



Francisco Raymundo González Pinedo

President



I want to offer a warm welcome on behalf of Mexican Taekwondo to each of you in these Pan American and Para Pan American competitions, as well as Mexico Open.

Last year was very difficult for everyone with this pandemic, where unfortunately it hurt a lot of people and made us value our existence, I raise a prayer to all members of our families for some member who have lost this battle, today there is a glimmer of hope upon returning to the competences and activity of our discipline, so we are prepared to receive them at this event.

Let's not lower our guard in the face of the pandemic, let's continue to take care of ourselves and others attending the health protocols, our families wait for us back home and the illusion of looking for a medal in the next Olympic Games is getting stronger.

Let's live this event in this new normal and enjoy with joy what we many of us are passionate about our Taekwondo.

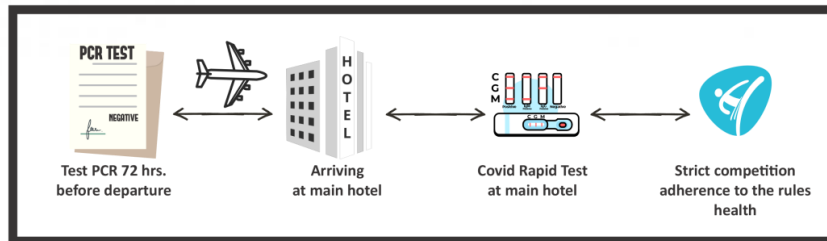
Blessings to you and your families, God with us.



Protocol for the development and participation in the Mexico Open Taekwondo Championships (Ranking WT G1), in the framework of the pandemic caused by SARS-CoV2 (COVID-19)



Conditions to participate in the México Open 2021



Wearing a protective mask is mandatory at all times, except in the following situations:
During a meal at the hotel.





GUIDELINES FOR ACCREDITATIONS

The Mexican Taekwondo Federation acts in accordance with local laws and regulations, following the recommendations of government public health services to reduce the risk to a minimum. Maintaining continuous risk assessments, and monitoring of the situation and its changes at the national, and especially at the local level, this will ensure valid compliance with the recommended and mandatory health and safety regulations and measures.

Due to covid-19 pandemic restrictions and overall safety, each team member have to stay at official hotel and book their rooms via Organizing Committee.

To minimize the risks of Covid-19, baloon system will be implemented at Mexico Open Taekwondo Championships which all participants and officials will be isolated from public at the hotel. Nobody can go out or come inside without Covid Test.

Accreditations for Mexico Open Taekwondo Championships will be under 3 steps stated below:

Step 1: All participants are required to submit a negative PCR test. The sample for the test must have been taken within 72 hours prior to the passenger's scheduled departure from the country of origin to host city of the Mexico Open Taekwondo Championships. Please send your PCR test digital results: pcrtest@panam-mexopen2021.com

Step 2: Covid-19 Rapid Test will be applied to each member of Teams right upon arrival in hotel. Only to members with negative test result will be allowed to stay in hotel and get accreditation.

For any reason you leave the hotel, you have to be tested to get in after the negative test result.

Step 3: After test results, registration to hotel in accommodation desk will be made by representative of the team only.

Step 4: After accommodation desk, team representative will make reservation for accreditation. Only team representative will be allowed to enter in accreditation room.

For international flights, some passengers may have to submit PCR test. If you wish, you can have your Team tested in hotel. For those who would like PCR test should inform OC at accreditation of the team at the hotel.



The document was prepared according to the instructions and harmonized with the local and national prescribed measures for public gatherings.

If any person has the symptoms of SARS-CoV 2, they will be provided with the assistance regulated by the National Health Organization.

This rulebook is designed for and binds all participants in the organization who accept the stated instructions by taking over the official accreditation.

Audience. **Audiences will not be possible during the competition.**

A. COMPETITION ZONE (HALL)

It is mandatory to wear masks, disinfect your hands and have your body temperature checked before entering the Competition Hall

Competitors / participants

COVID TEST! Due to the current situation in America, and in order to protect all our participants and the safe implementation of the competition, we ask ALL to have a negative PCR test upon arrival not older than 72hrs.

In addition, as a **bio-secured bubble format** will apply at this event all participants (athletes, coaches, trainers, officials, referees, staff, etc.) will be allowed to enter the event premises by presenting a negative PCR test. Participants that fail to present a negative PCR test will not be allowed access until they are tested.

IMPORTANT: Participants are NOT allowed to exit or leave the event premises until they complete their play or duties and they depart. Participants that exit or leave the quarantined premises before their departure will be automatically disqualified; them and their team in total. **NO EXCEPTIONS APPLY.**



Wearing a protective mask is mandatory at all times, except in the following situations:

- During a meal at the hotel

Weigh-In

Each team will have to book a weighing appointment to avoid unnecessary gatherings. Follow the link mentioned in the outline to book your appointments.

All participants who attend the official weigh-in are required to disinfect their hands and wear a protective mask before entering the room.

Referees should wear protective gloves along with the protective mask.

Accreditation

Accreditation and registration will take place on scheduled appointments basis. Follow the link mentioned in the outline to book your appointments.

You need to BOOK an APPOINTMENT for Registration & Accreditation:

assistance@panam-mexopen2021.com

Hall

Access to the competition hall/area is allowed only on the day of the athlete's fight. Competitors will stay during the competition in their rooms or the designated waiting area. When the category of each individual competitor starts, the competitors go to the warm-up area accompanied by the coach (before entering, their temperature is measured), at that area they get electronic equipment.

It will not be possible to use locker rooms, lockers and showers in the hall. Only the use of sanitary facilities will be allowed.

At the medal ceremony the athletes and medal presenters are required to use masks. The ceremony will take place without a handshake.



Referees / delegates / organizers / technical service

Participants in this sector are considered to be all those who are within the competitive movement zone. Referees, delegates, organizers as well as the technical service should also have their movement in the hall restricted, avoid approaching competitors wherever possible, and have a chosen place to stand and sit.

The tatami mat should be wiped and sprayed with disinfectant on a regular basis. Equipment (helmet and body protector) should also be sprayed with disinfectant after the fight.

Persons in charge of collecting, transporting and returning the equipment should clean their hands with disinfectant or use disposable gloves and throw them away after handling the equipment.

Centre referees must wear protective mask and face shield mask.

Medical procedures / Warming places

Every person must be considered potentially contagious; therefore, athletes and medical staff are required to wear protective equipment at all times. A handwashing and disinfection protocol will be implemented upon entering and exiting these rooms and between each intervention by the medical staff.

Volunteers

Volunteers are required to adhere to measures to prevent the spread of infection at all locations where they are deployed. It is mandatory to wear a protective mask that covers the mouth and nose and frequent hand disinfection. Used gloves and masks should only be stored in specially designed containers. Disinfection of tatami mats and equipment is done in a way that does not disturb the athletes and does not come in their immediate vicinity. It is necessary to take care not to enter the zone of movement of the athlete.

Audience/Spectators

Audience/Spectators **will not** be allowed during the competition.



VIP

VIP guests must wear face masks and face shield mask and disinfect their hands when entering the hall. They should be seated at preassigned seat.

Entry Requirements:

All participants **MUST** present a negative PCR test for SARS-COV-2 virus not older than 72 hours until arrival at the border crossing point of México.

Currently, when entering Mexico, no quarantine or self-isolation measures are required if a negative PCR Test is presented, while upon entering Mexico, all persons are obliged to follow the instructions and respect all orders of the competent epidemiological and health authorities (social distance, protective masks, hand disinfection, etc.).

Event Format:

The México Open Taekwondo Championships 2021 will take place with a bio-secure bubble format. That means that all participants (athletes, coaches, trainers, officials, referees, staff, etc.) will be allowed to enter the event premises by presenting a negative PCR test. Participants that fail to present a negative PCR test will not be allowed access until they are tested.

IMPORTANT: Participants are **NOT** allowed to exit or leave the event premises until they complete their play or duties and they depart. Participants that exit or leave the quarantined premises before their departure will be automatically disqualified; them and their team in total. **NO EXCEPTIONS APPLY.**



Mexico Open Taekwondo Championships (Ranking WT G1)

Sanctioned by World Taekwondo
(WT) President, Dr. Chungwon Choue

Promoted by
World Taekwondo Pan America (WTPA)
Website: <https://www.patu.org/>

Organized by
Federación Mexicana de Taekwondo
AV. Rio Churubusco Puerta 9 S/N Ciudad Deportiva Magdalena Mixhuca
México DF. C.P. 08010 www.femextkdoficial.mx

Sponsored by
Comisión Nacional de Cultura Física y Deporte <https://www.gob.mx/conade>

Gobierno del Estado de Quintana Roo

Comisión para la Juventud y el Deporte de Quintana Roo.

Event Date and Place
Hotel Crown Paradise Club Cancún
Quintana Roo
June 5-7, 2021

Official website
www.panam-mexopen2021.com



Eligibility

- 1.- Holder of the represented nationality.
- 2.- Holder of recommendation and recognition of the National Association.
- 3.- Holder of the WT Global Athlete (GAL) 2021
- 4.- Coaches must be holder of WT Coach Permit.

Competition Rules

Mexico Open Taekwondo Championships will use the latest competition rules of the WT in Poomsae and Kyorugi.

<http://www.worldtaekwondo.org/rules/>.

Divisions

- 1.- Seniors (17 yrs and older. Born in 2004 and before)

Coaches Qualification

Minimum qualification requirements for coaches are as follow.

- All coaches must be at least 18 years old.
- All Coaches must be holders of the WT Coach Permit (obtained through the WT Coach Permit Seminar).

Coaches Attire

During all the competition all coaches must wear business suit, face mask and face shield mask. Coaches that do not follow the dress code would not be allowed into the field of play.

Technical Meeting

Technical meeting will be held on june 04. The time will be publish in the Official program by the Organizing Committee.



Sport Equipment and Video Replay

Organizing Committee will provide DAEDO PSS Gen2 for all the participating athletes. However, every participant is responsible for bringing its own head protectors, gloves, electronic socks, arm, shin and mouth protectors.

Instant Video Replay will be use for Senior categories

Official Uniform (Dobok)

All contestants are required to use white Taekwondo uniform (dobok) with “V” neck from WTPA/WT recognized brands, in good conditions.

<http://www.worldtaekwondo.org/wtf-partners/recognized/>.

Black Belts must use black necks.

Patches, embroidery, logos, team names, countries, athletes’ names and strikes are allowed. No tape is allowed in any part of the uniform.

Protection Equipment

All athletes must use recognized protection equipment, as well as recognized headgears (Hong in red and Chung in blue), oral protector, groin guard, forearm chin and instep protectors by the time of entering the competition area. Groin guard, forearm and chin protections must be inside of the Taekwondo uniform. It is prohibited any extra object on the head additional to the headgear. Any religious article must be prior approved and must be used under the headgear, inside the dobok and must not cause any type of obstruction or lack of visibility for the opponent. The use of face masks will be mandatory throughout the competition.

Points per place overall

1st Place	7 Pts.
2nd Place	3 Pts.
3rd Place	1 Pts.

Weigh-in

- Athletes weigh-in will take place 1 day prior to each division competition day, the time will be set by the Organizing Committee and publish within the official program.
- During the weigh-in, the male athlete shall wear underpants and the female athlete shall wear underpants and brassiere.

Adults are allowed to weight- in naked, if they desire so.



Competition time

- **Senior** 3 rounds 2 minutes x 1 minute break.

**Competition time may be adjusted by the OC for the Event convenience.*

Poomsae competition

- Poomsae competition to be performed will be defined during the technical meeting on June 04. Schedule will be published in the official program.

Registration method and deadlines

Regular Registration Deadline: Monday, May 10, 2020, 20.00 hrs (Mexico City Local Time). Entries will only be accepted through the WT online registration system through;

<https://worldtkd.simplycompete.com/>

Accommodation

As the format of the event will be a bio-secured bubble, all accredited national teams participating at the event shall mandatorily book their hotel accommodation via the Organizing Committee. Any athlete or team members that do not comply with this regulation will NOT be able to participate at the event.

The use of day pass is not allowed

Please contact: hospedaje@panam-mexopen2021.com



Entry Fees

Registration fees are non-refundable. Under no circumstances or conditions.

Each participant is responsible for covering their own services of airfares, accommodation, board and local transportation.

• **REGULAR REGISTRATION.** Deadline May 10th, 2021.

1 Division	USD\$150
2 Divisions	USD\$195
Team	USD\$450
Coach	USD\$100

* *COVID test \$28.00 USD*

LATE REGISTRATION. Deadline May 24th, 2021.

1 Division	USD\$200
2 Divisions	USD\$245
Team	USD\$530
Coach	USD\$150

* *COVID test \$28.00 USD*

The payment can be made by paypal and on the site, confirmation to the email:

payment@panam-mexopen2021.com

- *Change Division/Category onsite USD\$100*

** Covid Test is mandatory for all team members, who must pay for their COVID Test, which will cost \$ 28 USD.*

NO ON-SITE REGISTRATION WILL BE IN THIS EVENT



International Referees

The number of appointed International Referees shall be determined by the WTPA, and will be notified of their selection by WTPA Referee Committee.

International Referees are required to cover for their own round-trip airfares.

All International Referees MUST present a negative PCR test for SARS-COV-2 virus not older than 72 hours until arrival at the border crossing point of México.

Referees must follow all COVID Protocols described in the event outline.

Referees must provide their own travel medical insurance with COVID coverage included.

The OC will provide transportation to and from the airport and the hotel/venue.

The Organizing Committee shall pay for the expenses for four (4) nights stay, accomodation and board. Check-in should be on Friday june 04 and check out on Tuesday june 08, 2021.

The Organizing Committee shall pay a per diem of USD\$100 per competition day.

The International Referees meeting and training will be conducted in accordance with a WTPA schedule.

The OC will provide will provide COVID Test at the arriving to the hotel.

The OC shall provide to appointed referees: face masks, face shields and gloves.

Please send your confirmation at email: referees@panam-mexopen2021.com



Local Transportation

Organizing Committee will provide local transportation for the participating teams with a cost of \$30.00 USD per person roundtrip airport-hotel-airport. Please make your reservations at: transporte@panam-mexopen2021.com

Accommodation

Please consult our Accommodation Guide in the e-mail: hospedaje@panam-mexopen2021.com for your accommodation services in the exclusive hotel of the event.

Medical Services

- Organizing Committee will only provide medical services only for emergencies during competition if any injury is suffered.
- Contestants are responsible for further injury and hospitalization expenses. All participants are requested to read and sign the responsibility waiver attached at the end of this outline.
- It is mandatory for all participants to have an updated medical insurance and have all the information available at any time in case of any emergency.

Visa invitation letters

- All participants are responsible for their own visa process.
- Invitation letters will be available upon request, please contact: visas@panam-mexopen2021.com



TAEKWONDO
CHAMPIONSHIPS

2021



WEIGHT DIVISIONS

WEIGHT DIVISION SENIOR	
MALE	FEMALE
-54 kgs.	-46 kgs.
-58 kgs.	-49 kgs.
-63 kgs.	-53 kgs.
-68 kgs.	-57 kgs.
-74 kgs.	-62 kgs.
-80 kgs.	-67 kgs.
-87 kgs.	-73 kgs.
+87 kgs.	+73 kgs.

Awarding and results:

Awarding:

- Participation Certificate will be award to all athletes.
- Individual: 1º, 2º and 3º places (2) (male and female)

Special Awards:

- Kyorugi Best Referee male and female
- Poomsae Best Referee male and female
- MVP. Male and female
- MVTeam Coach. Male and Female.
- Team All-around: 1º, 2º, 3º, 4 y 5º place (male and female)



Poomsae categories and divisions

Recognized poomsae.

Gender: Female & Male

Individual, Mixed pairs, Team.

Division	Under 30	Under 40	Under 50
Individual	18-30 years	31-40 years	41-50 years
Pairs & Teams	18-30 years	Over 30 years	

Free Style Poomsae

Gender: Male & Female

Individual, Mixed pairs & Mixed teams.

Over 18 years

According to recent WT Poomsae Competition Rules, contestant should choose maximum 2 categories both in Recognized and Free Style Poomsae (for example; 1 recognized and 1 free style or 2 recognized or 2 free style)

Recognized Poomsae

	CATEGORY	POOMSAE
INDIVIDUAL	UNDER 30 YEARS	TAEGUK 6, 7, 8 JANG, KOR KEUMGANG, TAEBACK, PYONGWON, SHIPJIN
	UNDER 40 YEARS	
	UNDER 50 YEARS	TAEGUK 8 JANG, KORYO, KEUMGANG, TAEBACK, PYONGWON, SHIPJIN, JITAE, CHONKWON

PAIR	UNDER 30 YEARS	TAEGEUK 6, 7, 8, JANG, KORYO, KEUMGANG, TAEBACK, PYONGWON, SHIPJIN
	OVER 30 YEARS	TAEGUK 8 JANG, KORYO, KEUMGANG, TAEBACK, PYONGWON, SHIPJIN, JITAE, CHONKWON
TEAM	UNDER 30 YEARS	TEGEUK 6, 7, 8, JANG, KORYO, KEUMGANG, TAEBACK, PYONGWON, SHIPJIN
	OVER 30 YEARS	TAEGUK 8 JANG, KORYO, KEUMGANG, TAEBACK, PYONGWON, SHIPJIN, JITAE, CHONKWON



TAEKWONDO
CHAMPIONSHIPS

2021



TIME TABLE

DATE	TIME	EVENT	LOCATION
04 June	10:00 - 18:00 hrs	Registration & Accreditation	Hotel Crown Paradise Club Cancún
	19:00 hrs	Technical Meeting Mexico Open Taekwondo Championships	
05 June	09:00 - 18:00 hrs	Mexico Open Taekwondo Championships Poomsae Competition	Hotel Crown Paradise Club Cancún
	10:00 - 18:00 hrs	Registration & Accreditation	
	10:00 - 12:00 hrs	Weigh-in Mexico Open Taekwondo Championships Day 1 (Female: -46, -49, -73, +73) (Male: -54, 58,-87, +87)	
06 June	06:00 hrs	Random weigh-in lists publication	Hotel Crown Paradise Club Cancún
	07:30 hrs	Random weigh-in	
	09:00 - 18:00 hrs	<i>Competition Mexico Open Taekwondo Championships Day 1</i> (Female: -46, -49, -73, +73) (Male: -54, 58,-87, +87)	
	10:00 - 12:00 hrs	Weigh-in Mexico Open Taekwondo Championships Day 2 (Female: -53, -57, -62 -67) (Male: -63, -68 -74, -80)	
07 June	06:00 hrs	Random weigh-in lists publication	Hotel Crown Paradise Club Cancún
	07:30 hrs	Random weigh-in	
	09:00 - 18:00 hrs	<i>Competition Mexico Open Taekwondo Championships Day 2</i> (Female: -53, -57, -62 -67) (Male: -63, -68 -74, -80)	
08 June	All Day	<i>Team Departures</i>	

TIMETABLE ALWAYS REMAINS SUBJECT TO CHANGE



VISA ASSISTANCE FORM

Important:

Please fill out this form and send it to: visas@panam-mexopen2021.com together with **passport copies** of all visa applicants to receive an invitation letter.

LOCATION of AMERICAN EMBASSY FOR VISA APPLICATION:

Insert name of country:

Family name as shown in passport:

Given name as shown in passport:

Date of birth:

Nationality:

Passport no.:

Passport date of issue:

Passport expiration date:

Name of the Member National Association:

Signature of the President

Stamp of the MNA:

Please fill out and send this form to the Organizing Committee by

email no later than May 12, 2021



LIABILITY WAIVER

I hereby recognize, agree, freely and voluntarily accept the nature of the 2021 Mexico Open Taekwondo Championship to be held in Cancún, Quintana Roo, México. I attest that I am in good mental health for competition and in proper physical conditions for the above mentioned event. Therefor if I consider in any moment of the competition, it could be dangerous for my health I willstop my participation. I am fully aware of the following:

- 1) Physical activities imply risks and I can suffer an injury in any time that can cause; permanent damages, disability, paralysis and death.
2) Above mentioned risks could be caused by my own, other contestants or officials actions or Organizing Committee during the competition.
3) Risks may also be social or economical lost that may not be known or predicted by me in this moment. I am aware, accept and assume full responsibility for any costs or damage that can be caused by my participation during the event.

I declare through this document and agree not to sue in any Tribunal against Organizing Committee, WT Pan America (WTPA), World Taekwondo, and Hotel Crown Paradise Club Cancún for above listed events to be held in the Quintana Roo, México on June 5-7, 2021, including organizers, representatives, officials, directives, agents, employees, volunteers and families of each one, as wellas any sponsor. All the prior mentioned are released of any responsibility, sue, lost or damages occurred in my person or surroundings that can be caused by myself or the above mentioned in totalor partial manner. Therefor any type of law suit or legal action will be my responsibility in all risks and economical means, including attorney fees, damages or responsibilities, caused by legal actions.

I have read and fully understand all the terms and conditions. I proceed to sign this document in free will. As parents or legal guardian of under-aged athletes, I fully understand the nature of the activities that will take place. I am fully aware of the experiences that my minor will undertake and declare that the under-aged is healthy and in proper physical conditions to be a contestant for this event. I agree not to sue and further release of any responsibilities to the above mentioned organizations and individuals for any lost or damages to the defined under-aged athlete.

Signature lines for Athlete's Name, Signature Date, Guardian's Name for Minors, and Signature Date.





TAEKWONDO
CHAMPIONSHIPS

2021



 panam-mexopen2021.com

CONTACT

Visa Application

visas@panam-mexopen2021.com

Hotel accommodation

hospedaje@panam-mexopen2021.com

Transportation

transporte@panam-mexopen2021.com

PCR Test

pcrtest@panam-mexopen2021.com

Payment.

payment@panam-mexopen2021.com

Asistance

assistance@panam-mexopen2021.com

Referees

referees@panam-mexopen2021.com

