

# WARNING

#### **Entry and Exit Requirements:**

- Foreigners who meet the conditions for entry into Bosnia and Herzegovina as per the Law on Foreigners <u>MUST present a negative PCR test</u> for SARS-COV-2 virus not older than 48 hours until arrival at the border crossing point of Bosnia and Herzegovina.
- Currently, when entering Bosnia and Herzegovina, no quarantine or self-isolation measures are required, while upon entering Bosnia and Herzegovina, all persons are obliged to follow the instructions and respect all orders of the competent epidemiological and health authorities (social distance, protective masks, hand disinfection, etc.).

#### **Country-Specific Information:**

- Grocery stores, pharmacies, restaurants, and cafes throughout the country are open, along with most other businesses. Restaurants and bars must close by 11:00pm.
- Restrictions include limitations on the number of people who can attend public gatherings, requirements to wear masks in outdoor and indoor public spaces and on public transportation.
- Local restrictions are subject to change and authorities have recently increased restrictions following a rise in cases.

#### **COVID-19 Testing:**

- Private clinics around the country perform PCR (From ~140BAMs) and serological (~40BAMs) COVID-19 tests. Payment is due in full at the time of the test. Results are quick (usually within 24 hours).
- Public Health Centers (Dom Zdravlja) will test people with symptoms—regardless of nationality—free of charge. (They do not test asymptomatic people or provide test verification for travel purposes). To arrange a test, contact your canton's health center for additional guidance.

#### **Transportation Options:**

- Commercial flights are operating.
- Public transportation is operating.
- Masks are required on public transit.

#### **Fines for Non-Compliance:**

- Police may fine individuals for not wearing or improperly wearing a mask in public indoor or outdoor spaces.
- Businesses may also be fined for improper social distancing, poor disinfection, or non-observance of reduced working hours.

#### ▲ PLEASE FIND EVENT HEALTH PROTOCOL AT THE END OF THIS OUTLINE

# <mark>C O V I D - 1 9</mark>

#### PROMOTER

Taekwondo Europe

info@worldtaekwondoeurope.org

#### SANCTIONED BY

World Taekwondo 10th Floor, Booyoung Taepyung Building 55, Sejong-daero, Jung-gu, Seoul Republic of Korea 04513

#### **EUROPEAN RANKING**

#### E4

#### ORGANIZER

World Taekwondo Bosnia and Herzegovina Sheriff Loje 22, Novi Grad, Sarajevo
☎ +387 061 356 257 +387 63 407 544
infotkdsbih@gmail.com
http:// https://taekwondo.ba/

#### VENUE

HOTEL HILLS 5\* Butmirska cesta 18, Ilidža 71000, Sarajevo Bosnia and Herzegovina www.hotelhills.ba

#### **REGISTRATION & ACCREDITATION**

Registration will be done online. Only prepaid entries are accepted. Each team will be sent the accreditation cards by email once payment is confirmed.











#### **COMPETITION DATES & SCHEDULE**

#### 12 – 13 December 2020

12 December: All boys divisions

13 December: All girls divisions

#### WEIGH-IN DATES, SCHEDULE & LOCATION

#### 11 – 12 December 2020

#### Schedule

11 December: All boys divisions12 December: All girls divisions

*Location* HOTEL HILLS 5\*, Butmirska cesta 18, Ilidža 71000, Sarajevo, Bosnia and Herzegovina www.hotelhills.ba

#### Time

TBD after registrations are closed! Each team will have specific time/appointment for weigh-in!

#### **RANDOM WEIGH-IN**

Daily start at 08:00 hrs. Selected athletes should be at the random weigh in at 08:00 hrs sharp. The names of the athletes selected for the Random Weigh-in will be published at 07:00 hrs on the competition day on the following (social) media platforms: <u>www.worldtaekwondoeurope.com</u> <u>www.facebook.com/tkdeurope</u>

#### **DRAW SHEETS & BRACKET PUBLICATION**

The draw sheets and brackets will be daily published, one (1) day before the start of competition at 21:00 hrs on the following (social) media platforms: <u>www.worldtaekwondoeurope.com</u> <u>www.facebook.com/tkdeurope</u>











#### SEEDING

All athletes will be seeded according to the European Cadet Ranking as per August 2020 (published in September 2020).

#### HEAD OF TEAM MEETING

There will be no Head of Team meeting at the European Cadets Championships 2020. All information will be published on the following (social) media platforms: <u>www.worldtaekwondoeurope.com</u> <u>www.facebook.com/tkdeurope</u>

#### **COMPETITION RULES**

WT Competition Rules & Interpretation, in force as of May, 2019 (Manchester version).

#### COMPETITION SYSTEM KYORUGI

Single elimination tournament system

#### **CONTEST TIME**

3 rounds of 1,5 minutes, 1-minute break between each round.

The WT Technical Delegate has the authority to adjust the contest time as he sees fit.

#### **GENERAL ELIGIBILITY REQUIREMENTS**

Each National team can send one male and one female athlete per weight category to compete in the Cadets Championships weight divisions plus the direct quotas from previous Taekwondo Europe events.

#### QUOTA SPECIFIC RULES

Quota athletes may compete in 1 weigh division higher than the weigh division in which the quota was obtained. Example: an athlete obtained the quota in the Girls - 44 kg. She is allowed to participate at the - 47 kg.









#### ELIGIBILITY REQUIREMENTS

- 1. Holder of a valid 2020 WT Global Athlete License;
- 2. Member of the national team of a pertinent Member National Association, recognized by Taekwondo Europe or World Taekwondo;
- 3. Holder the nationality of the pertinent Member National Association;
- 4. Holder of minimum 1<sup>st</sup> Geup;
- 5. An athlete must be born in 2006, 2007, 2008 to be eligible for participation. All competitors must prove their age by presenting their passport or identification card at the official weigh-in. For those athletes that are not adults, a written consent must be submitted (please find enclosed on the last pages) at the registration, signed by one of the parents or legal guardians, accepting their participation and all parts of the official invitation.

#### **REFUGEE ELIGIBILITY REQUIREMENTS**

If a refugee wishes to compete at this championship, he/she individually or the MNA he/she belongs to has to send the relevant request to World Taekwondo Europe, by submitting the following documents:

1. The eligible refugee athlete must have official refugee status before the entry deadline of the event, meaning that an athlete whose status is in process of examination will not be accepted to compete.

2. The refugee certificate issued by either governmental authorities of current residing country or the UNHCR will only be accepted.

3. In addition to the certificate, official endorsement letter from MNA of current residing country must be presented.

4. To register the refugee athlete, the abovementioned required documents shall be submitted to the WTE Sport Department at <u>info@worldtaekwondoeurope.org</u>. All such requests are examined, by the relevant WTE Committee, at a standalone basis per event. After the Committee examines the request, WTE refers back with the outcome of the Committee and if it is positive, then WTE registers the athlete at the event under the Refugee Team.

#### COACH ELIGIBILITY REQUIREMENTS

- 1. Minimum age of 18 years;
- Holder of the WTE Coach License or the respective CU Coach License or WT Coach Certification Level I (granted by participation in a WT recognized CU Coach Seminar);
- 3. Holder of a valid 2020 WT Global Official License;
- 4. Coach is not allowed wearing Dobok.









#### MEDICAL STAFF ELIGIBILITY REQUIREMENTS

- 1. Minimum age of 18 years;
- 2. Holder of the WTE Medical License;
- 3. Holder of a valid 2020 WT Global Official License.

#### MEDAL EVENTS

The following medal events are applicable:

WEIGHT DIVISIONS			
Boy's division		Girl's division	
Under 33 kg	Not exceeding 33 kg	Under 29 kg	Not exceeding 29 kg
Under 37 kg	Over 33 kg and not exceeding 37 kg	Under 33 kg	Over 29 kg and not exceeding 33 kg
Under 41 kg	Over 37 kg and not exceeding 41 kg	Under 37 kg	Over 33 kg and not exceeding 37 kg
Under 45 kg	Over 41 kg and not exceeding 45 kg	Under 41 kg	Over 37 kg and not exceeding 41 kg
Under 49 kg	Over 45 kg and not exceeding 49 kg	Under 44 kg	Over 41 kg and not exceeding 44 kg
Under 53 kg	Over 49 kg and not exceeding 53 kg	Under 47 kg	Over 44 kg and not exceeding 47 kg
Under 57 kg	Over 53 kg and not exceeding 57 kg	Under 51 kg	Over 47 kg and not exceeding 51 kg
Under 61 kg	Over 57 kg and not exceeding 61 kg	Under 55 kg	Over 51 kg and not exceeding 55 kg
Under 65 kg	Over 61 kg and not exceeding 65 kg	Under 59 kg	Over 55 kg and not exceeding 59 kg
Over 65 kg	Over 65 kg	Over 59 kg	Over 59 kg

#### SPORT ENTRIES

Team entries will only be accepted through the WT GMS online registration system Simply Compete: **MNA Admins can only register athletes for this event**.

Registration of athletes is only possible with a valid 2020 WT Global Licence (GAL issued by assigned GMS club, region and MNA Administrators only). Please find below the direct link to the WT GMS platform:

https://worldtkd.simplycompete.com/











Role	Male Team	Female Team
Head of Team		1
Manager		1
Coach	1	1
Trainer	1	1
Team Doctor		1
Contestants	10x1*	10x1*
* Every National Team may participate with one (1) athlete per weight category plus		

quota from previous Taekwondo Europe events

Athletes with direct qualification from previous events:

- 1. must be registered by their MNA
- 2. must be registered under their National Team Name (not club, individual, unaffiliated etc)
- 3. all qualified athletes must fill properly in and return to WTE the athlete's declaration(attached to this outline)

#### **REGISTRATION DEADLINE**

#### 30th November 2020, 23:59 CET

This deadline is applicable for all sport entries, payments and admitting all required documents.

#### APPLICABLE FEES

#### Regular entry fee

120 euro per registered individual athlete

#### On-site Change of medal event (weight division)

50 euro for each amendment, payable at the registration desk. All changes after 30 November 2020 shall be done on-site.

#### Coaches license fee

100 euro. Coaches/trainers that <u>do not hold a valid CU Coach License or WT Coach</u> <u>Certification Level I</u> shall pay 100 euro in order to receive a valid coach accreditation card for the event.

#### Additional Accreditation cards

50 euro for each on-site approved additional requested Accreditation card or for registered team officials on the top of the above-mentioned quotas.







#### Protest fee

200 euro. In case of an official protest, a non-refundable 200 euro fee shall be paid.

#### Replacement of athletes

In case an athlete needs to be replaced after the deadline, this can be done maximum 48 hours before the draw will take place. A fee of 100 euro is applicable.

#### **Replacement of Accreditation cards**

25 euro for each replacement and reprinting request of accreditation cards.

#### **PAYMENT ENTRY**

All entry fees shall be paid in advance to Taekwondo Europe. Due to health restrictions

Cash payments will **<u>not</u>** be accepted. All bank transfers shall be paid to the following bank account:

Beneficiary:	World Taekwondo Europe
Name of the bank:	Sparkasse ALK
IBAN:	DE3246251630000063271
BIC/SWIFT:	WELADED1ALK
Bank address:	Kölner Str. 10
	57439 Attendorn GERMANY

**Payment reference** CADETS plus TEAM NAME

*Example* CADETS National Team Estonia

All payments MUST be done by the NATIONAL TEAM in TOTAL. Individuals' payments are NOT ACCEPTED CASH payments are NOT ACCEPTED

#### PROOF OF PAYMENT REQUIREMENT

All teams are required to send proof of payment (copy of bank transfer) to info@worldtaekwondoeurope.org within one (1) week after registration in Simply











Compete. Taekwondo Europe has the right to delete sport entries from teams that do not send proof of payment from the system in order for other athletes to register and to prevent 'ghost athletes'.

Any athlete registering on-line who does not take part in the competition and who has not been removed from the entry list before the deadline (30 November 2020), is liable for paying his/her entry-fee in full. (For any athlete not presenting at registration, his/her team or official will be liable for ensuring full payment has been received, prior to the team's participation). If a team does not show up at the event and has not requested a participation cancellation before the deadline, it will be requested to settle the payment of the entry fees in full (100%).

#### **NO REFUND**

Taekwondo Europe and/or the OC do not refund entry fees paid. In case of an event amendment, postponement or cancellation, the teams/athletes paid their entry fees get a voucher of the same value to be used in future WTE events only.

#### ACCREDITATION CARD DISTRIBUTION

Registered teams only receive the athlete and official's accreditation cards if all financial obligations have been fulfilled. For all registered athletes, the entry fee must be paid before the accreditation cards distribution to the respective team.

#### SPORT EQUIPMENT

#### PSS – system

Daedo International Generation 2, with electronic headgear are provided by the OC.

#### Mats

Daedo mats will be used at the event

#### Dobok and protective equipment

Athletes can only use WT recognized products while participating at the event. See a list of recognized products at: http://www.worldtaekwondo.org/wtf-partners/recognized/

#### FIELD OF PLAY REGULATIONS

By accepting a Taekwondo Europe accreditation card, all accredited persons agree to comply with the Field of Play regulations applicable at Taekwondo Europe events.







#### AWARDS

#### Individual awards

1<sup>st</sup> place – gold medal and certificate 2<sup>nd</sup> place – silver medal and certificate 3<sup>rd</sup> place – bronze medal and certificate 3<sup>rd</sup> place – bronze medal and certificate

#### Team awards

Best female team award: 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place trophies Best male team award: 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place trophies Best overall team award: 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place trophies

Olympic general classification calculation system is used.

#### MEDICAL AND ANTI-DOPING

#### Accreditation for Medical staff

All medical staff of the respective teams have to apply for a Medical License. Only medical staff that has applied for or is in the possession of a valid CU Medical Licence shall receive an accreditation. For more information, please check the Taekwondo Europe website at: www.worldtaekwondoeurope.com

#### Applicable doping rules

The WT Anti-Doping Rules and the WADA Anti-Doping Code are applicable. Compulsory random doping tests will be conducted among all athletes. World Taekwondo and/or WADA may carry out random out-of-competition testing prior to the event. Therefore, all participating contestants are required to submit their latest and most accurate Athlete Location (Whereabouts Info) Forms to WT.

#### Therapeutic Use Exemption

Athletes who take any substance or medicine listed in the "Prohibited List" of the WT Anti-Doping Rules and WADA Anti-Doping Code for therapeutic purposes are requested to visit the website of WADA and make online filing of their TUE applications on ADAMS. Report TUE applications also to the WT Sport Department via marcoienna@worldtaekwondo.org by no later than 30 November 2020.

#### ADAMS login

For ADAMS login, please contact National Anti-Doping Organization (NADO) in your country or WT Sport Department at marcoienna@worldtaekwondo.org







#### For more details, please visit

http://www.wada-ama.org/en/ADAMS/ http://www.worldtaekwondo.org/medical-anti- doping/anti-doping/therapeutic-useexemptions-tues/

#### **MEDIA AND PRESS**

#### Media accreditation

Registered media and press officials or official photographers are entitled to receive a media and press accreditation card. For more information, please contact the Taekwondo Europe Media department at <u>info@worldtaekwondoeurope.org</u>.

#### Photo positions

All accredited photographers are only allowed to use the designated photo positions while working in the Field of Play. By accepting a media and press accreditation, the accredited person agrees to follow at all times the instructions of the Taekwondo Europe Media and Press officer.

#### ACCOMMODATION

#### Hotel accommodation

All accredited national teams participating at the event shall mandatorily book their hotel accommodation via the Organizing Committee due to safety restrictions and COVID-19 protocol! Please send your accommodation requests at <u>infotkdsbih@gmail.com</u>

#### Transportation

Transportation will be provided between the airport and hotel and vice-versa for those teams that have booked their hotel via the Organizing Committee.

#### \*\*\* IMPORTANT \*\*\*

Athlete with NO confirmed and paid booking in the official hotel provided by and booked via the Organizing Committee will not be able to participate due to COVID-19 restrictions and overall safety. In addition, for the safety of all participants, participants without PCR test for COVID-19 will not be able to participate at this event!

Participants who arrive without PCR test must be tested on a venue site, for 75 EUR, but their arrival must arrive one day in advance!











### ACCOMODATION



### HOTEL Hills 5\*

Web site: http://hotelhills.ba/// Sarajevo international airport: 1 km Event venue distance: 100 m City centar distance: 5 km \*ROOMS Limited\*

Hotel Hills, Thermal & Spa Resort Sarajevo is located in the center of the green oasis of Sarajevo Hotel Hills, Thermal & Spa Resort Sarajevo includes 330 rooms and suites, multipurpose Congress center with modern conference technology, Wellness, Spa & Fitness Health center, indoor and outdoor swimming pools, Wedding halls, restaurants with international and national cuisine, and attractive Panoramic restaurant and lounge bar on the rooftop of the Hotel with beautiful panoramic view to the green surroundings of the hotel and the city.

#### P Free parking 🗧 Free WiFi 🏖 Swimming pool 🏷 Fitness centre

#### 🛠 Spa and wellness centre 🔮 Indoor pool 🍴 Restaurant 🏼 🖞 Bar

	Price per person, per night 1/4	57,00 € HB	67,00 € FB
European Senior Championships Olympic category	Price per person, per night 1/3	61,00 € HB	71,00 € FB
and European Cadets Championships	Price per person, per night 1/2	64,00 € HB	74,00 € FB
	Price per person, per night 1/1	79,00 € HB	89,00 € FB









### ACCOMODATION



### HOTEL Hollywood 4\*

Web site: http://hotel-hollywood.ba// Sarajevo international airport: 1 km Event venue distance: 100 m City centar distance: 5 km \*ROOMS Limited\*

HOTEL HOLLYWOOD SARAJEVO – is located in the center of Ilidža, green oasis of Sarajevo,near Sarajevo International Airport, along the city's main traffic terminal. Nearby source of the river Bosna, extremely rare gift of nature, and a number of administrative, business, health, cultural and sports facilities and institutions make the location of hotel "Hollywood" more attractive and universal.

#### P Free parking 🗧 Free WiFi 🏖 Swimming pool 🏷 Fitness centre

#### 🛠 Spa and wellness centre 🔮 Indoor pool 🍴 Restaurant 🏼 🖞 Bar

	Price per person, per night 1/4	50,00 € HB	57,50 € FB
European Senior Championships Olympic category	Price per person, per night 1/3	53,00 € HB	60,50 € FB
and European Cadets Championships	Price per person, per night 1/2	56,00 € HB	63,50 € FB
	Price per person, per night 1/1	66,00 € HB	73,50 € FB









#### HASH TAGS & SOCIAL MEDIA

#### Hash tags

Taekwondo Europe uses the following hash tags: #taekwondoeurope #taekwondofamily #tkdcadets2020

#### Social media platforms

Taekwondo Europe is present at the following social media platforms: Facebook: @tkdeurope Instagram: @tkdeurope Twitter: @tkdeurope YouTube Channel: Taekwondo Europe

#### INDEMNITIES

It is the responsibility of each registering team to ensure that their athletes and team officials have filled out the indemnification forms correctly and have duly signed them, thereby indemnifying WT, WTE, the Organizing Committee and all other officials and athletes from any claims of injuries, losses or otherwise arising in the course of participation at the European Cadets Championships 2020 or any activities linked therewith.

It is the responsibility of each registered team to ensure and guarantee that sufficient insurance coverage has been arranged for all athletes, team officials and other participants. Without sufficient insurance coverage, teams will not be allowed to compete.

Please fill out the Personal Indemnity Forms and return them to the Organization Committee before 30 November 2020. Each participant (athletes, team officials, etc.) has to fill out the indemnification form.

#### MEDICAL INSURANCE

All participating athletes, coaches, team officials, technical officials and participants at WTE events shall have mandatorily a medical insurance that covers medical care and in case of emergency, repatriation to the country of origin, valid on the days present in the host country of the event. WTE nor the Organizing Committee shall be responsible to cover any medical costs incurred for medical treatment before, on or during the competition or repatriation in the broadest sense of the word.







All relevant documents proving that such an insurance is present, including insurance policy papers, should be taken to the event in case a medical situation occurs.



DATE	TIME	EVENT	LOCATION
	TBD	Registration & Accreditation (only in case of lost accreditation or change of category)	HOTEL
11 December	TBD	Weigh-in: All boys divisions	HILLS 5*
	21:00 hrs	Publication of drawsheets Competition Day 1	
	07:00 hrs	Publication Random Weigh-in List	
	08:00 hrs	Random weigh-in	
12 December	TBD	Registration & Accreditation (only in case of lost accreditation or change of category)	HOTEL
	Start at 09:00 hrs Competition Day 1: All Boys divisions		HILLS 5*
	13:00 - 14:00 hrs	Lunch break in rotation	
	TBD	Weigh-in: All girls divisions	
	21:00 hrs	Publication of drawsheets Competition Day 2	
	07:00 hrs	Publication Random Weigh-in List	
13 December	08:00 hrs	Random weigh-in	HOTEL
13 December	Start at 09:00 hrs	Competition Day 2: All girls divisions	HILLS 5*
	13:00 - 14:00 hrs	Lunch break in rotation	
<u> </u>		LWAYS REMAINS SUBJECT TO CHANGE 🔺 🙏	<u>.</u>











#### PERSONAL INDEMNIFICATION FORM

THIS INDEMNIFICATION, HOLD HARMLESS, RELEASE AND CONSENT NOT TO SUE executed this on: \_\_\_\_\_\_ (insert date of signing).

I, the undersigned, certify that I will indemnify, hold harmless and release the World Taekwondo Europe, World Taekwondo and the Organizing Committee, its executive board members, directors, officers, members, employees, consultants, agents, attorneys, contractors (including without limitation sponsors, suppliers, licensees and other representatives (each, an "Indemnitee" and, collectively, "Indemnitees"), from and against any and all damages, injuries, penalties, fines, claims, suits, liabilities, costs, attorneys' fees court costs and expenses of every kind and nature suffered by or asserted against the Indemnitee as a direct or indirect result of participating in the Taekwondo Europe CADETS Championships 2020 in the broadest sense of the word.

By signing and submitting the form below, I accept and agree to the terms and covenants contained in this Indemnification, hold harmless, release and consent not to sue.

I verify that by signing and submitting this form, that I have read and agree to all of the terms and conditions provided above.

Name:
Date:
Signature:
In case the person involved is a minor, the legal guardian has to sign:
Name:
Relation towards the
minor
Date:
Signature:

Please send this form to: infotkdsbih@gmail.com











#### LIABILITY DECLARATION

(only for athletes)

My name:

I live in:

I am the parent/guardian of:

Date of birth (competitor): \_\_\_\_/\_\_\_/

I declare that I accept the participation of \_\_\_\_\_ at the Taekwondo Europe Cadets Taekwondo Championships 2020 and that I accept all parts of the official invitation of this tournament.

For physical reasons nothing speaks against a participation of the aforementioned athlete and I understand that all competitors are considered to participate at their own risk. World Taekwondo Europe, World Taekwondo and the Organizing Committee assume no responsibility for any damages, injuries or losses. All athletes must bring their own documents and the forms or any medical insurance in Bosnia & Herzegovina.

Place: Date:

Signature of the parents/legal guardian:

Please send this form to: infotkdsbih@gmail.com











#### VISA ASSISTANCE FORM

#### Important:

Please fill out this form and send it to: <u>infotkdsbih@gmail.com</u> along with **passport copies** of all visa applicants and **Simply Compete Registration Summary**, to receive an invitation letter.

#### LOCATION of EMBASSY FOR VISA APPLICATION:

e-mail of EMBASSY:
Insert name of country:
Family name as shown in passport:
Given name as shown in passport
Date of birth:
Nationality:
Passport no.:
Passport date of issue:
Passport expiration date:
Name of the team:
Signature of the President:
Stamp of the club/team:

Please fill out and send this form to the Organizing Committee by 20/11/2020

### **Qualified Athlete's**











### Qualified Athlete's declaration

I, the undersigned,	declare that I am a member
of the WTE Member National Association	and will follow the
policies, guidelines, regulations and principles of the aforementioned federa	ation and specifically the rules
and instructions concerning participation in the national team before,	during and after an WTE
Championship. I concur that I accept all rules and regulations of both WT an	nd WTE with regard to dispute
settlement and sanctioning.	

I understand that the aforementioned federation nor the World Taekwondo Europe is at no time responsible for the financial consequences of participating at the WTE European CADETS Championship 2020 for which I qualified by winning a medal in previous Taekwondo Europe Event. All financial aspects of my participation at the WTE Championships shall be borne by myself.

Date:
Name of athlete:
Event/ Division I was qualified:
Event/ Division I wish to participate:
Signature:
In case the athlete is a minor (i.e. younger than 18 years of age):
Date:
Name parent/guardian:
Signature:

Please send to info@worldtaekwondoeurope.org













**Commitment Form** 

The following is a list of guidelines that you are requested to strictly adhere to, because we must ensure your safety for a successful competition and a safe return home and because the approval for this event has been granted by a

special permission by the Government.

#### Please tick I each checkbox and submit it to the LOC with your signature at

#### infotkdsbih@gmail.com

You will not be able to participate in the competition in case you fail to follow these guidelines. Your cooperation is highly appreciated, not only to protect yourselves but also for the health of your friends and the people around you.

#### **PREVENTIVE MEASURES FOR COVID-19**

Negative PCR test before arrival is mandatory.	
Wear a face mask covering both mouth & nose except during competition and training.	
Maintain social distancing of at least 1.5 m with others except for unavoidable situations.	
Sanitize your hands and fingers where disinfectant is available.	
On the bus, each person must occupy seats that way to keep enough social distancing.	
To control infection, all interviews with media will be at open air.	
Use of the locker/shower rooms is not allowed.	
Before entering the venue, your body temperature needs to be checked.	

#### **ACTIVITY RESTRICTION**

You must stay within your rooms in the hotel except for training, competition, and meals. Access to the competition hall is granted only to athletes & coaches on their fighting day. Access to spectators and guests is prohibited. Access to grandstands is prohibited

#### EVENT

In case the LOC asks you for your cooperation outside of the competition, please cooperate with them to make the event better.  $\hfill\square$ 

During the event, please follow the instruction of the staff and help keep the competition running smoothly.  $\hfill \Box$ 

Team Name : \_\_\_\_\_

Print your name: \_\_\_\_\_\_ Signature: \_\_\_\_\_

















# TAFKWONDO EUROPE EVENT HFAITH PROTOCOL

#### INTRODUCTION

The purpose of this Code of Conduct during COVID-19 to prevent the spread of coronavirus (hereinafter "the Code") is to provide the organizing team and all participants with an overview of health and safety aspects, and the requirements for organizing this Taekwondo Europe event held indoors in the situation of pandemic threat of COVID-19 disease.

The organizer of the competition acts in accordance with local laws and regulations, as well as follows the recommendations of government public health services to reduce the risk to a minimum. Continuous risk assessments, and monitoring of the situation and its changes at the national, and especially at the local level, will ensure valid compliance with the recommended and mandatory health and safety regulations and measures.

The organizer of the competition has taken a clear position and has a policy of personal responsibility. This position takes into account the legal aspects related to the organization of the competition during the pandemic and is made public to athletes, representatives and professional accompaniment of competitors and all those involved in the organization.

The document was prepared according to the instructions and harmonized with the local and national prescribed measures for public gatherings.

#### Scope

The document applies to all participants in the competition and all those who in any way participate in organization and implementation and defines instructions on how to comply with the recommended requirements that the organizer of the competition takes into account in order to protect the personal and public health of all participants:

athletes

▶ professional teams accompanied by athletes: coaches, managers, physiotherapists, etc.

Implementing and organizing committee / professional officials / competition officials

 volunteers and staff (sponsors and partners, OVR, hall insurance and support services)

- members of the medical service and anti-doping control
- media representatives and broadcasters

#### **Roles and RULES**

In order to avoid or reduce interactions between persons, the number of those who can attend the event is limited to only those necessary for the operations of the hall, the event and the competition itself.

After the organizer of the competition has established the epidemiological situation, a person has been appointed who is responsible at the event for risk assessment and for the implementation of epidemiological measures that reduce the possibility of infection transmission. This person(COVID-Coordinator) has the role of the central coordinator and the person responsible for communication among the participants in the









organization of the competition, ie the organizing committee, the hall managers, the relevant public health institutions and sports teams.

All associates are required to adhere to measures and recommendations to prevent the transmission of coronavirus infection.

Wearing a protective mask in such a way that it covers both the mouth and the nose is mandatory for all regardless of their place of action. Masks are worn in the official hotel of the competition, during the use of the transport service and during the stay in the hall, all the time and without exception, except in the case of competitors, during the competition (during fights).

If there is a need to replace gloves or a protective mask, used gloves and masks are thrown in specially designed baskets. Associates operating in the hall are obliged to adhere to the specified corridors of movement, and ALL COMPETITORS and COACHES must leave the hall IMEDIATELY after the fight.

The organizer will keep a register that includes contacts of competitors and members of their entourage, officials and professionals, which will facilitate the identification and monitoring of further contacts of potentially infected persons. The keeping of the register will be in accordance with local legislation and regulations, and in accordance with the protection of personal data. By accepting the work, volunteering or registering, all participants undertake to give a statement and accept the conditions prescribed by the organizer.

This rulebook is designed for and binds all participants in the organization who accept the stated instructions by taking over the official accreditation.

#### Participants/implementation/audience

In order to facilitate the use of this document, the organizer divided all participants in the organization into groups related to movement within the competition zone (hall) and participants outside the competition zone.

A. Competition zone (hall)

- Competitors / participants
- Referees / delegates / organizers / technical service
- Medical procedures / Warming places
- TV broadcast of the competition
- Anti-doping control
- Volunteers

B. Other participants in the organization who are outside the competition zone of movement (in front of the hall and hotel space)

- Employees
- Transport service / official drivers
- Physiotherapists / masseurs / medical service
- Media representatives
- Security service
- Logistics / goods acceptance / accreditation service









- Serving food
- Official accommodation

#### A. COMPETITION ZONE (HALL)



### It is mandatory to wear masks, disinfect your hands and have your body temperature checked before entering the Competition Hall

#### **Competitors / participants**

COVID TEST! Due to the current situation in Europe, and in order to protect all our participants and the safe implementation of the competition, we ask ALL to have a negative PCR test upon arrival, which is valid on the day of the competition.

Wearing a protective mask is mandatory at all times, except in the following situations:

• During a meal at the hotel, during the warm-up and during the fights.

#### Weigh-In

Each team will receive a weighing schedule to avoid unnecessary gatherings. The schedule will be published upon completion of entries on the social media platforms mentioned in the outline.

All participants who attend the official weigh-in are required to disinfect their hands and wear a protective mask before entering the room.

Referees should wear protective gloves along with the protective mask.

#### Accreditation

Accreditation and registration will NOT be performed at the competition site!

It is necessary to print and bring accreditations that will be sent by e-mail by WTE upon completion of registration and worn throughout the stay, both in official hotels and in the hall.

The accreditation and registration centre will be available only to those who change categories or have lost their existing accreditation.

Hall









Access to the competition hall/area is allowed only on the day of the athlete' s fight. Competitors will stay during the competition in their rooms or the designated waiting area. When the category of each individual competitor starts, the competitors go to the warm-up area accompanied by the coach (before entering, their temperature is measured), which they can enter 15 minutes before their fight. After warming up, the competitor and the coach enter the disinfection area where they get electronic equipment and go through the disinfection zone.

The movement around the hall takes place in special one-way corridors, which avoids close contact and establishes a certain physical distance. It will not be possible to use locker rooms, lockers and showers in the hall. Only the use of sanitary facilities will be allowed. It is necessary to have an identification document in the hall for the purposes of conducting doping control.

### No close contact is allowed in the hall after the competition, and this refers to shaking hands, hugging or kissing for the purpose of celebrating the results of the performance.

The medal ceremony will take place IMMEDIATELY after the end of the final fights of certain categories. All fights will take place according to a predetermined schedule.

Person who will give awards and medals as well as award winners (athletes) are required to use masks during the ceremony. The ceremony will take place without a handshake, and the person presenting the awards must also wear gloves.

Athletes' statements after the competition will take place at a distance from the journalist in charge, and other members of the media will follow the statement live.

#### Referees / delegates / organizers / technical service

Participants in this sector are considered to be all those who are within the competitive movement zone. Referees, delegates, organizers as well as the technical service should also have their movement in the hall restricted, avoid approaching competitors wherever possible, and have a chosen place to stand and sit.

After each category, the tatami mat should be wiped and sprayed with disinfectant. Equipment (helmet and body protector) should also be sprayed with disinfectant after the fight.

Persons in charge of collecting, transporting and returning the equipment should clean their hands with disinfectant or use disposable gloves and throw them away after handling the equipment.

Centre referees must wear protective gloves along with the protective mask.

#### Medical procedures / Warming places

Every person must be considered potentially contagious; therefore, athletes and medical staff are required to wear protective equipment at all times. A handwashing and disinfection protocol will be implemented upon entering and exiting these rooms and between each intervention by the medical staff.







#### TV broadcast of the competition

Each member of the transmission team should be subject to an individual risk assessment of infection, and those at increased risk should obtain a medical permit after passing one of the protocols.

Part of the transmission implementers working in the hall should remain on their workstations for as long as previously defined. They should avoid unnecessary conversation, adhere to measures of physical distancing.

During the stay in all zones under the authority of the organizer, it is mandatory to wear a mask. The national host of the broadcast is obliged to submit to the organizer the schedule of movements of all participants in the television broadcast.

#### Volunteers

Volunteers are required to adhere to measures to prevent the spread of infection at all locations where they are deployed. It is mandatory to wear a protective mask that covers the mouth and nose and frequent hand disinfection. Used gloves and masks should only be stored in specially designed containers. Disinfection of tatami mats and equipment is done in a way that does not disturb the athletes and does not come in their immediate vicinity. It is necessary to take care not to enter the zone of movement of the athlete.

Asking for autographs or taking photos with athletes is not allowed.

### B. OTHER PARTICIPANTS IN THE ORGANIZATION WHO ARE OUTSIDE THE COMPETITION ZONE OF MOVEMENT

#### Employees

Competition staff were deployed in multiple smaller groups and multiple rooms to reduce the risk of infection transmission. They are obliged to wear protective masks throughout their stay in front of the hall and to disinfect their hands when entering and leaving the room in which they work.

The joint meetings necessary for the implementation of the competition will be held outdoors with the obligatory wearing of protective masks.

Employees of the competition are considered to be all persons who are connected with the organizer through an employment relationship, employment contract, student contract or as volunteers, and reside in front of the hall.

#### Transport service / official drivers

Accredited persons will be transported from the airport directly to the hotel by car or bus where all passengers and drivers will wear face masks and sit in compliance with the physical distance rule prescribed by the local authority with a recommendation of 1.5 to 2 meters.







For all participants who will be accommodated in one of the official hotels, and away from the venue of the competition, shuttle service will be provided according to a predetermined schedule with predefined names of competitors and other participants.

#### Official buses, cars and vans

In cars, accredited persons will drive exclusively in the rear (back of the car). Drivers strictly follow the rule of the given distance, constantly wear protective masks, and disinfect and ventilate the vehicle after each ride and accept only one passenger or if there are two people from the same team.

In official vans, accredited persons will be assigned to seats with the prescribed physical distance provided. It is not allowed to fill the entire capacity of the vehicle. Drivers strictly follow the rule of the given distance, constantly wear protective masks, and disinfect and ventilate the vehicle after each ride and receive only the agreed number of passengers.

In buses, accredited persons will be seated with the prescribed physical distance provided. It is not allowed to fill the entire capacity of the vehicle. Drivers strictly follow the rule of the given distance, constantly wear protective masks, and disinfect and ventilate the vehicle after each ride and receive only the agreed number of passengers.

#### All participants are advised not to use public transport.

#### Physiotherapists / masseurs / medical service

All team members who will perform massage and physiotherapy services are recommended to perform PCR testing 48 hours before the arrival of the athlete.

#### Media representatives

#### Media center and press stands

Media representatives are required to wear face masks. The organizer will ensure proper disinfection of the area where the media will be before opening, as well as cleaning and disinfection of the space every few hours. It is mandatory to keep a distance of 2 meters.

The official press conference should be held in the open if possible with a limited number of media representatives. By coming to the official press conference, it is necessary to adhere to all the measures prescribed for the competition.

#### Press area

Only journalists, cameramen, members of the organizing committee and medical staff are allowed to enter the press zone.

#### Photographers

The number of photographers in the hall will be limited and reduced to a minimum. Photographers should wear masks and must pass an individual risk assessment. Their movement through the hall should follow the same one-way path as other accredited persons.









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#### Security service

Security guards will be deployed in the movement zones. In addition to all other measures, wearing protective masks is mandatory, as well as frequent hand disinfection.

#### Logistics

Acceptance of goods that are necessary for the organization of the competition will be done in the open space at the front or the back of house. All participants and partners who must deliver their equipment should adhere to the schedule of delivery and collection of goods. It is mandatory to wear a mask, disinfect your hands and keep a distance of 2 m.

#### Serving food

Food serving services in the hall will be in accordance with the prescribed measures of the competent authorities for this type of activity. All accredited persons and with a license to perform this activity will provide the organizer with information on employees who will work as part of the organization of the competition.

#### **Official accommodation**

Official accommodation is mandatory for all participants except competitors from the host city.

All accredited persons should strictly adhere to the hotel's rules on physical distance and all other measures to prevent the spread of the COVID-19 disease epidemic.

It is mandatory to wear masks, disinfect your hands and measure the temperature when entering the hotels. A special room should be provided in the hotel where meals will be served to the event participants to avoid interaction with other guests in the hotel. The distribution of food will be carried out in accordance with the rules and measures to prevent the spread of infection. Staying in the restaurant should be short, and removing the protective mask is only allowed during the meal.

Athletes are not recommended to stay and move in the lobby, restaurant and other rooms of the hotel.

#### Audience/Spectators

Audience/Spectators <u>will not</u> be allowed during the competition.

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#### VIP

The protocol service will provide VIP guests with clear instructions on how to behave during the opening ceremony and/or competition. VIP guests must wear face masks and disinfect their hands when entering the hall. They should be seated at preassigned seats.







