











Costa Rica Taekwondo Open

Sanction by

World Taekwondo Federation (WTF)
President Dr. Chungwon Choue
Seochu - Gu, Seoul Korea

Telephone: 82.2.566.2505 / Fax: 82.2.553.4728

Email: wtf@wt.org Website: www.wt.org

Promoted by

Pan American Taekwondo Union (World Taekwondo Panamericana)

President: Grand Master Ji Ho Choi 4BrookLane, Plainfield NJ 07060 USA

Telephone: (201) 694.1986 / Fax: (908) 561.5648

Email: masterjihochoi@aol.com

Website: www.patu.org.

Organized by

Costa Rica Taekwondo Federation Bodegas Morepark, bodega Núm.13,

San Jose, Costa Rica.

Telephone: 506 (22314308) Website: <u>www.tkdcrc.org</u>

Date and Place of the event.

BN Arena, Hatillo 2, San Jose, Costa Rica From August 30th till september 2nd, 2018.

Participation Requirements:

- 1. Must have the National ID of the country you are representing.
- 2. Must be sanctioned by the National Federation
- 3. Must have Global Athlete License WTF (GAL) 2018.
- 4. Must have WT Pananamericana (PATU) Coach certification.

Affiliates:

Every participant must be a citizen of the country he/she is representing. There must also be a letter of approval from the corresponding National Federation.











Competition Rules:

The current WTF and WT Panamericana (PATU) competitions rules will be used in this event. (www.worldtaekwondo.org/rules/)

Age Groups:

A. Cadets: 2004, 2005 & 2006.B. Junior: 2001, 2002 & 2003C. Senior: 2001 y antes.

Coaches:

The requirements are:

- 1. Must be 18 years old or above.
- 2. Must have GAL.
- 3. Coaches and trainers must have WT Panamerican (PATU) certificate. (WT Panamericana/PATU Seminar done).
- Coaches y trainer that do not have WT Panamerican/PATU certificate must do the seminar at the event. This seminar one for kyrougi and one for poomsae will have a cost of US100 Dollars.

Coaches Dress Code:

Formal wear is mandatory for all coaches during semifinals and finals.

Gear equipment:

The OC. Shall bring the electronic chest and helmets, every athlete must provide their own electronic socks to compete, all athletes are responsible of bringing their own sparring gears.

PSS DAEDO will be working for cadets, junior and senior categories.

PSS DAEDO:

- 1- Cadets PSS Generation 1.
- 2- Junior PSS Generation 1.
- 3- Senior PSS Generation 2.

Official Uniforms:

All athletes must wear a V-neck white dobok, V neck approved by WTF/WT Panamericana (PATU) in good condition, black V-neck uniform. Logos, Team Names, country, athlete's name, will be allowed under WTF uniform rules.

Only uniforms approved by WTF, WT Panamericana (PATU) & FCT will be permitted.









Gear equipment:

All athlete must enter the competition área with sparring gears and uniformed approved by the WTF. Groin, Shin, and Forearm guards must be worned inside the uniform.

Any other article besides headgear are not permitted to be worn on the head. Any religious article must be approved beforehand and worn inside the headgear and uniform and must not cause injury or obstuction to the opponent.

Points Awarded per Medals G- 1 & Open

Gold: 7 Points. Silver: 3 Points. Bronze: 1 Point.

Registration Fee.

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ATHLETES							
	Registration						
Poomsae & Sparring Division	Early Registration	Dead line for early registration	Late Registration with Fee	Deadline for late Registration	Extraordinary registration fee	Deadline for extraordinary Registration	In Venue
1 st División	\$125	10/08/18	\$150	15/08/18	\$175	26/08/18	\$200
2 nd División	\$150	10/08/18	\$175	15/08/18	\$200	26/08/18	\$225
3 rd División	\$175	10/08/18	\$200	15/08/18	\$225	26/08/18	\$275
4 th División	\$225	10/08/18	\$250	15/08/18	\$275	26/08/18	\$350
5 th División	\$300	10/08/18	\$325	15/08/18	\$350	26/08/18	\$375
6 th División	\$325	10/08/18	\$350	15/08/18	\$375	26/08/18	\$400
7 th División	\$350	10/08/18	\$375	15/08/18	\$400	26/08/18	\$425

Category change fee U\$100

Coach fee U\$ 50

Referees:

- 1. WT Panamerican (PATU) will designate the number of referees required.
- 2. Each international Referee must cover their own plane tickets.
- 3. Five nights of room, board and meals will be covered by the CO.
- 4. (august 29th september 2nd).









5. The CO will pay an honorary of 100 USD for four days of competition.

Weigh-in:

- I. The weigh-in for the athletes must take place the day before competition.
- II. Male athlete may weigh in in their underwear. Female athlete may weigh in in their underwear and bra.
- III. Athlete may weigh in nude if they prefer.

Ground Transportation:

The Organizing Committee will provide transportation for teams that are staying in official hotels, Airport-Hotel and vice versa / Official Hotel – Event Venue and vice versa.

The date of the arrival and departure must be communicated with the hotel through the links provided in the Accommodation section:

Moreover, oficial hotels will provide:

- Free breakfast.
- II. Free internet.

Accomodation:

1. Best Western Irazú Hotel & Casino.



Irazú Hotel & Casino

San José, Costa Rica

Laura Ramìrez Manager

Tel: +506 2290 2321 Ext. 1213 E-mail:Iramirez@gmhospitality.net

Daniela Delgado S| Corporative Sells Manager

Tel.: <u>+506 2290 2321</u> Cel: +506 6196 8954

E-mail: ddelgado@gmhospitality.net
www.bestwesterncostarica.com









English:

https://res.windsurfercrs.com/bbe/page2.aspx?pcode=IRAZU&propertyid=24 45&nights=1&checkin=08/21/2017&group=Taekwondo2017

Spanish:

https://res.windsurfercrs.com/bbe/page2.aspx?langid=3&pcode=irazu&propertyid=2445&nights=1&checkin=21/08/2017&group=taekwondo2017

2. Hotel Villas Del Rio.



Telephone: (506) 2208-2400 Spanish: csotela@villasdelrio.com English: csotela@villasdelrio.com

3. Hotel Barcelo San José Palacio

Barceló San José

Barceló San José

Yahaira Chinchilla

Tel. (506)2220-2034 ext.656

Cel: (506) 6100-0905

E-mail: sanjose.ventas3@barcelogroup.onmicrosoft.com

4. Hotel Aurola Holiday Inn



Gustavo Mora Mena Tel: (506)2523 1267 Cel: (506) 7296 1648

E-mail: gmora@aurolahotel.com









Medical Service:

- 1. The CO will provide medical services only in emergency situation where a participant is injured
- 2. Participants will be responsable for all expenses incurred from injury and/or hospilization.
- 3. The CO recommends to the participant that they have medical insurance and have all documents on hand.

Registration Method and Deadline.

Early registration deadline is: august 8th, 2018 at 20.00 hours. Late registration deadline is: august 15th, 2018 at 20.00 hours. Extraordinary registration deadline is: august 26th, 2018 at 20.00 hours. Teams registration shall be done and will be accepted throu WT online registration system. Registration can only be done with a valid.

Visas:

All participants will be responsible for obtaining the necessary visas.

The invitation letter is available at request by writing to: opencrc@gmail.com

Payment Method:

The payment for the competition is to be made at the registration office in cash. Registration will take place at the Hotel Best Western Irazu from august 24th – 29th and at the venue (BN ARENA) the 1st and 2nd of september.

Weight Division:

Infantil / Female and Male			
Ages 8 & 9	Ages 10 & 11		
Under 25 Kg.	Under 26 Kg.		
Under 27 Kg.	Under 28 Kg.		
Under 29 Kg.	Under 30 Kg.		
Under 31 Kg.	Under 32 Kg.		
Under 33 Kg.	Under 34 Kg.		
Under 35 Kg.	Under 36 Kg.		
Under 37 Kg.	Under 38 Kg.		
Under 39 Kg.	Under 40 Kg.		
Under 41 Kg.	Under 42 Kg.		
Under 43 Kg.	Under 44 Kg.		
Under 45 Kg.	Under 46 Kg.		
Over 47 Kg.	Over 48 Kg.		
	Ages 8 & 9 Under 25 Kg. Under 27 Kg. Under 29 Kg. Under 31 Kg. Under 33 Kg. Under 35 Kg. Under 37 Kg. Under 39 Kg. Under 41 Kg. Under 43 Kg. Under 45 Kg.		











CAL	DETS	JUNIORS		
Men	Women	Men	Women	
Under 33 kg	Under 29 kg	Under 45 kg	Under 42 kg	
Under 37 kg	Under 33 kg	Under 48 kg	Under 44 kg	
Under 41 kg	Under 37 kg	Under 51 kg	Under 46 kg	
Under 45 kg	Under 41 kg	Under 55 kg	Under 49 kg	
Under 49 kg	Under 44 kg	Under 59 kg	Under 52 kg	
Under 53 kg	Under 47 kg	Under 63 kg	Under 55 kg	
Under 57 kg	Under 51 kg	Under 68 kg	Under 59 kg	
Under 61 kg	Under 55 kg	Under 73 kg	Under 63 kg	
Under 65 kg	Under 59 kg	Under 78 kg	Under 68 kg	
Over 65 kg	Over 59 kg	Over 78 kg	Over 68 kg	

SEN	NIOR
<u>Men</u>	Women
Under 54 kg	Under 46 kg
Under 58 kg	Under 49 kg
Under 63 kg	Under 53 kg
Under 68 kg	Under 57 kg
Under 74 kg	Under 62 kg
Under 80 kg	Under 67 kg
Under 87 kg	Under 73 kg
Over 87 kg	Over 73 kg

Competition Calendar:

Wednesday august 29th, 2018

1. WT Panamericana (PATU) seminar 14:00 - 17:00 hours.

2. Weight in: BW. Hotel Irazu. Weight in I: 10 am – 12 pm

Weight in II: 14:00 – 16:00 hours

Categories

Senior Male: -54 kg, -63 kg, -74 kg, -87 kg. Senior Female: -46 kg, -53 kg, -62 kg, -73 kg.

Juvenil Male: -59 kg, -68 kg, -78 kg. Juvenil Female: -52 kg, -59 kg, -68 kg.









- 3. Referees Induction: 1 pm 5pm.
- 4. Technical Meeting: 6 pm. BW. Hotel Irazu.

Thursday august 30th, 2018.

- 1. START TIME: 8 am. Poomsae, BN ARENA.

 Black belts, all age categories. G1 WT
- 2. START TIME: 8 am. Sparring, BN ARENA
 Categories: Sparring Senior G-1 and junior:

Senior Male: -54 kg, -63 kg, -74 kg, -87 kg. Senior Female: -46 kg, -53 kg, -62 kg, -73 kg.

Junior Male: -59 kg, -68 kg, -78 kg. Junior Female: -52 kg, -59 kg, -68 kg.

3. Weight in: BN ARENA.

Weight in 10 am - 12 pm & Weight in 2 pm - 4 pm

Categories

Senior Female: -49 kg, -57 kg, -67 kg, +73 kg.

Senior Male: -58 kg, -68 kg, -80 kg, +87 kg.

Junior Female: -55 kg, -63 kg, +68 kg Junior Male: -63 kg, -73 kg, +78 kg

Cadet Male: -41 kg, -49 kg, -57 kg, -65 kg Cadet Female: -37 kg, -44 kg, -51 kg, -59 kg

Friday august 31st, 2018.

1. START TIME: 8 am. Sparring, BN ARENA
Categories Sparring Senior G-1, Cadet and Junior:

Senior Female: -49 kg, -57 kg, -67 kg, +73 kg. Senior Male: -58 kg, -68 kg, -80 kg, +87 kg.

Junior Female: -55 kg, -63 kg, +68 kg Cadet Male: -41 kg, -49 kg, -57 kg, -65 kg

Junior Male: -63 kg, -73 kg, +78 kg

Cadet Female: -37 kg, -44 kg, -51 kg, -59 kg









2. Weight in: BN ARENA.

Weight in 10 am - 12 pm & Weight in 2 pm - 4 pm

Categories

Cadet Male: -33 kg, -37 kg, -45 kg, -53 kg, -61 kg, +65 kg Cadet Female: -29 kg, -33 kg, -41 kg, -47 kg, -55 kg, +59 kg

Junior Male: -45 kg, -48 kg, -51 kg, -55 kg, Junior Female: -42 kg, -44 kg, -46 kg, -49 kg,

Saturday september 1st, 2018.

 START TIME: 8 am. Sparring, BN ARENA Categories Cadet y junior

Cadet Male: -33 kg, -37 kg, -45 kg, -53 kg, -61 kg, +65 kg Cadet Female: -29 kg, -33 kg, -41 kg, -47 kg, -55 kg, +59 kg

Junior Male: -45 kg, -48 kg, -51 kg, -55 kg, Junior Female: -42 kg, -44 kg, -46 kg, -49 kg,

Sunday september 3rd, 2018.

1. START TIME: 8 am. Sparring, BN ARENA

Kyorugi y poomsae color belts all ages.

1. Completion of all Activity 7 pm.

Awards:

- 1. All athletes will receive a Certificate of Participation.
- Awards: World Ranking G– 1 / G– 1.
 - a. A Best Male and Female Referee Open Trophy will be awarded, Poomsae & Kyorugi.
 - b. A Best Male and Female athlete Open Trophy will be awarded G -1 Poomsae.
 - c. A Best Male and Female Coach Open Trophy will be awarded G -1 Poomsae.
 - d. A 1st place, 2nd place, and 3rd place Best Team Open Trophy will be awarded G -1. Poomsae









- e. A Best Male and Female athlete Open Trophy will be awarded G -1 Sparring.
- f. A Best Male and Female Coach Open Trophy will be awarded G -1 Sparring
- g. A Best Male and Female Coach Open Trophy will be awarded G -1. Sparring
- 3. XI Costa Rica.
 - a. A 1st place, 2nd place, and 3rd place Best Team Open Trophy will be awarded

G - 1 Poomsae

	POOMSA	E INDIVIDUAL	
ge Category	Age Division		Competition Style
Infants	7 – 11 years old		Modify WT format
Cadets	12 – 14 years old		WT format.
Junior	15 – 17 years old		WT format.
1 ^{er} Senior	18 – 30 years old		WT format.
2 ^{sdo} Senior	31 – 40 years old		WT format.
1 ^{er} Master	Under de 50 years old		WT format.
2 ^{sdo} Master	51-60 years old		WT format.
3 ^{er} Master	61 – 65 years old		WT format.
4 ^{to} Master	Over 65 years old		WT format.
	POOM	SAE PAIRS	
ge Category	Age Division	GRADE	Competition Style
Infants	7 – 11 years old		Modify WT format
Cadets	12 – 14 years old		WT format.
Junior	15 – 17 years old		WT format.
1 ST Pair	18 – 30 years old		WT format.
2 ND Pair	Over 31 years old		WT format.
	POOMS	SAE TEAMS	
ge Category	Age Division	GRADE	Competition Style
Infants	7 – 11 years old		Modify WT format
Cadets	12 – 14 years old		WT format.
Junior	15 – 17 years old		WT format.
1 ST Team	18 – 30 years old		WT format.
2 ND Team	Over 31 years old		WT format.











G - 1 Free Style Poomsae & Open Free Style Poomsae

FREE STYLE POOMSAE

Age Category	Age Division	GRADE	Competition Style
Cadet / Junior	12 – 17 years old		WT format.
Cadet / Junior	12 – 17 years old		WT format.
Senior	18 years old & over		WT format.
Senior	18 years old & over		WT format.

PAIRS FREE STYLE

Age Category	Age Division	GRADE	Competition Style
Cadet / Junior	12 – 17 years old		WT format.
Senior	18 years old & over		WT format.

TEAM FREE STYLE

(5 athletes at least two males and two females)

Age Category	Age Division	GRADE	Competition Style
Cadet / Junior	12 – 17 years old		WT format.
Senior	18 years old & over		WT format.











USAGE OF WT POOMSAE FORMAT.			
Under 12 years old	Taeguk 2, 3, 4, 5, 6, 7, 8 jang, Koryo		
Cadet (12 - 14)	Taeguk 4, 5, 6, 7, 8 jang, Koryo, Kumgang		
Juniors (15 - 17)	Taeguk 4, 5, 6, 7, 8 jang, Koryo, Kumgang, Taebaek,		
Senior 1 (18 - 30)	Taeguk 6, 7, 8 jang, Koryo, Kumgang, Taebaek, Pyongwon, Shipjin		
Senior 2 (31 - 40)	Taeguk 6, 7, 8 jang, Koryo, Kumgang, Taebaek, Pyongwon, Shipjin		
Master 1 (41 - 50)	Taeguk 8 jang, Koryo, Kumgang, Taebaek, Pyongwon, Shipjin		
Master 2 (51 - 60)	Koryo, Kumgang, Taebaek, Pyongwon, Shipjin,Jitae, Chonkown, Hansu		
Master 3 (61 - 65)	Koryo, Kumgang, Taebaek, Pyongwon, Shipjin,Jitae, Chonkown, Hansu		
Master 4 (65 & over)	Koryo, Kumgang, Taebaek, Pyongwon, Shipjin,Jitae, Chonkown, Hansu		
	USAGE OF WT POOMSAE FORMAT.		
POOMSAE PAIRS.			
Under 12 years old	Taeguk 2, 3, 4, 5, 6, 7, 8 jang, Koryo		
Cadet (12 - 14)	Taeguk 4, 5, 6, 7, 8 jang, Koryo, Kumgang		
Juniors (15 - 17)	Taeguk 4, 5, 6, 7, 8 jang, Koryo, Kumgang, Taebaek,		
Pairs 1 (18 - 30)	Taeguk 6, 7, 8 jang, Koryo, Kumgang, Taebaek, Pyongwon, Shipjin		
Pairs 2 (31 & mas)	Chonkwon		
USAGE OF WT POOMSAE FORMAT.			
POOMSAE TEAMS.			
Under 12 years old	Taeguk 3, 4, 5, 6, 7, 8 jang, Koryo, Kumgang		
Cadet (12 - 14)	Taeguk 4, 5, 6, 7, 8 jang, Koryo, Kumgang		
Juniors (15 - 17)	Taeguk 4, 5, 6, 7, 8 jang, Koryo, Kumgang, Taebaek		
Teams 1 (18 - 30)	Taeguk 6, 7, 8 jang, Koryo, Kumgang, Taebaek, Pyongwon y Shipjin		
Teams 2 (31 & over)	Taeguk 8 jang, Koryo, Kumgang, Taebaek, Pyongwon, Shipjin, Jitae y		
	Chonkwon		











LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISK, CONSENT FORM AND INDEMNITY AGREEMENT:

Please read this agreement carefully and be certain you understand the implications of signing it. This agreement shall cover your participation at the Costa Rica Taekwondo Open 2018.

In consideration of the privilege of being part of the World Taekwondo Global Membership System, which includes but is not limited athlete license holders, the undersigned applicant (or the parent or legal guardian of the applicant if the applicant is a minor) for themselves, their personal representatives, heirs, executors, next of kin, spouses, minor children and assigns, do hereby agree as follows:

Assumption of Risk:

Taekwondo is a martial art and contact sport, and engaging in it may result in serious injury, including permanent disability, or death, and severe social and economic losses due not only to my own actions, inactions or negligence, but also to the actions, inactions or negligence of others, the rules of the sport of Taekwondo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not foreseeable at this time.

Knowing the risks involved in Taekwondo, I assume all such risks and accept personal responsibility for the damages caused by, arising out of, resulting from or following such injury, permanent disability, or death.

In consideration of being permitted to participate in any way, including travel to and from, Costa Rica Taekwondo Open , I agree to forever release and discharge the OC, event organizers and the Costa Rica Taekwondo Federation and its members, including officers, directors, agents, employees, etc., from any and all liabilities claims demands or causes of action for injuries or damages sustained as a result of or related to my at the Costa Rica Open 2018; this includes personal injury, bodily injury, death, property damage, and/or any other personal or financial injury. FOR THE AVOIDANCE OF DOUBT, I AFFIRM THAT I VOLUNTARILY ASSUME ALL RISKS, KNOWN AND UNKNOWN, OF INJURIES OR DAMAGES, HOWEVER CAUSED, EVEN IF CAUSED IN WHOLE OR IN PARTY BY THE ACTION, INACTION, OR NEGLIGENCE (WHETHER PASSIVE OR ACTIVE) OF THE RELEASED PARTIES, TO THE FULLEST EXTENT ALLOWED BY LAW.

Waiver of Claims and Consent:

I agree to not sue or make a claim against any of the released parties for injuries or damages sustained as a result of or related to participation at the Costa Rica Open 2018, and if I violate this agreement by filing such a suit or making such a claim, I will pay all attorney's fees and costs of the released parties. I consent and agree to comply with and be bound by the OC Statutes and other relevant rules of the OC. I additionally agree that my GMS membership rights can be suspended or revoked by the WTF for violation of OC or WTF rules, and that the provisions below, including but not limited to those regarding recording rights, indemnification, and recourse to CAS, shall survive any suspension, revocation or termination.

I consent and agree to be filmed, televised, photographed, identified and otherwise recorded during the Costa Rica Open 2018 for broadcasting and/or other purposes for promotion of the event by the WTF and/or the Organizing Committee or by the WTF for other promotional purposes. I additionally agree that any photos, videos or other recordings that I make during the event shall be exclusively for private, non-commercial











purposes unless I receive the express, written permission of the WTF and/or the Organizing Committee for other uses.

Regarding my personal information, I consent and agree to the following:

- a. to my Personal Data being collected by the WTF/OC and to such data being stored and used by the WTF/OC, and, where necessary, third parties, for the purposes of, and to the extent necessary in relation to, facilitating my participation in, and/or organizing, Costa Rica Taekwondo Open;
- b. to the transfer of my Personal Data to the WTF/OC and by them to such third parties, and to the processing of such data and potentially any relevant sensitive personal data (including about unspent criminal convictions), as are necessary for security and other background checks by the WTF/OC in order for me to gain the necessary accreditation for the event;
- c. that the WTF/OC and other third parties, including law enforcement and border services agencies, may share amongst themselves and with third parties my Personal Data for the purposes of investigating and/or prosecuting breaches of any of the relevant provisions, rules or bye-laws of the WTF/OC Rules and the World Anti-Doping Code (for example, breaches of Anti-doping and/or betting rules);
- d. to the collection and use of Personal Data and statistics in WTF-approved research projects (e.g. athlete biographies, questionnaires, filming, measures, medical encounters etc.) conducted during the competition (name of the competition);
- e. to my Personal Data being used in any other way to which I provide my express consent to the WTF/OC.

Dispute Settlement: I agree that any dispute arising against the OC and/or, including officers, directors, agents, employees, etc, from or related to this agreement will not be submitted in accordance with the Code of sports-related arbitration of Costa Rica. This Agreement shall be governed, construed, and enforced in accordance with the laws of the Costa Rica, without regard to its conflict of laws rules. If any part of this agreement is not enforceable, the affected provision shall be curtailed and limited only to the extent necessary to bring it within the requirements of the law, and the remainder of the agreement shall remain in full force and effect.

APPLICANT: I HAVE READ THE PRECEEDING LIABILITY, WAIVER OF CLIAMS, ASSUMPTION OF RISK, CONSENT FORM AND INDEMNITY AGREEMENT. I UNDERSTAND THAT I GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, I SIGN IT VOLUNTARILY. I AFFIRM THAT I AM OF MAJORITY AGE OR, IF I AM A MINOR, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARETN/GUARDIAN, AS EVIDENCED BY THEIR SIGNATURE BELOW:

Signature:

Date:

Print Name:

PARENT OR GUARDIAN (IF THE PARTICIPANT IS A MINOR): I REPRESENT THAT THAT I AM THE PARENT OR LEGAL GUARDIAN OF THE PARTICIPANT AND AM MAKING THIS AGREEMENT ON BEHALF OF MYSELF AND MY PARTICIPANT.

Signature:

Date:

Print Name:









