



European Qualification Tournament  
for the Paralympic Games  
Tokyo 2020

09 May 2021  
Sofia | Bulgaria



# WARNING

## Entry Requirements:

- Foreigners who meet the conditions for entry into Bulgaria as per the Law on Foreigners **MUST present a negative PCR test** for SARS-COV-2 virus not older than 72 hours until arrival at the border crossing point of Bulgaria.
- Currently, when entering Bulgaria, no quarantine or self-isolation measures are required if a negative PCR Test is presented, while upon entering Bulgaria, all persons are obliged to follow the instructions and respect all orders of the competent epidemiological and health authorities (social distance, protective masks, hand disinfection, etc.).
- Non EU citizens please see page 13
- More information can be found at:  
<https://www.tourism.government.bg/en/kategorii/covid-19>  
<https://www.mfa.bg/en/>

## Fines for Non-Compliance:

- All participants may be fined for not wearing or improperly wearing a mask in public indoor spaces or outdoors.
- Businesses may also be fined for improper social distancing, poor disinfection, or non-observance of reduced working hours.



**ATTENTION**

## Event Format:

The European Qualification Tournament for the Paralympic Games Tokyo 2020 will take place with a bio-secure bubble format. All participants (athletes, coaches, trainers, officials, referees, staff, etc.) will be tested with a Rapid Test Ag at the “entrance of the bio-secure bubble” and will be allowed to enter the event premises if the result is negative.

**IMPORTANT:** Participants are NOT allowed to exit or leave the event premises until they complete their play or duties and they depart. Participants that exit or leave the quarantined premises before their departure will be automatically disqualified; them and their team in total. NO EXCEPTIONS APPLY (In case of injury and/or need of hospitalization the COVID coordinator and the MD in charge will permit the athlete and/or an escort to exit).

**⚠️ PLEASE FIND EVENT HEALTH PROTOCOL SENT ALONG WITH THIS OUTLINE ⚠️**

# COVID-19

## PROMOTER

Taekwondo Europe

✉ [info@worldtaekwondoeurope.org](mailto:info@worldtaekwondoeurope.org)

## SANCTIONED BY

World Taekwondo

10th Floor, Booyoung Taepyung Building

55, Sejong-daero, Jung-gu, Seoul

Republic of Korea 04513

## GLOBAL RANKING

G-1

## ORGANIZER

Taekwondo Bulgaria

Blvrd Vasil for Levski Pat 75 1000

Sofia, Bulgaria

☎ +359 2 421 9865

[office@taekwondo-bulgaria.org](mailto:office@taekwondo-bulgaria.org)

<http://taekwondo-bulgaria.org/>

## VENUE

**Grand Hotel Millennium Sofia**

89B Vitosha boulevard, Sofia, Bulgaria

[www.ghms.bg](http://www.ghms.bg)

+359 2 445 67 89

## MEDICAL PERSONNEL AND Designated Hospital

OMD (Official Medical Director) Galya Chenalova, MD

MOM (Medical Operation Manager) Lyubomir Petrov, MD

Head of Paramedic (Ambulance) Team : In rotation, Supervisor on Duty

COVID manager(coordinator) Stanislav Dormishev (City Medico Group)

Designated Hospital:

- St. Anna University Medical Center, address: ul. "Dimitar Mollov" 1;
- Acibadem City Clinic Tokuda Hospital, address: blvd. "Nikola Y. Vaptsarov" 51



## REGISTRATION & ACCREDITATION

08 May: 10:00 – 13:00 hrs and 14:00 – 18:00 hrs

**Location:** Grand Hotel Millennium Sofia

**ATTENTION**

⚠️ **You need to BOOK an APPOINTMENT for Registration & Accreditation**

⚠️ **To BOOK your appointment please follow the link below:**

**<https://forms.gle/YNMxRpvgyd3H42o8>**

## COMPETITION DATES & SCHEDULE

**09 May 2021**

All divisions and All categories

## CLASSIFICATION, WEIGH-IN DATES, SCHEDULE & LOCATION

**Classification:**

08 May 2021, 10:00 – 13:00 hrs and 14:00 – 19:00 hrs

**Weigh-in:**

08 May 2021, 11:00 – 13:00 hrs and 17:00 – 19:00 hrs

**Location:** Grand Hotel Millennium Sofia

**ATTENTION**

⚠️ **You need to BOOK an APPOINTMENT for your team to pass the weigh-in**

⚠️ **To BOOK your appointment please follow the link below:**

**<https://forms.gle/gpdZSNduHCmPg35q7>**

## RANDOM WEIGH-IN

Random weigh in will start at **08:00 hrs.**

The names of the athletes selected for the Random Weigh-in will be published at **07:00hrs** on the competition day on the following (social) media platforms:

[www.worldtaekwondo-europe.com](http://www.worldtaekwondo-europe.com)

[www.facebook.com/tkdeurope](https://www.facebook.com/tkdeurope)



**ATTN: Due to COVID-19 restrictions only selected athletes can be present at the weigh-in areas**

## DRAW SHEETS & BRACKET PUBLICATION

The draw sheets and brackets will be daily published, one (1) day before the start of competition at 21:30 hrs on the following (social) media platforms:

[www.worldtaekwondo-europe.com](http://www.worldtaekwondo-europe.com)

[www.facebook.com/tkdeurope](https://www.facebook.com/tkdeurope)

[www.facebook.com/WorldParaTaekwondo](https://www.facebook.com/WorldParaTaekwondo)

Athletes will be seeded in accordance with the WT World Para Taekwondo Competition Rules as of May 14, 2019.

## HEAD OF TEAM MEETING

The Head of Team meeting at the European Qualification Tournament for the Paralympic Games Tokyo 2020 will take place at 20:00 at Grand Hotel Millennium Sofia. All information will be published also on the following (social) media platforms:

[www.worldtaekwondo-europe.com](http://www.worldtaekwondo-europe.com)

[www.facebook.com/tkdeurope](https://www.facebook.com/tkdeurope)

[www.facebook.com/WorldParaTaekwondo](https://www.facebook.com/WorldParaTaekwondo)

**⚠️ ALL HEALTH PROTOCOLS AGAINST COVID-19 MUST BE FOLLOWED ⚠️**

## COMPETITION RULES

### KYORUGI

The WT Para Taekwondo Competition Rules as of May 14, 2019 will be implemented for the Para Taekwondo competitions of the K40 Sport Classes.

Please note that Article 10.5 of the WT Para Taekwondo Competition Rules will be in effect. Athletes that fail weigh-in shall be disqualified. All athletes are required to be registered in the correct weight division by the end of registration deadline. Weight division will not be changed in the case the athlete does not pass weigh in!

## COMPETITION SYSTEM KYORUGI

### KYORUGI

The competitions in the K44/K43 Sport will be held in single elimination tournament system.

## CONTEST TIME

The duration of contest shall be three (3) rounds of two (2) minutes each with a one (1) minute rest period between rounds. In the case of a tied score after the completion of



the third (3rd) round, a fourth (4th) round of two (2) minutes will be conducted as the Golden Point round, after a one (1) minute rest period following the third (3rd) round.

The duration of contest may be adjusted to one (1) minute x 3 rounds, one (1) minute 30 seconds x three (3) rounds with a 30 second to one (1) minute break between rounds upon the decision of the Technical Delegate for the pertinent Championships.

The WT Technical Delegate has the authority to adjust the contest time as he sees fit.

## GENERAL ELIGIBILITY REQUIREMENTS

According to WT Standing Procedures for the Paralympic Games Article 11 will be in effect for the European Para Taekwondo Qualification Tournament for Tokyo 2020 Paralympic Games.:

Article 11.9.6 An MNA, other than the host country, may participate in Continental Qualification tournament as long as:

11. 9.6.1 The athletes' gender and weight categories in the Continental Qualification tournament are not those for which the NPC already obtained a qualification slot through World Ranking;

11.9.6.2 The number of athletes qualified through World Ranking of the pertinent NPC does not exceed the minimum quota of two (2) men and two (2) women places respectively.

Any country entering the Qualification Tournament must have an IPC recognized NPC.

## ELIGIBILITY REQUIREMENTS

1. Holder of a valid 2021 WT Global Athlete License;
2. Member of the national team of a pertinent Member National Association, recognized by Taekwondo Europe or World Taekwondo;
3. Holder the nationality of the pertinent Member National Association.
4. Holder of a Para Taekwondo Dan issued by the WT or a MNA recognized 5-1 Geup
5. Athlete must go through International Classification in accordance with the WT Athlete Classification Rules and be assigned a Sport Class and Sport Class Status prior to the tournament.

**Athletes found Not Eligible (NE) will not be able to compete.**

6. An athlete in order to be eligible for participation must be born in 2004 or before for Kyorugi events. All competitors must prove their age by presenting their passport or identification card at the official weigh-in. For those athletes that are not adults, a written consent must be submitted (please find enclosed on the last pages) at the registration, signed by one of the parents or legal guardians, accepting their participation and all parts of the official invitation.



## COACH ELIGIBILITY REQUIREMENTS

1. Minimum age of 18 years;
2. Holder of a valid 2021 WT Global Official License;
3. **WT Para Coach Certificate Level I or above is required**
4. Coach is not allowed wearing Dobok.

## MEDICAL STAFF ELIGIBILITY REQUIREMENTS

1. Minimum age of 18 years;
2. Holder of a valid 2021 WT Global Official License.

## MEDAL EVENTS

The following medal events are applicable:

### Kyorugi K44/K43 Sport Classes

The Para Taekwondo Kyorugi K40 Sport Classes (K43 & K44) are for athletes with a physical impairment.

SPORT CLASSES	
K43	
K44	
MALE EVENTS	FEMALE EVENTS
UNDER 61 kg	UNDER 49 kg
UNDER 75 kg	UNDER 58 kg
OVER 75 kg	OVER 58 kg

## SPORT ENTRIES

Team entries will only be accepted through the WT GMS online registration system  
Simply Compete: **MNA Admins can only register athletes for this event.**

Registration of athletes is only possible with a valid 2021 WT Global Licence (GAL issued by assigned GMS club, region and MNA Administrators only). Please find below the direct link to the WT GMS platform:

<https://worldtkd.simplycompete.com/>





The number of Team Officials are limited as follows :

POSITION	MAX No of MEMBERS MALE TEAM	MAX No of MEMBERS FEMALE TEAM
HEAD OF TEAM	1	
MANAGER	1	1
COACH	2	2
TRAINER	1	1
TEAM MEDICAL STAFF	2	2
ATHLETE ASSISTANT	1/5 athletes	1/5 athletes

*\*All officials are required to hold a valid Global Official Licence (including athlete assistants). In case of exceeding this number, €50 euros will be charged per person before issuance of the accreditation card. Note that athlete assistants are optional to the National Team*

## REGISTRATION DEADLINE

**28 APRIL 2021, 23:59 CET**

This deadline is applicable for all sport entries, payments and admitting all required documents.

## APPLICABLE FEES

### **Regular entry fee**

100 euro per registered individual athlete with confirmed and paid booking in one of the official hotels provided by and booked via the Organizing Committee

### **On-site Change of medal event (weight division)**

!!! NO CHANGES ARE ALLOWED AFTER DEADLINE !!!

### **Additional Accreditation cards**

50 euro for each on-site approved additional requested Accreditation card or additional officials' accreditation cards on the top of the above-mentioned quotas.

### **Replacement of Accreditation cards**

25 euro for each replacement and reprinting request of accreditation cards.

## PAYMENT ENTRY

All entry fees shall be paid in advance to the Organizing Committee. Cash payments will **not** be accepted. All bank transfer shall be paid to the following bank account:

**Beneficiary:** World Taekwondo Europe  
**Name of the bank:** Sparkasse ALK





**IBAN:** DE32462516300000063271  
**BIC/SWIFT:** WELADED1ALK  
**Bank address:** Kölner Str. 10  
57439 Attendorn GERMANY

***Payment reference***

EQTPARA plus TEAM NAME

***Example***

EQTPARA National Team Italy

## PROOF OF PAYMENT REQUIREMENT

All teams are required to send proof of payment (copy of bank transfer) to [info@worldtaekwondo-europe.org](mailto:info@worldtaekwondo-europe.org) within one (1) week after registration in Simply Compete or submit it at the registration appointment booking platform. Taekwondo Europe has the right to delete sport entries from teams that do not send proof of payment from the system in order for other athletes to register and to prevent 'ghost athletes'.

Any athlete registering on-line who does not take part in the competition and who has not been removed from the entry list before the deadline (28<sup>th</sup> April 2021), is liable for paying his/her entry-fee in full. (For any athlete not presenting at registration, his/her team or official will be liable for ensuring full payment has been received, prior to the team's participation). If a team does not show up at the event and has not requested a participation cancellation before the deadline, it will be requested to settle the payment of the entry fees in full (100%).

## NO REFUND

Taekwondo Europe and/or the Organizing Committee does not refund entry fees paid.

## ACCREDITATION CARD DISTRIBUTION

Registered teams only receive the athlete and official's accreditation cards if all financial obligations have been fulfilled. For all registered athletes, the entry fee has to be paid before the accreditation cards will be distributed to the respective team. Accreditation cards are personal and cannot be transferred. Misuse may be sanctioned.



## SPORT EQUIPMENT

### ***PSS – system***

Daedo International Generation 2, headgear with face protector are provided by the OC.

### ***Mats***

WT recognized mats will be used at the event.

### ***Dobok and protective equipment***

Athletes can only use WT recognized products while participating at the event. See a list of recognized products at: <http://www.worldtaekwondo.org/wtpartners-wt/recognize.html>

## FIELD OF PLAY REGULATIONS

By accepting a Taekwondo Europe accreditation card, all accredited persons agree to comply with the Field of Play regulations applicable at Taekwondo Europe events.

## AWARDS

### ***Individual awards***

1<sup>st</sup> place – gold medal and certificate

2<sup>nd</sup> place – silver medal and certificate

3<sup>rd</sup> place – bronze medal and certificate

3<sup>rd</sup> place – bronze medal and certificate

## QUALIFICATION DETAILS FOR THE PARALYMPIC GAMES

The European Qualification tournament will qualify the number one (1) athlete in each medal event for the Paralympic Games Tokyo 2021.

## INTERNATIONAL CLASSIFICATION

### ***Kyorugi (K40)***

International Classification of all Kyorugi (K40 Sport Classes) athletes will take place on 08 May, 2021. A schedule for International Classification for all teams and athletes will be communicated to all teams following the close of registration on April 28th, 2021. All teams should prepare their travel for their athletes to be available for International Classification on 08 May, 2021.



The details on each sport class can be found in the WT Athlete Classification Rules on the WT website.

## **Medical Diagnostics Form through World Taekwondo Classification System (WTCS)**

Following IPC Guidelines on data protection concerning athletes and personal classification information, World Taekwondo has in connection with IPC created the World Taekwondo Classification System (WTCS). World Taekwondo Classification System (WTCS) is the new WT online registration tool for MNAs to register their new athletes and add Medical Diagnostic Forms (MDF) and pictures to be seen by the WT Classification Evaluation Committee in order to determine if the new athlete is eligible for Para Taekwondo and meets Minimum Impairment Criteria (MIC). All athletes in the WTCS will require a WT License Number (GAL).

In order to activate Member National Association user account information for the World Para Taekwondo Classification System (WTCS) please click on WTCS Account Request Form on the following link: <https://db.ipc-services.org/wtcs/app/login>. Fill out the and submit the MNA Account Request form to the Para Taekwondo Department at [para-tkd@worldtaekwondo.org](mailto:para-tkd@worldtaekwondo.org). Username and password will then be sent to the communicated email address.

*WTCS Account Policy – Each Member Federation must internally designate exactly one (1) primary user responsible for WTCS Account.*

## **Research**

WT will conduct research in para taekwondo kyorugi competition performance factors. Injury surveillance research as well as research into athlete classification will also be conducted during the European Qualification Tournament for the Paralympic Games 2020.

If you have any questions or concerns related to this research please contact the WTE Office at [info@worldtaekwondo-europe.org](mailto:info@worldtaekwondo-europe.org) or the WT Para Taekwondo Department at [para-tkd@worldtaekwondo.org](mailto:para-tkd@worldtaekwondo.org).

## **MEDICAL AND ANTI-DOPING**

### ***Applicable medical rules***

The WT Medical Code, WT mouthguard, bracing, taping, padding and piercing rules are applicable, which all MNA participating this event must comply.

### ***Applicable doping rules***

The WT Anti-Doping Rules and the WADA Anti-Doping Code are applicable. Compulsory random doping tests will be conducted among all athletes. World



Taekwondo and/or WADA may carry out random out-of-competition testing prior to the event.

### ***Therapeutic Use Exemption***

Athletes who take any substance or medicine listed in the “Prohibited List” of the WT Anti-Doping Rules and WADA Anti-Doping Code for therapeutic purposes are requested to submit TUE applications via ADAMS, together with the required medical information. Otherwise, please download the TUE Application Form (found on <https://ita.sport/TUE>), and once duly completed and signed, send it together with the required medical file to [tue@ita.sport](mailto:tue@ita.sport). Report TUE applications also to the WT Sport Department via [antidoping@worldtaekwondo.org](mailto:antidoping@worldtaekwondo.org) by no later than 7 April 2021.

### ***ADAMS login***

For ADAMS login, please contact National Anti-Doping Organization (NADO) in your country or [tue@ita.sport](mailto:tue@ita.sport) with copy to [antidoping@worldtaekwondo.org](mailto:antidoping@worldtaekwondo.org)

### ***For more details, please visit***

<http://www.wada-ama.org/en/ADAMS/>

[http://www.worldtaekwondo.org/anti\\_doping-wt/therapeutic.html](http://www.worldtaekwondo.org/anti_doping-wt/therapeutic.html)

## **MEDIA AND PRESS**

### ***Media accreditation***

Registered media and press officials or official photographers are entitled to receive a media and press accreditation card. For more information please contact the Taekwondo Europe Media department at [info@worldtaekwondoeurope.org](mailto:info@worldtaekwondoeurope.org).

### ***Photo positions***

All accredited photographers are only allowed to use the designated photo positions while working in the Field of Play. By accepting a media and press accreditation, the accredited person agrees to follow at all times the instructions of the Taekwondo Europe Media and Press officer.

## **ACCOMMODATION**

### ***Hotel accommodation***

As the format of the event will be a bio-secured bubble, all accredited national teams participating at the event shall mandatorily book their hotel accommodation via the Organizing Committee. Any athletes or team members that do not comply with this regulation will NOT be able to participate at the event.

### ***Transportation***



The Organizing Committee shall provide transportation between the airport and hotel and vice-versa for those teams that have booked their hotel via the Organizing Committee.

***PLEASE REFER TO THE ACCOMMODATION & TRANSPORTATION FORMS/GUIDE  
(released in due time)***

## HASHTAGS & SOCIAL MEDIA

### ***Hashtags***

Taekwondo Europe uses the following hash tags:

#taekwondoeurope

#taekwondofamily

#tkdEQTPara2021

### ***Social media platforms***

*Taekwondo Europe* and the *Organizing Committee* are present at the following social media platforms:

Facebook: @tkdeurope

Instagram: @tkdeurope

Twitter: @tkdeurope

YouTube Channel: Taekwondo Europe

## INDEMNITIES

It is the responsibility of each registering team to ensure that their athletes and team officials have filled out the indemnification forms correctly and have duly signed them, thereby indemnifying WT, WTE, the Organizing Committee and all other officials and athletes from any claims of injuries, losses or otherwise arising in the course of participation at the European Qualification Tournament for the Paralympic Games 2020 or any activities linked therewith.

It is the responsibility of each registered team to ensure and guarantee that sufficient insurance coverage has been arranged for all athletes, team officials and other participants. Without sufficient insurance coverage, teams will not be allowed to compete.

Please fill out the Personal Indemnity Forms and return them to the Organization Committee before 28<sup>th</sup> April 2021. Each participant (athletes, team officials, etc.) has to fill out the indemnification form.

## MEDICAL INSURANCE

All participating athletes, coaches, team officials, technical officials and participants at WTE events shall have mandatorily an international medical insurance that covers



medical care(COVID-19 included) and in case of emergency, repatriation to the country of origin, valid on the days present in the host country of the event. WTE nor the Organizing Committee shall be responsible to cover any medical costs incurred for medical treatment before, on or during the competition or repatriation in the broadest sense of the word.

All relevant documents proving that such an insurance is present, including insurance policy papers, should be taken to the event in case a medical situation occurs.

Each MNA, Team doctor or team medical staff must ensure their athletes and team officials have valid international health insurance that covers medical and emergency care at the designated hospitals in Bulgaria before arrival to the venue.

## COVID-19 TESTING

In case a team representative or official needs to be COVID tested at any time during the competition or before departure, the OC could arrange the tests within 72 hours' notice. The result of the test will be issued 24 hours after testing. The relevant Testing Form has to be filled in and sent to the email address available on the form.

## NON EU CITIZENS ENTRY REQUIREMENTS

Due to Bulgarian Government decision all participants at sport event need permission from the Bulgarian Ministry of Youth and Sport to enter in the country. The decision does not apply to the countries members of European Union, Schengen agreement and the following countries: San Marino, Principality of Andorra, Principality of Monaco, Vatican City, The United Kingdom of Great Britain and Northern Ireland, Georgia, Republic of Albania, Ukraine, Republic of North Macedonia, Republic of Serbia, Kosovo, Bosnia and Herzegovina, Montenegro, Republic of Moldova, Israel, Republic of Belarus and Republic of Turkey.

Representatives from other countries not listed above, need to contact: [office@taekwondo-bulgaria.org](mailto:office@taekwondo-bulgaria.org) in order to start the process for permission issuance.

The procedure takes 5-7 working days



# random competition TIMETABLEmeeting finals weigh-in ceremony medals taekwondo

(Subject to change)

## 8 May

10:00 – 13:00	Registration and Accreditation (upon appointment)
10:00 – 13:00	Classification Para-Taekwondo( upon appointment)
11:00 – 13:00	Weigh-in Para-Taekwondo K43&K44( upon appointment)
14:00 – 18:00	Registration and Accreditation( upon appointment)
17:00 – 19:00	Weigh-in Para-Taekwondo K43&K44( upon appointment)
14:00 – 19:00	Classification Para-Taekwondo( upon appointment)
20:00 – 21:00	Head of Team Meeting and Draws ParaTaekwondo

## 9 May

08:00	Random Weigh-in K43&K44
09:00 – 13:00	Session 1: Para-Taekwondo K43&K44
15:00 – 17:00	Session 2: Para-Taekwondo K43&K44
17:30 – 19:00	Finals
19:00 – 20:00	Awarding Ceremony





## Visa Request Information Sheet

[illegible]

Date :

Signature and Stamp:

**ATTENTION:**

Please complete and stamp the attached *Visa Request Sheet* and send with a copy of each delegation member's passports to the Organizing Committee no later than April 1, 2021. The email subject should be Organizing Committee - *Visa Application*. The full name and address and contact number (Phone, **FAX and EMAIL**) of your embassy must be provided in this email.

E-mail: [office@taekwondo-bulgaria.org](mailto:office@taekwondo-bulgaria.org)



## PERSONAL INDEMNIFICATION FORM

THIS INDEMNIFICATION, HOLD HARMLESS, RELEASE AND CONSENT NOT TO SUE executed this on: \_\_\_\_\_ (insert date of signing).

I, the undersigned, certify that I will indemnify, hold harmless and release the World Taekwondo Europe, World Taekwondo and the Organizing Committee, its executive board members, directors, officers, members, employees, consultants, agents, attorneys, contractors (including without limitation sponsors, suppliers, licensees and other representatives (each, an "Indemnatee" and, collectively, "Indemnitees"), from and against any and all damages, injuries, penalties, fines, claims, suits, liabilities, costs, attorneys' fees court costs and expenses of every kind and nature suffered by or asserted against the Indemnatee as a direct or indirect result of participating in the European Qualification Tournament for the Paralympic Games Tokyo 2020 in the broadest sense of the word.

By signing and submitting the form below, I accept and agree to the terms and covenants contained in this Indemnification, hold harmless, release and consent not to sue.

I verify that by signing and submitting this form, that I have read and agree to all of the terms and conditions provided above.

**Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Signature:**

In case the person involved is a minor, the legal guardian has to sign:

**Name:** \_\_\_\_\_

**Relation towards the**

**minor** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Signature:**

Please send this form to: [office@taekwondo-bulgaria.org](mailto:office@taekwondo-bulgaria.org)



**LIABILITY DECLARATION**  
(only for under aged athletes)

My name:

I live in:

I am the parent/guardian of:

Date of birth (competitor): \_\_\_\_/\_\_\_\_/\_\_\_\_

I declare that I accept the participation of \_\_\_\_\_ at the European Qualification Tournament for the Paralympic Games Tokyo 2020 and that I accept all parts of the official invitation of this tournament.

For physical reasons nothing speaks against a participation of the aforementioned athlete and I understand that all competitors are considered to participate at their own risk, especially risks of COVID19 infection and COVID19 related complications in the midst of current COVID pandemic. World Taekwondo Europe, World Taekwondo and the Organizing Committee assume no responsibility for any damages, injuries or losses. All athletes must bring their own documents and the forms or any medical insurance in Bulgaria.

Place: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of the parents/legal guardian:

Please send this form to: [office@taekwondo-bulgaria.org](mailto:office@taekwondo-bulgaria.org)



# Commitment Form

The following is a list of guidelines that you are requested to strictly adhere to, because we must ensure your safety for a successful competition and a safe return home and because the approval for this event has been granted by a special permission by the Government.

**Please check each checkbox and submit it to the LOC with your signature at**

 [office@taekwondo-bulgaria.org](mailto:office@taekwondo-bulgaria.org)

**You will not be able to participate in the competition in case you fail to follow these guidelines. Your cooperation is highly appreciated, not only to protect yourselves but also for the health of your friends and the people around you.**

## **PREVENTIVE MEASURES FOR COVID-19**

- Negative PCR test before arrival is mandatory. ☐
- Negative Rapid Ag Test before entering the “bio-secure bubble” is mandatory. ☐
- Wear a face mask covering both mouth & nose except during competition and training. ☐
- Maintain social distancing of at least 1.5 m with others except for unavoidable situations. ☐
- Sanitize your hands and fingers where disinfectant is available. ☐
- On the bus, each person must occupy seats that way to keep enough social distancing. ☐
- Use of the locker/shower rooms is not allowed. ☐
- Before entering the venue, your body temperature needs to be checked. ☐

## **ACTIVITY RESTRICTION**

- You must stay within your rooms in the hotel except for training, competition, and meals. ☐
- Access to the competition hall is granted only to athletes & coaches on their fighting day. ☐
- Access to spectators and guests is prohibited. ☐
- Access to grandstands is prohibited ☐

## **EVENT**

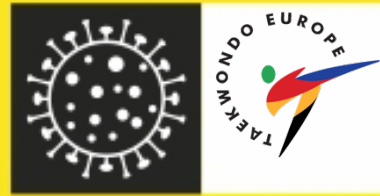
- In case the LOC asks you for your cooperation outside of the competition, please cooperate with them to make the event better. ☐
- During the event, please follow the instruction of the staff and help keep the competition running smoothly. ☐

Team Name : \_\_\_\_\_

Print your name:      Signature:



Coronavirus  
**COVID-19**



**TAEKWONDO  
EUROPE  
EVENT  
HEALTH  
PROTOCOL**

## INTRODUCTION

The purpose of this Code of Conduct during COVID-19 to prevent the spread of coronavirus (hereinafter “the Code”) is to provide the organizing team and all participants with an overview of health and safety aspects, and the requirements for organizing this Taekwondo Europe event held indoors in the situation of pandemic threat of COVID-19 disease.

The organizer of the competition acts in accordance with local laws and regulations, as well as follows the recommendations of government public health services to reduce the risk to a minimum. Continuous risk assessments, and monitoring of the situation and its changes at the national, and especially at the local level, will ensure valid compliance with the recommended and mandatory health and safety regulations and measures.

The organizer of the competition has taken a clear position and has a policy of personal responsibility. This position takes into account the legal aspects related to the organization of the competition during the pandemic and is made public to athletes, representatives and professional accompaniment of competitors and all those involved in the organization.

The document was prepared according to the instructions and harmonized with the local and national prescribed measures for public gatherings.

## Scope

The document applies to all participants in the competition and all those who in any way participate in organization and implementation and defines instructions on how to comply with the recommended requirements that the organizer of the competition takes into account in order to protect the personal and public health of all participants:

- athletes
- professional teams accompanied by athletes: coaches, managers, physiotherapists, etc.
- Implementing and organizing committee / professional officials / competition officials
- volunteers and staff (sponsors and partners, OVR, hall insurance and support services)
- members of the medical service and anti-doping control
- media representatives and broadcasters

## Roles and RULES

In order to avoid or reduce interactions between persons, the number of those who can attend the event is limited to only those necessary for the operations of the hall, the event and the competition itself.

After the organizer of the competition has established the epidemiological situation, a person has been appointed who is responsible at the event for risk assessment and for the implementation of epidemiological measures that reduce the possibility of infection transmission. This person (COVID-Coordinator) has the role of the central coordinator and the person responsible for communication among the participants in the



organization of the competition, ie the organizing committee, the hall managers, the relevant public health institutions and sports teams.

All associates are required to adhere to measures and recommendations to prevent the transmission of coronavirus infection.

**Wearing a protective mask in such a way that it covers both the mouth and the nose is mandatory for all regardless of their place of action.** Masks are worn in the official hotel of the competition, during the use of the transport service and during the stay in the hall, all the time and without exception, except in the case of competitors, during the competition (during fights).

It is strongly recommended to prepare and wear any types of eye protection such as sports goggle, eye protector or faceshield in a crowded indoor or closed space setting (especially busy areas in the venue or hotel or transportation shuttle) to decrease possible COVID infection through eyes, except in the case of competitors during the competition.

If there is a need to replace gloves or a protective mask, used gloves and masks are thrown in specially designed baskets. Associates operating in the hall are obliged to adhere to the specified corridors of movement, and ALL COMPETITORS and COACHES must leave the hall IMMEDIATELY after the fight.

The organizer will keep a register that includes contacts of competitors and members of their entourage, officials and professionals, which will facilitate the identification and monitoring of further contacts of potentially infected persons. The keeping of the register will be in accordance with local legislation and regulations, and in accordance with the protection of personal data. By accepting the work, volunteering or registering, all participants undertake to give a statement and accept the conditions prescribed by the organizer.

This rulebook is designed for and binds all participants in the organization who accept the stated instructions by taking over the official accreditation.

## **Participants/implementation/audience**

In order to facilitate the use of this document, the organizer divided all participants in the organization into groups related to movement within the competition zone (hall) and participants outside the competition zone.

### **A. Competition zone (hall)**

- Competitors / participants
- Referees / delegates / organizers / technical service
- Medical procedures / Warming places
- TV broadcast of the competition
- Anti-doping control
- Volunteers

B. Other participants in the organization who are outside the competition zone of movement (in front of the hall and hotel space)





- Employees
- Transport service / official drivers
- Physiotherapists / masseurs / medical service
- Media representatives
- Security service
- Logistics / goods acceptance / accreditation service
- Serving food
- Official accommodation

## A. COMPETITION ZONE (HALL)



**It is mandatory to wear masks, disinfect your hands and have your body temperature checked before entering the Competition Hall**

### Competitors / participants

COVID TEST! Due to the current situation in Europe, and in order to protect all our participants and the safe implementation of the competition, the following will apply in addition to the negative PCR test required to enter Bulgaria.

In addition, as a **bio-secured bubble format** will apply at this event all participants (athletes, coaches, trainers, officials, referees, staff, etc.) will be tested with a Rapid Ag Test at the entrance of the “Bio-secure bubble” and will be allowed to enter the event premises only if the result is negative. Participants that are tested positive will not be allowed access and in this case Local Authorities’ health protocols will be followed.

**IMPORTANT:** Participants are NOT allowed to exit or leave the event premises until they complete their play or duties and they depart. Participants that exit or leave the quarantined premises before their departure will be automatically disqualified; them and their team in total. NO EXCEPTIONS APPLY. *(In case of injury and/or need of hospitalization the COVID coordinator and the MD in charge will permit the athlete and/or an escort to exit).*

**Wearing a protective mask is mandatory at all times**, except in the following situations:

- During a meal at the hotel, during the warm-up and during the fights.

## Weigh-In

Each team will have to book a weighing appointment to avoid unnecessary gatherings. Follow the link mentioned in the outline to book your appointments.

All participants who attend the official weigh-in are required to disinfect their hands and wear a protective mask before entering the room.  
Referees should wear protective gloves along with the protective mask.

## Accreditation

Accreditation and registration will take place on scheduled appointments basis!  
Follow the link mentioned in the outline to book your appointments.

## Hall

Access to the competition hall/area is allowed only on the day of the athlete's fight. Competitors will stay during the competition in their rooms or the designated waiting area. When the category of each individual competitor starts, the competitors go to the warm-up area accompanied by the coach (before entering, their temperature is measured), which they can enter 15 minutes before their fight. After warming up, the competitor and the coach enter the disinfection area where they get electronic equipment and go through the disinfection zone.

It will not be possible to use locker rooms, lockers and showers in the hall. Only the use of sanitary facilities will be allowed. It is necessary to have an identification document in the hall for the purposes of conducting doping control.

**No close contact is allowed in the hall after the competition, and this refers to shaking hands, hugging or kissing for the purpose of celebrating the results of the performance.**

At the medal ceremony the athletes and medal presenters are required to use masks and the medal presenters also gloves. The ceremony will take place without a handshake, and the person presenting the awards must also wear gloves.

Athletes' statements after the competition will take place at a distance from the journalist in charge, and other members of the media will follow the statement live.

## Referees / delegates / organizers / technical service

Participants in this sector are considered to be all those who are within the competitive movement zone. Referees, delegates, organizers as well as the technical service should also have their movement in the hall restricted, avoid approaching competitors wherever possible, and have a chosen place to stand and sit.

The tatami mat should be wiped and sprayed with disinfectant on a regular basis. Equipment (helmet and body protector) should also be sprayed with disinfectant after the fight.



Persons in charge of collecting, transporting and returning the equipment should clean their hands with disinfectant or use disposable gloves and throw them away after handling the equipment.

Centre referees must wear protective gloves along with the protective mask.

### **Medical procedures / Warming places**

Every person must be considered potentially contagious; therefore, athletes and medical staff are required to wear protective equipment at all times. A handwashing and disinfection protocol will be implemented upon entering and exiting these rooms and between each intervention by the medical staff.

### **TV broadcast of the competition**

Each member of the transmission team should be subject to an individual risk assessment of infection, and those at increased risk should obtain a medical permit after passing one of the protocols.

Part of the transmission implementers working in the hall should remain on their workstations for as long as previously defined. They should avoid unnecessary conversation, adhere to measures of physical distancing.

During the stay in all zones under the authority of the organizer, it is mandatory to wear a mask. The national host of the broadcast is obliged to submit to the organizer the schedule of movements of all participants in the television broadcast.

### **Volunteers**

Volunteers are required to adhere to measures to prevent the spread of infection at all locations where they are deployed. It is mandatory to wear a protective mask that covers the mouth and nose and frequent hand disinfection, as well as eye protection such as sports goggle or faceshield. Used gloves and masks should only be stored in specially designed containers. Disinfection of tatami mats and equipment is done in a way that does not disturb the athletes and does not come in their immediate vicinity. It is necessary to take care not to enter the zone of movement of the athlete.

Asking for autographs or taking photos with athletes is not allowed.

## **B. OTHER PARTICIPANTS IN THE ORGANIZATION WHO ARE OUTSIDE THE COMPETITION ZONE OF MOVEMENT**

### **Employees**

Competition staff were deployed in multiple smaller groups and multiple rooms to reduce the risk of infection transmission. They are obliged to wear protective masks throughout their stay in front of the hall and to disinfect their hands when entering and leaving the room in which they work.



The joint meetings necessary for the implementation of the competition will be held outdoors with the obligatory wearing of protective masks.

Employees of the competition are considered to be all persons who are connected with the organizer through an employment relationship, employment contract, student contract or as volunteers, and reside in front of the hall.

### **Transport service / official drivers**

Accredited persons will be transported from the airport directly to the hotel by car or bus where all passengers and drivers will wear face masks and sit in compliance with the physical distance rule prescribed by the local authority with a recommendation of 1.5 to 2 meters.

For all participants who will be accommodated in one of the official hotels, and away from the venue of the competition, shuttle service will be provided according to a predetermined schedule with predefined names of competitors and other participants.

### **Official buses, cars and vans**

In cars, accredited persons will drive exclusively in the rear (back of the car). Drivers strictly follow the rule of the given distance, constantly wear protective masks, and disinfect and ventilate the vehicle after each ride and accept only one passenger or if there are two people from the same team.

In official vans, accredited persons will be assigned to seats with the prescribed physical distance provided. It is not allowed to fill the entire capacity of the vehicle. Drivers strictly follow the rule of the given distance, constantly wear protective masks, and disinfect and ventilate the vehicle after each ride and receive only the agreed number of passengers.

In buses, accredited persons will be seated with the prescribed physical distance provided. It is not allowed to fill the entire capacity of the vehicle. Drivers strictly follow the rule of the given distance, constantly wear protective masks, and disinfect and ventilate the vehicle after each ride and receive only the agreed number of passengers. Also, it is strongly recommended to wear eye protection gear (goggle or faceshield) during transportation if there is no fresh air ventilation through windows of the transportation vehicle.

### **All participants are advised not to use public transport.**

### **Physiotherapists / masseurs / medical service**

All team members who will perform massage and physiotherapy services are required to present a negative PCR testing not older than 72 hours before the arrival in Bulgaria and get a rapid Ag test in order to enter the bio-secure bubble.



## **Media representatives**

### Media center and press stands

Media representatives are required to wear face masks. The organizer will ensure proper disinfection of the area where the media will be before opening, as well as cleaning and disinfection of the space every few hours. It is mandatory to keep a distance of 2 meters.

The official press conference should be held in the open if possible with a limited number of media representatives. By coming to the official press conference, it is necessary to adhere to all the measures prescribed for the competition.

### Press area

Only journalists, cameramen, members of the organizing committee and medical staff are allowed to enter the press zone.

### Photographers

The number of photographers in the hall will be limited and reduced to a minimum. Photographers should wear masks and must pass an individual risk assessment. Their movement through the hall should follow the same one-way path as other accredited persons.

## **Security service**

Security guards will be deployed in the movement zones. In addition to all other measures, wearing protective masks is mandatory, as well as frequent hand disinfection.

## **Logistics**

Acceptance of goods that are necessary for the organization of the competition will be done in the open space at the front or the back of house. All participants and partners who must deliver their equipment should adhere to the schedule of delivery and collection of goods. It is mandatory to wear a mask, disinfect your hands and keep a distance of 2 m.

## **Serving food**

Food serving services in the hall will be in accordance with the prescribed measures of the competent authorities for this type of activity. All accredited persons and with a license to perform this activity will provide the organizer with information on employees who will work as part of the organization of the competition.

## **Official accommodation**

Official accommodation is mandatory for all participants.

All accredited persons should strictly adhere to the hotel's rules on physical distance and all other measures to prevent the spread of the COVID-19 disease epidemic.

It is mandatory to wear masks, disinfect your hands and measure the temperature when entering the hotels. A special room should be provided in the hotel where meals will be served to the event participants to avoid interaction with other guests in the hotel. The distribution of food will be carried out in accordance with the rules and measures to



prevent the spread of infection. Staying in the restaurant should be short, and removing the protective mask is only allowed during the meal.

Athletes are not recommended to stay and move in the lobby, restaurant and other rooms of the hotel.

### **Audience/Spectators**

Audience/Spectators **will not** be allowed during the competition.

### **VIP**

The protocol service will provide VIP guests with clear instructions on how to behave during the opening ceremony and/or competition. VIP guests must wear face masks and disinfect their hands when entering the hall. They should be seated at preassigned seats.

### **References**

For further information, guidance and regulations, please refer to references as below

1. WT Guidelines and Protocols for Safe Return to Competitions and Training During COVID-19 (\*please note that requirement for COVID testing in the WT guidelines recently changed to “(1) PCR test within 72hours before arrival, (2) Rapid COVID test upon arrival date at the hotel (3) PCR test within 72hours before departure)
2. Athletes, team staff and representatives are strongly encouraged to refer to the document COVID-19: ADO GUIDANCE FORESUMING TESING (published on 6th, May, 2020) on the WADA website: [https://www.wada-ama.org/sites/default/files/resources/files/20200506\\_ado\\_guidance\\_resuming\\_testing\\_en.pdf](https://www.wada-ama.org/sites/default/files/resources/files/20200506_ado_guidance_resuming_testing_en.pdf)
3. Para Taekwondo Competitions: World Taekwondo will follow the International Paralympic Committee (IPC) Classification hygiene and infection control guidelines. In addition, World Taekwondo will implement two meters of physical distance instead of one and half meters. Further, there shall be enough time allocated to sanitize the room before next classification.  
[https://www.paralympic.org/sites/default/files/2020-07/2020\\_06\\_25\\_IPC%20classification%20hygiene%20infection%20control%20guidelines\\_final.pdf](https://www.paralympic.org/sites/default/files/2020-07/2020_06_25_IPC%20classification%20hygiene%20infection%20control%20guidelines_final.pdf)

