

**8<sup>TH</sup>**

**TURKISH OPEN**

**MAR 10-16**

**2021**

**WT - G1 / ISTANBUL**



**8<sup>th</sup> TURKISH OPEN KYORUGI**



Dear Mr. President;



On behalf of the Turkish Taekwondo Federation, I am proud to invite you and your athletes to participate in the Turkish Open Taekwondo Tournament, which will be held in Istanbul, Turkey, Mar 10-16, 2021.

Turkish Open is granted as WT G1 as well.

We guarantee high quality organization and competition – with the best international referees in order to guarantee maximum transparency, fairplay & impartiality for the athletes.

On behalf of the Organizing Committee, we would like to ensure that we will make every possible effort in Organizing Committee a successful tournament of the highest technical level.

I look forward to seeing you in Istanbul, Turkey

Yours faithfully



Dr. Metin ŞAHİN  
President  
Turkish Taekwondo Federation

## 8<sup>th</sup> TURKISH OPEN KYORUGI

---

## ORGANIZATION

---

Promoter	Turkish Taekwondo Federation
President	Prof. Dr. Metin SAHIN
Organizing MNA	Turkish Taekwondo Federation
Telephone	0090 312 310 88 16 / 0090 530 300 99 45 / 0090 530 575 27 00
E-mail	<a href="mailto:mustafacam@taekwondo.org.tr">mustafacam@taekwondo.org.tr</a>
Website	<a href="http://www.turkiyetaekwondofed.gov.tr/">http://www.turkiyetaekwondofed.gov.tr/</a>

---

## PLACE AND DATE

---

City	Istanbul
Venue	Pullman Istanbul Hotel & Convention Center
Address	Yenibosna Merkez Mah 1. Asena Sok No:15, 34295 Bahcelievler/Istanbul

---

## CONTESTANTS

---

Categories	Cadets Male and Female 12-14 Years Juniors Male and Female 15 – 17 years Seniors Male and Female 17 year and older <b>(Juniors born in 2004 compete either as a junior or as a senior. Competing in both categories is not allowed.)</b>
Ages	SENIORS: An athlete must be born in 2004 and older (+17 years) JUNIORS: Year of Birth (2004- 2006) CADETS: Year of Birth (2007 - 2009)
Weight Divisions	Senior Male: -54, -58, -63, -68-74, -80, -87, +87. Senior Female: -46, -49, -53, -57,-62, -67, -73, +73. Junior Male: -45, -48, -51, -55, -59, -63, -68, -73, -78, +78. Junior Female: -42, -44, -46, -49, -52.-55, -59, -63, -68, +68. Cadet Male: -33, -37, -41, -45, -49, -53, -57, -61, -65, +65. Cadet Female: -29, -33, -37, -41, -44, -47, -51, -55, -59, +59

## 8<sup>th</sup> TURKISH OPEN KYORUGI

---

## RULES

---

**Method of Competition** Competition will be WT Rules. Single elimination tournament

**Seeding** Seniors will be seeded according to Jan 2020 WT ranking list.

**WT Global Licence** All participants must have a valid 2021 WT Global Licence in order to participate at this event. Please contact your MNA or club admin to apply for the WT Global Licence

**Contest Time:**

- Seniors: 2 minute x 3 rounds with 1 minute break
- Juniors :1,30 minute x 3 rounds with 1 minute break
- Cadets: 1,30 minute x 2 rounds with 1 minute break  
(contest times could be adjusted according to WT TD Decisions)

**NOTE: WT Global Licence is mandatory for all age categories**

**Belt Requirements** For Senior, Juniors and Cadets: 1. Gıp above

### Protective Equipment & Uniform

The participants shall wear the WT recognized Taekwondo Uniform.

**Daedo PSS** will be used at this Tournament and will be provided by the OC.

All athletes must bring their own Daedo sensor socks.

All the players must bring their own full equipment except body protector.

Groin/Forearm/shin guards and Gloves are compulsory and must be brought by the contestants.

Mouth piece is compulsory!(Only white or transparent)

---

## ACCREDITATION STEPS

---

**Due to covid-19 pandemic restrictions and overall safety, each team member have to stay at official hotel and book their rooms via Organizing Committee.**

To minimize the risks of Covid-19, baloon system will be implemented at Turkish Open which all participants and officials will be isolated from public at the hotel. Nobody can go out or come inside without Covid Test.

### 8<sup>th</sup> TURKISH OPEN KYORUGI

## Accreditations for Turkish Open will be under 3 steps stated below:

**Step 1:** Covid-19 Rapid Test will be applied to each member of Teams right upon arrival in hotel. Only to members with negative test result will be allowed to stay in hotel and get accreditation. The cost of rapid test will be 25,00 € and will be paid in cash.

- For any reason you leave the hotel, you have to be tested to get in after the negative test result.

**Step 2:** After test results, registration to hotel in accommodation desk will be made by representative of the team only.

**Step 3:** After accommodation desk, team representative will make reservation for accreditation. Only team representative will be allowed to enter in accreditation room.

For international flights, some passengers may have to submit PCR test. If you wish, you can have your Team tested in hotel by OC for 25,00 €.

For those who would like PCR test should inform OC 24 hours before leaving hotel.

---

## REGISTRATION

---

### Applications

To register and login to the service, please use this link:

<https://worldtkd.simplycompete.com/>

**DEADLINE FOR APPLICATIONS: AT LATEST March 04, 2021 23:59 Istanbul time**

**IMPORTANT:** If the athlete registered online does not take part in the competition for some reason, but he/she has not been removed from the list of participants before deadline (Mar 04, 2021) his/her team officially must fully (%100) pay his/her entry fee for the participation

**Entry Fee** 100.00 € (EURO) for each Contestant

Entry Fee should be paid in cash **during registration** each category For all registered participants must be paid. No refunds!

Payment must be done per team or club.

Changes of category after the deadline are allowed - Cost: 25€ except cadets.

Coach Free entrance for 1 coach per 5 participants

Coaches must be at least 18 years old and holder of **Level I WT Coach licence**

### Referees

Only International Referees will be accepted. An official invitation for the referees will be sent to all Federations.

## 8<sup>th</sup> TURKISH OPEN KYORUGI

## Weigh-in

Weigh-in of the contestants shall be completed the day before their scheduled competition between 10:00 -12:00 hrs.

Weigh in period could be extended or adjusted by WT TD decision accordingly.

Random weigh-in will be published in <http://www.turkiyetaekwondofed.gov.tr/>

During the weigh-in, senior contestants shall wear under pants and female contestants shall wear underpants and brassieres. However, contestants may weigh-in in the nude if they want to do so. **Cadet and junior athletes cannot be nude.** Male contestants shall wear underpants and female contestants shall wear underpants and brassieres.

## Drawing of Lots

Drawing of lots session shall be conducted one (1) days prior to the start of the championships and it will be published in [tpss.eu](http://tpss.eu) and <http://www.turkiyetaekwondofed.gov.tr/>

## Classification of Results

### Individual Awards

**To register and login to the service, please use this link:**

Medals will be awarded to the top four athletes in the respective classifications and weight divisions of the pertinent championships:

The medal ceremony will take place IMMEDIATELY after the end of the final fights of certain categories. All fights will take place according to a predetermined schedule.

<b>1<sup>st</sup> PLACE:</b>	GOLD MEDAL & CERTIFICATE
<b>2<sup>nd</sup> PLACE:</b>	SILVER MEDAL & CERTIFICATE
<b>3<sup>rd</sup> PLACE:</b>	BRONZE MEDAL & CERTIFICATE
<b>3<sup>rd</sup> PLACE:</b>	BRONZE MEDAL & CERTIFICATE

---

## ACCOMMODATION

---

## Accommodation

All teams participating in Turkish Open VIII shall –**MANDATORY** - book their hotel rooms **via Organizing Committee** because of Covid-19 pandemic.

Please visit GMS website

<https://worldtkd.simplycompete.com/eventDetails/11eb6914-f9b6-2c33-b9da-06f5fa38752b/1>

## 8<sup>th</sup> TURKISH OPEN KYORUGI

Teams with NO confirmed and paid booking in the official hotel via Organizing Committee will not be able to participate due to Covid-19 restrictions and overall safety.

---

## INSURANCE ETC.

---

### Insurance

The organisation and supervisor assume no responsibility for teams, any damages, violence, loses and injuries during the stay in Turkey.

All contestants must bring their own documents and forms for any medical treatment in Turkey. If not, this will have to be paid cash.

**First Aid will be provided by the organization and is only to be used in case of an emergency.**

### Indemnities

The respective national taekwondo associations shall be responsible for ensuring that all officials and participants are covered with effective insurance coverage.

Participants without proper participation entry forms and effective insurance coverage will not be allowed to compete at the championships.

The Organizing Committee will acquire general insurance, at its own expenses, for all participants of the tournament, including but not limited to contestants and staffs, in the event of any injury and/or damages that may arise during the course of the championships.

### Visa Information

You should apply <https://www.evisa.gov.tr/en/> by online.

---

## COVID 19 PROTOCOL

---

### Introduction

The purpose of this Code of Conduct during COVID-19 to prevent the spread of coronavirus (hereinafter “the Code”) is to provide the organizing team and all participants with an overview of health and safety aspects, and the

## 8<sup>th</sup> TURKISH OPEN KYORUGI

requirements for organizing the 8th Turkish Open, 8-day taekwondo competition held indoors in a situation of pandemic threat of COVID-19 disease.

The organizer of the competition; Turkish Taekwondo Federation acts in accordance with local laws and regulations, as well as follows the recommendations of government public health services to reduce the risk to a minimum. Continuous risk assessments, and monitoring of the situation and its changes at the national, and especially at the local level, will ensure valid compliance with the recommended and mandatory health and safety regulations and measures.

The organizer of the competition has taken a clear position and has a policy of personal responsibility. This position takes into account the legal aspects related to the organization of the competition during the pandemic and is made public to athletes, representatives and professional accompaniment of competitors and all those involved in the organization.

The document was prepared according to the instructions and harmonized with the local and national prescribed measures for public gatherings.

## Travel to Turkey

Please note that in accordance with the guide published by the Directorate General of Civil Aviation, certain flight restrictions apply for arrivals to Turkey. Passengers are required to obey the conditions below for a healthy and safe flight.

- As of December 30, 2020, passengers arriving in Turkey are required to submit a negative PCR test (nucleic acid). The sample for the test must have been taken within 72 hours prior to the passenger's scheduled departure from the country of origin. This applies to all passengers aged 6 years and over, except sailors, truck drivers, and transit passengers.
- All passengers are required to wear masks at the airport and during the flights.
- All passengers must complete the passenger information form when arriving to Turkey.
- All passengers and airline crew will undergo a medical examination and those showing symptoms will have tests performed.

Passengers who visited Brazil, United Kingdom, Denmark and South Africa within the last 10 days and arriving to Turkey:

- Arrivals to Turkey from Brazil, United Kingdom, Denmark and South Africa are suspended.
- All passengers arriving Turkey from other countries who visited Brazil, United Kingdom, Denmark and South Africa within the last 10 days will be quarantined for 14 days at places selected by the Turkish official authorities following their arrival. On the 10th day of the quarantine period, passengers are required to undergo a second PCR test and if the test result is negative, the isolation period will end.
- Passengers of 6 years and older who visited the aforementioned countries and arriving Turkey are required, before boarding, to submit a negative PCR test result with a sample collected within the last 72-hours prior to departure.
- Turkish Taekwondo Federation has no responsibility in travel to Turkey.
- 

## 8<sup>th</sup> TURKISH OPEN KYORUGI



## Roles and RULES

In order to avoid or reduce interactions between persons, the number of those who can attend the event is limited to only those necessary for the functioning of the hall, the event and the competition itself.

All associates are required to adhere to measures and recommendations to prevent the transmission of coronavirus infection.

Wearing a protective mask in such a way that it covers both the mouth and the nose is mandatory for all associates regardless of their place of action. Masks are worn in the official hotel of the competition, during the use of the transport service and during the stay in the hall, all the time and without exception, except in the case of competitors, during the competition (during fights).

If there is a need to replace gloves or a protective mask, used gloves and masks are thrown in specially designed baskets. Associates operating in the hall are obliged to adhere to the specified corridors of movement, and **ALL COMPETITORS and COACHES must leave the hall IMMEDIATELY after the fight.**

The organizer will keep a register that includes contacts of competitors and members of their entourage, officials and professionals, which will facilitate the identification and monitoring of further contacts of potentially infected persons. The keeping of the register will be in accordance with local legislation and regulations, and in accordance with the protection of personal data. **By accepting the work, volunteering or registering, all participants undertake to give a statement and accept the conditions prescribed by the organizer.**

This rulebook is designed for and binds all participants in the organization who accept the stated instructions by taking over the official accreditation.

## Participants/implementation/audience

In order to facilitate the use of this document, the organizer divided all participants in the organization into groups related to movement within the competition zone (hall) and participants outside the competition zone.

- Competition zone (hall)
- Competitors / participants
- Referees / delegates / organizers / technical service
- Medical procedures / Warming places
- TV broadcast of the competition
- Anti-doping control
- Volunteers

Other participants in the organization who are outside the competition zone of movement (in front of the hall and hotel space)

- Employees
- Transport service / official drivers
- Physiotherapists / masseurs / medical service
- Media representatives
- Security service
- Logistics / goods acceptance / accreditation service

## 8<sup>th</sup> TURKISH OPEN KYORUGI

- Serving food
- Official accommodation

Wearing a protective mask is mandatory at all times, except in the following situations:

- During a meal at the hotel, during the warm-up and during the fights.

## Weigh in

Weigh in will take place at the hotel in the designated rooms, and each team will receive a weigh in schedule to avoid unnecessary gatherings. The schedule will be published on the official website of the competition. <https://www.turkiyetaekwondofed.gov.tr/>

All participants who attend the official weigh-in are required to disinfect their hands and wear a protective mask before entering the room. The same goes for the official staff during weigh-in (referees).

## Accreditation

The space for accreditation and registration will be available for those who make reservation in designated desk in front of the accreditation room.

## Accommodation

Rooms in official hotel will be provided for all competitors, and people who train together or are members of the same family will be accommodated together in the room. Each competitor who must stay in an official hotel at least one day before the competition, this is mandatory.

The service will be conducted in accordance with local guidelines for the purpose of preventing the spread of virus infection.

Competitors will stay during the competition in their rooms and watch the competition on YouTube, social networks or dedicated channels. When the category of each individual competitor starts, the competitors go to the warm-up area accompanied by the coach (before entering, their temperature is measured), which they can enter 25 minutes before their fight. After warming up, the competitor and the coach enter the disinfection room where they get electronic equipment and go through the disinfection zone.

No close contact is allowed in the hall after the competition, and this refers to shaking hands, hugging or kissing for the purpose of celebrating the results of the performance.

The medal ceremony will take place IMMEDIATELY after the end of the final fights of certain categories. All fights will take place according to a predetermined schedule.

Person who will give awards and medals as well as award winners (athletes) are required to use masks during the ceremony. The ceremony will take place without a handshake, and the person presenting the awards must also wear gloves.

## 8<sup>th</sup> TURKISH OPEN KYORUGI

Leaving the hotel during your stay in Istanbul is not recommended and in any leave, a rapid PCR test will be implemented to enter the hotel again.

### **Referees / delegates / organizers / technical service**

After each category, the tatami mat should be wiped and sprayed with disinfectant.

Equipment (helmet and body protector) should also be sprayed with disinfectant after the fight, and the same cannot be used for the next 2 fights.

Persons in charge of collecting, transporting and returning the equipment should clean their hands with disinfectant or use disposable gloves and throw them away after handling the equipment.

### **Medical procedures / Warming places**

Every person must be considered potentially contagious; therefore, athletes and medical staff are required to wear protective equipment at all times. A handwashing and disinfection protocol will be implemented upon entering and exiting these rooms and between each intervention by the medical staff.

Asking for autographs or taking photos with athletes is not allowed.

### **Transport service / official drivers**

Accredited persons will be transported from the airport directly to the hotel by car or bus where all passengers and drivers will wear face masks and sit in compliance with the physical distance rule prescribed by the local authority with a recommendation of 1.5 to 2 meters.

### **Audience**

Audiences will not be possible during the competition.

## **8<sup>th</sup> TURKISH OPEN KYORUGI**

**TIMETABLE (Subject to Change)**

**PULLMAN ISTANBUL HOTEL & CONVENTION CENTER**

Date	Time	Event	Venue
March 8, 2021	10:00 - 18:00	Registration and Accreditation	PULLMAN ISTANBUL HOTEL & CONVENTION CENTER
March 9, 2021	10:00 - 18:00	Registration and Accreditation	
	10:00-12:00	Weigh in for 10/03/2021 Senior Competitors Male -63 Kg, -68 Kg, -87 Kg Female -62 Kg, -73 Kg, +73 Kg	
	18:00 : 19:00	Referee Meeting	
March 10, 2021	08:00 - 08:30	Random Weigh-in	
	10.00-16.00	Registration and Accreditation	
	09:00 - 20:00	<b>Competition Day 1 (Seniors)</b> Male -63 Kg, -68 Kg, -87 Kg Female -62 Kg, -73 Kg, +73 Kg	
	10.00-12.00	Weigh in for 11/03/2021 Senior Competitors Male: -54 Kg, +87 Kg Female: -53 Kg, -57 Kg, -67 Kg	
March 11, 2021	08:00 - 08:30	Random Weigh-in	
	10.00-16.00	Registration and Accreditation	
	09:00 - 20:00	<b>Competition Day 2 (Seniors)</b> Male: -54 Kg, +87 Kg Female: -53 Kg, -57 Kg, -67 Kg	
	10.00-12.00	Weigh in for 12/03/2020 Senior Competitors Male: -58 Kg, -74 Kg, -80 Kg Female: -46 Kg, -49 Kg	
March 12, 2021	10.00-16.00	Registration and Accreditation	
	08:00 - 08:30	Random Weigh-in	
	09:00 - 20:00	<b>Competition Day 3 (Seniors)</b> Male: -58 Kg, -74 Kg, -80 Kg Female: -46 Kg, -49 Kg	
	10.00-12.00	Weigh -in for 13/03/2021 Junior Competitors Male: -51 Kg, -63 Kg, -68 Kg, -78 Kg Female: -63 Kg, -68 Kg, +68 Kg	
March 13, 2021	10.00-16.00	Registration and Accreditation	
	08:00 - 08:30	Random Weigh-in	
	09:00 - 20:00	<b>Competition Day 4 (Juniors)</b> Male: -51 Kg, -63 Kg, -68 Kg, -78 Kg Female: -63 Kg, -68 Kg, +68 Kg	
	10.00-12.00	Weigh -in for 14/03/2021 Junior Competitors Male: -48 Kg, -73 Kg, +78 Kg Female: -46 Kg, -49 Kg, -55 Kg, -59 Kg	
March 14, 2021	10.00-16.00	Registration and Accreditation	
	08:00 - 08:30	Random Weigh-in	
	09:00 - 20:00	<b>Competition Day 5 (Juniors)</b> Male: -48 Kg, -73 Kg, +78 Kg Female: -46 Kg, -49 Kg, -55 Kg, -59 Kg	
	10.00-12.00	Weigh -in for 15/03/2021 Junior Competitors Male: -45 Kg, -55 Kg, -59 Kg Female: -42 Kg, -44 Kg, -52 Kg	
March 15, 2021	10.00-16.00	Registration and Accreditation	
	08:00 - 08:30	Random Weigh-in	
	09:00 - 20:00	<b>Competition Day 6 (Juniors)</b> Male: -45 Kg, -55 Kg, -59 Kg Female: 42 Kg, -44 Kg, -52 Kg	
	10.00-12.00	Weigh -in for 16/03/2021 Cadet Competitors Male: -33, -37, -41, -45, -49, -53, -57, -61, -65, +65. Female: -29, -33, -37, -41, -44, -47, -51, -55, -59, +59	
March 16, 2021	08:00 - 08:30	Random Weigh-in	
	09:00 - 20:00	<b>Competition Day 7 (Cadets)</b> Male: -33, -37, -41, -45, -49, -53, -57, -61, -65, +65. Female: -29, -33, -37, -41, -44, -47, -51, -55, -59, +59	