



Official Invitation

Dear Taekwondo Family

On behalf of the Egyptian Taekwondo Federation and H.G. International Sport Foundation , I am proud to invite You and Your athletes to participate in the :

7th Alexandrias International Open Taekwondo Championships 18-20 Feb 2015

We guarantee high quality organization and competition with only the best international referees world wide in order to guarantee high level transparency, fair play & impartiality for the athletes, H.G. Taekwondo & Self-defense International Academy and the Egyptian Taekwondo Federation will be honored to welcome You and Your athletes

We hope that You all will enjoy the Championship as well as a great weather in Alexandria The Pride of the Mediterranean .

We are looking forward to receiving your confirmation of participation for this event no later than 14th Feb.2015

Please note, in order to offer high quality championship maximum number of participants is 500 athletes. (PSS), (IVR) will be used.

Sincerely Yours,
Hussein Gouda
CEO
H.G. Taekwondo & Self Defense International Academy







Sanctioned by : World Taekwondo Federation

Approved by : Egyptian Taekwondo Federation

Organizer: H.G International Sport Foundation

Date : 18-20 Feb 2015

Venue : Alexandria Olympic Center

Contacts : serjacko egypt@yahoo.com info@serjacko.tv www.alexopen.com

Registration on line : www.ma-regonline .com

Tel +203 544 2920 Fax +203 545 8414

Mobile +2011 4885 0166 +2012 7112 2177 +2012 2393 3437 +2011 1484 6777

Tournament Director, Master / Waleed Gouda

Qualifications

Kyrogi: Holder of (3rd Kup or higher)

Poomsae: Holder of Kukkiwon Dan Certificate (1st Dan or Higher) WTF official categories

For the age of 8,10,12,14 years ... according to the poomsae classification coming next.

- Introductory letter by the national association / federation / club .
- Medical report signed and stamped by an official team doctor.

Competition Rules

- WTF Rules

Competition Method

- Single elimination tournament system (Poomsae – Kyrogi)

Date Of Birth

<u>Kyrogi</u>

- Juniors 1998 - 1999 - 2000

- Cadets 2001 - 2002







Poomsae Classification

Under 8,10,12,14 Years

(Single, Pair, Group)

Category	DOB	Belt	Preliminary	Semi Final	Final
Under 8 Years	2007 - 2008	Kup 8 – 7	IL – Jang	E - Jang	Sam - Jang
		Kup 6 – 5 – 4	Sam - Jang	Sa – Jang	0 - Jang
		Kup 3- 2 - 1			
Under 10 Years	2005 – 2006	Kup 8 – 7	IL – Jang	E - Jang	Sam - Jang
		Kup 6 – 5 – 4	Sam - Jang	Sa – Jang	0 - Jang
		Kup 3- 2 - 1 -1 st poom	Yok – Jang	Chil – Jang	Pal - Jang
Under 12 Years	2003 - 2004	Kup 8 – 7	IL – Jang	E - Jang	Sam - Jang
		Kup 6 – 5 – 4	Sam - Jang	Sa – Jang	🛭 - Jang
		Kup 3- 2 - 1	Yok – Jang	Chil – Jang	Pal - Jang
		poom	Koryo	Keumgang	Taebeak
Under 14 Years	2001 - 2002	Kup 8 – 7	IL – Jang	E - Jang	Sam - Jang
		Kup 6 – 5 – 4	Sam - Jang	Sa – Jang	0 - Jang
		Kup 3- 2 - 1	Yok – Jang	Chil – Jang	Pal - Jang
		poom	Karya	Keumgang	Taebeak

15-17 years , 18-29 years , 30-39 years , and Over 40 years , according to WTF Rules .

Pair, Group, according to WTF Rules

Free Style :

Free Style Poomsae: Pair, and Mixed Team competitions from 60 seconds to 90 seconds There is no restriction on age participants but will be divided into two categories (under above 14 years).

Free Style Poomsae is the performance based on taekwondo techniques with composition of music and choreograph

Technique: Each performance shall be composite of attacking and defending techniques of taekwondo with 60% foot techniques and 40% hand techniques

Music & choreography shall be choice of contestant .







Weight categories :

Juniors	Male	Female
Fin	Below 48 KG	Below 44 KG
Bantam	48 KG – 55 KG	44 KG – 49 KG
Light	55 KG – 63 KG	49 KG – 55 KG
Middle	63 KG – 73 KG	55 KG – 63 KG
Heavy	Over 73 KG	Over 63 KG

Cadets	Male	Female
Fin	Below 32 KG	Below 29 KG
Fly	32 KG - 34 KG	29 KG – 31 KG
Bantam	34 KG - 37 KG	31 KG – 33 KG
Feather	37 KG - 40 KG	33 KG - 36 KG
Light	40 KG - 44 KG	36 KG - 39 KG
Welter	44 KG – 48 KG	39 KG – 43 KG
Light Middle	48 KG – 52 KG	43 KG – 47 KG
Middle	52 KG – 56 KG	47 KG – 51 KG
Light Heavy	56 KG – 62 KG	51 KG – 55 KG
Heavy	Over 62 KG	Over 55 KG

Award Presentation:

- 1st place , Gold Medal
- 2nd place , Silver Medal
- 3rd place , Bronze Medal

Trophies Awarded :

Winning teams are decided by Medal system

- Fair Play cup (Team & Player)
- Best Player cup (Male & Female)







Conditions of participation :

- Round trip airfare, and accommodation charges of room and board will be under taken by each participating team.
- Entry fees of 75 US\$ shall be paid upon registration per athlete per event .
- The Organizing Committee will provide transportation(Alexandria or Cairo Airport Hotel Venue & Vice-versa) .
- Transportation provided only for teams with hotel reservations .
- O/C will be responsible to provide the PSS & Head Gear to all the participants, while all the other protectors must be provide by each team and must be WTF approved (shin guard arm guard tooth piece groin guard hand guard foot sensor).
- KPNP ADIDAS electronic protectors will be used ..., foot sensors will be available for rent & sale .
- Each participating team must provide O/C two flags size of 90 cm x 130 cm + the national anthem recorded on CD.
- Each participating team must provide O/C medical report for all the athletes competing .
- -Dead line for participation , and hotel reservation is 20 Feb. 2015

International Referees :

International Referees will be appointed by 0/C, and all the referees appointed will cover their own flight expenses, while 0/C will pay 100~US as a per diem for the whole event.









Arrival & Departure Form

Please fill enclosed form for your arrival and departure so we can handle your team at the Airport .

Transportation provided only for teams with hotel reservations.

Travel dates of team :	
Country / Team :	
Representative name :	
Tel.: M	lobile : Fax :
Email :	
Total No. of delegation:	
<u>Arrival</u>	
Date:	Airport (Cairo – Alexandria)
Time :	Flight No. :
<u>Departure</u>	
Date:	Airport (Cairo – Alexandria)
Time :	Flight No. :







Hotel Reservation

Countr	y / Team :
<u>Hotels</u>	Categories :
****	On B.B basis US \$ 100 per person in double room $/$ US \$ 140 per person in single room
****	On B.B basis US \$ 80 per person in double room \prime US \$ 110 per person in single room
***	On B.B basis US \$ 55 per person in double room $/$ US \$ 80 per person in single room

No. of single rooms	No. of double rooms	Total	

Check in time: 14.00 pm Check out time: 12.00 pm



