kg	Over 29kg & Not exceeding 33kg
Bantam	Over 37kg & Not exceeding 41kg	Over 33kg & Not exceeding 37kg
Feather	Over 41kg & Not exceeding 45kg	Over 37kg & Not exceeding 41kg
Light	Over 45kg & Not exceeding 49kg	Over 41kg & Not exceeding 44kg
Welter	Over 49kg & Not exceeding 53kg	Over 44kg & Not exceeding 47kg
Lt. Middle	Over 53kg & Not exceeding 57kg	Over 47kg & Not exceeding 51kg
Middle	Over 57kg & Not exceeding 61kg	Over 51kg & Not exceeding 55kg
Lt. Heavy	Over 61kg & Not exceeding 65kg	Over 55kg & Not exceeding 59kg
Heavy	Over 65kg	Over 59kg

Weigh-ins

1. A competitor's weight shall be measured the day prior to their competition day. All competitors must weigh-in during the designated times on the schedule.
2. A competitor's weight may be measured twice. If a contestant does not qualify the first time, one more official weigh-in is granted within the time limit. So as not to be disqualified during official weigh-in, a scale, the same as the official one, shall be provided at the contestants' place of accommodation or at the arena for preweigh-in.
3. During the weigh-in, the contestant is required to show his/her current photo ID, USAT identification card, passport or birth certificate.
4. Any irregular action by the competitor or coach during the weigh-in may result in disqualification from event participation.
5. Weigh in, for both males and females shall be taken in the official V-neck uniform, or, if a contestant wishes, weigh-in may be done in underpants for male and underpants and bra for female contestants. ***Under NO circumstances may an athlete weigh-in in the nude in the United States.***

Bracketing & Seeds

Sparring competition will be a single elimination event with a seeding system being applied to.

Seeding System:

- WTF World Rankings
- Computer Random Draw

***USA participants from the same state and club will be separated (according to the athlete profiles on the USAT Hang-A-Star system) in the first round of the appropriate bracket, if possible.*

Daedo Hit Levels

Will be published on the USA Taekwondo website (www.usa-taekwondo.us) prior to the event

POOMSAE

Individual Poomsae

Youth (10-11), Cadet (12-14) & Junior (15-17) Individual Poomsae

Division	Belt	Rank	Sex
Youth (10-11)	Black	1 st – 9 th	Female
Youth (10-11)	Black	1 st – 9 th	Male
Cadet (12-14)	Black	1 st – 9 th	Female
Cadet (12-14)	Black	1 st – 9 th	Male
Junior (15-17)	Black	1 st – 9 th	Female
Junior (15-17)	Black	1 st – 9 th	Male

Senior & Masters Individual Poomsae

Division	Belt	Rank	Sex
1 st Senior (18-29)	Black	1 st – 9 th	Female
1 st Senior (18-29)	Black	1 st – 9 th	Male
2 nd Senior (30-39)	Black	1 st – 9 th	Female
2 nd Senior (30-39)	Black	1 st – 9 th	Male
1 st Masters (40-49)	Black	1 st – 9 th	Female
1 st Masters (40-49)	Black	1 st – 9 th	Male
2 nd Masters (50-59)	Black	1 st – 9 th	Female
2 nd Masters (50-59)	Black	1 st – 9 th	Male
3 rd Masters (60+)	Black	1 st – 9 th	Female
3 rd Masters (60+)	Black	1 st – 9 th	Male

Pairs Poomsae (Co-Ed)

Youth (10-11), Cadet (12-14), Junior (15-17), 1st Pairs (18-29) & 2nd Pairs (30+) Pairs Poomsae

Division	Belt	Rank	Sex
Youth (10-11)	Black	1 st – 9 th	Co-Ed
Cadet (12-14)	Black	1 st – 9 th	Co-Ed
Juniors (15-17)	Black	1 st – 9 th	Co-Ed
1 st Pairs (18-29)	Black	1 st – 9 th	Co-Ed
2 nd Pairs (30+)	Black	1 st – 9 th	Co-Ed

Please remember that Co-Ed pairs means that there is one female and one male competitor only.

**At the 2014 U.S. Open Cadet (12-14) Pairs and/or Team divisions will follow USAT Poomsae rules, as the WTF has not adopted rules on these divisions and any rule making will not take place until April.

Team Poomsae

Youth (10-11), Cadet (12-14), Junior (15-17), 1st Team (18-29) & 2nd Team (30+) Team Poomsae

Division	Belt	Rank	Sex
Youth (10-11)	Black	1 st – 9 th	Female
Youth (10-11)	Black	1 st – 9 th	Male
Cadet (12-14)	Black	1 st – 9 th	Female
Cadet (12-14)	Black	1 st – 9 th	Male
Junior (15-17)	Black	1 st – 9 th	Female
Junior (15-17)	Black	1 st – 9 th	Male
1 st Team (18-29)	Black	1 st – 9 th	Female
1 st Team (18-29)	Black	1 st – 9 th	Male
2 nd Team (30+)	Black	1 st – 9 th	Female

2014 U.S. OPEN TAEKWONDO CHAMPIONSHIPS - PRE-EVENT MANUAL

2 nd Team (30+)	Black	1 st – 9 th	Male
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**At the 2014 U.S. Open Youth (10-11) and Cadet (12-14) Pairs and/or Team divisions will follow USAT Poomsae rules, as the WTF has not adopted rules on these divisions and any rule making will not take place until April.

2014 U.S. Open Compulsory Poomsae

Division	Compulsory Poomsae	
11 and Under	Taegeuk 2, 3, 4, 5, 6, 7, 8 Jang, Koryo	
14 and Under	Taegeuk 3, 4, 5, 6, 7, 8 Jang, Koryo, Keumgang	
Junior	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebaek	
29 and Under	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin	
39 and Under		
49 and Under	Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon	
59 and Under	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu	
Over 59		
Pair	11 and Under	Taegeuk 2, 3, 4, 5, 6, 7, 8 Jang, Koryo
	14 and Under	Taegeuk 3, 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
	Junior	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebaek
	29 and Under	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Teaback, Pyongwon, Shipjin
	Over 29	Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
Team	11 and Under	Taegeuk 2, 3, 4, 5, 6, 7, 8 Jang, Koryo
	14 and Under	Taegeuk 3, 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
	Junior	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebaek
	29 and Under	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
	Over 29	Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon

Notes:

Shaded cells are official WTF divisions competed at USAT sanctioned events.

Unshaded cells are USAT divisions competed in USAT sanctioned events.

COACHING REQUIREMENTS

In order to coach at the 2014 U.S. Open Taekwondo Championships all coaches must be in good standing with their National Federation or Governing Body, a current member of USAT, and register for the event prior to the registration deadlines. The registration deadlines and prices will be strictly followed and no exceptions will be made. Please refer to Chapter 1 for the registration deadlines and prices.

To learn more about the USA Taekwondo coaching program please click on the link below.

<http://www.teamusa.org/USA-Taekwondo/Coaching.aspx>

