



Lodz University of Technology



**LODZ2022**  
**EUROPEAN**  
**UNIVERSITIES**  
**GAMES**  
**EUSA**

**NUSA MEETING COORDINATION HANDBOOK**



LODZ

EUROPEAN UNIVERSITIES GAMES

2022



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**LODZ2022**  
**EUROPEAN**  
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# Welcome messages

Message from EUSA President

Message from President of The City of Lodz

Message from Rector of Lodz University of Technology

Message from Head of Organising Committee EUG 2022



## MESSAGE FROM EUSA PRESIDENT



Dear friends,  
My warmest welcome to all participants of the European Universities Games Lodz 2022.

**ADAM ROCZEK**  
EUSA PRESIDENT

- AZS and the Organizing Committee of the Games for their support to Ukraine. Thank to the common solidarity actions, Ukrainian students can take part in the Games to compete in loyalty and respect with hope that principles of sport may be a guide to return to the world which we want.

The organisation of the Games in these given circumstances is challenging. It demands from the participants to act even more responsibly, and it demands everyone's commitment and contribution in making the Games safe and peaceful for each and everyone. The accountability of having such an event therefore lies in joint efforts of EUSA, the Organising Committee and each of the participant.

Despite the challenges, I strongly believe that the 6th edition of the European Universities Games will offer an experience of a lifetime for student-athletes, officials and volunteers. That the Games are a place to meet new friends, a place to demonstrate the Fair Play attitude, and are a great recognition and celebration of university sport.

This event would not possible without the trust and contribution given to EUSA and the Organising Committee by the support of the various partners associated with this prestigious event. I thank them all from the bottom of my heart. The European Universities Games in Lodz are being organised under the licence of the European University Sports Association (EUSA) by the Lodz University of Technology, University Sports Association of Poland (AZS) and City of Lodz, in cooperation with the EUSA Institute and several partners, including the Ministry of Education and Science, national and local tourism organisations, Polish Olympic Committee, national and local sports organisation, media outlets and is also supported by the Erasmus+ Programme of the European Union.

**Best of luck for the Games to everyone!**

## MESSAGE FROM PRESIDENT OF THE CITY OF LODZ



Ladies and Gentlemen,  
Welcome to the European Universities Games Lodz 2022. Two weeks of exciting competitions are ahead of us. The event will be attended by athletes, as well as coaches, judges, mentors and volunteers from all over Europe. This is a great academic event on the sporting map of our continent.

**HANNA ZDANOWSKA**  
PRESIDENT OF THE CITY OF LODZ

Sport is a vehicle for fair-play rivalry, but at the same time it shows the power of unity. Combined with youthful enthusiasm, it will certainly bring a lot of emotions and thrills during the Games. These will be experienced during the competition in 21 disciplines, held in modern sports facilities that Lodz can boast of.

This year's European Universities Games may also become an important stepping stone to a great sporting career. Ambassadors of the competition - Olympic Games medallists, world champions and outstanding athletes and teams known all over the world - can confirm that it is worth choosing sport as a life path: athletes Kajetan Duszyński, Artur Partyka and Adam Kszczot, karate fighter Dorota Banaszczyk, basketball player Marcin Gortat, footballer Euzebiusz Smolarek, tennis player Kamil Majchrzak and volleyball teams PGE Skra Bełchatów and ŁKS Commercecon Lodz.

The date of the European Universities Games Lodz 2022 falls in July, so it is also a great time to take advantage of the offer of Lodz, which always welcomes young people. I am convinced that after the hardships of sports competition the participants of the Games will relax, enjoying the beauty of Lodz parks, strolling along the always vibrant Piotrkowska Street, admiring exotic animals in the modern Orientarium or visiting Księży Młyn or EC-1 and discovering the charm of the revitalised post-factory heritage of Lodz.

I would like to congratulate the organizers of the European Universities Games Lodz 2022 and I wish all the athletes, coaches, referees, tutors and volunteers a lot of satisfaction from participating in this unique event. May the summer of 2022 spent in Lodz turn into a lifetime of fond memories.



## MESSAGE FROM RECTOR OF TUL LODZ



Dear Guests,  
Welcome to the European Universities Games Lodz 2022 - a great celebration of university sport. I will proudly host you at Lodz University of Technology, one of the best technical universities in Poland.

**PROF. KRZYSZTOF JÓZWIK**  
RECTOR OF LODZ UNIVERSITY OF TECHNOLOGY

Sports values have been an important part of education for over seventy years. Promotion of active lifestyle, sport beyond divisions, social responsibility, intergenerational relations and multicultural integration are the goals that, as co-organizer of EUG 2022, I would like to share with everyone.

Lodz University of Technology is a university that focuses on its development by creating infrastructural, organizational and financial opportunities for its employees, doctoral candidates and students. The organization of the European Universities Games is an example of development, outside the typical university pattern, of which I am very proud. Among those involved in the organization process are Lodz University of Technology, the city of Lodz, the University Sports Association, but also the Marshal of the Lodz Voivodship, the Governor of Lodz and the following Lodz universities: University of Lodz, Medical University of Lodz, Grażyna and Kiejstut Bacewicz Academy of Music in Lodz, Władysław Strzemiński, Academy of Fine Arts, Leon Schiller National Film School in Lodz. I hope that this joint effort will allow you to enjoy the Games to the full extent.

May the principle of fair play guide each participant during these Games, whether they are athletes or volunteers. I hope it will be a time of winning sports trophies and making friends.

May the two-plus weeks of July be a joyous time of student life, as this is what we missed most during the difficult two years of the pandemic.

I hope that many of you will return to Lodz University of Technology and to Lodz.

## MESSAGE FROM HEAD OF OC EUG 2022



Dear Athletes, Volunteers and Friends, on behalf of the Organizing Committee, I would like to welcome you to Lodz, Welcome you to the European Universities Games Lodz 2022.

**DOMINIK LEŻAŃSKI**  
COORDINATOR OF THE EUROPEAN UNIVERSITIES GAMES  
LODZ 2022.

Together with a fantastic team of enthusiastic, creative people, we have prepared this wonderful event for you. The European Universities Games are a great opportunity to be together and experience the beauty of academic sport. I am happy to invite you to Poland and to Lodz, a welcoming and student-friendly place. I hope that this event will allow us all to broaden our horizons, learn about other cultures and promote a healthy lifestyle and fair-play. The Organizing Committee is at your disposal. We will watch over your safety and guarantee a great time. I believe that thanks to well-prepared events you will achieve the best results, and that the friendships you make while participating in the European Universities Games will last for the rest of your life. The last months have been a very intense time for the entire EUG team to ensure that this event is at the highest possible level. We took care of every detail of your stay in Lodz, and we hope you will feel comfortable here. I am convinced that you will remember Lodz as a welcome city, and your memories of sports competition will stay with you forever. I sincerely hope that your sporting motivation will be equal to that of the Organizing Committee. I promise that during these two weeks you will find Lodz best sides. What can you do for Lodz? Take your best memories back to your countries. According to the motto of the EUG Lodz 2022, we are full of possibilities.

I look forward to spending a wonderful time together. Lodz, WE CAN!





LODZ2022  
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**EUSA**

# General information about EUSA

General Program

About EUSA

EUSA Executive Committee, Commissions and Office

EUC2023

Philosophy

Past & Future Events

Anti-doping Policy

Fair play

Incident Policy





## GENERAL PROGRAM

### SPORT EVENTS

EUROPEAN UNIVERSITIES GAMES

EUROPEAN UNIVERSITIES CHAMPIONSHIPS

PATRONAGE AND JOINT EVENTS

### EDUCATIONAL EVENTS

CONFERENCES

CONVENTIONS

SEMINARS

### PROJECTS

EUSA PROJECTS

PARTNERSHIP PROJECTS

## ABOUT EUSA

The European University Sports Association (EUSA) is an umbrella organization that comprises of National University Sports Associations (NUSA) from 47 European countries, providing sporting activities, educational events, and expertise in policy making and programming. The organization is well known within the sector as a safe and strong voice for University sports in Europe, promoting fair play values, and supporting their membership by partnering with European Sports Federations and lobbying within the European Union, the Council of Europe and other institutions for funding to improve the provision of sport. EUSA is a proud and active associated member of the International University Sports Federation (FISU), strategically cooperating also with other Continental University Sports Federations (CUSF), as well as key governing bodies and organisations active in the field of sport, education and youth.

Since its founding in 1999, EUSA has organised 15 seasons of the European Universities Championships, attracting over 38.000 student-athletes to 174 university competitions held across Europe. In four previous editions of the European Universities Games, almost 15.000 student-athletes from over 400 different universities across Europe have participated in the 54 different sporting competitions organised during these multi-sports events.

Through its Institute, EUSA also engages in several social responsibility projects and initiatives on various topics, including Anti-Doping, Dual Career, Equal Opportunities and Inclusion, Good Governance, Mobility, Safeguarding, Skills Development, Sustainability and Volunteering. Many of the projects are supported by the European Union.



THE WAY TO THE TOP!

# EUROPEAN UNIVERSITIES GAMES



## EUSA EC, COMMISSIONS, AND OFFICE

Highest body is the General Assembly, comprised of representative of the member associations, electing the Executive Committee. Its members are responsible for the administration and running of EUSA and the execution of main directives taken by the Assembly. EUSA Executive Committee is comprised of 15 members, lead by the President Mr Adam Roczek, 1st Vice President, four Vice-Presidents, Treasurer and Secretary General. Various EUSA commissions are in place to provide assistance and guidance to the many different activities EUSA is involved in. These include the Control Commission, Education Commission, Inclusion and Diversity Commission, Medical Commission, Student Commission, Technical Commission and also other working bodies.

EUSA's headquarters is located in Ljubljana, Slovenia.



## EUC2023

EUSA started with the **European Universities Championships** in 2001, with competitions in 2 sports, and the championships' programme has been steadily growing in number of sports and participants ever since. In 2019, during the last season of the EUSA Championships, 5242 participants formed 1032 university teams, representing 570 universities from 43 countries, taking part in 21 sports. In 2023, we will see the next season of the European Universities Championships, featuring 20 sports, being organised across Europe:

SPORT	LOCATION	PLANNED DATES
3X3 BASKETBALL	DEBRECEN (HUN)	JULY 9-13
BADMINTON	MISKOLC (HUN)	JULY 10 - 16
BASKETBALL	AVEIRO (POR)	JULY 22 - 31
BEACH CHAMPIONSHIPS: BEACH VOLLEYBALL, BEACH HANDBALL	MALAGA (ESP)	SEP 19 - 25
COMBAT SPORTS: KICKBOXING, TAEKWONDO, JUDO, KARATE	ZAGREB (CRO)	JULY 19 - 24
FOOTBALL	TIRANA (ALB)	JUNE 25 - JULY 2
FUTSAL	SPLIT (CRO)	JULY 22 - 30
GOLF	FERRARA (ITA)	SEPTEMBER 6 - 10
HANDBALL	PODGORICA (MNE)	JULY 8 - 14
ORIENTEERING	ST. GALLEN (SUI)	AUGUST 22 - 27
ROWING	BYDGOSZCZ (POL)	SEPTEMBER 7 - 10
RUGBY 7S	LISBON (POR)	SEPTEMBER 11 - 14
TABLE TENNIS	OLOMOUC (CZE)	JUNE 28 - JULY 2
TENNIS	GRANADA (ESP)	JULY 3 - 9
VOLLEYBALL	GUIMARAES (POR)	JULY 16 - 23
WATER POLO	MISKOLC (HUN)	JULY 10 - 16



## PHILOSOPHY

European Universities Games – this is the flagship event of the EUSA (European University Sport Association). The EUG takes place every 2 years in different European cities.

**Concept:** University teams, multiple sports events at the same place at the same time, bringing together sport, education and culture, taking place biannually

**Compulsory Sports:** 3x3 Basketball, Badminton, Basketball, Football, Futsal, Handball, Table Tennis, Tennis, Volleyball

**Optional Sports to Choose From (min 3):** Beach Handball, Beach Volleyball, Bridge, Chess, Golf, Judo, Karate, Kickboxing, Orienteering, Rowing, Rugby 7's, Sport Climbing, Taekwondo, Water Polo

**Previous Demonstrative Sports:** Canoeing, Swimming

**Previous Para Sports:** Para Swimming, Para Table Tennis, Sitting Volleyball



## PAST & FUTURE EVENTS

Past Events:

European Universities Games Cordoba 2012

European Universities Games Rotterdam 2014

European Universities Games Zagreb and Rijeka 2016

European Universities Games Coimbra 2018

European Universities Games Belgrade 2020 / cancelled due to Covid-19

Next Attributed Events:

European Universities Games Lodz 2022

European Universities Games Debrecen and Miskolc 2024

European Universities Games Salerno 2026





## ANTI-DOPING POLICY

Doping is not a guarantee of success in sport. In fact, its effect is usually the opposite. A lot of elite sportsmen and sportswomen who did doping got caught. As a result, they lost pride and were banned for at least 2 years from participating in a sport they loved and lived for. An even bigger problem of doping are the effects on the body. In elite sports, doping is defined as a violation of one or more anti-doping rules:

1. Presence of a prohibited substance in an athlete's sample
2. Use or attempted use of a prohibited substance or method
3. Refusing to submit sample collection after being notified
4. Failure to file athlete whereabouts information & missed tests
5. Tampering with any part of the doping control process
6. Possession of a prohibited substance or method
7. Trafficking a prohibited substance or method
8. Administering or attempting to administer a prohibited substance or method to an athlete

You can find the list of prohibited substances and methods on the internet. It's updated every year by the World Anti-Doping Agency (WADA) and it's valid for every sport. You should check every substance you are taking. Athletes need to completely avoid steroids, erythropoietin (EPO), stimulants, human growth hormone (HGH), marijuana and narcotics, and pay special attention also to dietary or nutritional supplements.

EUSA is active in Anti-Doping promotion, and has been a partner in the European Anti-Doping Initiative (EADIn) and Match point, supporting European-wide Anti-Doping mentality in the youth sector by establishing a moral tenor towards concepts such as Fair-play, sensitizing and raising awareness on all levels of the complex social environment surrounding the doping problematic and implementing strategies to motivate young people to pass on the message and create a strong multiplying effect. Also, the International University Sport Federation (FISU) has been actively promoting sports without drugs, also on university sport level.

EUSA is currently not enforcing doping tests at our events. In accordance with the national legislation of the host countries, however, doping controls may be implemented by the National Anti-Doping Agencies. If such doping tests are executed, the WADA rules and regulations are applicable to all athletes. Please remember that testing can be conducted in-competition and out-of-competition. If you are identified in a Registered Testing Pool (RTP), you must provide current and accurate whereabouts information.

What can you do to be an excellent sportsman or sportswoman?

- Practice right and live healthy
- Get more information about consequences of Doping
- Play fair and be a good role model to younger athletes
- Be committed to sport without doping

Doping? No, thanks!

## FAIR PLAY

Fair play is deeply embedded in the values of EUSA. The objective of promotion and encouragement of Fair Play is already set in the statutes of EUSA, as part of the core objectives of the organisation. Partnership with the European Fair Play Movement in 2013 proves this even more. Since 2007, EUSA announces the best gesture of fair play in its sports event for the current year and awards the winners the special fair play recognition, Enno Harms Fair Play Award, named after the first EUSA President, a person very much devoted to fair play.

At every EUSA sport event, the organisers, EUSA representatives, and technical delegates pay special attention to the fair play gestures and attitude throughout the duration of the event. By participating at an EUSA sport event, participants are thereby swearing on an oath of respect and fair play. The oath is announced to the world by the student athletes, and by the officials before the official opening of any EUSA sport event.

In 2017, EUSA introduced the Fair Play green card at the European Universities Football Championship as a result of the close cooperation with the European Fair Play Movement. We are proud to see a successful introduction of this green card, which further promotes the values of Fair Play and good sportsmanship gestures on the field.

The prestigious annual EUSA Enno Harms Fair Play Award is awarded to athletes demonstrating fair play during the matches, following the rules and pursuing a "clean" game are awarded with a fair play recognition already during the event. EUSA Executive Committee members discuss the proposals received from all sporting events governed by EUSA in that year and select the team or individual to receive the Enno Harms Fair Play award which is formally handed to them at a special occasion – usually at EUSA Gala.



## EUSA INCIDENT POLICY

One of The Fundamental Principles of Olympism is that "practice of sport is a human right" and that "every individual must have the possibility of practising sport, without discrimination of any kind". This principle further states that this requires a behaviour based on "mutual understanding with a spirit of friendship, solidarity and fair play". EUSA considers sports as an active tool in the education of university students, and aims at encouraging and supporting "the promotion of ethics, Fair Play, gender equity and good governance in sport" (EUSA Statutes). With the EUSA Incident Policy, EUSA clarifies the expectations, and consequences, regarding the behaviour of different stakeholders at EUSA's events to allow the creation of a safe and enjoyable environment.



**LODZ2022**  
EUROPEAN  
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# General Information

About Poland

About host city of Lodz

The Lodz University of Technology

University sport in Poland





## ABOUT POLAND

**P**oland. It is here that you will find the biggest sand dunes in Central Europe. It is here that the largest complex of lakes and the world's oldest oil well are located. It is in Poland that a reenactment of the greatest battle of medieval Europe takes place. Finally, it is here that you can see the longest wooden pier in Europe. Poland offers more than you think: 16 UNESCO sites, excellent cuisine, wild and diverse nature, as well as stunning cities filled to the brim with stories. Gigantic metropolis, historic towns and villages of sentimental charm for which poems and songs have been written. The main cities are not only the capitals of their fast-developing regions but also have their own unique and... delicious character! If you are more nature-lover, you can discover many sites of nature in Poland that are unique, not only across Europe but the globe as well. Białowieża Forest is Europe's last backwoods, where you can encounter the European bison now rescued from extinction. Masuria, known as the land of lakes, came 14th in the New 7 Wonders competition. The Wieliczka Salt Mine's deposits are a natural phenomenon, and the mine itself is a world cultural monument on UNESCO's World Heritage list. You can feel free on Poland's coastal beaches. Next to man-made resort beaches, there are wild, often bare sections of the coast where you can freely walk, run, ride horses or search for the priceless treasure of the Baltic Sea – amber. It is worth exploring the world of Polish nature actively – by doing sports either recreationally or competitively, on land, water or in the air, all year round. There are many things and places in Poland that you did not know about. To visit, to do, to experience. You can find everything here. See for yourself!

<https://www.pot.gov.pl/pl>





# THE CITY OF ŁÓDŹ



**L**ódź is the third largest city in Poland. Situated in the centre of the country, it used to be a huge industrial centre. Textile products manufactured in Łódź could be found on markets all over Europe. Today it owes its splendour to a thorough revitalisation of the urban fabric and a change in the direction of development. Łódź is a strong academic centre and an attractive tourist destination.

Łódź is a city of contrasts, which intrigues at almost every turn. It is full of factories and at the same time very green, eclectic and avant-garde. Łódź dazzles with the splendour of its palaces built by industrialists and amazes with its artistic installations.

Although the history of the city goes back six centuries, the dynamic development of Łódź took place less than 200 years ago. From a small settlement at the beginning of the 19th century, it soon became the „promised land” giving tens of thousands of families hope for a better tomorrow. In the city space you can find numerous traces of the multicultural workers’ melting pot. Łódź was such a melting pot until World War II. After the war, becoming the film capital of Poland, it opened another important chapter of its history. In 2017, it was accepted into the UNESCO Creative Cities Network as a City of Film. Today, Łódź is a creative city, a city of festivals, a city being completely rediscovered. It lies in the very heart of Poland, at the crossroads of major motorways - one could say that all Polish roads lead to...Łódź.

## MEET THE CITY - HOST OF THE EUROPEAN UNIVERSITIES GAMES 2022.

### Things to see:

**Piotrkowska Street** - The queen of Polish streets - a several-kilometre-long passage surrounded by historic, eclectic tenement houses full of local shops, restaurants, cafes, pubs and clubs.

**Manufaktura** - unique in the world shopping and entertainment centre in a huge, historic factory from the 19th century. Shops, restaurants, museums, cinema, theatre and much more.

**Księży Młyn** - Historic factory and residential complex from the end of the 19th century. Today it is a quiet and still revitalized part of the city with cosy cafes.

**Litzmanstadt Ghetto** - The memory of one of the largest German ghettos is nurtured by numerous monuments, parks, the Dialogue Centre and the Jewish cemetery in Bałuty.

**EC1** is the cultural and educational centre of Łódź! Today, the former power plant houses a Planetarium, a Science and Technology Centre, playrooms and a conference centre.

You can find more attractive places in Łódź on the tourist portal [www.lodz.travel](http://www.lodz.travel)







University Sports Association (AZS) is the largest sports association in Poland operating continuously for more than a century. It was established in Krakow in 1909 and from there it spread to all academic canter in the country. Thanks to its rich history and continuous activity, it has become the most numerous student organization present in Polish universities. Today AZS is an association with more than 30,000 members affiliated in nearly 200 university clubs, sports and community organizations. It currently develops its activities in many areas: general sport, competitive sport and sport for people with disabilities. The programmes carried out are not only focused on the academic community - the AZS increasingly conducts projects for children, young people, families and seniors. The organisation's key competitions include the Polish Academic Championships - the largest series of sports competitions addressed to the academic community, comprising 35 sports disciplines, with almost 20 thousand participants each year. Every year, the AZS Polish Integrative (Inclusive) Championships - a project whose recipients are students with disabilities from different academic backgrounds - grows. Currently, there are more than a dozen events a year, in which several hundred people take part. The strongest showcase of AZS is qualified sport. AZS athletes are world sports stars and reach for the highest level of achievements during the most important events, making up on average one third of the Polish national teams. They win medals at all major competitions, including the European and World Championships and the Olympic Games. In 2021 many AZS clubs could celebrate great results in Tokyo. AZS AWF Katowice had as many as five medallists (Anita Włodarczyk, Justyna Święty-Ersetic, Paweł Fajdek, Karol Zalewski, Justyna Iskrzycka). AZS AWF Warsaw (Agnieszka Kobus-Zawojńska, Dariusz Kowalik) and AZS UMCS Lublin (Małgorzata Hołub-Kowalik, Malwina Kopron) had two medallists each, and AZS AWF Wrocław (Natalia Kaczmarek) had one, AZS UMK Toruń (Katarzyna Zillmann), AZS AWF Kraków (Maria Sajdak), AZS Łódź (Kajetan Duszyński), AZS Opole University of Technology (Dawid Tomala), AZS AWF Gorzów Wielkopolski (Anna Puławska) and AZS PWSZ Tarnów (Michał Derus). We have also been successful on world and national arenas in junior sports. Every year, our teams occupy top positions in the children and youth sports competition classification in Poland (the majority of the top ten are AZS clubs, with AZS AWF Katowice as the repeat winner). The organization is strongly involved in training activities and the dual career development of student-athletes through programmes implemented in cooperation with local AZS units, universities and the Ministry of Sport and Tourism, as well as the Ministry of Science and Education. Key among these are the Academic Sports Training Centres and the National Academic Team - a programme that makes it easier for athletes to combine study with sport. As a member of the International University Sports Federation (FISU) and the European University Sports Association (EUSA), AZS also actively participates in the system of global academic competition. Our athletes successfully compete in the European University Championships and the European Universities Games (over 400 medals altogether), the World University Championships (AZS has already 636 medals!), as well as in the biggest sport events for students: summer and winter Universiade (530 medals). AZS is also involved in the organization of many sporting events of the mentioned federations. In 2022 it is part of the organizing team of EUSA Games Łódź 2022, and the Academic Club AZS UKW Bydgoszcz will host the World University Championships in Classical Canoeing. The effort and commitment earned the organization exceptional accolades. EUSA has rewarded AZS as the best federation of the season several times, and in 2017 it was recognized by FISU as the best federation of student sports in the world. However, AZS doesn't rest on its laurels and develops further areas of activity adapted to the contemporary expectations not only of the academic community but also of society as a whole.





**L**odz University of Technology is one of the best technical universities in Poland. Located in the city centre, it is situated in modern buildings and revitalised industrial buildings from the 19th century. The campus also includes places for interdepartmental education, sports and recreational activities, entertainment and various organisations supporting student life.

Lodz University of Technology is an attractive partner for business. It cooperates with the largest companies across Europe, which use new technologies and patents created at the university. Many of them are the result of cooperation with research centres from all over the world.

Lodz University of Technology is among the most attractive employers in Lodz and the region. It is the first Polish technical university to receive the HR Excellence in Research logo, which is awarded as a distinction to institutions for their actions undertaken for the benefit of academic staff.

Lodz University of Technology is open to the local community: children, young people and seniors. Everyone can take advantage of the rich educational offer.



**YEAR OF FOUNDING**  
**1945 r.**



**+10 000**  
**STUDENTS**



**2734**  
**ACADEMIC STAFF**



**334**  
**PROFESORS**



**3103**  
**GRADUATES IN 2021**



**9**  
**FACULTIES**



**64**  
**FIELDS OF STUDY**







**LODZ2022**  
EUROPEAN  
UNIVERSITIES  
GAMES  
**EUSA**

# General information about EUG LODZ 2022

Games Overview

Vision & Mission

Volunteers

Participants with Disabilities

Visual Identity





## GAMES OVERVIEW

	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Ceremony				OC													CC	
3x3 Basketball		A	GTM	1	2	3	4	D										
Badminton										A	GTM	1	2	3	4	5	6	D
Basketball									A	GTM	1	2	3	4	5	6	7	D
Beach Handball								A	GTM	1	2	3	D					
Beach Volleyball	A	GTM	1	2	3	4	5	D										
Chess	A	GTM	1	2	3	4	D											
Football						A	GTM	1	2	3	4	5	6	7	D			
Futsal M	A	GTM	1	2	3	4	5	6	7	8	D							
Futsal W	A	GTM	1	2	3	4	5	6	7	D								
Handball										A	GTM	1	2	3	4	5	6	D
Judo									A	GTM	1	2	3	D				
Karate													A	GTM	1	2	3	D
Kickboxing	A	GTM	1	2	3	D												
Para Table Tennis			A	GTM	1	2	3	D										
Sport Climbing												A	GTM	1	2	3	D	
Swimming												A	GTM	1	2	3	D	
Table Tennis	A	GTM	1	2	3	4	5	D										
Taekwondo												A	GTM	1	2	3	D	
Tennis	A	GTM	1	2	3	4	5	6	D									
Volleyball	A	GTM	1	2	3	4	5	6	7	D								
Water polo	A	GTM	1	2	3	4	5	6	D									

## VISION & MISSION

### Many teams with a common goal

The aim is to organize the European Universities Games as a modern sporting event embedded in the local and global values of the world we live in. We believe that through sporting competition, social responsibility and sustainability we can together connect and address the needs of all participants and spectators of the Games!

### Our values

- Promotion of an active lifestyle
- Fair Play
- Sport beyond divisions
- Social responsibility
- Care for identity and traditions
- Development cooperation
- Intergenerational relations
- Multicultural integration

## VOLUNTEERS

Volunteering is a great opportunity to test your skills and carry out tasks in accordance with the field of study (logistics, management, foreign languages, modern technologies, tourism), as well as try your hand at organizing a large sports event. For some, it can become the adventure of a lifetime. An excuse to make many new acquaintances and have a fantastic time. Volunteering is also a great way to spend your holidays. In addition to operating in one of the many areas of the event, volunteers will have the opportunity to take part in accompanying events – sports competitions, seminars or trainings.

- **Accommodation provided for 600 Volunteers**
- **250 international Volunteers**
- **Accommodation provided for 600 volunteers**
- **Full board and transport from Warsaw International Airport Chopin for international Volunteers**
- **20 Volunteers coordinators and leaders**
- **13 areas of volunteering support (logistics, sports, results, team attache and more)**
- **Volunteers from National University Sport Associations from all over Europe**





## PARTICIPANTS WITH DISABILITIES

Programme of Integrative Championships:



Co-funded by  
the European Union

- **Para table tennis in the sport programme;**
- **Sitting volleyball and para weightlifting as a promo events;**
- **Series of educational seminars on sport of people with disabilities;**
- **Sharing of good practices in the university sport context;**
- **Workshops for volunteers on sport of people with disabilities;**
- **Promotion of Integrative Championships;**



## VISUAL IDENTITY

The EUG 2022 logo combines sport, industrial character of Lodz and innovation in line with the spirit of the technical university. The logo was inspired by the logotype of the City of Lodz - a European metropolis. You can see references to the avant-garde typeface of Władysław Strzemiński - a Lodz artist and art theoretician. Dynamic crossing lines symbolize competing athletes. Intersecting elements are also associated with a well-functioning mechanical transmission. The colours were borrowed from the city's visual identification system. Each colour is assigned to one of the values of the EUG 2022: cyan - sustainability and ecology, magenta - sport for all, yellow - the academic character of the city, and black&white - innovation and creativity.



### EUGenio

The mascot of the European Universities Games is **Eugenio** associated with the contemporary infrastructure of Lodz. In 2015, the main city stop was opened in the centre of Lodz, connecting tram lines from all over the city. The unique Art Nouveau architecture, combined with a colourful stained glass window at the vault of the structure, was named „Unicorn Stable” by Lodz inhabitants. On June 7, 2019, a monument to a unicorn by Japanese artist Tomohiro Inaba was erected nearby.

Internet users were involved in the process of choosing the Games mascot from the beginning, sending in their designs and submitting their concepts for the EUG2022 mascot. Finally, 5 projects were selected, from which, as a result of voting, EUGenio was selected!

Eugenio, or more precisely Eugene, is a name of Greek origin, which means „noble or noble-born”. The always smiling unicorn is a friend of all athletes and students. He always cares about a good atmosphere and fair-play.





**LODZ2022**  
**EUROPEAN**  
**UNIVERSITIES**  
**GAMES**  
**EUSA**

# Service information

Visa Procedure

Useful information

Accreditation Procedure

Catering

General Medical Services

Accommodation

Transportation

Safety and Security



## VISA PROCEDURE

Depending on the direction from which you arrive at EUG2022 in Lodz, you will need various documents confirming your identity, citizenship and purpose of travel.

If you are an EU citizen (Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Ireland, Italy, Latvia, Lithuania, Malta, the Netherlands, Portugal, Romania, Slovakia, Slovenia, Spain, Sweden) or a Schengen Area country (Switzerland, Liechtenstein, Norway and Iceland), or a citizen of the United Kingdom - the condition for entry to the Polish is to have a valid travel document (passport issued no earlier than 10 years ago, valid at least 3 months before entry) or other valid document confirming identity and citizenship.

**If you are an Israeli citizen, you can enter the Polish under the visa-free regime.**

**If you are a citizen of Ukraine, Albania, Bosnia and Herzegovina, Macedonia, Montenegro, Serbia, Georgia, Moldova, Kosovo you can travel to Polish without a visa for up to 90 days within 180 days. However, you must meet the condition – you must have a biometric passport. Otherwise, you will be required to have a visa.**

**If you are a citizen of Russia, Turkey, Azerbaijan, Belarus, Armenia, you are required to have a visa. The uniform Schengen C visa entitles you to stay in the Polish and to move around the entire Schengen area.**

More information on this topic can be found on the official website of the Border Guard in terms of visa requirements:

<https://www.strazgraniczna.pl/>

or on the website of the Office for Foreigners

<https://www.gov.pl/web/udsc-en>

## USEFUL INFORMATION

### Covid regulations

Almost all COVID regulation have been lifted in Poland since 31.03.2022. It is not required to provide vaccination certification, negative RAT/PCR test result or proof of recovery when entering Poland. However due to unpredictable nature of the virus all participants are still required to provide vaccination proof to take part in EUG 2022.

The only remaining regulation is the requirement of wearing masks in pharmacies and all medical facilities.

In case of Covid symptoms the participant will be tested with RAT tests, covered by Organising Committee. With positive test result the participants will be isolated in separated accommodation area for seven days. It is possible to shorten the isolation period with negative test result being taken 48 hours from the first test.

### Entry to the territory of Poland

Depending on the direction from which you will come to Lodz, you will need various documents confirming your identity, citizenship and destination. If you are a citizen of the European Union or a citizen of the Schengen Area or a citizen of the United Kingdom - the condition for entry into Poland is the possession of a valid travel document (a passport issued no more than 10 years ago, valid at least 3 months after entry) or another valid document confirming identity and citizenship. If you are an Israeli citizen you can enter Poland under the visa-free regime.

If you are a citizen of Ukraine, Albania, Bosnia and Herzegovina, Macedonia, Montenegro, Serbia, Georgia, Moldova, Kosovo, you can travel to Poland without a visa for up to 90 days within 180 days. However, you must meet a condition - you must have a biometric passport. Otherwise, you are required to have a visa.

If you are a citizen of Russia, Turkey, Azerbaijan, Belarus or Armenia, you are required to have a visa. A uniform Schengen visa type C entitles you to stay in Poland and move around the entire Schengen area.

**Official language:** Polish

**Time zone:** Poland is located in the Central European time zone (GMT + 1 / UTC + 1 hour)

**Climate:** Poland has a moderate continental climate, with fairly cool winters (from December to March) and hot summers that last from June to August. In July and August, average temperatures range from 16.5 ° C (62 ° F) to 19 ° C (65 ° F), although temperatures can be as high as 35 ° C (95 ° F) for several days.

**Currency:** 1 zloty (PLN) = 100 groszy (current exchange rate: [www.nbp.pl](http://www.nbp.pl))

**Area code:** + 48;

**Internet domain:** .pl

**Opening hours:** most shops are open from 6am to 10pm.

### Important telephones

**Police:** 112; 997

**Emergency medical Services:** 112, 999

**Fire service:** 112, 998

**Tap water is safe for drinking in Lodz**

### EUG app

EUG application is an indispensable tool for each of the participants of the European Universities Games. The information it contains will make it easier, among other things, to get around Lodz, find dedicated bus lines leading to competition venues and attractions.

One of the functionalities it offers is booking the training halls or transport service.

Each app user has access to the agenda, FAQs and notifications provided by the organizers.

The app can be downloaded from Google Play and the App Store for Android and iOS devices, under the name EUG2022.



# ACCREDITATION PROCEDURE

## Registration deadlines

### DEADLINE FOR THE INDIVIDUAL ENTRY FORM JUNE 1ST:

- Certificate scan, photo, ID card

### TRAVEL PLAN: JUNE 1ST:

- please send as many details of your arrival as possible: date, time of arrival and what means of transportation

The purpose of accreditation is to identify people and their roles at the European Universities Games and allow them necessary access to perform their roles. Accreditation is not an external sign of a privileged status but is a necessary working tool to manage the large numbers of people participating in the European Universities Games and facilitate flexible and secure movements.

Accreditation ensures that only the appropriately qualified and eligible people are entitled to participate in or perform official functions at the European Universities Games, limits participants' access to areas they need to go to perform their official functions and keeps unauthorized people out of secure zones.

European University Sports Association (EUSA) determines the persons entitled to accreditation and sets the conditions for its granting and issuance. EUSA through the OC, grants the right to accreditation to all people who have a recognised official function to perform at the Games. It is the duty of the OC to produce the cards and in coordination with EUSA deliver to the persons entitled to them.

## Rules of Procedure for granting accreditation during the European Universities Games Lodz 2022

**1.** The Organizing Committee of the European Universities Games Lodz 2022 is responsible for preparing and issuing accreditation to the participants of the event. The Accreditation Centre is located in the building of the Institute of Physics of the Technical University of Lodz.

**2.** These regulations apply to the accreditation process for the games and accompanying events of the European University Games from 14-31 July 2022.

**3.** The Accreditation Card is a document issued to the participant by the organizer confirming the identity of the participant. The participant should have the Accreditation Card at all times during the event.

**3a.** The Accreditation Card should be placed in a conspicuous place for the organizer and the security services.

**3b.** The Accreditation Card entitles the holder to transport during the EUG, accommodation, meals and admission to sports facilities.

**3c.** A participant of the EUG 2022 is required to present the Accreditation Card each time when asked to do so by the Organizer or the security services.

**3d.** It is prohibited to transfer the Accreditation Card to third parties.

**3e.** In case the Accreditation Card is lost, the participant shall bear a cost of EUR 50 for issuing a new Accreditation Card. A request for a new Accreditation Card is submitted by the HoD (Team Leader/Mission Leader).

## Accreditation Card

Information to be included on the accreditation:

- contact information OC
- emergency numbers
- address of the accommodation facility

# ACCREDITATION PROCEDURE

There will be 3 types of accreditation cards:

**1** – for the registered participants, OC and volunteers

**2** – for the contracted staff ("Workforce") with limited number of personal data

**3** – temporary accreditations for last-minute invited guests and people who didn't manage to go through the accreditation procedure due to late arrivals

**Contact:** [registrations@eug2022.eu](mailto:registrations@eug2022.eu) for questions related to the registration and accreditation procedures


If you have questions regarding the registrations, please check the guidelines:

<https://www.eusa.eu/media/documents/registrations-guide>

For questions connected to the Rules & Regulations, please check the following document.

<https://www.eusa.eu/media/documents/eusa-events-rules-regulations>

- For the questions related to the organization of the event (accommodation, transportation, catering, etc.) please contact the Local Organizing Committee in Lodz: [registration@eug2022.eu](mailto:registration@eug2022.eu)
- For the questions related to the right of participation, please contact your National University Sports Association: <https://www.eusa.eu/eusa/members>



**LODZ2022**  
**EUROPEAN**  
**UNIVERSITIES**  
**GAMES**  
**EUSA**

CATEGORY

0001	F/M	POL	TU/UL BASE CAMP/HOTEL
NAME			
SURNAME			
ATHLETE, ETC. BASKETBALL, VOLLEYBALL, ETC.			
UNIVERSITY			
CATERING ZONE 1			
ZONES OF ACCESS			
A	B	C	D E F

**ZONES OF ACCESS**  
A - Sport venues D - VIP sector  
B - Changing room E - Ceremonies  
C - Field of play F - HQ

**EUG office**  
Politechniki street 10, Łódź  
+48 42 631 23 16  
Emergency 112

**CAMPUSES**  
**TU Campus**  
Łódź University of Technology  
Politechniki street 11, Łódź  
+48 42 631 23 16  
**UL Campus**  
University of Łódź  
Politechniki street 1/3, Łódź  
+48 42 631 23 16

In case of loss of the accreditation card, the holder of the card will be charged EUR 50 for issuing a new card. The accreditation can be withdrawn by SCAC in case of breach of conduct.

**EUSA REPRESENTATIVE**  
  
ADAM ROJCEK  
PRESIDENT EUSA

**ORGANIZING COMMITTEE**  
  
KRZYSZTOF JÓŹWIK  
RECTOR OF ŁÓDŹ UNIVERSITY OF TECHNOLOGY

Oath of the athletes: "On behalf of all students I promise that we shall take part in this Sport Event, respecting the rules which govern it, in the true spirit of friendship, fair-play and sportsmanship, for the honour of our country and our University and for the progress of the European University Sports Movement."

Oath of the referees: "In the name of all the judges and officials, I promise that we shall officiate in this Sport Event with complete impartiality, respecting and abiding by the rules which govern it in the true spirit of sportsmanship."

**ORGANIZERS**  
EUSA  
Łódź University of Technology  
University Sports Association  
ŁÓDŹ

**PARTNERS**  
UNIVERSITY OF ŁÓDŹ  
Ministry of Education and Science  
Ministry of Sport and Tourism of the Republic of Poland  
ŁÓDŹKA KOLEJ AGLOMERACYJNA  
toddzie  
EUROPEAN UNION

[f /eug2022](https://www.eug2022.eu)  
[i /eug2022lods](https://www.eug2022.eu)  
[v /eug2022](https://www.eug2022.eu)  
[t /eug2022](https://www.eug2022.eu)  
[in /eug-lodz-2022](https://www.eug2022.eu)  
[www.eug2022.eu](https://www.eug2022.eu)

## CATERING

There are five catering zones for players, volunteers and judges. The locations of the zones have been adapted to the accommodation of participants from each discipline.

Access to the zones will require QR and RFID codes placed on the accreditation cards.

Coffee breaks (coffee, snacks, cold drinks) are planned for the judges at the competition venues.

CATERING	PLAYERS AND VOLUNTEERS	EUSA	JUDGES	VIP
PLACE	CATERING ZONES, CREATED ON STUDENT CAMPUSES, CANTEN STANDARD TRAY SYSTEM	HOTEL RESTAURANT	ZONE CREATED ON THE STUDENT CAMPUS, RESTAURANT STANDARD	HOTEL RESTAURANT
WAITING TIME	UP TO 15 MINUTES	UP TO 15 MINUTES	UP TO 15 MINUTES	UP TO 15 MINUTES
WORKING HOURS	6:00- 23:00	6:00- 23:00	6:00- 23:00	6:00- 23:00
TYPE OF MEALS (CUISINE)	EUROPEAN CUISINE WITH CONSIDERATION FOR MULTICULTURALISM	EUROPEAN CUISINE WITH CONSIDERATION FOR MULTICULTURALISM	EUROPEAN CUISINE WITH CONSIDERATION FOR MULTICULTURALISM	EUROPEAN CUISINE WITH CONSIDERATION FOR MULTICULTURALISM
NUMBER OF MEALS PER DAY	BREAKFAST , LUNCH, DINNER	BREAKFAST , LUNCH, DINNER	BREAKFAST , LUNCH, DINNER	BREAKFAST , LUNCH, DINNER

## GENERAL MEDICAL SERVICES

### General information

During the EUG 2022, all the participants will have continuous access to medical emergency services provided by qualified medical staff, both during sport events as well as in accommodation and catering zones.

### Medical help during sport events

During all EUG 2022 sport competitions, all participants will have access to qualified medical staff. Medical services will be available in all sport venues in immediate proximity of all zones where players/teams are to compete.

### First Aid and Hospitals

In case of emergencies requiring first aid or basic medical help, there will be a medical room with a qualified nurse available 24 hours a day to deal with urgent health problems in both accommodation zones.

In case of injuries or emergencies requiring hospitalisation, the injured will be taken to the Centralny Szpital Kliniczny Uniwersytetu Medycznego w Łodzi (Central Clinical Hospital of the Medical University in Łódź) located at ul. Pomorska 251 in Łódź.

## ACCOMMODATION

The Organizing Committee has carefully selected accommodation for all of our expected and accredited guests – athletes, officials, volunteers, EUSA Family, VIP guests, referees, judges, EUSA members – who will be staying at the Student Campuses, in dormitories and official hotels.

Accommodation area is located in the Łódź district, well connected with the majority of the competition venues and training areas, and which is also close to the Łódź centre, cultural attractions, shopping centres, bars and clubs that offer bustling nightlife. All athletes and officials will be staying in the same accommodation site – the Student Campus of Łódź University of Technology and the Student Campus of University of Łódź. The high-capacity student dormitories were selected in hopes that competing in Łódź will also be the time of forming new memories and friendships with fellow sportsmen from all over Europe. Both our Student Campuses consist in total of 10 residential buildings (blocks of flats). Each block has its own entrance, info desk, reception desk (24 hours) and most have lifts. The Student Campus offers three types of rooms – single, double and triple rooms. Every residential block will have its own info desk located in the main lobby area, next to the reception. Trained volunteers will provide necessary information and assistance to all participants (competition, transport, menus, restaurant opening hours, extra services, etc.). Info desks working hours are from 08:00 until 22:00. Laundry service will be available at each Student Campus point, where our athletes can use it and pay laundry fee per official pricelist. The accommodation rules with important information will be available in every room.

All hotels dedicated to our other guest are close to each other and in the vicinity of the TUL Student Campus, as well. Hotel Holiday Inn (4\*) will accommodate the EUSA family, NUSA members and NUSA VIP members. The hotel has 127 rooms, 8 meeting rooms, an open lobby, a terrace, a gym and 70 parking lots. Holiday Inn is located in the very centre of the city on famous Piotrkowska Street. Hotel Base Camp (in standard 3\*) opened in 2020 will accommodate judges and referees. The total number of rooms is 600; there are 10 meeting rooms, a gym and 40 parking lots. Base Camp is located near the TUL Student Campus and in the proximity of the centre of Łódź.

### Check-in procedure

The check-in procedure will take place after an accreditation process in the Accreditation centre (passport and eligibility control, finances and rooming lists, etc.). The reception of guests will be performed in every Student Dormitory. The room keys will be given to the Head of Delegation (HoD) at the reception and the receipt of keys must be confirmed by the HoD with a signature. At the reception, the HoD receives the so-called Statement List to enumerate possible deficiencies or damage during the room inspection done by the HoD and accompanied by the host.

### Check-out procedure

The head of delegation needs to announce the check-out of the teams or individual athletes one day prior to the departure. The HoD's obligation is to inspect all rooms and return keys in a described manner. The room inspection will take place in the presence of the HoD and host of each dormitory. If there is no damage done, the HoD's with his/her team can leave the accommodation. If some damage is done, our host and HoD are obliged to fill out a damage fee form, which will be sent to the University representatives and deducted from each University. The amount of damage caused is determined according to the official pricelist of the dormitory.





## TRANSPORTATION

During the European Universities Games, transport services will be carried out using the following modes of transport:

- high-class coaches,
- city buses,
- minibuses
- vans
- passenger vehicles,
- trains.

Transport will be organized to all places where competitions and trainings will take place at least 500 meters from the athletes' village.

All vehicles used for transport are air-conditioned and may vary in size and capacity depending on the type of vehicle and the target group.

### The entire transport organisation during the European Universities Games has been divided into the following segments:

- transfers from the airport to the accreditation zone,
- transfers to the hotel, sports village,
- transfers to the airport from the hotel and the athletes' village.

### Shuttle transfers:

- timetable from 07:00 to 23:00,
- frequency of departures 20 minutes,
- timetable in accordance with events in sports facilities.

### Transfers to the opening and closing ceremonies of the Games:

Opening ceremonies:

- sports village - Atlas Arena - sports village,
- hotel for judges/referees - Atlas Arena - hotel for judges/referees,
- VIP hotel - Atlas Arena- VIP Hotel.

Closing ceremonies:

- sports village - Atlas Arena - sports village,
- hotel for judges/referees - Atlas Arena - hotel for judges/referees,
- VIP hotel - Atlas Arena- VIP Hotel.

### Transfers during the Rectors' Conference:

- high-class coaches.

### Transfers as part of other official events:

- number of vehicles on request.

### Official airport

The Organizing Committee provides transport to Lodz only from the Frederic Chopin Airport in Warsaw.



Organising Committee will not provide transport from any other airport.

## SAFETY AND SECURITY

### Safety and Security in Lodz

The safety and security of all the participants at the EUG 2022 is of utmost importance to the Organizing Committee. Even though Lodz is a safe and secure city, please take good note of the following safety tips recommended by the OC. During the EUG 2022 all security measures will be provided by the private security company working in strict cooperation with the Police and Municipal Police.

### Safety in Accommodation

The security guard is present in all accommodation facilities in case of emergency. Remember to always lock your room when you leave, even only for a few minutes.

Do not facilitate access to strangers.

Never lend out your room or residence keys to anyone.

Inform the accommodation staff of any lock defects or lost keys.

### Safety on the Street

Lodz is a relatively safe city, but at night in isolated areas you should avoid walking alone. Be aware of your surroundings when walking outside, especially if you are listening to music on your headphones or talking on your mobile phone. Avoid carrying your original passport and important documents (make copies and carry these instead). Avoid exposing cash or expensive items.

Do not leave laptops, books, or other valuable belongings unattended in common areas.

Respect pedestrian walk lights and crosswalks.

### Safety on Public Transport

When on bus or tram be aware of your surrounding and do not put valuable items in easy to access pockets. Pickpocketing is not common in Lodz, but it happens. If you are the only passenger on a bus or tram, sit as close as possible to the driver. At night, be particularly careful of oncoming traffic while getting off a bus.

### Non-smoking and alcohol policy

Smoking and drinking is strictly forbidden in all accommodation and sport venues.

### Items prohibited at all venues

The restricted items policy applies to spectators and accredited individuals at the EUG 2022. Accredited athletes and team officials will be permitted to bring items into venues that are required for specific disciplines. Prohibited items will not be permitted into venues under any circumstances.

### The list of prohibited items at venues is as follows:

- Placards, spray paint or any other item which could be used for demonstrations or sabotage within a venue;
- All items of an excessive size that may disturb the event or restrict the view;
- Professional recording and streaming equipment;
- Alcohol and intoxicating substances;
- Laser pointers, strobe lights and similar light-emitting devices;
- Pets or animals;
- Knives and bladed items;
- Firearms and ammunition, including replicas, component parts or any device resembling a firearm;
- Offensive weapons or implements such as flick knives and extendable batons, or anything that can be used to cause injury to another person;
- Fireworks, explosives, flares and smoke canisters;
- Toxic and dangerous materials.

EUG 2022 Security reserves the right to refuse entry at its discretion of any item that appears suspicious.



**LODZ2022**  
**EUROPEAN**  
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**GAMES**  
**EUSA**

# Events & Ceremonies

Opening Ceremony

Closing Ceremony

Award Ceremony

Rectors' Conference

Educational & Side events





## OPENING CEREMONY

During the opening of EUG Lodz 2022, the eyes of the entire sporting Europe will be focused in one place, on Atlas Arena - the largest sports and entertainment hall in Lodz. The facility, which can accommodate over ten thousand people, will host nearly 6,000 athletes, volunteers, judges and referees, who will proudly walk the boards of the iconic hall in Lodz, presenting their universities to an audience of several thousand people. Representatives of the highest state bodies, fans and residents of the city will be seated in the stands. The scenario of the event envisages transporting the audience to the world of music through the choir, orchestra and vocalists. All this will be presented on a large LED screen.

Ensuring that the ceremony, which will be broadcast live, runs smoothly depends on its time-consuming preparation. Hundreds of hours of rehearsals, careful elaboration of scenographic elements and analysis of the smallest details will allow us to leave a memento for future generations of this unique musical and visual show. During the Opening Ceremony, the four acts of the musical show we will see:

- Host Country - Poland
- Host and Partner City - Lodz
- Host University - Lodz University of Technology
- Sport through AZS and EUSA sports disciplines

**The opening ceremony will take place on 17.07.2022 at 21:00 in Atlas Arena,  
address: Bandurskiego Street 7, Lodz**



## CLOSING CEREMONY

The closing ceremony will take place just after the exciting handball final. During the ceremony we will witness a large-format 3D laser-multimedia spectacle, providing spectacular visual effects and at the same time combining an artistic work with an entertainment event. The compositional grandeur of colours, forms, lights and music forms the basis for a breathtaking laser and mapping spectacle. The splendour of the laser colours, the dynamism of the images, the attractive form and graphic complexity of the animations create a sublime production. Rays pulsating in perfect synchronization with sound create phenomenal, spectral spatial constellations. During the show, sports disciplines will be visualized with an emphasis on the shape of the silhouette of athletes, courts, rackets, balls. To achieve an astonishing effect, we will use a large-area projector for videomapping and laser lighting. An image synchronised to music and projected onto the vast surface of the handball court will sum up the two weeks of athletes' struggles and symbolically close the 6th European Universities Games

**The closing ceremony will take place in Sport Arena on 30.07.2022. at 19:00  
address: Unii Lubelskiej 2, Lodz.**





## AWARD CEREMONY

All Award Ceremonies will take place at the venues of final competitions, mostly, immediately after official results have been announced – approximately 15 minutes after the finals. The medal ceremony will be held at 14 sports venues where the final matches are held.

Award winners are kindly requested to:

- approach the Award Ceremony area dressed in university sports outfit, or competition uniforms, if requested by sport;
- approach the Award Ceremony area within 15 minutes upon completion of the finals;
- follow instructions given by staff members and volunteers.
- during all Award Ceremonies medals, cups and other special prizes will be awarded in accordance with the EUSA Regulations.
- No country flags will be allowed on the podium.



## RECTORS' CONFERENCE

### Rectors' Conference

„Academic Sport & Technological Innovation at European Universities”

July 15-17, 2022  
Lodz University of Technology

Governed by the European University Sport Association (EUSA) and organized by the National University Sport Associations (NUSA), the European Universities Games (EUG) are considered the largest European multisport student event and have the goal of promoting friendly competition, unity and tolerance, as well as facilitating friendship and companionship between students and universities.

The 6th European Universities Games that will gather over 6000 participants, will take place in Lodz – academic, cultural and industrial city in the centre of Poland.

As a part of the 6th European Universities Games 2022, Rectors' Conference 2022 will be held from July 15 to July 17, at Lodz University of Technology, focused on the common thread between sport and technology, as well as on how to develop, fund and support University sport. It will be a perfect opportunity to exchange ideas, experiences and examples of good practice. We encourage you to visit the event website <https://eug2022.eu/en/rectors-conference/>, where you can find the registration form and other organizational details.



## EDUCATIONAL & SIDE EVENTS

Educational and side events will take place during the event – for participants, volunteers and public. Educational programme is supported through the Erasmus+ programme of the European Commission.

### Educational events

- Seminar on sport for people with disabilities;
- Workshop on social inclusion of people with disabilities;
- Ecological workshop;
- Conference on volunteering in sport;
- Workshop on cooperation possibilities in the frame of Erasmus+ programme;
- Innovation in sports workshops;
- Events for volunteers – EUG Quiz, Language Exchange Tandem, Eurodinner, City Game, Beach sports event and more;

### Sambodrom

All athletes, judges, volunteers and fans will have the opportunity to walk together in a colorful parade along the representative street – Piotrkowska street from the Unicorn monument / clock measuring time to the EaEU to Plac Wolności (Freedom Square). The whole route measures 2km, and the participants will overcome it on foot in samba rhythms and in the company of dancers and numerous artists.

### Erasmus run

6th Erasmus Run - on July 24, 2022 along Piotrkowska Street in Lodz

The event is free and consists in the competition of relay teams (4-person), running as part of one series, over a distance of 10 km, in the formula of 10 x 1 km laps.

The event will also include a run of about 300 children participating in children's runs in 6 age categories.

The main point of the Run are:

- promotion of physical activity and sport at local, regional and European level under the Erasmus + program, including Erasmus + Sport;
- promoting volunteering in sport, equal opportunities and greater participation and equal access to sport;
- raising awareness of the importance of physical activity and a healthy lifestyle;
- promoting the involvement of young people and organizations in solidarity activities.



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**GAMES**  
**EUSA**

# Sports & Venues

Competition Venues  
Sport Equipment





## COMPETITION VENUES

**ANILANA**  
HANDBALL, TABLE TENNIS,  
PARA TABLE TENNIS



## COMPETITION VENUES

**ZATOKA SPORTU**  
WATER POLO, SWIMMING



**SPORT ARENA**  
HANDBALL, VOLLEYBALL,  
CLOSING CEREMONY



**MAŁACHOWSKIEGO  
HALL**  
BASKETBALL, FUTSAL



**ZATOKA SPORTU**  
BADMINTON, FUTSAL



**SKORUPKI HALL**  
TAEKWONDO, KICKBOXING





## COMPETITION VENUES

MINERSKA,  
ŁODZIANKA, SMS  
FOOTBALL



## COMPETITION VENUES

AZS COURTS  
TENNIS



PABIANICE HALL  
BASKETBALL



ZATOKA SPORTU  
CLIMBING



ZGIERZ HAL  
KARATE, JUDO, VOLLEYBALL



UNIVERSITY OF  
LODZ HALL  
BASKETBALL, FUTSAL





## COMPETITION VENUES

### GEYERS' GARDEN

BEACH VOLLEYBALL, BEACH  
HANDBALL, 3X3 BASKETBALL



### EC1 CHESS



## COMPETITION VENUES



## SPORT EQUIPMENT

The necessary equipment for each sport discipline will be provided by the organizer.  
The sports equipment used during EUG 2022 will be of the highest quality, complying with the current requirements of the rules of the game. Equipment used during the EUG 2022 will not cause danger to participants.

DYSCYPLINE	SPORTS EQUIPMENT
BADMINTON	SHUTTLECOCKS: VICTOR GOLD CHAMPION; COURTS: VICTOR
BASKETBALL	BALLS: FIBA APPROVED SPALDING MEN SIZE 7; WOMEN SIZE 6
3X3 BASKETBALL	BALLS: WILSON FIBA 3X3 OFFICIAL GAME BASKETBALL
BEACH HANDBALL	BALLS: TRIAL
BEACH VOLLEYBALL	BALLS: MIKASA VLS300 SIZE 5
CHESS	DIGITAL BOARDS AS PER ECU/FIDE REGULATIONS
FOOTBALL	BALLS: NIKE FIFA APPROVED
FUTSAL	BALLS: NIKE FIFA APPROVED
HANDBALL	BALLS: KEMPA SPECTRUM SYNERGY PLUS MEN SIZE 3; WOMEN SIZE 2
JUDO	TATAMI APPROVED BY IJF
KARATE	TATAMI APPROVED BY EKF AND WKF & SPORT DATA - SCORE SYSTEM
KICKBOXING	TATAMI APPROVED BY WKO & SPORT DATA - SCORE SYSTEM
PARA TABLE TENNIS	TIBHAR - ITTF REGULATIONS APPROVED TABLES & BALLS
SPORT CLIMBING	AS PER IFSC REGULATIONS
SWIMMING	50 M LENGTH; LANE LINES AS PER FINA REGULATIONS
TAEKWONDO	TATAMI APPROVED BY WT
TABLE TENNIS	TIBHAR - ITTF REGULATIONS APPROVED TABLES & BALLS
TENNIS	ITF APPROVED BALLS
VOLLEYBALL	BALLS: MIKASA V200W SIZE 5
WATER POLO	BALLS: MIKASA W6000W SIZE 5

## ORGANISING COMMITTEE STRUCTURE



COORDINATOR

ADMINISTRATION

ACCREDITATION

ACCOMODATION

MARKETING

BRANDING & PARTNERS

SPORT

VOLUNTEERS





LODZ2022  
EUROPEAN  
UNIVERSITIES  
GAMES  
EUSA

# EUGTEAM





## CONTACT

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Lodz University of Technology



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Association



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Lodz University  
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**LODZ2022**  
**EUROPEAN**  
**UNIVERSITIES**  
**GAMES**

**EUSA**

## TECHNICAL HANDBOOK





EUROPEAN  
UNIVERSITIES  
GAMES  
LODZ  
2022

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LODZ2022  
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# BADMINTON

## BADMINTON

Badminton is a racquet sport played using racquets to hit a shuttlecock across a net. Games are played on a rectangular indoor court. Points are scored by striking the shuttlecock with the racquet and landing it within the opposing side's half of the court.

The game developed in British India from the earlier game of battledore and shuttlecock. European play came to be dominated by Denmark but the game has become very popular in Asia, with recent competitions dominated by China. In 1992, badminton debuted as a Summer Olympic sport with four events: men's singles, women's singles, men's doubles, and women's doubles; mixed doubles was added four years later. At high levels of play, the sport demands excellent fitness: players require aerobic stamina, agility, strength, speed, and precision. It is also a technical sport, requiring good motor coordination and the development of sophisticated racquet movements.

The badminton map in Poland has changed in recent years. In the 70s and 80s, the most dynamically operating stocks were Łódź, Głubczyce and Wrocław, while 90 , Suwałki, Słupsk and Głubczyce. At present, the leaders are definitely Warsaw, Białystok and the Świętokrzyskie Voivodeship.

You want Lodz to join this noble group, where badminton reminded his people, it is developing very much.

This is evidenced by the performances of AZS UM Łódź. On the Badminton place of the ranking lists of the Polish Tobacco Association, there are min. Michał Kikosicki, Aleksandra Kołodziej, Aleksandra Felska. Dominika Cygan, Michał Suski, Jacek Kołumbajew. The mentioned players: Kikosicki, Aleksandra Kołodziej, Aleksandra Felska. Dominika Cygan, Michał Suski, Jacek Kołumbajew. The mentioned many win medals on many existing wounds already existing wounds already win medals at competitions, now many championship tournaments in individual old countries.

Badminton joined EUSA Family in 2004 when 1st European Universities Championship were played. Last competition was played in 2019 year in... Łódź (Poland). Over 100 participants representing 15 universities from 11 countries took part in the 12th edition of the EUC.

### Message from the EUSA technical delegate

Badminton is a fantastic Olympic sport which is traditionally on the programme of the European Universities Games and European University Championships. European badminton community is excited that the city of Lodz will be the host of the biggest European university multisport event.

Beautiful Zatoka Sports Centre will be the official venue for team and individual badminton tournaments.

Members of badminton teams of twenty universities will have a chance not only to compete but also to interact with representatives from other sports, socialize and have a lot of fun. For all the participants including organizers, hosts, guests and visitors it will be an unforgettable experience.

It was a privilege to cooperate with European University Sports Association, Badminton Europe Confederation and Local Organizing Committee.

I wish you all a very successful badminton tournament.



**Radomir Jovović**

**EUSA Badminton Technical Delegate**



# BADMINTON

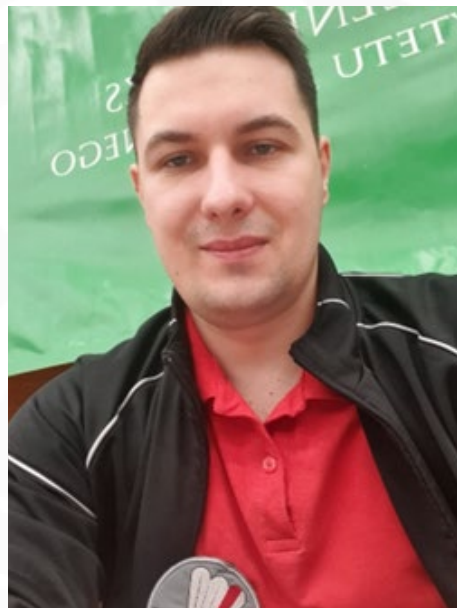
## Message from the OC Technical Delegate

My dear players.

Thank you all for coming and participating in this competition.

Apart from healthy and pure competition, I wish you a lot of fun and new friendships.

May these days be remembered forever.



**Arkadiusz Kołodziej**  
OC Badminton Technical Delegate

## COMPETITION INFORMATION

### Badminton Competition Committee

CHAIR	MR. KEMAL TAMER
EUSA TECHNICAL DELEGATE	MR. JOVOVIC RADOMIR
OC TECHNICAL DELEGATE	MR. KOŁODZIEJ ARKADIUSZ
LOCAL ASSISTANT	MR. MARCINKOWSKI ARTUR

### Competition Format

The team competition will be played in two (2) stages: the first stage will be played in groups, (round robin system) and the second stage will be played in a knock-out format system, set according to the respective sports regulations. Last group matches of the first stage, shall be played at the same time, whenever possible. Competition system (format) will be prepared in such a way, that competition concludes with matches for all final places (i.e. 1st, 3rd, 5th, 7th, 9th, 11th, 13th, 15th etc.). Taking part in conciliation tournament is compulsory.

The individual competition will be played in standard knock-out system in all five events (MS, WS, MD, WD, XD).

### Ranking and Seeding

Team tournament ranking and seeding will be decided by EUSA and will be based on results from previous EUSA Games and EUSA Championships.

# BADMINTON

For the seeding in the team competition the teams will be divided according to their ranking into 5 seeding groups of 4 teams. Group 1 will hold the teams ranked 1 to 5, group 2 will hold the teams 6 to 10 etc. From each of these seeding groups 1 team will be drawn into 1 of the competition groups, so that at the end there will be 5 groups of 4 teams. For the second stage of the team competition there will be a draw for each of the KO draws with seeds only for the KO draw with group winners.

For the individual competition, seeding will be according to the valid BWF world ranking at the time of the draw which will be done on the day prior to the start of the individual competition.

## Team's competition

During Group Stage, there's a first phase with 5 groups (A, B, C, D, E) of 4 teams each (round robin system). Afterwards, there's a second phase with 4 separate KO draws with 5 teams each as it follows:

**KO1** 1st ranked teams in group phase (5 teams)

**KO2** 2nd ranked teams in group phase (5 teams)

**KO3** 3rd ranked teams in group phase (5 teams)

**KO4** 4th ranked teams in group phase (5 teams)

In each of these 4 KO draws, there's a game that corresponds to a quarter final. The loser of these matches will be placed respectively 5th, 10th, 15th and 20th.

After that, for each KO draw there's the semi-finals and final, so that in the end of all matches for each KO groups we will have:

**KO1** Places 1 to 5 (there are two bronze medals)

**KO2** Places 6 to 10

**KO3** Places 11 to 15

**KO4** Places 16 to 20

## Individual Competition

Individual competition will be played in Knock out system. Competition Format will be defined as per number of athletes / doubles teams.

International Regulations and Exceptions: The competition will be played in accordance with the Laws of Badminton.

## Training program

Training rooms will be available for teams that would like to train, but advance reservations are required.

To reserve a training room, the head of delegation leader must fill out an online form, which will be available on the app by 5pm the day before the training.

On GTM day only, reservations will be available until 24:00

CALENDAR								
23	24	25	26	27	28	29	30	31
A	GTM	1	2	3	4	5	6	D

A – Arrivals

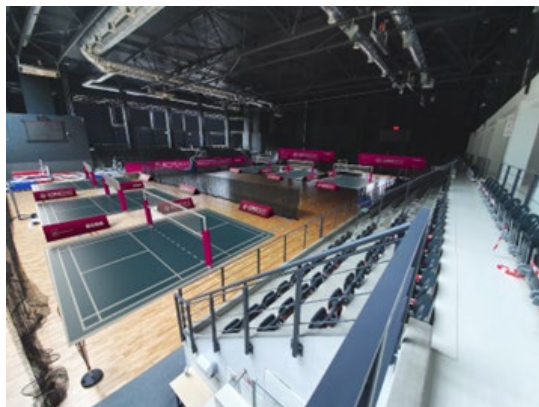
D – Departures

GTM – General Technical Meeting

1,2, (Number) – Number of Competition Days



# BADMINTON



## Sport equipment and material

Shuttlecocks - Victor Master Ace

Courts – Victor

## Competition and training venues

Address: Zatoka Sportu Politechniki 10, 93-590 Łódź

Competition hall – I floor

Training and warm up – III floor

## Medical and Security Services

EUSA - regulated medical care and an ambulance will be provided at all sites

Security Services will be provided in all the venues, to for entrance control and to assure all participants' safety.

## International regulations

The organization of the EUG Badminton shall be mainly based on the most recent Technical Regulations of the Badminton World Federation (BWF).

## Competitions

### Team Tournament:

- 1 (one) mixed team's tournament, maximum of 20 (twenty) teams.
- Each match in team's tournament consist of: 1 (one) women's singles match, 1 (one) women's doubles match, 1 (one) men's singles match, 1 (one) men's doubles match, 1 (one) mixed doubles match.

### Individual Tournaments:

- 1 (one) men's single tournament (MS), maximum 64 (sixty-four) men,
- 1 (one) women's single tournament (WS), maximum 64 (sixty-four) women,
- 1 (one) men's double tournament (MD), maximum 64 (sixty-four) men's pairs,
- 1 (one) women's double tournament (WD), maximum 64 (sixty-four) women's pairs,
- 1 (one) mixed double tournament (XD), maximum 64 (sixty-four) mixed pairs,

Individual tournaments are compulsory for participating teams. Entries to these tournaments only are not allowed. The host country is allowed to enter one additional entry in each of the events (MS, WS, MD, WD, XD) if the entered players /Universities are not taking part in the Team Tournament. The players entered for doubles and mixed doubles events should be from the same University.

## Program

The competitions consist of 6 (six) days. The General Technical Meeting, where the presence of each head of the delegation is obligatory, will be held 1 (one) day prior to the start of the competition.

## Delegation

The delegation will consist of minimum 2 (two) and maximum 6 (six) women athletes, of minimum 2 (two) and maximum 6 (six) men athletes and maximum of 3 (three) officials. The head of the delegation must be appointed. Each delegation playing the team competition may enter the individual competitions with a



# BADMINTON

maximum of 3 (three) men's singles, 3 (three) women's singles, 3 (three) men's doubles, 3 (three) women's doubles and 3 (three) mixed doubles.

## Referees

OC shall provide referees in cooperation with Badminton Europe  
OC shall provide 2 (two) sets of polo shirts per referee.

## Playing scheme

The format of the tournament will be decided by CTC taking into consideration the number of teams/athletes entered.

## Draw, seeding

The draw will be done in the presence of EUSA representative taking into account BWF, NSF (only individual tournaments) and EUSA Badminton ranking. The university team of the hosting city or in their absence the hosting country's highest ranked team will be placed on first (1) place in pool A. Teams from the same country shall, whenever possible, be placed in different pools.

## Financial obligations

In order to participate, all financial obligations towards EUSA and Organizing Committee need to be settled by the specified dates, as per EUSA Rules and Regulations.

## Uniforms

All teams participating in the team competition should have 2 (two) different unique team dresses in 2 (two) different colours (one in dark and one on light colours) with them. In the individual competitions doubles and mixed pairs should be dressed in the same colours. If players wear t-shirts with advertising, names or countries they have to respect the BWF rules about "clothing and advertising".

## Awards

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
Cups	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 3 <sup>rd</sup>	Team (athletes, officials)	European Universities Champion
Medals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 3 <sup>rd</sup>	Team, Doubles (MD, WD, XD), Singles (MS, WS)	European Universities Champion



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# BASKETBALL 3x3



## BASKETBALL 3X3

Year 2021 was a historical moment when 3x3 basketball has debuted during the 32nd Olympic Games which took place in Tokyo, Japan. 3x3 is considered as the most popular urban sport worldwide. Characteristic yellow-blue ball, one hoop, half of the court and 6 players, this is enough to play 3x3 basketball. The best competitions as World Cups and FIBA World Tours are played in shopping malls or iconic places. Due to the COVID-19 pandemic situation worldwide, European University Games 2020 in Serbia didn't take place. 3x3 basketball during European University Games 2022 in Lodz will be played in Geyer Gardens. The Local Organizing Committee will provide all necessary infrastructure to give opportunity for participants to play 3x3 on the highest level. During EUG 2018 in Coimbra, in the men's category gold medal was won by Vytautas Magnus University from Lithuania. Women's category winner was University of Pitesti from Romania.

### Message from the EUSA technical delegate

Dear students, athletes, coaches and referees,

We welcome you to the 6th European University 3x3 basketball games in Lodz. We are very excited that we have such a great event.

We hope you will all enjoy Lodz where sport is a part of culture and sportsmanship is a priority.

We want to thank the organization committee for organizing such a great international sport event. We wish all the teams a great success and may the best team win.

Success of the event depends on you, and let's make it unforgettable.

**Jeanine Tjin-A-Sioe**  
**EUSA 3x3 Basketball Technical Delegate**



### Message from the OC Technical Delegate

Dear Players,

3x3 basketball is becoming still more popular in Poland.

Last year, our Men's National Team qualified to Tokyo 2020 Olympic Games and won bronze medal of FIBA 3x3 Europe Cup. Together with LOC, we will try to prepare European University Games 2022 in Lodz on the highest level.

We hope that this event will be unforgettable for you. More than ten years ago, I was a volunteer during 10th European Universities Basketball Championship in Poznan and still remember this atmosphere of this event. I think that Lodz will be a place where you will come back later! Have a great time in Poland!

**Przemysław Żółtowski**  
**OC 3x3 Basketball Technical Delegate**



# BASKETBALL 3X3

## COMPETITION INFORMATION

### Basketball 3x3 Competition Committee

CHAIR	MR. MILAN ZVAN
EUSA TECHNICAL DELEGATE	MS. TJIN-A-SIOE JEANINE
OC TECHNICAL DELEGATE	MR. ŻÓŁTOWSKI PRZEMYSŁAW
LOCAL ASSISTANT	MR. MARCINKOWSKI ARTUR

### Competition Format

The competitions will be played in two (2) stages: the first stage will be played in groups, (round robin system) and the second stage will be played in a play-off format system, set according to the respective sports regulations. Last group matches of the first stage, shall be played at the same time, whenever possible. Competition system involves matches for all final places (i.e. 1st, 3rd, 5th, 7th, 9th, 11th, 13th, 15th etc.). Taking part in conciliation tournament is compulsory.

### Training program

Training rooms will be available for teams that would like to train, but advance reservations are required. To reserve a training room, the head of delegation leader must fill out an online form, which will be available on the app by 5pm the day before the training. On GTM day only, reservations will be available until 24:00

CALENDAR						
15	16	17	18	19	20	21
A	GTM	1	2	3	4	D

A – Arrivals

D – Departures

GTM – General Technical  
Meeting

1,2, (Number) – Number  
of Competition Days



### Sport Equipment and Material

Official balls - Wilson FIBA 3x3 Official Game Basketball

### Competition and training venues

Address: Ogrody Geyera Łódź

### Medical and Security Services

EUSA - regulated medical care and an ambulance will be provided at all sites

Security Services will be provided in all the venues, to for entrance control and to assure all participants' safety.



# BASKETBALL 3X3

## International regulations

The organization of the EUG 3x3 Basketball shall be mainly based on the most recent Technical Regulations of the International Basketball Federation (FIBA).

## Competitions

### Team Tournaments:

- 1 (one) men's tournament, maximum of 20 (twenty) teams,
- 1 (one) women's tournament, maximum of 20 (twenty) teams.

### Side tournaments:

- 1 (one) men's Slam Dunk Contest,
- 1 (one) men's Three-point Contest,
- 1 (one) women's Three-point Contest.

Side tournaments are non-compulsory for participating teams. Entries to these tournaments only are not allowed.

## Program

The competitions consist of 4 (four) days. The General Technical Meeting, where the presence of each head of the delegation is obligatory, will be held 1 (one) day prior to the start of the competition.

## Delegation

The delegation will consist of minimum 3 (three) and maximum 4 (four) athletes. The head of the delegation must be appointed.

## Referees

OC shall provide referees in cooperation with EUSA and FIBA (if clinic is organized).

OC shall provide 2 (two) sets of polo shirts per referee.

## Playing scheme

The format of the tournament will be decided by CTC taking into consideration the number of teams entered.

## Draw, seeding

The draw will be done in the presence of EUSA representative taking into account EUSA 3x3 Basketball ranking. The university team of the hosting city or in their absence the hosting country's highest ranked team will be placed on first (1) place in pool A. Teams from the same country shall, whenever possible, be placed in different pools.

## Financial obligations

In order to participate, all financial obligations towards EUSA and Organizing Committee need to be settled by the specified dates, as per EUSA Rules and Regulations.

## Uniforms

All teams have to bring 2 (two) different sets of uniforms, main colour light and the other dark. During the entire duration of the EUG competition each player must wear the same number.

# BASKETBALL 3X3

## Awards

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
FISU UWC	1 <sup>st</sup> , 2 <sup>nd</sup>	Team	Qualified to the University World Cup in accordance with FISU Regulations
Cups	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Team	European Universities Champion
Medals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Team (athletes, officials)	European Universities Champion
Other Awards	Fair Play	Team	Winner
	Most Valuable Player	Athlete	Most Valuable Player
	Top Scorer	Athlete	Top Scorer
	Slam Dunk Contest	Athlete	Winner
	Three-Point Contest	Athlete	Winner

## Protests

The HoD or an authorised representative of a team may file protest on published results to the TD. Each protest shall be accompanied by a deposit of two hundred (200) EUR. If the protest is upheld, the fee will be returned. Competition commission deals with the protest and its decision is final.

Protests on technical matters shall be submitted: within twenty (20) minutes after the end of the match to the TD for the match issues; before the start of next competition day on published results to the TD for the published issues; during the competition to the competition commission for technical issues; during the competition to the SCAC for non-technical issues within seven (7) days after the EUG to the EUSA EC for the EUG issues. Protests on referee decisions are not allowed, if it is not regulated differently in the ESF/ISF Regulations of the respective sport.

## Protests on non-technical matters

The SCAC is the highest authority of the EUG and controls overall organizational and technical aspects of the EUG. The SCAC is responsible for the interpretation of EUSA Regulations, for the supervision and smooth running of the EUG, settling any dispute, examining and dealing with any complaints or protests of a non-technical nature, taking emergency sanctions against participants (teams or individuals) who violate the EUSA Regulations, deciding of any other matters not covered in these Regulations, at the time of the EUG.





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**EUSA**

# BASKETBALL

## BASKETBALL

Basketball is one of the world's most popular and widely watched sports and one of the most enthusiastic and competitive sports in university sports. The game has many individual techniques for displaying skill – ball-handling, shooting, passing, shot-blocking, and rebounding.

Invented in 1891 by Canadian-American gym teacher James Naismith in Springfield (USA), basketball has evolved to become one of the world's most popular and widely viewed sports.

Basketball is a sport which started EUSA sport events as they are now. The first EUC were organised in Aveiro (POR) in 2001. Last tournament was played in 2019 Poznan (POL) with over 400 athletes making up 14 men's and 12 women's teams, representing 22 universities from 14 countries. In the men's finals, the title of champions went to Italy's University of Bologna and in the women's finals to University of Strasbourg.

### Message from the EUSA technical delegate

Dear student Athletes, Coaches, Referees and all Participants of the Basketball Tournament.

I would like to welcome all of you to Łódź for the 5th European Universities Games 2022.

Between the first and the final day I wish all of You great games, very comfortable stay, very interesting games in Women's and Men's Tournament.

I wish all the Referees very good games in Fairness and sportsmanlike behaviour. A great Thank You to the Organizer to present this great Tournament in Coimbra. The Team of Basketball Persons together with a great number of volunteers are here ready to help you feel welcome.

I wish all the Teams a great success and may the best Team win this Tournament.



**Peter George EUSA Basketball Technical Delegate**

### Message from the OC Technical Delegate

Ladies and Gentlemen, welcome to Łódź at the European University Games.

Łódź is called the city of four cultures not without reason. It is a city with a difficult and complicated history. Not only cultural but also trade routes connected here. From the very beginning there was a mix of people from every corner of the world here, and it is still so today. This is confirmed by our meeting today and the prelude to the start of the basketball tournament.

Returning to history, the most successful basketball section in Łódź are the multiple Polish champions, i.e. LKS basketball players. Among the athletes was Maria Kwasniewska, an athlete who won a bronze medal in the javelin throw at the 1936 Berlin Olympics. On behalf of the Polish Basketball Association, I wish all participants good luck and I am sure that their stay in Łódź will be an unforgettable experience. Let the European University Games begin!



**Bartłomiej Wojdak  
OC Basketball Technical Delegate**



# BASKETBALL

## COMPETITION INFORMATION

### Basketball Competition Committee

CHAIR	MR. FILIPE SANTOS
EUSA TECHNICAL DELEGATE	MR. GEORGE PETER
OC TECHNICAL DELEGATE	MR. WOJDAK BARTŁOMIEJ
LOCAL ASSISTANT	MR. MARCINKOWSKI ARTUR

### Competition Format

The competitions will be played in two (2) stages: the first stage will be played in groups, (round robin system) and the second stage will be played in a play-off format system, set according to the respective sports regulations. Last group matches of the first stage, shall be played at the same time, whenever possible. Competition system involves matches for all final places (i.e. 1st, 3rd, 5th, 7th, 9th, 11th, 13th, 15th etc.). Taking part in conciliation tournament is compulsory.

### Training program

Training rooms will be available for teams that would like to train, but advance reservations are required. To reserve a training room, the head of delegation leader must fill out an online form, which will be available on the app by 5pm the day before the training.

On GTM day only, reservations will be available until 24:00.

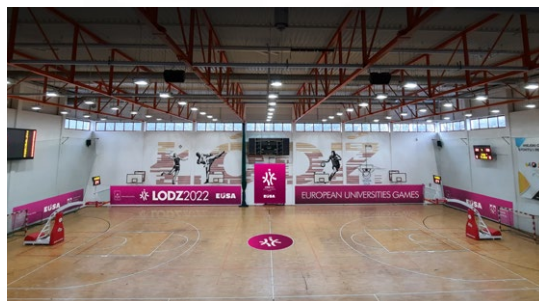
CALENDAR									
22	23	24	25	26	27	28	29	30	31
A	GTM	1	2	3	4	5	6	7	D

A – Arrivals

D – Departures

GTM – General Technical Meeting

1,2, (Number) – Number of Competition Days



### Sport Equipment and Material

Official Balls - FIBA approved Spalding men size 7, women size 6

### Competition and training venues

University of Lodz hall,  
Małachowskiego hall

### Medical and Security Services

EUSA - regulated medical care and an ambulance will be provided at all sites

Security Services will be provided in all the venues, to for entrance control and to assure all participants' safety.

### International regulations

The organization of the EUG Basketball shall be mainly based on the most recent Technical Regulations of the International Basketball Federation (FIBA).

# BASKETBALL

## Competitions

### Team Tournaments:

- 1 (one) men's tournament, maximum of 16 (sixteen) teams,
- 1 (one) women's tournament, maximum of 12 (twelve) teams.

## Program

The competitions consist of 7 (seven) days. The General Technical Meeting, where the presence of each head of the delegation is obligatory, will be held 1 (one) day prior to the start of the competition.

## Delegation

The delegation will consist of minimum 10 (ten) and maximum 12 (twelve) athletes and minimum of 1 (one) and maximum of 5 (five) officials. The head of the delegation and coach must be appointed.

## Referees

The delegation shall include a referee with at least the highest national license; the relevant license of the National Basketball Federation must be submitted within the Quantitative entry deadline. Delegation failing to fulfil this obligation must pay 1.000 EUR to the Organizing Committee. Accommodation and food for the referee must be provided by the OC without charging the participation fee; no refereeing fee is provided. OC shall provide 2 (two) sets of polo shirts per referee.

## Playing scheme

The format of the tournament will be decided by CTC taking into consideration the number of teams entered.

## Draw, seeding

The draw will be done in the presence of EUSA representative taking into account EUSA Basketball ranking. The university team of the hosting city or in their absence the hosting country's highest ranked team will be placed on first (1) place in pool A. Teams from the same country shall, whenever possible, be placed in different pools.

## Financial obligations

In order to participate, all financial obligations towards EUSA and Organizing Committee need to be settled by the specified dates, as per EUSA Rules and Regulations.

## Uniforms

All teams have to bring 2 (two) different sets of uniforms, main colour.

## Awards

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
Cups	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 3 <sup>rd</sup>	Team (athletes, officials)	European Universities Champion
Medals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 3 <sup>rd</sup>	Team, Doubles (MD, WD, XD), Singles (MS, WS)	European Universities Champion





LODZ2022  
EUROPEAN  
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# BEACH HANDBALL

## BEACH HANDBALL

Beach Handball is a sport with a simple structure, very few restrictions, easy rules and acrobatic skills. The main principle of this sport is the spirit of Fair Play.

It was Italian coach Simonetta Montagni who first began developing handball on the beach at about the same time as the players in the Netherlands began experimenting with the new trend sport. In 1990, the newly elected president of the Italian federation, Ralf Dejaco, recognized the attractiveness of the sport and asked the Italian coach, Luciano Bartolini, to begin work on the first set of rules for the game. Bartolini developed a concept for a quick and spectacular game with a goalkeeper and three court players per team and a substitution area the full length of the court.

The original rules were adapted, tested and modified constantly while the general popularity of beach handball increased all over Europe, proved by the first ever European-wide calendar of beach handball events in 1997.

It was to take just 10 years until the young game of beach handball was to become an official EHF sport – with the organization of the very first EHF Beach Handball European Championship in Gaeta, Italy in 2000.

The EHF was fully aware of the development and started several activities such as the first coaches' course in 2005, the implementation of the European Beach Handball Tour (ebt) in 2003 and the installation of the EHF Beach Handball Commission in 2007.

This rapid development of the sport, which includes the first ever Beach Handball World Championship in 2004 in Egypt, has not reached its end.

Polish Handball federation with the local organizer was a host of the Beach Handball EHF EURO 2019 in Stare Jablonki. With the participation of 20 men's and 20 women's teams that was the biggest ever championship in beach handball.

Having already made its debut at the 2018 Youth Olympic Games hopes are high that the sport can become part of the senior Olympic program.

Since 2018 Beach Handball become a part of EUSA family with first EUSA EHF EUC held in Zagreb 2019.

With a passionate and dedicated community behind it, it would be the ultimate achievement for a fledgling sport whose journey has only just begun.

### Message from the EUSA technical delegate

Dear beach handball friends,

Lodz is going to proudly host European Universities Games 2022. It is a pleasure for me to welcome all distinguished members of EUSA, teams, students, athletes, coaches, team leaders, guests and volunteers, EHF referees and delegates and I wish you all a pleasant stay in this beautiful city.

For the first time Beach Handball is a part of this fantastic event, which is a great honor and responsibility for all of us. During the next days, we will enjoy a great beach handball competition with exciting matches and I am sure that athletes will give their best and compete respecting the rules and their opponents and in the spirit of Fair Play. May the best teams win.

**Jelena Eric**  
**EUSA Beach Handball Technical Delegate**





# BEACH HANDBALL

## Message from the OC Technical Delegate

It is my great honor to welcome you to this amazing event. For the first time in the history of the European University Games Beach handball will be a part of this fantastic event. Poland is a country where the history of beach handball is being made. Three years ago, we organized the largest European beach handball championship in history. A few weeks ago, the inauguration of a new series „International Handball Federation Beach Handball Global Tour” took place here, and next year beach handball will be for the first time on the program 2023 European Games which will take place also in our country.

Enjoy the competition, enjoy the EUG spirit, enjoy Łódź and be part of the history of beach handball.

I wish you all an unforgettable time in Łódź, which will stay in Your memory for a long time.

**Marek Góralczyk**

**OC Beach Handball Technical Delegate**



## COMPETITION INFORMATION

### Beach Handball Competition Committee

CHAIR	MR. ILAN KOWALSKY
EUSA TECHNICAL DELEGATE	MS. ERIC JELENA
OC TECHNICAL DELEGATE	MR. GÓRALCZYK MAREK
LOCAL ASSISTANT	MR. WLAŻLIK JAKUB

### Competition Format

Competition system (format) will be prepared in such a way, that competition concludes with matches for all final places (i.e. 1st, 3rd, 5th, 7th, 9th, 11th, etc.).

### Competition program

We will have a maximum of three matches per day with a daily start at 9 AM and the last game preview at 18h00. Competition will be held following the EUSA document "Rules and Regulations for the European Universities Games 2022". The organization of the EUG Beach handball shall be based on the most recent "Rules of the game" edition 3. October 2021. International Handball federation (IHF) and European Handball Federation (EHF).

### Training program

Training rooms will be available for teams that would like to train, but advance reservations are required. To reserve a training room, the head of delegation leader must fill out an online form, which will be available on the app by 5pm the day before the training.

On GTM day only, reservations will be available until 24:00.

# BEACH HANDBALL

## CALENDAR

21	22	23	24	25	26
A	GTM	1	2	3	D

A – Arrivals

D – Departures

GTM – General Technical Meeting

1,2, (Number) – Number of Competition Days



### Sport Equipment and Material

Official balls - Trial

### Competition and training venues

Address:

Address: Ogrody Geyera

Piotrkowska 293/305, 90-369 Łódź

## Medical and Security Services

EUSA - regulated medical care and an ambulance will be provided at all sites

Security Services will be provided in all the venues, to for entrance control and to assure all participants' safety.

## International regulations

The organization of the EUG Beach Handball shall be mainly based on the most recent Technical Regulations of the IHF and EHF (EHF Beach handball EURO regulations and IHF Rules of the Games Beach Handball).

## Competitions

### Team Tournaments:

- 1 (one) men's tournament, maximum of 12 (twelve) teams,
- 1 (one) women's tournament, maximum of 12 (twelve) teams.

## Program

The competitions consist of 3 (three) days. The General Technical Meeting, where the presence of each head of the delegation is obligatory, will be held 1 (one) day prior to the start of the competition.

## Delegation

The delegation will consist of minimum 8 (eight) and maximum 12 (twelve) athletes and minimum of 1 (one) and maximum 4 (four) officials. One official (coach) must be appointed.

## Referees and delegates

Referees and Delegates will be appointed by EHF (Beach Handball Commission) in cooperation with EUSA.

## Playing scheme

The format of the tournament will be decided by the CTC taking into consideration the number of teams entered.

## Draw, seeding

The draw will be done in the cooperation between EUSA and EHF.

Teams from the same country shall, whenever possible, be placed in different pools.



# BEACH HANDBALL

## Financial obligations

In order to participate, all financial obligations towards EUSA and Organizing Committee need to be settled by the specified dates, as per EUSA Rules and Regulations.

## Uniforms

Each team is required to have at 3 full team kit (80% has to be solid colour, rule 4.8. IHF Beach Handball Rules of the Game) in different colours for their players (court players and goalkeeper/specialists). Sleeveless and close fitting tank tops and shorts are obligatory for men and sleeveless and close fitting body fit tank tops and short tight pants are obligatory for women (see IHF Beach Handball rules of the Game – Athlete Uniform Regulations at the following link: [https://www.ihf.info/sites/default/files/2021-10/09B%20-%20Rules%20of%20the%20Game\\_Beach%20Handball\\_E\\_0.pdf](https://www.ihf.info/sites/default/files/2021-10/09B%20-%20Rules%20of%20the%20Game_Beach%20Handball_E_0.pdf)). For the matches of the EUG each player's number announced during GTM must be affixed on the back and front of the shirt of the respective player. During the entire duration of the EUG each player must wear the same number. The athletes number (of approx. 12x10 cm for the men's tank tops and 8x6 cm for the women's tops) must be placed on the front and back of the tops.

## Athletes uniforms

Athletes' uniforms and accessories contribute to helping athletes increase their performance as well as remain coherent with the sportive and attractive image of the sport.

This part of the rules provides all the details concerning uniform and accessory specifications with regards to color, style, quantity, fabric and brandings, which all teams and organizers are expected to utilize.

The Competition Management (CM) must check each participating team's athletic uniforms during the Technical Meeting (TM) and during the event. All men's and women's athletic uniforms must correspond to the standards indicated hereunder. According to the Olympic Charter, religious, political and racial messages are strictly forbidden on athletic uniforms.

## Men's tank top / Women's body fit tank top style

The style of the tank tops / body fit tank tops must be in accordance with the graphics below. The men's tank tops and the women's body fit tank tops must be sleeveless and close fitting, and respect the space for the required brandings. T-shirts that are worn under the team's official tank top are not allowed.

### • Color

Tank tops / body fit tank tops will be of bright and light colors (i.e. red, blue, yellow, green, orange and white) in the attempt to reflect the colors usually used and worn on the beach.

### • Brandings

- Promoter's / sponsor logos: The promoter's/sponsor logos can be printed on the front and back of the men's tank tops and the women's body fit tank tops.
- Manufacturer's logo: The manufacturer's logo is printed on the front of the tank tops / body fit tank tops and must not exceed 20 cm<sup>2</sup>.

- **Athlete's number:** The athlete's number (of approx. 12x10 centimeters) must be placed on the front and back of the men's tank tops and the women's body fit tank tops. This information must be printed in a contrasting color to that of the tank top / body fit tank top (i.e. light on a dark tank top / body fit tank top, dark on a light tank top / body fit tank top).

## Men's and women's shorts style

Team members must wear identical shorts. Male athletes must wear shorts as per the graphics below. The players' shorts, if not too baggy, can be longer but must remain 10 centimeters above the kneecap. Female athletes must wear short tight pants with a close fit that are in accordance with the graphics below.

# BEACH HANDBALL

Teams are authorized to have sponsor logos (including manufacturer) on their shorts, located in any position and of any size.

There is no limitation in the number of the sponsors to be displayed on the shorts. Athletes are required to print their name and nickname on their shorts/bottoms.

The respective team officials must submit their own team's uniforms for approval during the pre-competition TM. T-shirts that are worn under the team's official tank top are not allowed.

## • Uniform for cold weather

During severe weather conditions, players will be allowed to use uniforms composed of tight shirt, long tight pants (down to the ankle and not to the knees). These must be consistent in style and color following the same marketing rules as for the players' shorts, regardless of size and position. The CM will be ultimately responsible to allow players to wear such a special uniform whenever will be required, after having consulted with the official medical staff.

For the cold weather tank tops / body fit tank tops, sponsor logos are allowed on the cold weather gear for both men and women. For cold weather pants, sponsor logos are allowed both for men and women according to the general ruling, as stated above.

Each team is required to have at 4 full team kit (80% has to be solid color, rule 4.8. IHF Beach Handball Rules of the Game) in different colors for their players (court players and goalkeeper/specialists). (see IHF Beach Handball rules of the Game - Athlete Uniform Regulation).

For the matches of the EUG each player's number (12x10 cm) announced during GTM must be affixed on the back and front of the shirt of the respective player. During the entire duration of the EUG each player must wear the same number.

All teams are required to present all 4 playing kits at GTM as well as final delegation list (max 12 players and minimum 6 per team, plus maximum 4 officials).



## Balls

- The game is played with a round, non-slippery rubber ball. The men's ball weighs 350 to 370 grams and has a circumference of 54 to 56 centimeters; the women's ball weighs 280 to 300 grams and has a circumference of 50 to 52 centimeters. A smaller ball may be used for children's games.
- Prior to each game at least 4 regulation balls must be available. The 2 reserve balls should be kept in the middle behind each goal in a designated area and the 3rd reserve ball should be kept at the timekeeper's table.

In order to minimize any playing time interruptions and avoid time-outs, the goalkeeper indicated by the referee should bring a replacement ball into the play as quickly as possible, when the ball has left the playing court.



# BEACH HANDBALL

## Protest on non-technical matters

### REG 32

The SCAC is the highest authority of the EUG and controls overall organizational and technical aspects of the EUG. The SCAC is responsible for the interpretation of EUSA Regulations, for the supervision and smooth running of the EUG, settling any dispute, examining and dealing with any complaints or protests of a non-technical nature, taking emergency sanctions against participants (teams or individuals) who violate the EUSA Regulations, deciding of any other matters not covered in these Regulations, at the time of the EUG.

## Protest on technical matters

CTC supports SCAC and is responsible for: confirming the competition system (format) and daily schedule, dealing with any complaints or protests of technical nature and taking sanctions of a technical nature, appointing additional bodies and allocating responsibilities which might be required by rules of the concerned ISF/ESF or by necessities of the competition.

### REG 71

The HoD or authorised representative of the team may protest on behalf of competitors or team. Each protest shall be accompanied by a deposit of two hundred (200) EUR except for the following sports: Basketball, Beach Handball, Handball, Football, Futsal, Volleyball and Water Polo where the deposit is five hundred (500) EUR. If the protest is upheld, the fee will be returned. The protests shall be submitted:

REG 71.1 during the GTM for draw related protests

REG 71.2 within twenty (20) minutes after the end of the match to the TD for the match issues,

REG 71.3 before the start of next competition day on published results to the TD for the published issues,

REG 71.4 during the competition to the CTC for technical issues,

REG 71.5 during the competition to the SCAC for non-technical issues,

REG 71.6 within seven (7) days after the EUG to the EUSA EC for the EUG issues.

## International regulation and exception

The EUG Handball 2022 will be played according to the latest regulations approved by IHF.

All matches shall be played in 2 x 10 minutes with a half-time of 5 minutes, according to the official IHF Rules for Beach Handball.

Points are awarded as follows:

- a. win 2 points
- b. loss 0 points

Periods are defined/awarded as follows:

First half: win 1 period  
loss 0 periods

Second half: win 1 period  
loss 0 periods

Shoot-out: win 1 period  
loss 0 periods

Goal points are awarded according to the official IHF Rules of the Game for Beach Handball.

## BEACH HANDBALL

Teams are ranked by adding the points gained.

- If, after completion of the group matches, two or more teams have gained the same number of points, the following ranking system will apply:
  - a. results in points between the teams concerned
  - b. period difference in the matches between the teams concerned
  - c. goal point difference in the matches between the teams concerned
  - d. greater number of plus goal points in the matches between the teams concerned
- If there is still a tie, the following system is used to decide between these teams, as long as the contested place is not the last place within the group:
  - a. period difference is subtracted in all matches.
  - b. greater number of plus periods in all matches.
  - c. goal point difference is subtracted in all matches
  - d. greater number of plus goal points in all matches.
- If a ranking is still not possible, a draw shall decide. The EHF shall make the draw, if possible, in the presence of the persons being in charge of the teams concerned.

### Awards

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
Cups	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Team	European Universities Champion
Medals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Team (athletes, officials)	European Universities Champion
Other Awards	Fair Play	Team	Winner
	Most Valuable Player	Athlete	Most Valuable Player
	Top Scorer	Athlete	Top Scorer





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# BEACH VOLLEYBALL

## BEACH VOLLEYBALL

Initially, volleyball was perceived as a form of entertainment and was popular mainly in the USA. Since 1996 beach volleyball has been a variety of volleyball which is an Olympic discipline.

Beach volleyball is a team game which is mainly determined not only by a court surface but also by harsh and variable weather conditions.

In Poland beach volleyball is a very popular sport, perfectly exemplified by successes achieved in the European or World Championships and Olympics.

Over 120 participants from 43 universities and 22 different countries were present in Koper, Slovenia for the 12th edition of the European Universities Beach Volleyball Championship.

In the women's competition, an extremely tense gold medal was won by Eva Pfeffer and Franziska Friedl from Vienna University, who beat University of Warsaw's Izabela Błasiak and Paula Slonecka. The men's final ended in an unexpected manner, as a severe storm hit the Slovene coastal region, forcing participants, spectators and organisers indoors. After a lengthy delay, EUSA officials decided to split the gold medal among both Austrian finalists, with Peter Eglseer and Florian Schnetzer (University of Linz) and Felix Friedl and Maximilian Trummer (University of Graz) sharing first prize.

### Message from the EUSA technical delegate

Dear representatives of delegations, dear friends of present NUSAs, dear members of the Organizing Committee  
I'm happy and honored to be your EUSA Technical Delegate at the EUG Beachvolleyball Championship here in the wonderful city of Lodz, Poland.

We are looking forward to a week of challenging competitions. This event is not only important for sport but as well for improving the EUSA community, because students coming from all over Europe will meet each other, learn from each other and make new friends.

This way, we will all work on lowering down fences between nations and societies in these complicated times. Every teams will try to perform at their best, compete in a fair play manner, respect the rules and regulations of the event, the referees' decisions as well as their opponents and will get support from spectators and fans.

This is the European spirit like we want to see it and a strong signal that the idea of a European Community is getting stronger and better through sport. 24 team's women and men will participate in Poland. I'd like to express our thanks and admiration to the members of the organizing committee efforts to organize that event for all of us.



**Anton Fichtinger**  
**EUSA Beach Volleyball Technical Delegate**



# BEACH VOLLEYBALL

## Message from the OC Technical Delegate

Dear Students,

Welcome to Łódź - the cradle of Polish beach volleyball. Beach volleyball is trained by Polish representatives of volleyball here and in nearby Spała. Łódź is a perfect place to get to know a multicultural spirit of an industrial city, it is also a favourite young people's venue. I hope you will achieve the best sports results and have an opportunity to socialize with one another, and hopefully Łódź will remain in your memory for a long time.

**Krzysztof Wojtunik**  
OC Beach Volleyball Technical Delegate



## COMPETITION INFORMATION

### Beach Volleyball Competition Committee

CHAIR	MS. AGITA ABELE
EUSA TECHNICAL DELEGATE	MR. FICHTINGER ANTON
OC TECHNICAL DELEGATE	MR. WOJTUNIK KRZYSZTOF
LOCAL ASSISTANT	MR. WLAŻLIK JAKUB

### Competition Format

- July 16 & 17: Pool Play (6 pools of 4 teams)
  - July 17 – 20: Double Elimination Main Draw 12\*/12\*\* brackets
    - \* 1st, 2nd teams qualify for the 12-Double elimination Main Draw (1-12)
    - \*\* 3rd & 4th teams qualify for the 12-Double elimination Main Draw (13-24)
- Ranking in the pool: matches won, set ratio, point ratio
- 1-12: Seeding in the 12 bracket: best 1st of the groups ... worst 2nd of the groups
- 13-24: Seeding in the 12 bracket: best 3rd of the groups ... worst 4th of the groups

### Training program

Training rooms will be available for teams that would like to train, but advance reservations are required. To reserve a training room, the head of delegation leader must fill out an online form, which will be available on the app by 5pm the day before the training. On GTM day only, reservations will be available until 24:00

# BEACH VOLLEYBALL

CALENDAR							
14	15	16	17	18	19	20	21
A	GTM	1	2	3	4	5	D

A – Arrivals

D – Departures

GTM – General Technical Meeting

1,2, (Number) – Number of Competition Days



## Sport Equipment and Material

Official balls - MIKASA VLS 300

## Competition and training venues

Ogrody Geyera

Piotrkowska 293/305, 90-369 Łódź

## Medical and Security Services

EUSA - regulated medical care and an ambulance will be provided at all sites

Security Services will be provided in all the venues, to for entrance control and to assure all participants' safety.

## International regulations

The organization of the EUG Beach Volleyball shall be mainly based on the most recent Technical Regulations of the International Volleyball Federation (FIVB) and the European Volleyball Confederation (CEV).

## Competitions

### Team Tournaments:

- 1 (one) men's tournament, maximum of 24 (twenty-four) teams,
- 1 (one) women's tournament, maximum of 24 (twenty-four) teams.

## Program

The competitions consist of 5 (five) days. The General Technical Meeting, where the presence of each head of the delegation is obligatory, will be held one day (1) prior to the start of the competition.

## Delegation

The delegation will consist of 2 (two) athletes and maximum of 2 (two) officials. The head of the delegation must be appointed.

## Referees

OC shall provide referees.

The delegation may, at its own cost, include a referee with at least the highest national license, but preferably with an International (FIVB) qualification; a relevant license of the International/National Volleyball Federation must be submitted within the quantitative entry deadline. Accommodation and food for the referee must be provided by the OC without charging the participation fee; no refereeing fee is provided.

OC shall provide 2 (two) sets of polo shirts and 1 (one) white sun protection hat per referee.

## Playing scheme

The format of the tournament will be decided by CTC taking into consideration the number of teams entered.



# BEACH VOLLEYBALL

## Draw, seeding

The draw will be done in the presence of EUSA Representative taking into account FIVB and EUSA Beach Volleyball ranking.

The university team of the hosting city or, in their absence, the hosting country's highest ranked team will be placed on first (1) place in pool A. Teams from the same country shall, whenever possible, be placed in different pools.

## Financial obligations

In order to participate, all financial obligations towards EUSA and Organizing Committee need to be settled by the specified dates, as per EUSA Rules and Regulations.

## Uniforms

Player's shirts: each player should at least get 2 (two) shirts, preferably in different colours for the competition from the OC.

Normally, the semi-finalists and finalists get another 2 (two) shirts on the final day (one to play and one for the awarding ceremony).

Player's shirts must be numbered "1" and "2". The numbers must be placed both on the chest and on the back of the shirt. The shirt cuts need to be tank top style shirt (men) and sport top style (women). Shirts are provided by the OC. Player's shorts/briefs: players of a given team must wear uniforms of the same colour and style according to tournament regulations.

## Awards

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
Cups	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Team	European Universities Champion
Medals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Team (athletes, officials)	European Universities Champion
Other Awards	Most Valuable Player	Athlete	Most Valuable Player

## Rules and regulations

- EUSA Rules and Regulations for the EUG – Edition 2022
- Latest FIVB regulation for the international competition, including the following exceptions:
  - **Maximum games per team per day:** 3 games
  - **Protests:** according to EUSA Rules
  - **Coaching:** Coaching is NOT allowed in Beach Volleyball.
  - **Sanctions:** Verbal warning / Written warning / Expulsion from the competition site.
  - **Medical Time Outs:** According to the FIVB RIT / medical time-out protocol incl. the following adaptations:  
A maximum of 1 medical injury time-out per player within the entire EUG are allowed. Extra medical injury time-outs will be sanctioned with 100 EUR each.

## Competition schedule

- Competition start: 9.00am (day of the opening ceremony 8:30) / Last game start: 7.10pm
- Announced times = 'game does not start before'
- 50min time slots / 60min time slots for some matches and the final day
- Short break between the morning and afternoon session (not on the day of the opening ceremony)

## Getting official documents (results etc.)

- Daily results will be available online within 2h after the finish of the last competition
- Printed results/protest/warnings at the competition venue and at the campus info desk at the end of each competition day

## BEACH VOLLEYBALL

### Protest

Head of Delegation may protest in written on behalf of their athletes or team. Protest must be accompanied by a deposit of 200 EUR (refundable if justified) and submitted to the EUSA representative, as follows:

- within 20 min after match on match issues;
- within 1 hour after published official daily sport results and statistics for the published issues,
- whenever during the EUG on non technical issues.

Protest on referee or match official decision is not permitted.





**LODZ2022**  
**EUROPEAN**  
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**CHESS**

## CHESS

Poland has a rich and long chess tradition. The greatest chess success in the interwar period was the gold medal won by the men's representation at the Chess Olympiad, which took place in 1930 in Hamburg. Poland was represented then by: Akiba Rubinstein (the best player of the Olympiad), Ksawery Tartakower, Dawid Przepiórka, Kazimierz Makarczyk and Paulin Frydman. In the interwar period the Polish team was a chess power. At that time it won 6 medals out of 7 starts.

The women's national team won 3 medals at the Chess Olympiads - two bronze (La Valetta, 1980 and Bled, 2002) and one silver (Baku, 2016).

Poland is also known for the Akiba Rubinstein Chess Festival, which is the oldest chess tournament in Poland. The first festival was organised in Polanica-Zdrój in 1963. In those years it was one of the strongest tournaments in the world, in which many outstanding chess players competed, among others women's champions and world champions: Max Euwe, Mikhail Tal, Vasily Smyslov, Anatoly Karpov, Maja Chiburdanidze, Nona Gaprindashvili, Zsuzsa Polgar.

Currently, Polish chess is turning its attention to the person of Jan Krzysztof Duda, who won the 2021 World Cup, thanks to which he qualified for the Candidates Tournament, the winner of which will play in the world championship match against Magnus Carlsen.

In 2021, Poland was the organizer of the World Rapid and Lightning Chess Championships, where Jan Krzysztof Duda won the bronze medal.

In addition, Poland has many Open tournaments, which are very attractive as they are a combination of sporting and touristic activities.

### Message from the EUSA technical delegate

The game of chess is a noble ancient one. It is indeed a sport that teaches us many skills and qualities on which we can draw in many other areas of our lives. Chess requires the patience to study carefully what is taking place on the board and to take responsibility for our actions so that we do not make a rash move which we will later regret. We must be aware of our opponents' strengths and weaknesses and try to anticipate their strategies. And, of course, having played so many games of chess I am sure you have all learnt one of life's most important lessons; how to be compassionate in victory and gracious in defeat.

Poland has achieved tremendous success in chess in recent years. The world-famous Jan-Krzysztof Duda became a participant in the tournament of candidates for the world championship.

The Polish Chess Federation has organized many FIDE and ECU official competitions and numerous international events.

The EUG 2022 in Lodz will proudly continue that tradition.

I am sure that the participants will have a wonderful time in Lodz and I wish them all a great tournament.

International Grandmaster, European champion 2021 in the team of Ukraine



**Oleksandr Sulypa**  
**EUSA Chess Technical Delegate**



# CHESS

## Message from the OC Technical Delegate

Dear students, dear guests,  
Welcome to Lodz!

I am very happy that chess is part of this year's European Universities Games. I am convinced that the competition will be at the highest level and chess will become a permanent element of all EUG disciplines in the future editions. As an active player, FIDE class chess referee and former student I am very happy that young people are able to combine learning with playing chess. It is a great combination which brings benefits both in the sporting and academic spheres. Chess helps concentration, enhances creativity, develops logical thinking which has a positive impact on learning abilities at university. The royal game as a sport requiring strategic and critical thinking influences decision-making in all areas of life. As vice-president of the chess association in Lodz, I am very pleased that such a prestige event has come to Lodz. I hope that it will have a positive impact on the development of chess in this city. Together with the whole organizational team we will try to make this European Universities Games something amazing and unforgettable for you. I wish you a pleasant stay in Lodz and I hope that your stay in Lodz will make you happy to return to Poland, because this is a country worth visiting more than once. Good luck in the Championship!



**Rafał Kowalczyk**  
**OC Chess Technical Delegate**

## COMPETITION INFORMATION

### Chess Competition Committee

CHAIR	MR. ZOLTÁN RAKACSKY
EUSA TECHNICAL DELEGATE	MR. SULYPA OLEKSANDR
OC TECHNICAL DELEGATE	MR. KOWALCZYK RAFAŁ
LOCAL ASSISTANT	MR. KOZŁOWSKI KAMIL

### Competition Format

Main event is the rapid tournament, separately men and women section, with time control 25min followed by an increment of 10 sec/move, starting from the move 1. There will be 9 rounds, Swiss system and computer pairing. FIDE Laws of Chess for Rapid tournaments with the article A4 apply.

Side event is blitz tournament with time control 3min followed by an increment of 2 sec/move, starting from the move 1. There will be 9 rounds, Swiss System and computer pairing. Only players who are participating in the main event are allowed to play the blitz tournament. FIDE Laws of Chess for Blitz tournaments with the article B4 apply.

# CHESS

## Training program

Training rooms will be available for teams that would like to train, but advance reservations are required. To reserve a training room, the head of delegation leader must fill out an online form, which will be available on the app by 5pm the day before the training. On GTM day only, reservations will be available until 24:0

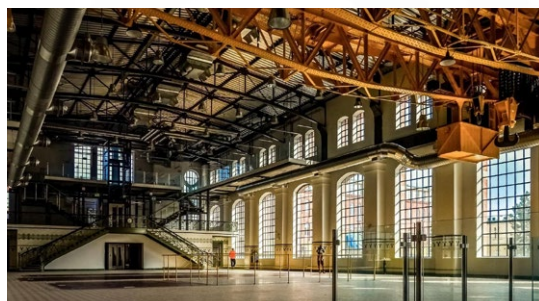
CALENDAR						
14	15	16	17	18	19	20
A	GTM	1	2	3	4	D

A – Arrivals

D – Departures

GTM – General Technical Meeting

1,2, (Number) – Number of Competition Days



## Competition and training venues

EC1

Targowa 1/3, 90-022 Łódź

## Medical and Security Services

EUSA - regulated medical care and an ambulance will be provided at all sites. Security Services will be provided in all the venues, to for entrance control and to assure all participants' safety.

## International regulations

The organization of the EUG Chess shall be mainly based on the most recent Chess Rapid & Blitz Technical Regulations of the World Chess Federation (FIDE) and European Chess Union (ECU).

## Competitions

- 1 (one) men rapid open tournament,
- 1 (one) women rapid tournament,
- 1 (one) men blitz tournament,
- 1 (one) women blitz tournament.

Every match in the men's and women's competition shall be played over two boards. The players in each team must be listed in a fixed board order by their HoD. Entries to only one tournament are not allowed.

## Program

The competitions consist of 4 (four) days. The General Technical Meeting, where the presence of each head of the delegation is obligatory, will be held 1 (one) day prior to the start of the competition.

## Delegation

The delegation will consist of 2 (two) athletes and maximum of 2 (two) officials. The head of the delegation must be appointed. Individual entries are not possible. Universities can participate with more than 1 (one) team.

## Referees

OC shall provide referees.



# CHESS

## Playing scheme

The format of the tournament will be Swiss system. Time Control in Rapid: 25 (twenty-five) minutes for all moves with an increment of 10 (ten) seconds per move, starting from move 1 (one). Time Control in Blitz: 3 (three) minutes followed by an increment of 2 (two) sec/move, starting from the move 1 (one). The format of the tournament will be decided by CTC taking into consideration the number of teams entered.

## Draw, seeding

The draw will be done in the presence of EUSA Representative taking into account FIDE and EUSA Chess ranking.

## Financial obligations

In order to participate, all financial obligations towards EUSA and Organizing Committee need to be settled by the specified dates, as per EUSA Rules and Regulations.

## Uniforms

All participants as well as the officials (arbiters, captains and others being in the playing area) must comply with the dress code of the ECU.

## Awards

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
<b>Cups</b>	<b>1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup></b>	<b>Team</b>	<b>European Universities Champion</b>
<b>Medals</b>	<b>1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup></b>	<b>Rapid (athletes)</b>	<b>European Universities Champion</b>
	<b>1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup></b>	<b>Blitz (athletes)</b>	<b>European Universities Champion</b>

Written appeals with the fee of €100 must be submitted to Chief Arbiter, within 30 minutes after the Chief Arbiter's final decision. If appeal is resolved in favor of the claimant, the fee will be returned and arbiter's decision overruled. Decision of the Appeals Committee is final.

ROUND	DATE	TIME
1	16.07.2022	09:30
2	16.07.2022	11:15
3	16.07.2022	15:30
4	17.07.2022	09:30
5	17.07.2022	11:15
6	17.07.2022	15:00
7	18.07.2022	09:30
8	18.07.2022	11:15
9	18.07.2022	15:30
BLITZ TOURNAMENT 19.07.2022		
1	19.07.2022	09:30
2	19.07.2022	09:55
3	19.07.2022	10:20
4	19.07.2022	10:45
5	19.07.2022	11:10
6	19.07.2022	11:35
7	19.07.2022	12:00
8	19.07.2022	12:25
9	19.07.2022	12:50

19.07.2022 AWARD CEREMONY

## CHESS

The order of players that finish with the same number of points shall be determined by application of the following tie-breaking procedures in sequence, proceeding from (a) to (b) to (c) to (d) to (e) the extent required:

- a) Results of direct encounters between the tied players (applies only if all tied players have played each other),
- b) Buchholz Cut 1, (Buchholz score reduced by the lowest score of the opponents),
- c) Buchholz,
- d) The greater number of games played with black,
- e) The greater number of wins.

The results of this competition will be calculated into the FIDE ELO Rapid and Blitz rating lists.

According to the FIDE Laws of Chess, during play, a player is forbidden to have a mobile phone and/or other electronic means of communication in the playing venue. Use of alcohol is forbidden during play.





LODZ2022  
EUROPEAN  
UNIVERSITIES  
GAMES

**EUSA**

# FOOTBALL

## FOOTBALL

The contemporary history of the world's favourite game spans more than 100 years. It all began in 1863 in England, when rugby football and association football branched off on their different courses and the Football Association in England was formed - becoming the sport's first governing body.

Globally, football is played by over 250 million players in over 200 nations, and has the highest television audience in sport, making it the most popular in the world.

Football was added to the EUSA events in 2003 when the 1st European Universities Championships were played. In 2019 over 600 participants representing 32 Universities from 16 countries took part in the 13th edition of EUC held in Madrid, Spain. In men's finals, the title of champion went to Russia's Kuban State University who won a thrilling final match against Ternopil Volodymyr Hnatyuk National Pedagogical University from Ukraine, with the final scoreline reading 4-2 to the Russians. Portugal's Coimbra University were crowned champions in the women's competition, beating German rivals Frankfurt University 2-1 in a closely-fought encounter.

### Message from the EUSA technical delegate

It is with great pleasure and honour to welcome you to the Football Championship on the 5th EUG 2022 in Łódź. I am happy to note that all our previous Football Championships had always been completed successfully and I am absolutely sure that the same will happen this year as well. From 20 to 27 of July players, coaches, team officials, volunteers and referees will do their best to achieve the successful completion of the Championship. A successful championship includes active players, dedicated coaches, support from the universities and most importantly play with fair play and Olympic spirit. Players: Play hard, play fair, and dedicate yourself to be the best you can possibly be. The rewards will stay with you for the rest of your life. I hope you will all enjoy the Football Championship and your stay in this beautiful city.

**Andreas Demetriou**  
EUSA Football Technical Delegate



### Message from the OC Technical Delegate

Dear students, dear guests,  
Welcome to Łódź!  
I am very happy that chess is part of this year's European Universities Games. I am convinced that the competition will be the whole organizational team we will try to make this European Universities Games something amazing and Good luck in the Championship!

**Piotr Grzelak**  
OC Football Technical Delegate





# FOOTBALL

## COMPETITION INFORMATION

### Football Competition Committee

CHAIR	MR. MEHMET GUNAY
EUSA TECHNICAL DELEGATE	MR. DEMETRIOU ANDREAS
OC TECHNICAL DELEGATE	MR. GRZELAK PIOTR
LOCAL ASSISTANT	MR. MARCINKOWSKI ARTUR

### Competition Format

The competitions will be played in two (2) stages: the first stage will be played in groups, (round robin system) and the second stage will be played in a knock-out format system, set according to the respective sports regulations. Last group matches of the first stage shall be played at the same time, whenever possible.

Competition system (format) will be prepared in such a way, that competition concludes with matches for all final places (i.e. 1st, 3rd, 5th, 7th, 9th, 11th, 13th, 15th etc.). Taking part in conciliation tournament is compulsory.

#### Men's competition (11x11)

Men's competition is played in two phases- group stages and knock-out rounds. Group stages consist of 4 groups of 4 teams each (round robin system). The 1st and 2nd places of each group qualify for next round.

Pointing System:

3 points for a win

1 point each team for tie

0 points for a defeat

Knock-out stage

Quarter finals

Semi-finals

Final and final places attribution

All Matches (except final) are up to the final 35 min per half. The final is 45 min per half. If there's a tie in the knock-out rounds for places 3-16, there will be directly 5 penalty kicks to untie.

If there's a tie in the final, the match will have extra time of two 15 min halves. If still a tie after the extra time, there's 5 penalty kicks to untie.

#### Women's competition (7x7 format)

Women's competition is played in two phases- group stages and knock-out rounds.

Group stages consists of 4 groups of 3 teams each (round robin system).

Pointing System:

3 points for a win

1 point each team for tie

0 points for a defeat

Knock-out stage

Quarter finals

Semi-finals

Final and final places attribution

# FOOTBALL

The duration of all matches is 25 minutes per half.

If there's a tie in the knock-out rounds for places 3-8, there will be directly 3 penalty kicks to untie.

If there's a tie in the final, the match will have extra time of two 5 min halves. If still a tie after the extra time, there's 3 penalty kicks to untie.

Ranking and Seeding (For both Men and Women)

During the group stages matches, the teams' ranking in each group will be determined by the higher number of points obtained in all matches played among the teams in question.

The ranking of each team in each group will be determined as follows:

- greater number of points obtained in all group matches;
- greater number of points obtained in the group matches between the teams concerned; greater goal difference resulting from the group matches between the teams concerned;
- greater number of goals scored in all group matches between the teams concerned;
- greater goal difference in all group matches;
- greater number of goals scored in all group matches;
- drawing of lots by the Competition Commission.
- should more than two teams have the same number of points, the criteria listed above apply.

## Training program

Training rooms will be available for teams that would like to train, but advance reservations are required.

To reserve a training room, the head of delegation leader must fill out an online form, which will be available on the app by 5pm the day before the training.

On GTM day only, reservations will be available until 24:00

### CALENDAR

19	20	21	22	23	24	25	26	27	28
A	GTM	1	2	3	4	5	6	7	D

A – Arrivals

D – Departures

GTM – General Technical Meeting

1,2, (Number) – Number of Competition Days



## Sport Equipment and Material

Official Balls – FIFA approved Nike

## Competition and training venues

Address:

Minerska 19, 94-304 Łódź,

SMS Łódź Milionowa 12, 93-193 Łódź





# FOOTBALL

## Medical and Security Services

EUSA - regulated medical care and an ambulance will be provided at all sites

Security Services will be provided in all the venues, to for entrance control and to assure all participants' safety.

## International regulations

The organization of the EUG Football shall be mainly based on the most recent Technical Regulations of the International Football Federation (FIFA) and the Union of European Football Associations (UEFA).

## Competitions

### Team Tournaments:

- 1 (one) men's football 11's tournament, maximum of 16 (sixteen) teams,
- 1 (one) women's football 7's, maximum of 12 (twelve) teams.

## Program

The competitions consist of 7 (seven) days. The General Technical Meeting, where the presence of each head of the delegation is obligatory, will be held 1 (one) day prior to the start of the competition.

## Delegation

The men's delegation will consist of minimum 14 (fourteen) and maximum 20 (twenty) athletes and minimum of 1 (one) and maximum of 5 (five) officials. The women's delegation will consist of minimum 10 (ten) and maximum 14 (fourteen) athletes and minimum of 1 (one) and maximum of 4 (four) officials. The head of the delegation and coach must be appointed.

## Referees

The delegation in men's tournament shall include a referee (not assistant referee) and in women's tournament may include a referee (not assistant referee) with at least the highest national license; the relevant license of the National Football Federation must be submitted within the Quantitative entry deadline. Men's delegation failing to fulfil this obligation must pay 1.000 EUR to the Organizing Committee. Accommodation and food for the referee must be provided by the OC without charging the participation fee; no refereeing fee is provided.

## Playing scheme

The format of the tournament will be decided by CTC taking into consideration the number of teams entered.

Playing time men competition: 35 (thirty-five) minutes, only final may be 45 (forty-five) minutes; playing time

women competition: 25 (twenty-five) minutes, only final may be 30 (thirty) minutes.

## Draw, seeding

The draw will be done in the presence of EUSA Representative taking into account EUSA Football ranking. The university team of the hosting city or, in their absence, the hosting country's highest ranked team will be placed on first (1) place in pool A. Teams from the same country shall, whenever possible, be placed in different pools.

## Financial obligations

In order to participate, all financial obligations towards EUSA and Organizing Committee need to be settled by the specified dates, as per EUSA Rules and Regulations.

## Uniforms

Each team shall bring 2 (two) sets of player's match kit (shirt, shorts and socks) in different colours (noticeably different in contrast and colours, preferable in light and dark). Each player must use the same shirt number for the whole competition, and it shall be printed on the shirt in accordance with the FIFA Laws of the Game. In addition, teams shall bring two sets of bibs in different "untypical" (non-common colours used for match kit)

# FOOTBALL

colours (different from the match kit colours). During the entire duration of the EUG competition each player must wear the same number.

## Awards

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
FISU UWC	1 <sup>st</sup> , 2 <sup>nd</sup>	Team	Qualified to the University World Cup in accordance with FISU Regulations
Cups	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Team	European Universities Champion
Medals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Team (athletes, officials)	European Universities Champion
Other Awards	Fair Play	Team	Winner
	Most Valuable Player	Athlete	Most Valuable Player
	Best Goalkeeper	Athlete	Best Goalkeeper
	Top Scorer	Athlete	Top Scorer

## International regulations and exceptions

### Duration of matches for men competition

- Up to the final 35 min per half
- Final 45 min per half
- If a tie in the knock-out rounds for places 3-16 direct 5 penalty kicks
- If a tie in the final - extra time of two 15 min halves
- If still a tie after the extra time, 5 penalty kicks

### For women competition

- The duration of all matches is 25 minutes per half
- If a tie in the knock-out rounds for places 3-8 direct 3 penalty kicks
- If a tie in the final - extra time of two 5 minutes halves
- If still a tie after the extra time, 3 penalty kicks

### Substitutions for men and women competition

5 substitutions each team

### Other exceptions for Women Competition

- Dimension of the pitch: 68 m length, 45 m width
- Dimension of crossbars: 6 m width, 2 m high
- Penalty area: 11 m from each post
- Penalty spot 9 m
- Defending wall 7 m
- Number of players 7 Vs 7
- No Offside
- Goal kick - It can be done by kick from the goal kick area or by throwing the ball from the penalty area

### Referee

- 1 referee and 1 Assistant Referee



EUROPEAN  
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FUTSAL  
CHAMPIONSHIP



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FUTSAL  
**FUTSAL**

## FUTSAL

Unlike some other forms of indoor football, the game is played on a hardcourt surface delimited by lines; walls or boards are not used. Futsal is also played with a smaller harder ball. The surface, ball and rules create an emphasis on improvisation, creativity and technique as well as ball control and passing in small spaces. Futsal is one of the most dynamically developing sports in Poland, what is reflected in a growing interest among fans, the media as well as sponsors. Our league is on an increasingly higher level both sports and organisationwise. It is enough to say that the biggest clubs from traditional football such as Legia Warsaw, Piast Gliwice or Widzew Łódź already have futsal sections, which encourage young people to practice this type of football and attract a lot of their fans. Our national team, after a long break, qualified for the second consecutive time to the finals of the European Cup, suggesting we have established ourselves among the top teams in Europe. The Polish club champion Rekord Bielsko-Biala is in the Top 16 teams in Europe as well. Polish futsal is strongly associated with academic sport. On a central level we have got many academic teams, which compete with the best teams in the country with a good result. These schools are often the first stage in the development of the best players, who later become national team players. They have also made a mark in the history of EUSA GAMES.

A total of 436 participants representing 26 Universities from 12 countries took part in the 2019 European Universities Futsal Championship in Braga, Portugal, the 12th in EUSA's history. In men's finals, University of Malaga from Spain were crowned champions after their 5-1 victory over Karazin Kharkiv National University from Ukraine. It was a double victory for Spain as University of Murcia claimed the gold medal in the women's competition after a 3-1 win against Germany's University of Munster.

### Message from the EUSA technical delegate

Dear Futsal Friends,

It is my great honour to welcome You and invite to be a part of this amazing event. Each edition of European Universities Games is very special for us. Thanks to You this tournament is one of the biggest international competition gathering futsal enthusiasts from all over the Europe.

You will have more than a week to prove Your quality, increase Your level of individual skills and what is the most important – You will have a chance to test Yourself and compare to colleagues from different parts of Europe. For me the sport side of the competition is the most valuable and I can assure You that we will do all necessary efforts to provide You the best conditions to play and to develop yourselves.

Futsal is a beautiful and passionate game, full of emotions until the very last second. That's why we all have to remember about respect the opponents, referees and all other people which sometimes are hidden in the shadow (like volunteers, match commissioners, ball boys, medical team, etc.). Of course not only during the match but even more when it is finished. You give respect – You receive respect! Please have this motto in Your mind and heart all the time.

I wish You all to have a great time in Łódź and I hope this event will stay in Your memory for a long time.



**Tomasz Aftanski**  
**EUSA Futsal Technical Delegate**



# FUTSAL

## Message from the OC Technical Delegate

Dear Friends of futsal,

It gives me great pleasure and is a great honour to welcome you all at a tournament, which will be a great celebration for us all. I am filled with joy that futsal, which is the sport closest to my heart, will be part of such a big event as the EUSA GAMES. I am even happier that it will take place in Łódź, a city I was born, brought up in and where I live up to this day. We are ahead of a lot of positive emotions in a sport that is never filled with boredom. That is because futsal - as one of the best players in history Portuguese Ricardinho put it - is all about passion and emotions.

I myself as a player had the opportunity to participate twice in such a tournament. I have got great memories and have met just as many great people, who I keep in touch with until today. There is a kind of sports magic connected with futsal due to the amazing skills of the players, but also a different kind of magic connected with the people themselves. I believe it is these very people, who will create something that will stay with us for many years.

Futsal is beautiful, full of passion, it is pure. Futsal is about bringing down barriers, is about fair play. I sincerely hope this is how all of us will remember this tournament.



**Marcin Stanisławski**  
OC Futsal Technical Delegate

## COMPETITION INFORMATION

### Futsal Competition Committee

CHAIR	MR. HOVHANNES GABRIELIAN
EUSA TECHNICAL DELEGATE	MR. AFTAŃSKI TOMASZ
OC TECHNICAL DELEGATE	MR. STANISŁAWSKI MARCIN
LOCAL ASSISTANT	MR. MARCINKOWSKI ARTUR

### Competition Format

The competitions will be played in two (2) stages: the first stage will be played in groups, (round robin system) and the second stage will be played in a play-off format system, set according to the respective sports regulations. Last group matches of the first stage, shall be played at the same time, whenever possible. Competition system (format) will be prepared in such a way, that competition concludes with matches for all final places (i.e. 1st, 3rd, 5th, 7th, 9th, 11th, 13th, 15th etc.). Taking part in conciliation tournament is compulsory.

### Training program

Training rooms will be available for teams that would like to train, but advance reservations are required. To reserve a training room, the head of delegation leader must fill out an online form, which will be available on the app by 5pm the day before the training. On GTM day only, reservations will be available until 24:00

# FUTSAL

## CALENDAR

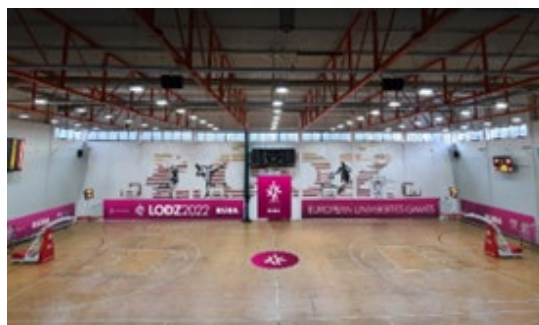
	14	15	16	17	18	19	20	21	22	23	24
<b>M</b>	<b>A</b>	<b>GTM</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>D</b>
<b>W</b>	<b>A</b>	<b>GTM</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>D</b>	

A – Arrivals

D – Departures

GTM – General Technical Meeting

1,2, (Number) – Number of Competition Days



### Sport Equipment and Material

Official Balls – FIFA approved Nike

### Competition and training venues

Uniwersytet Łódzki Styrska 5, 91-404 Łódź

Małachowskiego 5/7, 90-160 Łódź,

Zatoka Sportu Politechniki 10, 93-590 Łódź

Training venues

Centrum Sportu Politechniki Łódzkiej

Politechniki 11, 93-590 Łódź

## Medical and Security Services

EUSA - regulated medical care and an ambulance will be provided at all sites

Security Services will be provided in all the venues, to for entrance control and to assure all participants' safety.

## International regulations

The organization of the EUG Futsal shall be mainly based on the most recent Technical Regulations of the International Football Federation (FIFA) and the Union of European Football Associations (UEFA).

## Competitions

### Team Tournaments:

- 1 (one) men's tournament, maximum of 24 (twenty four) teams,
- 1 (one) women's tournament, maximum of 12 (twelve) teams.

## Program

The men tournament consists of 8 (eight), the women tournament consists 7 (seven) days, including 1 (one) day of rest for each team. The General Technical Meeting, where the presence of each head of the delegation is obligatory, will be held 1 (one) day prior to the start of the competition.

## Delegation

The delegation will consist of minimum 10 (ten) and maximum 14 (fourteen) athletes and minimum of 1 (one) and maximum of 5 (five) officials. The head of the delegation and coach must be appointed.

## Referees

The delegation shall include a referee with at least the highest national license; the relevant license of the National Football Federation must be submitted within the Quantitative entry deadline. Delegation failing to fulfil this obligation must pay 1.000

EUR to the Organizing Committee. Accommodation and food for the referee must be provided by the OC without charging the participation fee; no refereeing fee is provided. In order to ensure a full participation in the Referee Training Program the referee must be able to speak English.



# FUTSAL

## Playing scheme

The format of the tournament will be decided by CTC taking into consideration the number of teams entered.

## Draw, seeding

The draw will be done in the presence of EUSA Representative taking into account EUSA Futsal ranking. The university team of the hosting city or, in their absence, the hosting country's highest ranked team will be placed on first (1) place in pool A.

Teams from the same country shall, whenever possible, be placed in different pools.

## Financial obligations

In order to participate, all financial obligations towards EUSA and Organizing Committee need to be settled by the specified dates, as per EUSA Rules and Regulations.

## Uniforms

Each team shall bring 2 (two) sets of player's match kit (shirt, shorts and socks) in different colours (noticeably different in contrast and colours, preferable in light and dark). Each player must use the same shirt number for the whole competition, and it shall be printed on the shirt in accordance with the FIFA Laws of the Game. In addition, teams shall bring two sets of bibs in different "untypical" (non-common colours used for match kit) colours (different from the match kit colours). During the entire duration of the EUG competition each player must wear the same number.

## Awards

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
Cups	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Team	European Universities Champion
Medals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Team (athletes, officials)	European Universities Champion
Other Awards	Fair Play	Team	Winner
	Most Valuable Player	Athlete	Most Valuable Player
	Best Goalkeeper	Athlete	Best Goalkeeper
	Top Scorer	Athlete	Top Scorer
	All-Star Team	Athlete	Winner

## Protest on non-technical matters

REG 32

The SCAC is the highest authority of the EUG and controls overall organizational and technical aspects of the EUG. The SCAC is responsible for the interpretation of EUSA Regulations, for the supervision and smooth running of the EUG, settling any dispute, examining and dealing with any complaints or protests of a non-technical nature, taking emergency sanctions against participants (teams or individuals) who violate the EUSA Regulations, deciding of any other matters not covered in these Regulations, at the time of the EUG.

## Protest on technical match matters

REG 71

The HoD or authorised representative of the team may protest on behalf of competitors or team. Each protest shall be accompanied by a deposit of two hundred (200) EUR except for the following sports: Basketball, Beach Handball, Handball, Football, Futsal, Volleyball and Water Polo where the deposit is five hundred (500) EUR. If the protest is upheld, the fee will be returned. The protests shall be submitted:

REG 71.1 during the GTM for draw related protests

REG 71.2 within twenty (20) minutes after the end of the match to the TD for the match issues,

REG 71.3 before the start of next competition day on published results to the TD for the published issues,

REG 71.4 during the competition to the CTC for technical issues,

## FUTSAL

REG 71.5 during the competition to the SCAC for non-technical issues,  
REG 71.6 within seven (7) days after the EUG to the EUSA EC for the EUG issues.

### International Regulations and Exceptions

#### Role and Responsibilities of Head Delegation

Upon arrival at the playing court, the head of delegation must identify himself to the person in charge of the court and he/she will grant him access to the changing room.

We kindly ask for a proper use of the changing rooms, keeping in mind that they will be used by other teams.

The head of delegation must fill in the relevant documentation for each game and deliver it to the match commissioner well in advance in order to let him do his/her job in optimum conditions. At the end of the game, the head of delegation must receive the relevant documentation, which will be delivered by the match commissioner or his assistant. Head of delegation must confirm the information in the match report by a signature. Once the team has finished using the changing rooms, the head of delegation must ensure the return of the changing room keys to the person in charge of the court.

#### Regulations for Teams

The teams will not be able to occupy the court until the previous game has ended and the organization grants them access for warm-up. In case they wish to start the warmup earlier, they should ask the person in charge of the court for a place to do it if possible. The whole number of balls provided must be returned to the person in charge after the warm-up.





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# HANDBALL

## HANDBALL

Handball is a team sport in which two teams of seven players each (six outfield players and a goalkeeper) pass a ball using their hands with the aim of throwing it into the goal of the other team. Players need to have a lot of speed, power, agility and technical skills and it is one of the most competitive in University Sports. The game was codified at the end of the 19th century in Denmark. The modern set of rules was published in 1917 by Karl Schelenz, Max Heiser, and Erich Konigh, on 29 October in Berlin, which day is seen as the date of birth of the sport.

A total of 350 participants from 22 teams representing 19 Universities from 11 different countries took part in the 10th edition of the European Universities Handball Championship in Bydgoszcz, Poland. In the closely-contested men's final, it was the University of Granada from Spain who emerged triumphant, gaining revenge over German Sport University Cologne who had beaten them earlier in the competition. The Spanish university this time made up for that loss by beating their German counterparts 24-21 to claim the gold medal. Poland's Vincent Pol University in Lublin were a force in the women's competition from the start, going unbeaten the entire competition before overcoming German rivals University of Hamburg 31-25 in the final. This is the fifth time in ten EUSA European Universities Handball Championships that Vincent Pol ended on top of the podium.

### Message from the EUSA technical delegate

Dear Handball friends, it is a pleasure for me to welcome you to Lodz in occasion of the 5th European Universities Games 2022.

We wish all the teams, referees and EHF lectures a pleasant stay in this beautiful Polish city.

In the course of the next days, we will enjoy a great handball competition, with exciting matches. We are sure that the athletes will compete in a fair manner, respecting the rules and their opponents, and may the best teams win!

**Päivi Mitrunen**  
EUSA Handball Technical Delegate



### Message from the OC Technical Delegate

It is my great honor to welcome you to this amazing event. For the first time in the history of the European University Games handball will be a part of this fantastic event. Enjoy the competition, enjoy the EUG spirit, enjoy Łódź and be part of the history of handball. I wish you all an unforgettable time in Łódź, which will stay in Your memory for a long time.

**Marek Góralczyk**  
OC Handball Technical Delegate





# HANDBALL

## COMPETITION INFORMATION

### Handball Competition Committee

CHAIR	MR. BESIM ALITI
EUSA TECHNICAL DELEGATE	MS. PAIVI MITRUNEN
OC TECHNICAL DELEGATE	MR. GÓRALCZYK MAREK
LOCAL ASSISTANT	MR. WLAŻLIK JAKUB

### Competition Format

The competitions will be played in two (2) stages: the first stage will be played in groups, (round robin system) and the second stage will be played in a play-off format system, set according to the respective sports regulations. Last group matches of the first stage, shall be played at the same time, whenever possible. Competition system (format) will be prepared in such a way, that competition concludes with matches for all final places (i.e. 1st, 3rd, 5th, 7th, 9th, 11th, 13th, 15th etc.). Taking part in conciliation tournament is compulsory.

### Competition Program

We will have a maximum of 11 matches per day with a daily start at 9:00. All the preliminary competition will be held in Sport Arena and Anilana Hall. The finals will take place Sport Arena.

### Training program

Training rooms will be available for teams that would like to train, but advance reservations are required. To reserve a training room, the head of delegation leader must fill out an online form, which will be available on the app by 5pm the day before the training.

On GTM day only, reservations will be available until 24:00

CALENDAR								
23	24	25	26	27	28	29	30	31
A	GTM	1	2	3	4	5	6	D

A – Arrivals

D – Departures

GTM – General Technical Meeting

1,2, (Number) – Number of Competition Days



### Sport Equipment and Material

Official balls KEMPA SPECTRUM SYNERGY PLUS  
men size: 3, women size: 2

### Competition and training venues

Competition venues

Address: Anilana Sobolowa 1, 92-321 Łódź

Sport Arena Uni Lubelskiej 2, 94-020 Łódź

Training venue

WIFAMA Niciarniana 1/3, 92-208 Łódź

SALEZJANIE Wodna 34, 90-024 Łódź

# HANDBALL

## Medical and Security Services

EUSA - regulated medical care and an ambulance will be provided at all sites

Security Services will be provided in all the venues, to for entrance control and to assure all participants' safety.

## International regulations

The organization of the EUG Handball shall be mainly based on the most recent Technical Regulations of the International Handball Federation (IHF) and European Handball Federation (EHF).

## Competitions

### Team Tournaments:

- 1 (one) men's tournament, maximum of 12 (twelve) teams,
- 1 (one) women's tournament, maximum of 12 (twelve) teams.

## Program

The competitions consist of 6 (six) days. The General Technical Meeting, where the presence of each head of the delegation is obligatory, will be held 1 (one) day prior to the start of the competition.

## Delegation

The delegation will consist of minimum 10 (ten) and maximum 14 (fourteen) athletes and minimum of 1 (one) and maximum of 5 (five) officials. The head of the delegation and coach must be appointed.

## Referees

Referees will be appointed by EHF in cooperation with EUSA and Organizing Committee. Each delegation has to pay a refereeing fee in the amount of 300 EUR (three hundred euros) on the OC account.

## Playing scheme

The format of the tournament will be decided by the CTC taking into consideration the number of teams entered.

## Draw, seeding

The draw will be done in the presence of EUSA Representative taking into account EUSA Handball ranking. The university team of the hosting city or, in their absence, the hosting country's highest ranked team will be placed on first (1) place in pool A. Teams from the same country shall, whenever possible, be placed in different pools.

## Financial obligations

In order to participate, all financial obligations towards EUSA and Organizing Committee need to be settled by the specified dates, as per EUSA Rules and Regulations.

## Uniforms

Each team is required to have at least 1 (one) full team kit in light colours and one full team kit in dark colours (blue and red are considered dark colours) for the matches of the EUG. Goalkeepers' kit must differ from court players' kit in both light and dark colours kit options.

Each player's number announced during general technical meeting must be affixed on the back and front of the shirt of the respective player. The number must be clearly legible (in contrast colour to the shirt), must range from 1 (one) to 99 (ninety-nine) and be at least 20 (twenty) cm high on the back and at least 10 (ten) cm high on the front. During the entire duration of the EUG competition each player must wear the same number.



# HANDBALL

## Awards

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
Cups	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Team	European Universities Champion
Medals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Team (athletes, officials)	European Universities Champion
Other Awards	Fair Play	Team	Winner
	Most Valuable Player	Athlete	Most Valuable Player
	Top Scorer	Athlete	Top Scorer

## Protest on non-technical matters

REG 32 The SCAC is the highest authority of the EUG and controls overall organizational and technical aspects of the EUG. The SCAC is responsible for the interpretation of EUSA Regulations, for the supervision and smooth running of the EUG, settling any dispute, examining and dealing with any complaints or protests of a non-technical nature, taking emergency sanctions against participants (teams or individuals) who violate the EUSA Regulations, deciding of any other matters not covered in these Regulations, at the time of the EUG.

## Protest on technical match matters

REG 71

The HoD or authorised representative of the team may protest on behalf of competitors or team. Each protest shall be accompanied by a deposit of two hundred (200) EUR except for the following sports: Basketball, Beach Handball, Handball, Football, Futsal, Volleyball and Water Polo where the deposit is five hundred (500) EUR. If the protest is upheld, the fee will be returned. The protests shall be submitted:

REG 71.1 during the GTM for draw related protests

REG 71.2 within twenty (20) minutes after the end of the match to the TD for the match issues,

REG 71.3 before the start of next competition day on published results to the TD for the published issues,

REG 71.4 during the competition to the CTC for technical issues,

REG 71.5 during the competition to the SCAC for non-technical issues,

REG 71.6 within seven (7) days after the EUG to the EUSA EC for the EUG issues.

## International Regulations and Exceptions

The EUG Handball 2022 will be played according to the latest regulations approved by IHF.

The preliminary round is played in groups. The teams are divided in groups on the basis of the results of the draw conducted at the General Technical Meeting. The draw will be done in the presence of the EUSA Representative taking into account the EUSA Handball ranking. The university team of the hosting city or, in their absence, the hosting country's highest ranked team will be placed on first (1) place in pool

A. Teams from the same country shall, whenever possible, be placed in different pools.

## Preliminary round

Matches shall be evaluated as follows:

- each match won = 2 points
- each match drawn = 1 point for each team
- each match lost = no points

Teams are ranked according to the total number of points gained. If two or more teams have gained the same number of points after the group matches have been completed, classification is decided as follows:

- results in points between the teams concerned
- goal differences in the matches between the teams concerned
- greater number of plus goals in the matches between the teams concerned.

## HANDBALL

If the teams are still equal, a decision is made between those teams with equal number of points as follows:

- goal difference is subtracted in all matches
- greater number of plus goals in all matches.

If classification is still not possible, a draw shall decide. The EUSA representative on site shall execute the draw, if possible in the presence of the 'responsible team officials'. If the 'responsible team official' cannot be present, other coworkers selected by the EUSA shall take part.

### Finals

After completion of the preliminary round, the finals shall be played in accordance with the knock-out system. Overtime is played, following a 5-minute break, if a game is tied at the end of the regular playing time and a winner has to be determined. The overtime period consists of 2 halves of 5 minutes, with a 1-minute halftime break. Should the match still not be decided after the overtime period, it is decided with 7 m penalty throws in accordance with Rule 2:2 of the Rules of the Game. The EUSA has the right to decide that certain matches will be executed with direct 7m penalty throws in accordance with Rule 2:2 of the Rules of the Game. If this rule applies, the decision will be published in the official announcement or together with the match schedule.

#### Rule 2:2

Should the match still not be decided after the overtime period, the winner will be determined in accordance with the rules for the particular competition. In the case that the decision is to use 7-metre throwing as tiebreaker to decide a winner, the procedures indicated below shall be followed. If 7-metre throwing is used as a tie-breaker, players who are not suspended or disqualified at the end of the playing time are entitled to participate. Each team nominates 5 players. These players make one throw each, alternating with the players of the other team.

The teams are not required to predetermine the sequence of their throwers. Goalkeepers may be freely chosen and substituted among the players eligible to participate. Players may participate in the 7-metre throwing as both throwers and goalkeepers. The referees decide which goal is used. The referees make a coin toss, and the winning team chooses whether they wish to throw first or last. The opposite sequence is used for all subsequent throws, if the throwing has to continue because the score is still tied after the first five throws each. For such a continuation, each team shall again nominate five players. All or some of them may be the same as in the first round. This method of nominating five players at a time continues as long as it is necessary. However, the winner is now decided as soon as there is a goal difference after both teams have had the same number of throws. Players may be disqualified from further participation in the 7-metre throwing in cases of significant or repeated unsportsmanlike conduct (16:6e). If this concerns a player who has just been nominated in a group of five throwers, the team must nominate another thrower.

### Team-Time Out

According to Rule 2:10 and Clarification 3 of the Rules of the Game each team has the right to receive a maximum of three team time-outs during regular playing time but not during overtime. No more than two team time-outs may be granted in each half of the regular playing time. Between two team time-outs of a team, the opponent must be at least once in possession of the ball. 3 green cards, bearing numbers 1, 2, and 3 respectively, are available for each team. The teams receive cards bearing numbers '1' and '2' in the first half of the game and the cards no. 2 and no. 3 in the second half provided they received no more than one team time-out in the first half. In case they received two team time-outs in the first half, they receive only green card no. 3. Within the last 5 minutes of the regular playing time only one team time-out per team is allowed.

# HANDBALL

## Special regulations for EUG 2022 handball

- The half-time break will be 10 minutes.
- If a game is tied at the end of the regular playing time in the placement matches for the position 1 till 4, will be used only one overtime (2 x 5 min) and then, if necessary, a winner will be determined by using 7-meter-throws according to the Rule 2:2
- If a game is tied at the end of the regular playing time in the placement matches for the position 5 till 12 a winner will be determined immediately by using 7-meter-throws according to the Rule 2:2.
- The direct disqualification of player or team official (red card) will be automatically connected (without disciplinary procedure) with disqualification for the next following match.
- The disqualification with report of player or team official (blue card) will be automatically connected (without disciplinary procedure) with disqualification for the next 2 following matches.





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JUDO

## JUDO

Judo was created in 1882 by Jigoro Kano as an eclectic martial art, distinguishing itself from its predecessors (primarily Tenjin Shinyo-ryu jujutsu and Kitō-ryū jujutsu) due to an emphasis on „randori” instead of „kata” (pre-arranged forms) alongside its removal of striking and weapon training elements. The objective of competitive judo is to throw an opponent, immobilize them with a pin, or force an opponent to submit with a joint lock or a choke. While strikes and use of weapons are included in some pre-arranged forms (kata), they are not frequently trained and are illegal in judo competition or free practice. Judo’s international governing body is the International Judo Federation, and competitors compete in the international IJF professional circuit.

The European Universities Judo Championship 2019 was held in Zagreb, Croatia as part of the very first edition of the EUSA Combat Championships where over 1300 participants from 404 different universities and 36 countries took part in the biggest European Universities Championship of the summer, which included four sports: Judo, Karate, Kickboxing and Taekwondo.

The Judo competition on its own attracted 300 participants from 125 different universities, hailing from 23 different countries. Following four days of riveting action, it was the University of Strasbourg from France who emerged triumphant as the most successful university in the Judo competition, earning a total of six medals across all categories. Spain’s University of Valencia finished second overall, followed by Sunny State University from Ukraine in third.

### Message from the EUSA technical delegate

Dear Students, Dear Judo Friends,  
On behalf of the European University Students Association, I am glad to welcome you to the friendly town of Lodz where the EUSA together with the National Students Association of Poland are staging the European Universities Games in Judo 2022. Our host city Lodz is known for its hospitality and tradition in organizing many sport events and many judo events as well, so I would like to take this opportunity to thank the city of Lodz. It is always our wish to offer the best possible conditions for all competitors, coaches, referees, and all officials so that all can be satisfied with their work. This is an important event in the lives of our students, developing athletes. We recognize that the competition will be strongly contested. Nevertheless, participation and a memorable experience are as important at this stage as medals and results. I wish all participants and all spectators interesting and exciting matches, and I also hope that you will find some new friends.



**Wiesław Błach**  
**EUSA Judo Technical Delegate**

## JUDO

### Message from the OC Technical Delegate

Dear Students, Players, Coaches and Technical Staff  
I am very glad that I have this opportunity to welcome all of you to our City of Łódź.

Łódź itself is well known as a city of four cultures as well as from several universities. There are three academic centers in our city. University of Technology, University of Łódź and Medical University. I am sure everyone will find here something interesting and inspiring for themselves. I highly recommend you a walk along the charming streets and a visit among restored factories. Our main street called Piotrkowska will surprise you its unique beauty and charm as it is a place full of cafes, pubs, restaurants and great vibes. Without a doubt you will spend here unforgettable moments. As a Judo Coach and Referee I wish you a fair and well played games. Let the best win!



**Tomasz Piasecki**  
OC Judo Technical Delegate

## COMPETITION INFORMATION

### Judo Competition Committee

CHAIR	MR. BRANISLAV CRNOGORAC
EUSA TECHNICAL DELEGATE	MR. BŁACH WIESŁAW
OC TECHNICAL DELEGATE	MR. PIASECKI TOMASZ
LOCAL ASSISTANT	MS. SKUPIEŃ PATRYCJA

### Competition Format

#### Competition formula

The Competition will be held using Double Repechage System.

#### Weight categories

Women: -48, -52, -57, -63, -70, -78, +78 kg

Men: -60, -66, -73, -81, -90, 100, +100 kg

#### Duration of contest

Duration men & women contests: 4 minutes and Golden Score without time limit.

### Training program

Training rooms will be available for teams that would like to train, but advance reservations are required.

To reserve a training room, the head of delegation leader must fill out an online form, which will be available on the app by 5pm the day before the training. On GTM day only, reservations will be available until 24:00



# JUDO

## CALENDAR

22	23	24	25	26	27
A	GTM	1	2	3	D

A – Arrivals

D – Departures

GTM – General Technical Meeting

1,2, (Number) – Number of Competition Days



### Sport Equipment and Material

Tatami approved IJF

### Competition and training venues

Competition venues

MOSiR Zgierz, ul. Wschodnia 2, 95-100 Zgierz

Training venues

University of Lodz, ul. Tamka 12, 91-403 Łódź

## Medical and Security Services

EUSA - regulated medical care and an ambulance will be provided at all sites

Security Services will be provided in all the venues, to for entrance control and to assure all participants' safety.

## International regulations

The organization of the EUG Judo shall be mainly based on the most recent Technical Regulations of the European Judo Union (EJU) and International Judo Federation (IJF).

## General Technical Meeting

The GTM is a mandatory part of competition and will be held in conference room (Institute of Physics Lodz University of Technology B 14 Address: Poland, 90-924, Lodz, Wolcznska, 219), on the 23 of July at 19:30h and will be called by the TD for JUDO together with OC

## Competitions

### Individual Tournaments

- Women individual categories: up to and including 48 kg, 48 to 52 kg, 52 to 57 kg, 57 to 63 kg, 63 to 70 kg, 70 to 78 kg, over 78 kg,
- Men individual categories: up to and including 60 kg, 60 to 66 kg, 66 to 73 kg, 73 to 81 kg, 81 to 90 kg, 90 to 100 kg, over 100 kg.

### Team Tournament:

Teams can be composed of individuals from different universities and shall represent the respective NUSA.

The weight categories for the team tournament are as follows:

- Women (48 kg, 52 kg, 57 kg\*) up to and including 57 kg,
- Men (60 kg, 66 kg, 73 kg\*) up to and including 73 kg,
- Women (63 kg, 70 kg\*) up to and including 70 kg,
- Men (81 kg, 90 kg\*) up to and including 90 kg,
- Women (78 kg, +78 kg\*) over 70 kg,
- Men (100 kg, +100 kg\*) over 90 kg.

Athletes which are taking part in individual categories may register their participants for team tournament. Registration only to the team tournament is not possible.

## Program

The competitions consist of 3 (three) days. The General Technical Meeting, where the presence of each head of the delegation is obligatory, will be held 1 (one) day prior to the start of the competition.

1st day of competition Individual Tournament: W: -48 kg, -52 kg, -57 kg, -63 kg; M: -60 kg, -66 kg, -73 kg

2nd day of competition Individual Tournament: W: -70 kg, -78 kg, +78 kg; M: -81 kg, -90 kg, -100 kg, +100 kg

3rd day of competition MIXED TEAMS Tournament

## Delegation

The delegation will consist of athletes and officials from their respective university. The head of the delegation must be appointed. Athlete shall have minimum brown belt. At the first General Technical Meeting, the Head of Delegation or his/her representative shall confirm and sign the official list of athletes. Any entry not duly confirmed at the first General Technical

Meeting will not be taken into consideration except for force majeure.

In team tournament each team will consist of up to six (6) athletes (3 women and 3 men) and has the possibility to have up to four (4) reserves. If there are injuries or illness during the competition a team can compete with a minimum of four (4) athletes. A total of 10 athletes can be inscribed with a maximum of two (2) athletes per category.

## Referees

OC shall provide referees in cooperation with EJU.

The delegation may, at its own cost, include a referee with at least the highest national license; the relevant license of the national Judo Federation must be submitted within the Quantitative entry deadline.

Accommodation and food for the referee must be provided by the Organizing Committee without charging the participation fee; no refereeing fee is provided.

## Playing scheme

The format of the tournament will be decided by CTC taking into consideration the number of athletes entered.

The official weigh-in for each category will take place the day before the competition in each category. For the team tournaments there is 2 kg tolerance for athletes who competed in the individual Championships the day before the team weight-in, while athletes who compete on the day on which the team weight-in is scheduled do not need to weigh themselves (Categories: W: -70 kg, -78 kg, +78 kg; M: -81 kg, -90 kg, -100 kg, +100 kg). The random weigh-in will be organised before the first contests on each day (Start of random weigh-in 45 minutes before the start of the competition). There will be no random weighting for team events.

## Draw, seeding

The draw will be done in the presence of EUSA Representative taking into account EUSA Judo, IJF and EJU ranking. The draw will be carried out by a software authorised by IJF. Teams from the same country shall, whenever possible, be placed in different pools.

## Financial obligations

In order to participate, all financial obligations towards EUSA and Organizing Committee need to be settled by the specified dates, as per EUSA Rules and Regulations.

## Uniforms

White and blue judogi are obligatory and all competitors must have both types, with or without official IJF back number. All judogi must conform to the current regulations regarding size, materials etc., but it is not required that a judogi is purchased from the currently selected IJF manufacturers list of suppliers. The judogi and belt size will be controlled by sokuteiki.

# JUDO

## Awards

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
Cups	1 <sup>st</sup> 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 3 <sup>rd</sup>	University Team	European Universities Champion
Medals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 3 <sup>rd</sup>	Team (athletes) Individual (athletes)	European Universities Champion

LOCAL TIME	PROGRAM	PLACE
<b>FRIDAY, JULY 22ND</b>		
10:00–20:00	ACCREDITATION, ORGANISER FINANCIALS, MEDICAL CHECK	INSTITUTE OF PHYSICS LODZ UNIVERSITY OF TECHNO- LOGY B14 ADDRESS: POLAND, 90-924, LODZ, WOLCZNSKA, 219
<b>SATURDAY, JULY 23RD</b>		
19:30	GENERAL TECHNICAL MEETING, DRAW	INSTITUTE OF PHYSICS LODZ UNIVERSITY OF TECHNO- LOGY B14 ADDRESS: POLAND, 90-924, LODZ, WOLCZNSKA, 219
17:30–18:00	UNOFFICIAL WEIGH-IN	NEAR THE DORMITORIES OF THE UNIVERSITY OF LODZ (INFORMATION WILL BE GIVEN ON ACCREDITATION)
18:00–19:00	OFFICIAL WEIGH-IN -48 / -52 / -57 KG -60 / -66 / -73/- 81 KG	NEAR THE DORMITORIES OF THE UNIVERSITY OF LODZ (INFORMATION WILL BE GIVEN ON ACCREDITATION)
<b>SUNDAY, JULY 24TH COMPETITION DAY 1 - INDIVIDUAL</b>		
WOMEN: WEIGH-IN -48 / -52 / -57 KG MEN: -60 / -66 / -73/-81 KG		
08:00	MEETING OF THE REFEREES	
09:00	ELIMINATION ROUNDS, REPECHAGE, SEMI-FINALS	MOSIR UL WSCHODNIA 295-100 ZGIERZ
16:00	JUDO KATA DEMONSTRATION, FINAL BLOCK, MEDAL CONTESTS	MOSIR UL WSCHODNIA 295-100 ZGIERZ
17:30–18:00	UNOFFICIAL WEIGH-IN -63/-70/-78/+78KG- 90/100/+100 KG	NEAR THE DORMITORIES OF THE UNIVERSITY OF LODZ (INFORMATION WILL BE GIVEN ON ACCREDITATION)
18:00–19:00	OFFICIAL WEIGH-IN -63 / -70 /-78/ +78KG -90 / -100 / +100 KG	NEAR THE DORMITORIES OF THE UNIVERSITY OF LODZ (INFORMATION WILL BE GIVEN ON ACCREDITATION)
<b>MONDAY, JULY 25TH COMPETITION DAY 2 - INDIVIDUAL</b>		
WOMEN: WEIGH-IN -63 / -70 / -78 / +78 KG MEN: -90 / -100 / +100 KG		
09:00	ELIMINATION ROUNDS, REPECHAGE, SEMI-FINALS	MOSIR UL WSCHODNIA 295-100 ZGIERZ
16:00	FINAL BLOCK, MEDAL CONTESTS	MOSIR UL WSCHODNIA 295-100 ZGIERZ
17:30–18:00	UNOFFICIAL WEIGH-IN -MIXED TEAMS	NEAR THE DORMITORIES OF THE UNIVERSITY OF LODZ (INFORMATION WILL BE GIVEN ON ACCREDITATION)
18:00 – 19:00	OFFICIAL WEIGH-IN -MIXED TEAMS	NEAR THE DORMITORIES OF THE UNIVERSITY OF LODZ (INFORMATION WILL BE GIVEN ON ACCREDITATION)
<b>TUESDAY, JULY 26TH COMPETITION DAY 3 – MIXED TEAMS</b>		
09:00	ELIMINATION ROUNDS, REPECHAGE, SEMI-FINALS	MOSIR UL WSCHODNIA 295-100 ZGIERZ
15:00	FINAL BLOCK, MEDAL CONTESTS	MOSIR UL WSCHODNIA 295-100 ZGIERZ
AWARDING CEREMONY		
<b>WEDNESDAY, JULY 27TH</b>		
ALL DAY	DEPARTURE OF THE DELEGATIONS	

Attention: The program is provisional. The schedule of the contests may be modified according to the total number of entries.



# JUDO

## Weigh-in

The official weigh-in takes place the day before the competition for the category concerned. The official scales are available the whole day for unofficial weight control. Exact times and place for weigh-in can be found in the program. The weight of the competitors has to fall within the category in which they are enrolled.

The competitors...

- presenting themselves after the closing of the weigh-in, cannot participate at the competition
- can present themselves only one time on the scales during the official weigh-in.
- must present their EUSA Accreditation and Passport or official identification document with photo at the official weigh-in.

Random weight checks with the same rules as the official weigh-in can be organized before the first fights in the morning of the competition. The weight of the athlete cannot be more than 5% higher (without Judogi) than the official maximum weight limit of the category.

## Draw

The draw will be held online. Seeding: Up to a maximum of the top eight athletes among the entered athletes in each weight category will be seeded based on their IJF WRL position.

## Technical details – mixed team event

### 1. Participation

The team should consist of 6 (six) athletes, one in every official mixed team category, and has the possibility to have up to 6 (six) reserves, 3 women and 3 men. To enter the mixed team competition the National Federation must have a full team. This means that on the delegation control list during accreditation there must be athletes able to compete in all six (6) categories. If there are injuries or illness after the draw or during the competition a team can compete with a minimum of four (4) athletes. Each National University can inscribe 1 (one) team.

### 2. Deadline for team confirmation

The deadline for entering a team in the Mixed Team competition is 22 July 2022. Athletes who do not participate in individual competition but only in mixed team competition should be inscribed in each team.

### 3. Weight categories

Women: -57 kg, -70 kg, +70 kg Men: -73 kg, -90 kg, +90 kg.

The team contests will be fought in the following order: -57 kg, -73 kg, -70 kg, -90 kg, +70 kg, +90 kg. During the draw, an additional draw will decide which mixed team category will start the team contests through all competition. The next higher category will follow. The weight of the competitors has to fall within the category in which they are enrolled. Each athlete is entitled to compete in his/her own weight category or CAN be moved to the next higher category. During the contest the non-competing athletes must stay within a marked area on the FOP behind the coaches' chair. Reserve athletes must not enter the Field of Play.

### 4. Competition formula

The Competition will be held using Double Repechage System.

### 5. Weigh-in

The official weigh-in takes place on Monday. Exact times and place for weigh-in can be found in the program. The official scales are available the whole day for unofficial weight control. For those competitors that have NOT competed in the individual competitions, weight must be within the weight limit of their category. Those competitors that have competed in the individual competition will be permitted a 2kg tolerance. The competitors inscribed in team categories Women 63 / -70 / -78 / +78kg - Men 90 / -100 / +100 kg competing in individual events on Monday will NOT be required to come for the official weigh-in for team competition Monday evening.

### 6. Draw

The draw will take place together with the draw of individual categories on Saturday, July 23rd.

### 7. Confirmation of team list

Final confirmation of the team list will be done on Monday during the announced time in the competition hall.

# JUDO

The Team official must sign the final list.

## 8. Composition of the teams/line-up

Before each match the team leader must select the athletes for each contest. From the maximum of two (2) athletes inscribed in each category he can select one. If the team has the possibility to put an inscribed athlete in a category, he must do so. An athlete cannot be rested for one match and return for the next unless they have been replaced by the other inscribed athlete. If the team has no athlete in a category, they should select the "no competitor" option. For the first round the team lists must be returned at least 30 minutes before the start of the competition. For other rounds it must be returned 5 minutes after receiving the list from Technical Delegate. Once it is returned to Technical Delegate it cannot be changed. Coaches: two coaches are allowed with FOP with the team. After the team bow the byes are displayed on the scoreboard and wins are given. Example: If blue team has one category empty: 1:0 Example: if both teams have a different category empty: 1:1 Example: if both teams have the same category empty: 0:0 (this is the only case when we stop a match when a team has reached 3 wins). These byes are skipped later, no player needs to return to the tatami to bow again if there is no contest to be fought.

## 9. Decision

The first team reaching the majority of wins is declared the winner (this is 4 wins). The remaining contests will not be fought. It is compulsory that all athletes listed for the match compete until the team reaches the winning result. If an athlete refuses to compete the team will be disqualified. If one team does not arrive for a match, the other team will be declared the winner. If there are an equal number of wins at the end of the match, there is a draw for the weight category that will compete in a golden score contest (see table below) to decide the winning team. The draw is done by computer and displayed on the athlete and public (big screen) scoreboard.

Draw for golden score contest scenario	Action
Both teams have "no competitor"	Category is removed from the draw
One team has "no competitor" or after the regular contest an athlete is unable to continue (injured, ill, direct hansoku-make cannot continue in competition etc.)	Category remains in the draw and the win is given directly to the other team
In the regular contest both athletes given an indirect hansoku-make (3 shido) or a direct hansoku-make (can continue in competition)	Category remains in the draw
In the regular contest both athletes given a direct hansoku-make (cannot continue in competition)	Category is removed from the draw

## 10. Awards

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
Cups	1 <sup>st</sup> 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 3 <sup>rd</sup>	University Team	European Universities Champion
Medals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 3 <sup>rd</sup>	Team (athletes) Individual (athletes)	European Universities Champion



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# KARATE



## KARATE

Karate is a martial art developed in the Ryukyu Kingdom. It developed from the indigenous Ryukyuan martial arts under the influence of Chinese martial arts, particularly Fujian White Crane. Karate is now predominantly a striking art using punching, kicking, knee strikes, elbow strikes and open-hand techniques such as knife-hands, spear-hands and palm-heel strikes. Historically, and in some modern styles, grappling, throws, joint locks, restraints and vital-point strikes are also taught.

On 28 September 2015 karate featured on a shortlist for consideration for inclusion in the 2020 Summer Olympics. World Karate Federation claims there are 100 million practitioners around the world.

Forming part of the first EUSA Combat Championships, the 9th edition of the European Universities Karate Championship took place in the Croatian capital city of Zagreb. The Combat Championships were made up of four sports, namely Judo, Karate, Kickboxing and Taekwondo, with over 1300 participants from 404 different universities and 36 countries taking part across all four competitions.

A total of 446 participants took part in the Karate Championship, hailing from 172 universities and 30 different countries, making it the biggest of the four Combat Sports at the Championship.

At the end of the four days of highly competitive and intense match-ups, hosts University of Zagreb from Croatia grabbed top spot on the podium in the Mixed Team Competition, followed by North Macedonia's St Cyril and Methodius University of Skopje in second place and Istanbul Aydin University from Turkey in third.

### Message from the EUSA technical delegate

I am extremely honored to welcome you here in Lodz to another European University Games. The karate championship as a sport in the Games has always boasted as one of the best organized, the most attractive and certainly the most numerous sports. Looking at the registrations, we can certainly conclude that in Lodz it will be the same case again, that there will be no lack of top competition and I am convinced that the hosts took care of the best conditions on the sports arenas and beyond.

I wish you all to take home a great result, a lot of experience and most importantly, a lot of beautiful memories of this EUSA event. Good luck!

**Luka Pozgaj**

**EUSA Karate Technical Delegate**



### Message from the OC Technical Delegate

I am very honored and pleased to have the opportunity to welcome all participants of the European University Games in the city of Łódź. A city of four cultures and a thriving academic center.

I believe that the sports competition will be at the highest level, that there will be plenty of exciting duels in the spirit of fair play, in which let the better win. The hosts of this great event made sure that the time spent here was not only a karate celebration, but also getting to know a wonderful place which is Lodz.

I wish the players and the coach satisfaction with the results achieved, and spectators a lot of sports emotions.

**Andrzej Zarzycki**

**OC Karate Technical Delegate**



# KARATE

## COMPETITION INFORMATION

### Karate Competition Committee

CHAIR	MR. FRANCIS CIRIANNI
EUSA TECHNICAL DELEGATE	MR. LUKA POZGAJ
OC TECHNICAL DELEGATE	MR. ZARZYCKI ANDRZEJ
LOCAL ASSISTANT	MS. SKUPIEŃ PATRYCJA

### Competition Format

According to the Memorandum of Understanding between EKF and EUSA, the championship will be held according to WKF and EKF standards and rules.

#### Kumite:

- Elimination system with full rematch

#### Floor:

- Eliminations by groups

### Training program

Training rooms will be available for teams that would like to train, but advance reservations are required.

To reserve a training room, the head of delegation leader must fill out an online form, which will be available on the app by 5pm the day before the training.

On GTM day only, reservations will be available until 24:00

### CALENDAR

26	27	28	29	30	31
A	GTM	1	2	3	D

A – Arrivals

D – Departures

GTM – General Technical  
Meeting

1,2, (Number) – Number  
of Competition Days



### Sport Equipment and Material

Tatami approved EKF and WKF,  
Score system Sport Data

### Competition and training venues

Competition venues

MOSiR Zgierz, ul. Wschodnia 2, 95-100 Zgierz

Training venues

University of Lodz, ul. Tamka 12, 91-403 Łódź

### Medical and Security Services

EUSA - regulated medical care and an ambulance will be provided at all sites

Security Services will be provided in all the venues, for entrance control and to assure all participants' safety.

### International regulations

The organization of the EUG Karate shall be mainly based on the most recent Technical Regulations of the European Karate Federation (EKF).

# KARATE

## Competitions

Teams can be composed of individuals from different universities and shall represent the respective NUSA:

- 1 (one) Kumite men's tournament,
- 1 (one) Kumite women's tournament,
- 1 (one) Kata men's tournament,
- 1 (one) Kata women's tournament.

## Individual Tournaments:

Kumite tournaments in categories:

- Men: -60 kg, -67 kg, -75 kg, -84 kg, +84 kg,
- Women: -50 kg, -55 kg, -61 kg, -68 kg, +68 kg,
- 1 (one) Kata men's tournament,
- 1 (one) Kata women's tournament.

## Program

The competitions consist of 3 (three) days. The General Technical Meeting, where the presence of each head of the delegation is obligatory, will be held one day prior to the start of the competition.

## General Technical Meeting

The GTM is a mandatory part of competition and will be held in conference room (Institute of Physics Lodz University of Technology B 14, Address: Poland, 90-924, Lodz, Wolcznska, 219 ), on the 27 of July at 18:00 h and will be called by the TD for Karate together with OC.

## Delegation

The delegation will consist of athletes and officials from their respective university. The head of the delegation must be appointed. Athletes shall have minimum blue belt 2nd kyu in Kumite and minimum of black belt 1st dan in Kata.

## Referees

OC shall provide referees in cooperation with EKF.

The delegation may, at its own cost, include a referee with at least the EKF license; the relevant EKF licence must be submitted within the Quantitative entry deadline. Accommodation and food for the referee must be provided by the Organizing Committee without charging the participation fee; no refereeing fee is provided.

## Playing scheme

The format of the tournament will be decided by CTC taking into consideration the number of athletes entered. Only one weighting will be organized for the whole competition.

## Draw, seeding

The draw will be done in the presence of EUSA Representative by WKF approved software taking into account EUSA Karate, WKF and EKF ranking.

## Financial obligations

In order to participate, all financial obligations towards EUSA and Organizing Committee need to be settled by the specified dates, as per EUSA Rules and Regulations.

## Uniforms

All karate gi (kimono and protections) must be World Karate Federation (WKF) approved.



# KARATE

## Awards

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
Cups	1 <sup>st</sup> 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 3 <sup>rd</sup>	University Team	European Universities Champion
Medals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 3 <sup>rd</sup>	Team (athletes) Individual (athlete)	European Universities Champion



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# KICKBOXING

## KICKBOXING

Kickboxing is a group of stand-up combat sports and a form of boxing based on kicking and punching. The combat takes place in a boxing ring, normally with boxing gloves, mouthguards, shorts, and bare feet to favor the use of kicks. Kickboxing is practiced for self-defense, general fitness, or for competition. Historically, kickboxing can be considered a hybrid martial art formed from the combination of elements of various traditional styles. This approach became increasingly popular since the 1970s, and since the 1990s, kickboxing has contributed to the emergence of mixed martial arts via further hybridization with ground fighting techniques from Brazilian jiu-jitsu, and folk wrestling.

For the very first time, Kickboxing formed part of the 2019 EUSA Championships, forming part of four sports making up the 2019 Combat Championships alongside Karate, Judo and taekwondo, which took place in the Croatian capital Zagreb.

Over 1 300 participants were involved across all four sporting competitions, with Kickboxing contributing 237 participants from 101 universities and 20 different countries. At the end of the fourth day of action, it was the University of Physical Education from Hungary who emerged victorious with five gold medals as they took the honours in the mixed team competition. Finishing behind the Hungarians was Charles University from the Czech Republic, Ukraine's Ivano-Frankivsk College of Physical Education, National and Kapodistrian University of Athens in Greece and Ireland's Technological University Dublin, who all ended on the same amount of points

### Message from the EUSA technical delegate

Dear student-athletes, kickboxers, participants of the EUSA Games - Lodz 2022

I am especially glad that as the EUSA Technical Delegate for Kickboxing, but also as the Technical Director of the WAKO World Kickboxing Federation, I can welcome you to the EUSA Games in Lodz. Kickboxing is the second time in the student games program, this time with one more discipline. Kickboxing is a modern combat sport that has more and more fans in the world. Last 2021 year, the WAKO World Federation received full recognition from the International Olympic Committee and it is an even greater incentive for us to grow and be better and better every day and to expand among young people - from primary and secondary school students who make up the largest number of our members. to seniors and veterans, and among the student population, as well.

WAKO World Kickboxing Federation today has 146 national member federations from all continents and the competition program is so large that international and national tournaments with thousands of young kickboxers are organized every weekend somewhere in the world. Kickboxing has 7 disciplines, and at these Games students will represent their universities in 4 disciplines - point fighting, kick light (on the tatami) and full contact and K1-Style (in the ring).

These student games in Lodz will certainly be an incentive for kickboxing to spread even more in the student population and for even more kickboxing students to participate and represent their universities in the future.

I wish all participants a safe travel to the competition, a lot of sports luck, a pleasant stay in Lodz and to return to their homes and continue their student obligations with fond memories of Lodz and Poland.



**Srdjan Bugracic**  
EUSA Kickboxing Technical Delegate



## KICKBOXING

### Message from the OC Technical Delegate

I am very pleased and it's an honour to welcome all participants of the European University Games to Łódź, a beautiful city in Poland. Łódź is a city of culture, science and sport as well as academic center.

I wish all participants a lot of sports luck and great fights in a fair play spirit. I wish you all a great competition, joy from your passion for kickboxing sport and an unforgettable stay in Poland, in Łódź. Enjoy being here!



**Piotr Siegoczyński**  
OC Kickboxing Technical Delegate

## COMPETITION INFORMATION

### Kickboxing Competition Committee

CHAIR	MS. IVANA ERTLOVA
EUSA TECHNICAL DELEGATE	MR. BUGARCIC SRDJAN
OC TECHNICAL DELEGATE	MR. SIEGOCZYŃSKI PIOTR
LOCAL ASSISTANT	MS. SKUPIEŃ PATRYCJA

### Competition Format

Competition will be held on the 2 tatamies and in the 2 rings.

Order of fights will be

- 8/1 > 4/1 (eight-finals > quarter finals)
- 2/1 > 1/1 (semi finals > finals)

#### Competition categories:

Point fighting: M: -63, -74, -84, +84 kg

F: -55, -65, +65 kg

1. Qualifying and semifinals fights will be held on 2 tatamies, final fights will be on 1 tatami.

Kick light: M: -63, -74, -84, +84 kg

F: -55, -65, +65 kg

2. Qualifying and semifinals fights will be held on 2 tatamies, final fights will be on 1 tatami.

Full contact: M: -67, -71, -75, -81, -86 kg

F: -56, -60, -65 kg

3. Qualifying and semifinals fights will be held on 2 rings. Final fights will be on 1 ring.

K1 Style: M: -67, -71, -75, -81, -86 kg

F: -56, -60, -65 kg

4. Qualifying and semifinals fights will be held on 2 rings. Final fights will be on 1 ring.

# KICKBOXING

## Training program

Training rooms will be available for teams that would like to train, but advance reservations are required. To reserve a training room, the head of delegation leader must fill out an online form, which will be available on the app by 5pm the day before the training. On GTM day only, reservations will be available until 24:00

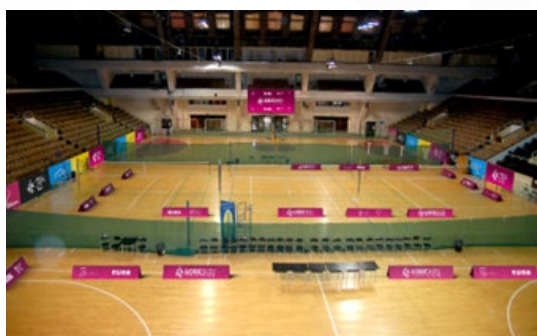
CALENDAR					
22	23	24	25	26	27
A	GTM	1	2	3	D

A – Arrivals

D – Departures

GTM – General Technical Meeting

1,2, (Number) – Number of Competition Days



## Sport Equipment and Material

Tatami approved WKO and score system Sport Data

## Competition and training venues

Competition venues:

MOSiR ul. Skorupki 21, 90-532 Łódź

Training venues:

ul. Politechniki 10, 93-590 Łódź

## Medical and Security Services

EUSA - regulated medical care and an ambulance will be provided at all sites

Security Services will be provided in all the venues, to for entrance control and to assure all participants' safety.

## International regulations

The organization of the EUG Kickboxing shall be mainly based on the most recent Technical Regulations of the WAKO.

## Competitions

Kickboxing competitions will be in four disciplines: K1 Styles, Full Contact, Point Fighting, Kick Light.

### Ring disciplines:

#### K1 Styles

- Male: -67 kg, -71 kg, -75 kg, -81 kg, -86 kg
- Female: -56 kg, -60 kg, -65 kg

#### Full Contact

- Male: -67 kg, -71 kg, -75 kg, -81 kg, -86 kg
- Female: -56 kg, -60 kg, -65 kg

### Tatami disciplines:

#### Point Fighting

- Male: -63 kg, -74 kg, -84 kg, +84 kg
- Female: -55 kg, -65 kg, +65 kg

#### Kick Light

- Male: -63 kg, -74 kg, -84 kg, +84 kg
- Female: -55 kg, -65 kg, +65 kg

# KICKBOXING

## Program

The competitions consist of 3 (three) days. The General Technical Meeting, where the presence of each head of the delegation is obligatory, will be held one day prior to the start of the competition.

## Delegation

The delegation will consist of athletes and officials from their respective university. The head of the delegation must be appointed.

## Referees

WAKO Europe Tatami and Ring Referee Committees will appoint international team of referees with A and B international licenses minimum 2 months before competition.

## Playing scheme

The format of the tournament will be decided by CTC taking into consideration the number of athletes entered.

## Draw, seeding

The draw will be done in the presence of EUSA Representative taking into account WAKO World Championships results from October 2021. Draw will be completed on the official ranking and drawing software for WAKO.

## Financial obligations

In order to participate, all financial obligations towards EUSA and Organizing Committee need to be settled by the specified dates, as per EUSA Rules and Regulations.

## Uniforms and safety equipment

Fighters uniforms according WAKO Rules.

Safety equipment – according WAKO rules (only approved producers)

- all safety equipment in red and blue colours.

## Awards

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
Cups	1 <sup>st</sup>	University	European Universities Champion
Medals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 3 <sup>rd</sup>	Individual (athlete)	European Universities Champion

## Technical regulations

Competition will be held following the EUSA document "Rules and Regulations for the European Universities Games Lodz 2022".

The organization of the EUG kickboxing competition will be based on the WAKO Rules

## Athletes Sport Equipment and Clothing

Personal safety equipment will be TOP TEN equipment (red and blue gloves and headguars).

There will be possibliti to borrow equipment for fights.

Clothes are personal, must be in accordance with WAKO Rules

## General Technical Meeting

Institute of Physics Lodz University of Technology B14 Address: Poland, 90-924, Lodz, Wolcznska, 219

TD and EUSA representative. It is divided in three parts:



## KICKBOXING

- First Part: organizational part of the EUG, presented by the OC representative;
- Second Part: technical part of the competition, presented by the TD;
- Third Part: the draw of the competition, carried out by the TD and EUSA Sport Manager.

Who is invited? The SCAC, the competition commission, the NSF/ESF/ISF representative (if nominated), the OC representatives, the Heads of Delegations (maximum two (2) persons per delegation), the NUSAs coordinators (if present), referees and other guests.

The team representatives may ask questions about all aspects of the competition, if times allows.

### The Draw Procedure

The draw will be done in the presence of EUSA Representative taking into account WAKO Rules.

The World and European Champions (if any) will have the advantage in the draw and will be separated from each other to meet in the final.

### Protests

#### REG 71

The HoD or authorised representative of the team may protest on behalf of competitors or team. Each protest shall be accompanied by a deposit of two hundred (200) EUR except for the following sports: Basketball, Beach Handball, Handball, Football, Futsal, Volleyball and Water Polo where the deposit is five hundred (500) EUR. If the protest is upheld, the fee will be returned. The protests shall be submitted:

REG 71.1 during the GTM for draw related protests

REG 71.2 within twenty (20) minutes after the end of the match to the TD for the match issues,

REG 71.3 before the start of next competition day on published results to the TD for the published issues,

REG 71.4 during the competition to the CTC for technical issues,

REG 71.5 during the competition to the SCAC for non-technical issues,

REG 71.6 within seven (7) days after the EUG to the EUSA EC for the EUG issues.

### Protests on non-technical matters

The SCAC is the highest authority of the EUG and controls overall organizational and technical aspects of the EUG. The SCAC is responsible for the interpretation of EUSA Regulations, for the supervision and smooth running of the EUG, settling any dispute, examining and dealing with any complaints or protests of a non-technical nature, taking emergency sanctions against participants (teams or individuals) who violate the EUSA Regulations, deciding of any other matters not covered in these Regulations, at the time of the EUG.



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# TAEKWONDO

## TAEKWONDO

Taekwondo is a Korean martial art characterized by punching and kicking techniques with emphasis on head-height kicks, spinning jump kicks and fast kicking techniques. Two competitive formats exist for taekwondo: Poomsae and kyorugi.

Taekwondo has become an official Olympic sport since Olympic programme of the Sydney 2000 Olympic Games.

After being a part of the World University sports programme since 1986, Taekwondo events have been contested at Universiade since 2003 Games in South Korea. This spectacular discipline gathers more and more students from around the world. With increasing number of the European student competitors, taekwondo was included within EUSA Program since 2009. The Poomsae competitions were included at the 3rd edition of EUG 2016 in Croatia.

Changes in the scoring method are being implemented to increase the accuracy and fairness of the scoring process. In the past, the scores were determined based on the subjective judgment of the referees. However, the electronic protector and scoring system (PSS) was developed and introduced in order to achieve better objectivity and transparency in scoring process. Since its introduction in 2006, the upgraded electronic Protector and Scoring System (PSS) was first adopted for Olympic competition at the London 2012.

Today, taekwondo is practiced by an estimated 80 million people in 209 countries, administered by five Continental Unions - making it one of the world's most popular sports. European Taekwondo Union (ETU) is the official continental governing body of the European Taekwondo.

Successful and skilful practitioners of taekwondo are all around the world, but in Poland as well. Polish Taekwondo has top class athletes who have won medals at the WT sanctioned official international championships.

### Message from the EUSA technical delegate

Dear athletes, coaches and officials,

On behalf of the EUSA, I am honoured to welcome all of you to the 5th edition of the European Universities Games at Poland's third-biggest city Lodz. I would like to thank the organization committee for organizing such a great international sport event.

I hope that the European University Athletes participating in EUG 2022 will get to know each other better, continue to progress and push their own limits as they compete, learn and communicate.

I look forward to a great tournament and wish all of you a lot of success, a pleasant stay and an unforgettable experience in Lodz.

**Nuri M. Shirali**  
**EUSA Taekwondo Technical Delegate**





# TAEKWONDO

## Message from the OC Technical Delegate

Dear Students, Players and technical team, it is my great honour to welcome you to this amazing event.

This year's edition takes place in the city of Lodz, which has an amazing history and is one of the most dynamically developing Polish cities, which I recommend visiting, not only in sports arenas.

We will have representants from various Universities of several European Countries, with a particular identity and culture of the fight, which will be very interesting to watch, and for sure, will guarantee a very spectacular taekwondo tournament in both Kyorugi and Poomsae competition.

I wish you a pleasant stay during the Games, a lot of success and an unforgettable experience in Lodz.



**Łukasz Józwiak**  
OC Taekwondo Technical Delegate

## COMPETITION INFORMATION

### Taekwondo Competition Committee

CHAIR	MR. LIVIU MATAĆ
EUSA TECHNICAL DELEGATE	MR. SHIRALI NOOR
OC TECHNICAL DELEGATE	MR. JÓŹWIAK ŁUKASZ
LOCAL ASSISTANT	MS. SKUPIEŃ PATRYCJA

### Training program

Training rooms will be available for teams that would like to train, but advance reservations are required.

To reserve a training room, the head of delegation leader must fill out an online form, which will be available on the app by 5pm the day before the training.

On GTM day only, reservations will be available until 24:00

# TAEKWONDO

## CALENDAR

26	27	28	29	30	31
A	GTM	1	2	3	D

A – Arrivals

D – Departures

GTM – General Technical Meeting

1,2, (Number) – Number of Competition Days



### Sport Equipment and Material

Tatami approved WT

### Competition and training venues

Competition venues:

MOSiR ul. Skorupki 21, 90-532 Łódź

Training venues:

ul. Politechniki 10, 93-590 Łódź

## Medical and Security Services

EUSA - regulated medical care and an ambulance will be provided at all sites

Security Services will be provided in all the venues, for entrance control and to assure all participants' safety.

## International regulations

The organization of the EUG Taekwondo shall be mainly based on the latest Technical Regulations of the World Taekwondo Europe (WTE) and the World Taekwondo (WT).

## Competitions

Individual Tournaments:

- 1 (one) Kyorugi men's tournament, in categories: -54 kg, +54 kg to 58 kg, +58 kg to 63 kg, +63 kg to 68 kg, +68 kg to 74 kg, +74 kg to 80 kg, +80 kg to 87 kg, +87 kg,
- 1 (one) Kyorugi women's tournament, in categories: -46 kg, +46 kg to 49 kg, +49 kg to 53 kg, +53 kg to 57 kg, +57 kg to 62 kg, +62 kg to 67 kg, +67 kg to 73 kg, +73 kg,
- 1 (one) Recognized Poomsae men's tournament,
- 1 (one) Recognized Poomsae women's tournament,
- 1 (one) Free-Style Poomsae women's tournament,
- 1 (one) Free-Style Poomsae men's tournament.

## Program

The competitions consist of 3 (three) days. The General Technical Meeting, where the presence of each head of the delegation is obligatory, will be held 1 (one) day prior to the start of the competition.

## General Technical Meeting

The GTM is a mandatory part of competition and will be held in conference room (Institute of Physics Lodz University of Technology B14. Address: Poland, 90-924, Lodz, Wolcznska, 219 ), on the 27 of July at 16:30h and will be called by the TD for Taekwondo together with OC

## Delegation

The delegation will consist of athletes and officials from their respective university. The head of the delegation and coach must be appointed. Athletes shall have minimum black belt certificate, issued by kukkiwon or national taekwondo federations.

# TAEKWONDO

## Referees

OC shall provide referees in cooperation with WT Europe.

The delegation may, at its own cost, include a referee with at least the highest national license; the relevant license of the national taekwondo federation must be submitted within the Quantitative entry deadline.

Accommodation and food for the referee must be provided by the Organizing Committee without charging the participation fee; no refereeing fee is provided.

## Playing scheme

The format of the tournament will be decided by CTC taking into consideration the number of athletes entered.

## Draw, seeding

The draw will be done in the presence of EUSA Representative taking into account EUSA taekwondo, WTF and WTE ranking.

## Financial obligations

In order to participate, all financial obligations towards EUSA and Organizing Committee need to be settled by the specified dates, as per EUSA Rules and Regulations

## Awards

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
Cups	1 <sup>st</sup>	University	European Universities Champion
Medals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 3 <sup>rd</sup>	Individual (athletes)	European Universities Champion

## Competition Information - Poomsae

Total courts - Poomsae: 1 competition area

Poomsae competition: Thursday, 28th of July

## Compulsory Poomsae for Individual (Male & Female)

Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin

Every performed Poomsae will be drawn by lot. Required Poomsae from the corresponding compulsory Poomsae shall be drawn by TD and announced at GTM on Wednesday 27<sup>st</sup> of July. The Poomsae have to be presented in the same order as they were drawn. In each round different Poomsae will be performed.

**Duration of Contest:** Recognized Poomsae: from 30 to 90 seconds.

Break time between 1st and 2nd Poomsae is 30 to 60 Sec.

Free Style Poomsae: from 90 to 100 seconds.

**Mode of competition:** Cut-off System: two Poomsae from designated Compulsory Poomsae for each division must be performed for all the preliminary, semi-final and final rounds. A random draw for the order of the contestants will be conducted among the participants for all the preliminary, semi-final and final rounds.

**Free Style Poomsae (FSP):** Free Style Poomsae is the performance based on taekwondo techniques with composition of music and choreography.

**Scoring Criteria of FSP:** Scoring shall be made in accordance with the rules of the WT.

The types of foot techniques designated by WT Poomsae Committee are as follows:

Heights of jump – Side kick (in case of pair and team division, entire team members must perform this technique)

Number of kicks in a jump – Front kick (at least one member of the team must perform this technique)



# TAEKWONDO

Gradient of spins in a spin kick - Spinning hook kick or turning kick (at least one member of the team must perform this technique)

Performance level of consecutive kicks – Kyorugi style kick (at least one member of the team must perform this technique) \*3~5 bouncing steps is mandatory before executing the Kyorugi style kicks.

Acrobatic actions – Any acrobatic action performance with TKD style kick(s) (at least one member of the team must perform this technique). TKD kick (s) must be performed with the knee extension (example: Apchagi).

Point shall be awarded only if athletes perform the techniques in the above order.

All of the following stances must be included in the performance at least once:

- Dwitkubi (Backward inflection stance)
- Beom-seogi (Tiger stance)
- Hakdari-seogi (Crane stance)

**Music** The music for the free style Poomsae competition has to be brought by the competitors as MP3 on a USB (with name & division of contestant) and is submitted to OC by registration / accreditation. No Performance without music!

Method of competitions: Cut off system (alterations reserved without notice).

Only one round (final round), independent of the number of athletes.

**FSP – performance plan** All the FSP- competitors should Fill out the free style Poomsae performance plan and submit to OC by registration / accreditation.

## Categories: Classification of Poomsae Competitions:

Men	Women
Individual Events – Recognized Poomsae	
Individual	Individual
Individual Events – Free Style Poomsae	
Individual	Individual

## Competition Information - Kyorugi:

Total courts - Kyorugi: 2 competition areas

Kyorugi Competition: Friday and Saturday, 29th & 30th of July.

PSS – System: Daedo electronic body protectors with E-helmet are provided from OC. All athletes must bring their own E-Sensor socks. All athletes must bring their own full equipment according to WT competition rules.

Duration of Contest: Preliminary to Final Competitions (Alterations reserved without notice)

3 rounds of 2 min each, with 1 min rest period

Video Replay (IVR): 1 request per competition (Kyorugi)

Format of the tournament: Single Elimination Method

Weigh-in: The weigh-in of the contestants on the day of competition shall be organized one day prior to the competition.

**Detailed information will be announced during GTM**

Categories: Classification of Kyorugi Competitions:

Men	Women
Individual Events	
UP TO 54KG	UP TO 46KG
+54KG TO 58KG	+46KG TO 49KG
+58KG TO 63KG	+49KG TO 53KG
+63KG TO 68KG	+53KG TO 57KG
+68KG TO 74KG	+57KG TO 62KG
+74KG TO 80KG	+62KG TO 67KG
+80KG TO 87KG	+67KG TO 73KG
+87KG	+73KG

# TAEKWONDO

## Technical regulations

Competition will be held following the EUSA document "Rules and Regulations for the European Universities Games 2022".

The organization of the EUG will be based on the most recent Technical Regulations of the World Taekwondo.

- Kyorugi: Competition Rules and Interpretation (In Force as of June 1, 2022)
- Poomsae: Competition Rules and Interpretation (In force as of May 14, 2019)

## Athletes Sport Equipment and Clothing

WT approved uniform

## General Technical Meeting

The GTM is a mandatory part of competition and will be held in 2022, on the 27th of July at 18:00h and will be called by the CTC chair together with SCAC representative. It is divided in three parts:

**First Part:** organizational part of the EUG, presented by the OC representative;

**Second Part:** technical part of the competition, presented by the TD;

**Third Part:** The draw of the competition, carried out by the TD and EUSA Sport Manager.

Who is invited? The SCAC, the competition commission, the NSF representative (if nominated), the OC representatives, the Heads of

Delegations (maximum two (2) persons per delegation), the NUSAs coordinators (if present), referees and other guests.

The team representatives may ask questions about all aspects of the competition, if times allows.

## The Draw Procedure

Electronic drawing shall be organised by the OC under supervision of the EUSA Technical Delegates. A certain number of athletes may be seeded based on their ranks in the WT world ranking, according to the guidelines stipulated in the WT world ranking.

## Protests

REG 71

The HoD or authorised representative of the team may protest on behalf of competitors or team. Each protest shall be accompanied by a deposit of two hundred (200) EUR except for the following sports: Basketball, Beach Handball, Handball, Football, Futsal, Volleyball and Water Polo where the deposit is five hundred (500) EUR. If the protest is upheld, the fee will be returned. The protests shall be submitted:

REG 71.1 during the GTM for draw related protests

REG 71.2 within twenty (20) minutes after the end of the match to the TD for the match issues,

REG 71.3 before the start of next competition day on published results to the TD for the published issues,

REG 71.4 during the competition to the CTC for technical issues,

REG 71.5 during the competition to the SCAC for non-technical issues,

REG 71.6 within seven (7) days after the EUG to the EUSA EC for the EUG issues.

## Protests on non-technical matters:

- The SCAC is the highest authority of the EUG and controls overall organizational and technical aspects of the EUG. The SCAC is responsible for the interpretation of EUSA Regulations, for the supervision and smooth running of the EUG, settling any dispute, examining and dealing with any complaints or protests of a non-technical nature, taking emergency sanctions against participants (teams or individuals) who violate the EUSA Regulations, deciding of any other matters not covered in these Regulations, at the time of the EUG.



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# TABLE TENNIS & PARA TABLE TENNIS



## TABLE TENNIS & PARA TABLE TENNIS

Table tennis is an ideal sport to attract people of all ages, irrespective of gender, cultural, social background or physical ability. It is a very healthy leisure activity with multiple benefits, both for physical and mental health. At the same time, it is fun. Portuguese Table Tennis is currently an international reference among youngsters having Marco Freitas as a role model. In 2014 in Lisbon Portugal became European Champion in the team competition with Marcos Freitas, Tiago Apolónia and João Ribeiro. This year is the 4th edition of the European Universities Games and in the last edition the winners of the men's and women's team tournament was the Russian State University for the Humanities (RUS). In the Mens Team competition, the Angelus Silesius State School of Higher Vocational Education in Walbrzych (POL) came out on top of the competition, with convincing performances, and the the Kazan Innovative University named after V.G. Timiryasov (RUS) won in the Womens Team competition. Fertikowski & Floras, from the Angelus Silesius State School of Higher Vocational Education in Walbrzych (POL) won the Mens Doubles competition. In the Womens Doubles, the pairs team of Wabik & Nowacka, from University School of Physical Education in Wroclaw (POL) took home gold. In the Womens Singles, Anna Blazhko from the Kazan Innovative University named after V.G. Timiryasov (RUS) won a convincing final match to take gold. Angelus Silesius State School of Higher Vocational Education in Walbrzych (POL) won once more in the Mens Single, with Robert Floras winning the final match. Back in the 2016, the Mens, and the Womens Team competition was won by Russian State University for Humanities (RUS). Shamin & Pulnyy, Russian State University for the Humanities (RUS) in men's doubles and Gencay Menge, Marmara University (TUR) in men's singles. In women's category, Sikorska and Bak, Kozminski University (POL) won the title in doubles, with Sikorska also winning the champion's title in singles.

### Message from the EUSA technical delegate

Dear Students, Dear Representatives of Delegations,  
Dear Members of the Organizing Committee

On behalf of the EUSA Table Tennis Commission, it is my great pleasure to welcome you at the European Universities Games 2022 in Lodz. I would like to thank the University of Lodz, its sport Association and the Table Tennis Association of Poland for a great support.

This Universities Games is not important only for the table tennis but also for all sports inside EUSA, particularly in Covid times, because the students come from all parts of Europe into one place and create new friendships. I really hope that the Covid times are over and the Games will continue sport spirit. I am sure that 20 Men's teams and 15 Women's teams with their coaches and representatives will give true sport spirit to the Organizing Committee and this Games in Lodz. With OC we will prepare great Universities Games as all table tennis events in Poland.

We can assure you that the table tennis staff will keep with the spirit of values and good cooperation with all the participants and do its mission to the satisfaction and enjoyable for everyone but first of all with new Covid 19 protocol safe and healthy.

I wish all the players a lot of sport success at the table and to all guests and visitors to enjoy their time in sport venue in Lodz and to stay healthy.



**Matija Krnc, IR**  
**EUSA Table Tennis Technical Delegate**

## TABLE TENNIS & PARA TABLE TENNIS

### Message from the OC Technical Delegate

I welcome you all to the European University Table Tennis Games 2022 in academic Lodz, a city of many universities of different profiles.

Hosting the best student-athletes in Poland, especially in our city, is a great challenge for us.

Participation in the European University Games is primarily a chance to gain unforgettable and valuable experience, but also to achieve sporting success.

I know that combining an academic and sports career, especially in such a discipline as table tennis, is a huge challenge for each of you.

Systematic work in addition to talent is a recipe for success both in sport and in life.

For us - the organizers, it is a chance that your participation in this sports event will give us the opportunity to promote through sport our rapidly growing city and country.

I wish all participants good luck in the tournament, in the spirit of fair play and at the same time have fun and unforgettable impressions associated with your stay in our country.

**Piotr Pielaciński**

**OC Table Tennis Technical Delegate**



## COMPETITION INFORMATION

### Table tennis/ para table tennis Competition Committee

CHAIR	MR. ANDRZEJ HREHOROWICZ
EUSA TECHNICAL DELEGATE	MR. KRNC MATIJA
OC TECHNICAL DELEGATE	MR. PIELACIŃSKI PIOTR
LOCAL ASSISTANT	MR. WLAŻLIK JAKUB

### Competition Format

The competitions will be played in 6 categories, 3 in men's and 3 in women's.

Team events will be played in two stages. First stage in the groups (round robin system) and the second stage in the main draw system. First and the second in the group play for the championships format, third and the fourth for positions.

All individual events: men's singles and doubles, women's singles and doubles will be played in KO system. The winner of the match will be determined by the rule "best of five". Registration only to the individual competitions is not possible (only for PTT). Final competition system will be prepared in such a way that we will not play for all places (two bronze medals in all categories).

### Training program

Training rooms will be available for teams that would like to train, but advance reservations are required.

To reserve a training room, the head of delegation leader must fill out an online form, which will be available on the app by 5pm the day before the training.

On GTM day only, reservations will be available until 24:00

## TABLE TENNIS & PARA TABLE TENNIS

CALENDAR							
14	15	16	17	18	19	20	21
A	GTM	1	2	3	4	5	D

A – Arrivals

D – Departures

GTM – General Technical Meeting

1,2, (Number) – Number of Competition Days



### Sport Equipment and Material

Tibhar - ITTF regulations approved tables & balls

### Competition and training venues

Anilana Sobolowa 1, 90-993 Łódź

## Medical and Security Services

EUSA - regulated medical care and an ambulance will be provided at all sites

Security Services will be provided in all the venues, to for entrance control and to assure all participants' safety.

## International regulations

The organization of the EUG Table Tennis and Para Table Tennis shall be mainly based on the most recent Technical Regulations of the International Table Tennis Federation (ITTF).

## Competitions

### Team Tournaments:

- 1 (one) men's tournament, maximum of 20 (twenty) teams,
- 1 (one) women's tournament, maximum of 16 (sixteen) teams.

Each match consists of single matches only. The winner of the match will be determined by the rule 'best of five'.

### Individual Tournaments:

- 1 (one) men's single tournament (MS), maximum 128 (one hundred twenty-eight) men players,
- 1 (one) women's single tournament (WS), maximum 128 (one hundred twenty-eight) women players,
- one (1) men's para single Class 1-5 and Class 6-10 tournament, no restriction concerning the number of athletes with disabilities,
- one (1) women's para single Class 1-5 and Class 6-10 tournament, no restriction concerning the number of athletes with disabilities,
- 1 (one) men's double tournament (MD), maximum 64 (sixty-four) men's pairs,
- 1 (one) women's double tournament (WD), maximum 64 (sixty-four) women's pairs.

Teams which are taking part in team competitions may register their participants for individual competitions.

### Registration

only to the individual competitions is not possible.

## Program

The competitions consist of 5 (five) days, competitions for para table tennis consist of 3 (three) days. The General Technical Meeting, where the presence of each head of the delegation is obligatory, will be held 1 (one) day prior to the start of the competition.



## TABLE TENNIS & PARA TABLE TENNIS

### Delegation

The delegation will consist of minimum 3 (three) and maximum 5 (five) athletes and maximum of 2 (two) officials (a personal assistant to a person with disabilities does not count in the quota of officials) only students with disabilities can register individually. The head of the delegation must be appointed.

### Referees

OC shall provide referees.

OC shall provide 2 (two) sets of polo shirts per referee.

### Playing scheme

The format of the tournaments will be decided by CTC taking into consideration the number of teams/ athletes entered.

### Draw, seeding

The draw will be done in the presence of EUSA Representative taking into account ITTF (only individual tournaments) and EUSA Table Tennis ranking for the team events. The university team of the hosting city or, in their absence, the hosting country's highest ranked team will be placed on first (1) place in pool A. Teams from the same country shall, whenever possible, be placed in different pools.

### Financial obligations

In order to participate, all financial obligations towards EUSA and Organizing Committee need to be settled by the specified dates, as per EUSA Rules and Regulations.

### Uniforms

Playing clothing shall comply with ITTF rules § 3.2.2. Any question of the legality or acceptability of playing clothing shall be decided by the referee.

### Awards

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
Cups	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 3 <sup>rd</sup>	Team	European Universities Champion
Medals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> , 3 <sup>rd</sup>	Team (athletes, officials) Individual (athletes)	European Universities Champion European Universities Champion



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# SPORT CLIMBING

## SPORT CLIMBING

Sport climbing, is a form of rock climbing that relies on permanent anchors (or bolts), permanently fixed into the rock for climber protection, in which a rope that is attached to the climber is clipped into the anchors to arrest a fall; it can also involve climbing short distances with a crash pad underneath as protection.

Since sport climbing routes do not need to follow traditional climbing route lines where protection can be placed into natural features (e.g. cracks), they tend to follow more direct lines up crags. This aspect, in addition to the lack of any need to install protection during the climb (e.g. the sport climber just clips into pre-installed bolts along the climb), results in different styles of climbing between sport rock climbing and traditional rock climbing.

Sport climbing made its Olympic debut at the 2020 Summer Olympics in Tokyo, Japan, and was previously tested at the 2018 Summer Youth Olympics.

The first edition of the European Universities Sport Climbing Championship was held in 2015 in Katowice (Poland), prepared in close cooperation with the International Federation of Sport Climbing (IFSC) and consisted of competitions in Speed, Bouldering, Lead, as well as featured the Dyno Jumping Contest and T-Wall Bouldering Cup.

### Message from the EUSA technical delegate

Dear Athletes, Officials and Visitors, welcome to the European University Universities Games 2022 and especially to its Climbing competition! For me it's a great pleasure to come back in Poland for Sport Climbing -Lead Speed and Boulder- after Katowice 2015, a very successful event.

I hope you will take advantage of this opportunity to learn more about Lodz, Poland and its University. I also hope that EUG will be an excellent social experience to all of you and that you may bring nice memories to your countries and universities. I wish all the Teams great climbing days and may the best Team win this large Tournament.

**Matteo Pastori**

**EUSA Sport Climbing Technical Delegate**



### Message from the OC Technical Delegate

Dear Student Athletes!

Welcome to the EUG in sport climbing, which takes place at one of the best and most modern climbing facilities in Poland. Our climbing wall was built just a few years ago in 2018, just like Zatoka Sportu. And the bouldering area was built a few months ago, I'm delighted you can try it out!

Sport climbing in Poland has been developing at a great pace in recent years, and new climbing walls are constantly being built. However, for many years the dominant discipline in Poland has been speed climbing. On numerous occasions our competitors have taken the highest places at the World Championships in Arco.

The greatest success belongs to Aleksandra Miroslaw, who set the Olympic record and broke her own world record several times. Aleksandra Miroslaw holds the current world record





## SPORT CLIMBING

of 6.53 seconds. The current champion of the University Championships is Aleksandra Kałucka, who will be representing Poland at our competition.

Together with our routesetters Aleksander Romanowski, Łukasz Smagała, Piotr Suder, the head judge Rafał Kanowski and the entire Fabryka Wspinania team, I wish you fun and success at our competition

**Bogna Jakubowicz**

**OC Sport Climbing Technical Delegate**

## COMPETITION INFORMATION

### Sport Climbing Competition Committee

CHAIR	MR. ADAM ROCZEK
EUSA TECHNICAL DELEGATE	MR. PASTORI MATTEO
OC TECHNICAL DELEGATE	MS. JAKUBOWICZ BOGNA
LOCAL ASSISTANT	MR. KOZŁOWSKI KAMIL

### Training program

Training rooms will be available for teams that would like to train, but advance reservations are required.

To reserve a training room, the head of delegation leader must fill out an online form, which will be available on the app by 5pm the day before the training.

On GTM day only, reservations will be available until 24:00.

CALENDAR					
26	27	28	29	30	31
A	GTM	1	2	3	D

A – Arrivals

D – Departures

GTM – General Technical Meeting

1,2, (Number) – Number of Competition Days



### Competition and training venues

Zatoka Sportu Politechniki 10, 93-590 Łódź

# SPORT CLIMBING

## Medical and Security Services

EUSA - regulated medical care and an ambulance will be provided at all sites

Security Services will be provided in all the venues, to for entrance control and to assure all participants' safety.

## International regulations

The organization of the EUG Sport Climbing shall be mainly based on the most recent Technical Regulations of the International Federation of Sport Climbing (IFSC).

## Competitions

### Team Tournaments:

- 1 (one) Lead tournament,
- 1 (one) Speed tournament,
- 1 (one) Boulder tournament.

## Program

The competitions consist of 3 (three) days. The General Technical Meeting, where the presence of each head of the delegation is obligatory, will be held one day prior to the start of the competition.

## Delegation

The delegation will consist of minimum 2 (two) athletes and maximum of 6 (six) athletes and minimum 1 (one) and maximum of 3 (three) officials from their respective university irrespective of the gender. The head of the delegation must be appointed.

Each athlete must take part in minimum of 2 (two) individual tournaments.

## Referees

OC shall provide referees.

OC shall provide 2 (two) sets of polo shirts per referee.

## Playing scheme

The format of the tournament will be decided by Competition Technical Commission taking into consideration the number of teams / athletes entered. It will be based on the 3 (three) IFSC Sport Climbing official disciplines: Speed, Boulder and Lead.

Speed will be disputed on the 15m (fifteen metres) IFSC Record Wall following IFSC World Cup Format.

Boulder will be disputed, according to IFSC rules, with a number of finalists of 6 (six) per gender. Speed and Lead will be disputed, according to IFSC rules, with a number of finalists of 8 (eight) per gender. If one of the disciplines is not organized then the format will be the same of the IFSC WC format which includes the semifinals, depending on which disciplines will take place.

## Draw, seeding

The draw will be done in the presence of EUSA Representative.

## Financial obligations

Each team has to pay fees defined in EUG Regulations by the specified date. The deposit must be paid on EUSA request.

## Uniforms

Competitors when climbing wear an official team uniform, a consistent top and pants which may contain university name. The team top may be different for male and female competitors. The official starting number bib is provided by the OC. Each competitor is free to use a chalk bag, a climbing helmet and the clothing (in addition to the team top) they prefer.

# SPORT CLIMBING

## Uniforms

Any technical equipment used must meet the relevant EN standard (or comparable International equivalent) unless otherwise specified by the IFSC or, in exceptional circumstances, by the Competition Technical Commission. The relevant standards as at the date of issue for these Rules are applicable standards for technical equipment used in International Competition Climbing. Equipment Cen standard for athletes are Belay devices (locking and manual) EN15151-1 and 2 and Climbing harness EN12277:2007 (type C).

All equipment used by a competitor shall comply with the relevant standards set out in article CL1 9 unless otherwise specified by the Technical Handbook or IFSC rules. Use of non-approved, or non-approved modification of, equipment, knots and clothing, or any infringement of any part of Technical Handbook or IFSC rules and regulations governing team clothing and equipment, shall make the competitor liable for disciplinary action.

## Awards

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
<b>Cups</b>	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	<b>Team</b>	<b>European Universities Champion</b>
<b>Medals</b>	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	<b>Lead (athletes)</b>	<b>European Universities Champion</b>
	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	<b>Speed (athletes)</b>	<b>European Universities Champion</b>
	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	<b>Boulder (athletes)</b>	<b>European Universities Champion</b>
<b>Other Awards</b>	<b>Combined</b>	<b>Athlete</b>	<b>Winner</b>
	<b>Speed – Fastest Time</b>	<b>Athlete</b>	<b>Winner</b>
	<b>Speed – Time Record</b>	<b>Athlete</b>	<b>EUSA Record holder</b>

## Speed

### Technical Rules

The speed climbing tournament will be organized in accordance with the latest technical regulations of the International Federation of Sport Climbing (IFSC), the EUSA Technical Regulation and this Technical Handbook. The format of competition will be the the same of IFSC World Cup.

### Technical Details

Speed competitions shall take place:

- 1) on structures designed to the specification set out in the IFSC Speed Licence Rules;
- 2) using an automatic timing system approved by the IFSC;
- 3) with the competitor secured from above using an IFSC-licenced automatic belay system,

In exceptional circumstances, the Jury President may instead require a top-rope to be used, controlled from the ground by two belayers situated to the side of the climbing lanes.

Speed Competition will be organised with:

- 1) a Qualification round consisting of a single stage, taking place on two lanes, left "A" and right "B", with competitors climbing in pairs; and
- 2) where the number of competitors recording a valid qualifying time is four (4) or more, a Final round consisting of between two (2) and four (4) elimination stages.

Competition should have a practice period preceding the Qualification round. Where a practice period is organised, the time and arrangements for this practice period shall be announced at the Technical Meeting. Speed competition takes place on climbing routes with a nominal length of either fifteen (15) meters, constructed on purpose-designed, artificial climbing walls, according to the IFSC Speed License Rules

The quota for the Final round shall be determined by reference to the number of competitors having a Valid Time from the Qualification round (but excluding any competitors who have recorded a False Start) as follow:



# SPORT CLIMBING

Competitors with a Valid Time Final quota

4–7 .....4

8–15 .....8

>15 .....16

## Boulder

### Technical Rules

The bouldering tournament will be organized in accordance with the latest technical regulations of the International Federation of Sport Climbing (IFSC), the European Council of Sport Climbing (ECSC), the EUSA Technical Regulation and this Technical Handbook.

The bouldering competition consists of two rounds, named qualification round –according to the IFSC World Cup, with exceptions.

Boulder competitions shall take place on short routes ("boulders") constructed on purpose-designed artificial climbing walls, climbed without ropes and will be organised with:

- 1) A Qualification round consisting of a single course of five (5) boulders for each Starting Group.
- 2) A Final round each consisting of a single course of four (4) boulders for each Category,

### Technical Details

The climbing structure allow for the construction of ten (10) independent boulders in order to accommodate parallel courses.

timing system shall be used in each round to display the time remaining within each Preparation Period and Climbing Period. The timing system display shall:

be visible to all competitors on the field of play and in each Transit Zone;

show the time remaining within the relevant period, rounded up to whole seconds; provide audio signals to announce:

- 1) the beginning and the end of each Climbing Period;
- 2) when one minute remains within each Climbing Period; and
- 3) a five (5) second countdown at the end of each period.

The bouldering competition consists of two rounds, named Qualification round, and Final round.

Exceptions IFSC rules: No semifinals

### Qualification round

The five (5) boulders shall be proposed for each category.

The Qualification round shall be "Flash" without any demonstration.

The Attempt Period within each of the Qualification will be:

Preparation Period 15 seconds

Climbing Period 5 minutes

Each competitor starting the course shall be ranked using the following criteria:

- 1) in descending order, the number of Successfully completed boulders ("Tops");
- 2) in descending order, the number of boulders on which the competitor has either:
  - a) Controlled (with any hand) the Zone Hold; or
  - b) successfully completed the boulder without having Controlled the Zone Hold, this number being the "Zone Points" awarded;
- 3) in ascending order, the total number of attempts to achieve these Tops;
- 4) in ascending order, the total number of attempts to achieve these Zone Points;

## SPORT CLIMBING

### Final round

The Final round is taking place as the Final round is specified in the bouldering IFSC rule

The Final round shall take place on 4 boulders for each category.

The Isolation Zone closing time for the Final round of the competition shall be one (1) hour before the time scheduled for the presentation of the finalists.

The Final round shall be preceded by a presentation of the competitors eligible to participate in the round.

A collective observation period of two (2) minutes per boulder shall be held immediately prior to the commencement of each course in the Final round. During this period, competitors may only touch the marked starting holds and are prohibited from using any recording equipment.

The climbing period during the Final round shall be four (4) minutes for each competitor per boulder. If a competitor begins an attempt, they shall not be allowed to finish that attempt, when period to climb has expired. An attempt on a boulder will be considered successful when the Boulder Judge has announced "OK" and raise a hand (at the same time when a boulder is topped).

Once a competitor has finished their attempts, they shall return to a separate isolation area and the next competitor shall start their climbing period immediately.

### Lead

#### Technical Rules

The lead tournament will be organized in accordance with the latest technical regulations of the International Federation of Sport Climbing (IFSC), the EUSA Technical Regulation and this Technical Handbook.

#### Technical Details

Lead competitions shall take place on purpose-designed, artificial climbing walls having a minimum height of 12 metres, and permitting the construction of routes with a minimum length of 15 metres and with a minimum width of three (3) metres (unless a specific exemption is agreed by the Jury President).

Lead competitions shall be organised with:

- 1) A Qualification round consisting of two (2) non-identical routes ("A" and "B") for each Starting Group, attempted after demonstration; and
- 2) Final round consisting of a single route for each Category, attempted without demonstration,

Each Qualification route shall be demonstrated by forerunners:

- 1) on a video recording continuously played back in the Warm-Up Area, starting not later than 60 minutes before the scheduled start of the round; or
- 2) where video recordings are not possible, making a live demonstration not less than 30 minutes before the attempt of the first competitor.

Exceptions IFSC rules: No semifinals

### Final round

Lead Final rounds shall be preceded by a six (6) minute collective observation period for competitors:

During this period, competitors may:

- a) touch (only) the first holds on the route without leaving the ground.
- b) use binoculars to observe the route;
- c) make hand-drawn sketches and notes,

but shall not use any recording equipment. At the end of this period, competitors shall return to the Isolation Zone or to a Transit Zone as directed by the IFSC Officials,



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UNIVERSITIES  
GAMES  
**EUSA**

# SWIMMING



## SWIMMING

Swimming is an individual or team racing sport that requires the use of one's entire body to move through water. The sport takes place in pools or open water (e.g., in a sea or lake). Competitive swimming is one of the most popular Olympic sports, with varied distance events in butterfly, backstroke, breaststroke, freestyle, and individual medley. In addition to these individual events, four swimmers can take part in either a freestyle or medley relay. A medley relay consists of four swimmers who will each swim a different stroke, ordered as backstroke, breaststroke, butterfly and freestyle.

Swimming each stroke requires a set of specific techniques; in competition, there are distinct regulations concerning the acceptable form for each individual stroke. There are also regulations on what types of swimsuits, caps, jewellery and injury tape that are allowed at competitions.

Swimming is debuting in Łódź as a part of EUSA events.

### Message from the EUSA technical delegate

Dear students and officials,

It is my deepest pleasure to host you in Łódź during European Universities Games 2022 for the competitive swimming competition!

Swimming is one of the oldest sports known in the human history and it is a great deal of joy and happiness, that EUSA and Łódź University of Technology decided to include it into the program of the Games.

This sport teaches the discipline, perseverance, integrity, character and many others. All these characteristics transform into the daily lives of people practicing it which is a great value for the academic and future career growth.

Competition will be held at the exceptional Sports and Education Centre "Sports Bay" which is one of the best aquatic centres in the country. All organizing committee for the sport of swimming will do our best to make EUG Łódź 2022 an extraordinary experience for you!

Best of luck for you during the competition!

Welcome to Łódź!

**Żebrowski Piotr**

**OC Swimming Technical Delegate**



# SWIMMING

## COMPETITION INFORMATION

### Swimming Competition Committee

CHAIR	MR. GYORGY KOVACS
OC TECHNICAL DELEGATE	MR. ŻEBROWSKI PIOTR
LOCAL ASSISTANT	MR. KOZŁOWSKI KAMIL

### Competition Format

Elimination sessions starting in the morning.

The top 8 times from the elimination sessions advance to the final session held in the evening

### Training program

Training rooms will be available for teams that would like to train, but advance reservations are required.

To reserve a training room, the head of delegation leader must fill out an online form, which will be available on the app by 5pm the day before the training.

On GTM day only, reservations will be available until 24:00

### CALENDAR

25	26	27	28	29	30
A	GTM	1	2	3	D

A – Arrivals

D – Departures

GTM – General Technical  
Meeting

1,2, (Number) – Number  
of Competition Days



### Sport Equipment and Material

50 M length; lane lines as per fina regulations

### Competition and training venues

Zatoka Sportu Politechniki 10, 93-590 Łódź

### Medical and Security Services

EUSA - regulated medical care and an ambulance will be provided at all sites

Security Services will be provided in all the venues, to for entrance control and to assure all participants' safety.

### International regulations

The organization of the EUG Swimming shall be mainly based on the latest technical regulations of International Swimming Federation (FINA).

### Competitions

#### Team Tournaments:

- one (1) men's tournament, Freestyle Relay 4x100 m,
- one (1) women's tournament, Freestyle Relay 4x100 m,

## SWIMMING

- one (1) mixed tournament, Freestyle Relay 4x100 m (2M + 2W).
- one (1) men's tournament, Medley Relay 4x100 m,
- one (1) women's tournament, Medley Relay 4x100 m.

### Individual Tournaments:

- one (1) men's and one (1) women's tournament, Freestyle:
  - 50 m,
  - 100 m,
  - 200 m,
  - 400m,
- one (1) men's and one (1) women's tournament, Backstroke:
  - 50 m,
  - 100 m,
  - 200 m,
- one (1) men's and one (1) women's tournament, Breaststroke:
  - 50 m,
  - 100 m,
  - 200 m,
- one (1) men's and one (1) women's tournament, Butterfly:
  - 50 m,
  - 100 m,
  - 200 m,
- one (1) men's and one (1) women's tournament, Medley:
  - 200 m.

No restriction concerning the number of athletes for each category.

### Program

The competitions consist of three (3) days, with the heats being held in the morning sessions and the finals in the evening sessions. The General Technical Meeting, where the presence of each head of the delegation is obligatory, will be held one (1) day prior to the start of the competition.

### Delegation

The delegation will consist of minimum two (2) athletes and maximum of four (4) officials. The head of delegation must be appointed.

### Playing scheme

The format of the tournaments will be decided by Competition Commission taking into consideration the number of teams/athletes entered.

### Draw, seeding

The draw will be done in the presence of a EUSA Representative taking into account the number of athletes entered.

### Financial obligations

Each team has to pay fees defined in EUG Regulations by the specified date. The deposit must be paid on EUSA request.

### Uniforms

Racing and warm-up swimsuits shall be in line with FINA regulations<sup>02</sup>.



# SWIMMING

## Equipment

Any technical equipment used during swimming warm-up must meet the relevant FINA Standard unless in case of exceptional circumstances, and approved by the Competition Commission.

## Awards

Achievement competition category title for winner

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
Cups	1 <sup>st</sup>	University	European Universities Champion
Medals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Team (athletes, officials) Individual (athletes)	European Universities Champion European Universities Champion

## General

1. An individual athlete may compete in a maximum of 5 individual competitions (but not more than 2 individual competitions in one session) and 3 relay competitions.

The Head of Delegation or his/her representative shall confirm and sign the official list of athletes at the Technical General Meeting.

Entries not duly confirmed at the first General Technical Meeting will not be considered, except in cases of force majeure.

2. The composition of the relay race must be composed of students from one university.

3. An individual competition will only be held if there are at least eight (8) registered athletes. For relay competitions, a minimum of three (3) relays registrations must be entered for a competition to be held. If there are fewer registered athletes, the competition will be cancelled, and swimming program will be rescheduled.

4. When registering, athletes must provide an entry time for each competition. Heats will be set up from slowest to fastest entry time. Eight (8) athletes from a single competition will qualify for the finals, which will be held in the evening session. The athlete with the fastest time from the morning session will be placed in lane 4 in the finals, second in lane 5, third in lane 3, fourth in lane 6, and so on until 8 swimmers are divided among 8 lanes.



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**TENNIS**

## TENNIS

Swimming is an individual or team racing sport that requires the use of one's entire body to move through water. The sport takes place in pools or open water (e.g., in a sea or lake). Competitive swimming is one of the most popular Olympic sports, with varied distance events in butterfly, backstroke, breaststroke, freestyle, and individual medley. In addition to these individual events, four swimmers can take part in either a freestyle or medley relay. A medley relay consists of four swimmers who will each swim a different stroke, ordered as backstroke, breaststroke, butterfly and freestyle.

Swimming each stroke requires a set of specific techniques; in competition, there are distinct regulations concerning the acceptable form for each individual stroke. There are also regulations on what types of swimsuits, caps, jewellery and injury tape that are allowed at competitions.

Swimming is debuting in Łódź as a part of EUSA events.

### Message from the OC Technical Delegate

Dear students and players.

I am pleased to welcome you on the EUG in Łódź. Due to your talent and achievements, you have qualified (or been selected) to participate in this prestigious event. I extend you a warm welcome, a wonderful stay and above all, healthy, competitive rivalries. The Games will take place with an atmosphere of fair play and respect between athletes, coaches and referees.

You will discover the host city, Łódź, has a medieval history and is also the modern day centre of film production in Poland. It is a friendly and welcoming city with much to discover during your stay. A rich, diverse cultural and social experience awaits you, all while creating new friendships with colleagues from different nationalities.

We look forward with anticipation to your arrival.



**Michał Sikorski**  
OC Tennis Technical Delegate

## COMPETITION INFORMATION

### Swimming Competition Committee

CHAIR

MR. SULEYMAN KOCASERT

OC TECHNICAL DELEGATE

MR. SIKORSKI MICHAŁ

LOCAL ASSISTANT

MR. KOZŁOWSKI KAMIL



# TENNIS

## Training program

Training rooms will be available for teams that would like to train, but advance reservations are required. To reserve a training room, the head of delegation leader must fill out an online form, which will be available on the app by 5pm the day before the training. On GTM day only, reservations will be available until 24:00

CALENDAR								
14	15	16	17	18	19	20	21	22
A	GTM	1	2	3	4	5	6	D

A – Arrivals

D – Departures

GTM – General Technical Meeting

1,2, (Number) – Number of Competition Days



## Official match ball

Babolat Team All Court

## Competition and training venues

AZS COURTS, Lumumby 22/26, 91-404 Łódź

## Medical and Security Services

EUSA - regulated medical care and an ambulance will be provided at all sites

Security Services will be provided in all the venues, to for entrance control and to assure all participants' safety.

## International regulations

The organization of the EUG Tennis shall be mainly based on the most recent Technical Regulations of the International Tennis Federation (ITF).

## Competitions

Team Tournaments:

- 1 (one) men's tournament, maximum of 16 (sixteen) teams,
- 1 (one) women's tournament, maximum of 16 (sixteen) teams.

Each tie will include 2 (two) singles and 1 (one) doubles match.

## Program

The competitions consist of 6 (days) The General Technical Meeting, where the presence of each head of the delegation is obligatory, will be held 1 (one) day prior to the start of the competition.

## Delegation

The delegation will consist of minimum 2 (two) and maximum 4 (four) athletes and maximum of 3 (three) officials. The head of the delegation must be appointed.

## Referees

OC shall provide referees.

# TENNIS

## Playing scheme

The format of the tournament will be decided by CTC taking into consideration the number of teams entered.

## Draw, seeding

The draw will be done in the presence of EUSA Representative taking into account ATP/WTA and EUSA Tennis ranking. The university team of the hosting city or, in their absence, the hosting country's highest ranked team will be placed on first (1) place in pool A. Teams from the same country shall, whenever possible, be placed in different pools.

## Financial obligations

In order to participate, all financial obligations towards EUSA and Organizing Committee need to be settled by the specified dates, as per EUSA Rules and Regulations

## Uniforms

According to ITF tournaments code of conduct.

## Awards

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
Cups	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Team	European Universities Champion
Medals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Team (athletes, officials)	European Universities Champion

## Competition format

### Group stage:

Men: Four (4) groups with four teams

Women: Four (4) groups with four/three teams (3,3,4,4)

Main draw: Single elimination system for the first team of each group of the group stage

- Semifinals men and women : A1vsD1, B1vsC1

- Matches for places men: 5-8 places: A2vsD2, B2vsC2, 9-12 places: A3vsD3, B3vsC3, 13-16 places: A4vsD4, B4vsC4.

- Matches for places women: 5-8 places A2vsD2, B2vsC2, 9-12 places: A3vsD3, B3vsC3, match for 13th place: C4vsD4

## Competition referees

During all the tournament: Referee/supervisor

Anna Kurek (ITF white badge referee)

Assistant Referee:

Wojciech Mazerant (Highest national license)

Competition – results, next day

The result can be found: on the green board next to the athletics stadium.

The schedule for the next day will be updated asap. It can be found on the same board as result.

tutaj oni mieli jeszcze dopisane że na maila wysyłali plan gier i wyniki na oficjalnej stronie jak możesz to tutaj dopisz jak to u nas będzie wyglądało bo tego nie wiem.



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# VOLLEYBALL



## VOLLEYBALL

Volleyball is undoubtedly one of the most important and popular team sports in the world. As a sport discipline, it is also most often associated with the academic environment: students play volleyball often and willingly, and clubs operating in cities are usually associated with universities there.

Its rules are simple and the game is fast and dynamic. Volleyball is an elite sport due to the culture of practicing and cheering for it, and a mass sport, too, due to its universal availability and low costs for all who practise it.

Poland has a very good volleyball tradition, we are proud of both the male and female representation of our country in this discipline. Over the past years, both our national teams have often won medals at the most important international events. Our gentlemen are the current champions of the globe: they won the title at the last tournament held before the pandemic - in Turin, Italy, in 2019. They won this title twice in a row. The Poles also took third place in the two most recently played European championships - in 2019 and 2021.

Our ladies are also doing well: they won fifth place at the last European Championships, 2021. Earlier, in 2003 and 2005, they were unbeaten at this tournament. They also won bronze medals at the 2009 European Championships, held in Poland, including at the Atlas Arena in Łódź.

As there are as many as nine universities in Łódź, and students play volleyball at each of them, it is certainly one of the best places to play the tournament of this discipline under the EUG 2022.

Young adepts of this discipline often grow up in Łódź volleyball centers, and then continue their careers in the best clubs in Europe and in the world.

### Message from the EUSA technical delegate

Dear Students athletes, Coaches, Referees and other representatives of delegations and NUSA's, and members of the Organizing Committee

On behalf of the European University Sports Association, it is a pleasure for me and my colleague in technical matters Mr. Antonio Correa, to welcome you to Łódź in occasion of the 6th European Universities Games 2022.

This event is not only important for sport but as well for improving the EUSA community, because students coming from all over Europe will meet each other, learn from each other and make new friends. We are sure that the athletes will compete hard, respecting the rules and regulations of the events, the referees' decisions as well as their opponents, and most importantly they will play with fair play and Olympic spirit.

Volleyball is one of the founding sports of EUSA and thereby it is a pleasure for us to recognize, that 16 teams each per gender will take part in our tournament here in Łódź and that many more wanted to participate.

We are looking forward to a great week of challenging volleyball competitions and wish all of you the best of success and a lot of pleasure in these Games.



**Pablo Martínez**  
**EUSA Volleyball Technical Delegate**

# VOLLEYBALL

## Message from the OC Technical Delegate

Dear participants,

It's my great pleasure and an honor for me to welcome you all to Lodz.

You are guests in a city that cares about the development of volleyball and is also successful in this field.

We have two leading Polish women's volleyball league clubs here - GROT Budowlani, whose player is a student of the Lodz University of Technology - Justyna Kędziora, and ŁKS Commercecon. We also have in the vicinity one of the best men's teams, Skra Bełchatów. This makes us immodestly calling our city the capital of Polish volleyball.

What is more, our beautiful venues regularly host the largest world-class volleyball events, including the upcoming Women's Volleyball World Championship 2022

Łódź is a city of many students, and volleyball is very popular at our universities. Our Volleyball players, successfully playing in the Polish national team, are also ambassadors of this year's EUG 2022. This proves the importance of this discipline in our city.

We sincerely hope that you will have a nice time in our town and the competitions held here will remain in your memory for a long time. Play volleyball and have fun in Łódź!



**Aneta Olszycka**

**OC Volleyball Technical Delegate**

## COMPETITION INFORMATION

### Volleyball Competition Committee

CHAIR	MR. JOERG FOERSTER
EUSA TECHNICAL DELEGATE	MR. PABLO MARTINEZ MARTINEZ
OC TECHNICAL DELEGATE	MS. OLSZYCKA ANETA
LOCAL ASSISTANT	MR. WLAŻLIK JAKUB

### Competition Format

The competitions will be played in two (2) stages: the first stage will be played in groups, (round robin system) and the second stage will be played in a play-off format system, set according to the respective sports regulations. Last group matches of the first stage, shall be played at the same time, whenever possible. Competition system involves matches for all final places (i.e. 1st, 3rd, 5th, 7th, 9th, 11th, 13th, 15th etc.). Taking part in conciliation tournament is compulsory.

### Training program

Training rooms will be available for teams that would like to train, but advance reservations are required.

# VOLLEYBALL

To reserve a training room, the head of delegation leader must fill out an online form, which will be available on the app by 5pm the day before the training.

On GTM day only, reservations will be available until 24:00

CALENDAR									
14	15	16	17	18	19	20	21	22	23
A	GTM	1	2	3	4	5	6	7	D

A – Arrivals

D – Departures

GTM – General Technical Meeting

1,2, (Number) – Number of Competition Days



## Sport Equipment and Material

Balls: MIKASA V200W SIZE 5

## Competition and training venues

MOSiR Zgierz, ul. Wschodnia 2, 95-100 Zgierz

Sport Arena Aleja Unii Lubelskiej 2, 94-020 Łódź

## Medical and Security Services

EUSA - regulated medical care and an ambulance will be provided at all sites

Security Services will be provided in all the venues, to for entrance control and to assure all participants' safety.

## International regulations

The organization of the EUG Volleyball shall be mainly based on the most recent Technical Regulations of the International Volleyball Federation (FIVB) and the European Volleyball Confederation (CEV).

## Competitions

### Team Tournaments:

- 1 (one) men's tournament, maximum of 16 (sixteen) teams,
- 1 (one) women's tournament, maximum of 16 (sixteen) teams.

## Program

The competitions consist of 7 (seven) days. The General Technical Meeting, where the presence of each head of the delegation

is obligatory, will be held 1 (one) day prior to the start of the competition.

## Delegation

The delegation will consist of minimum 10 (ten) and maximum 14 (fourteen) athletes and minimum of 1 (one) and maximum of 5 (five) officials. A team composed by 14 (fourteen) athletes has to appoint 2 (two) libero, a team composed of 13 (thirteen) athletes has to appoint minimum 1 (one) libero, a team composed of 10 (ten), 11 (eleven) or 12 (twelve) athletes is allowed to appoint up to 2 (two) libero but doesn't have to play with libero. The head of the delegation and coach must be appointed.



# VOLLEYBALL

## Referees

The delegation shall include a referee with at least the highest national license; a relevant license of the National Volleyball Federation must be within the Quantitative entry deadline. Delegation failing to fulfil this obligation must pay 1.000 EUR to the Organizing Committee. Accommodation and food for the referee must be provided by the OC without charging the participation fee; no refereeing fee is provided. OC shall provide 2 (two) sets of polo shirts per referee; referees shall bring own long dark colour trousers.

## Playing scheme

The format of the tournament will be decided by CTC taking into consideration the number of teams entered.

## Draw, seeding

The draw will be done in the presence of EUSA representative taking into account EUSA Volleyball ranking. The university team of the hosting city or in their absence the hosting country's highest ranked team will be placed on first (1) place in pool A. Teams from the same country shall, whenever possible, be placed in different pools.

## Financial obligations

In order to participate, all financial obligations towards EUSA and Organizing Committee need to be settled by the specified dates, as per EUSA Rules and Regulations.

## Uniforms

EUSA rules concerning players' uniform are based on FIVB Rules. Uniform consists of a jersey (shirt), short, training suit, and must be the same for the whole team. The libero has to wear the same uniform in a different colour. Player equipment (accessories) consists of shoes, knee-guards, ankle supporters and elbow protections. Sleeves for legs and arms have to be in the main colour of the shirt.

All letters and numbers (university name/code, player's registered jersey name and player's numbers) on the player uniforms must be Latin characters and must be in contrasting colours to the part of the uniform where they are placed. Numbers has to be placed on front and back side of jerseys. During the entire duration of the EUG competition each player must wear the same number.

## Awards

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
Cups	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Team	European Universities Champion
Medals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Team (athletes, officials)	European Universities Champion
Other Awards	Fair Play	Team	Winner
	Most Valuable Player	Athlete	Most Valuable Player

## Athletes Sport Equipment and Clothing

EUSA rules concerning players' uniform are based on FIVB Rules. Uniform consists of a jersey (shirt), short, training suit, and must be the same for the whole team. The libero has to wear the same uniform in a different colour. Player equipment (accessories) consists of shoes, knee-guards, ankle supporters and elbow protections. Sleeves for legs and arms have to be in the main colour of the shirt. All letters and numbers (university name/code, player's registered jersey name and player's numbers) on the player uniforms must be Latin characters and must be in contrasting colours to the part of the uniform where they are placed. Numbers has to be placed on front and back side of jerseys. During the entire duration of the EUG competition each player must wear the same number.

# VOLLEYBALL

## Protest

### REG 71

The HoD or authorised representative of the team may protest on behalf of competitors or team. Each protest shall be accompanied by a deposit of two hundred (200) EUR except for the following sports: Basketball, Beach Handball, Handball, Football, Futsal, Volleyball and Water Polo where the deposit is five hundred (500) EUR. If the protest is upheld, the fee will be returned. The protests shall be submitted:

REG 71.1 during the GTM for draw related protests

REG 71.2 within twenty (20) minutes after the end of the match to the TD for the match issues,

REG 71.3 before the start of next competition day on published results to the TD for the published issues,

REG 71.4 during the competition to the CTC for technical issues,

REG 71.5 during the competition to the SCAC for non-technical issues,

REG 71.6 within seven (7) days after the EUG to the EUSA EC for the EUG issues.



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# WATER POLO



## WATER POLO

Water polo was established at the end of the 19th century in Great Britain, in Scotland to be precise. The first training sessions took place in Glasgow swimming pools and the rules were developed by William Wilson in 1876. Since 1900, water polo has been an Olympic sport, although only for men. The first Olympic tournament for women was played at the 2000 Sydney Games. The development of the sport is handled by the World Swimming Federation.

Besides the Olympics every 2 to 4 years since 1973, a men's Water Polo World Championship is organized within the FINA World Aquatics Championships. Women's water polo was added in 1986. A second tournament series, the FINA Water Polo World Cup, has been held every other year since 1979. In 2002, FINA organised the sport's first international league, the FINA Water Polo World League.

There is also a European Water Polo Championship that is held every other year.

Professional water polo is played in many Southern and Eastern European countries like Serbia, Croatia, Montenegro, Greece, Hungary, Italy, Russia, Spain, etc. with the LEN Champions League and Euro Cup tournaments played amongst the best teams.

### Message from the EUSA technical delegate

Dear student Athletes, Coaches, Referees and all Participants of the Water Polo Tournament.

I would like to welcome all of you to Lodz for the European Universities Games 2022. I am sure, this tournament will be a great promotion of water polo.

Between the first and the Final day I wish all of you great games, very comfortable stay, very interesting games in the Tournament.

I wish all the Referees very good games in Fairness and sportsmanlike behaviour.

A great Thank You to the Organizer to present this large Tournament in Lodz. The Team of Water Polo persons together with a great number of volunteers are here ready to help you feel welcome.

I wish all the Teams a great success and may the best Team win this Tournament.



**Tamas Kovacs Cs.**  
**EUSA Water Polo Technical Delegate**

## WATER POLO

### Message from the OC Technical Delegate

On behalf of the Lodz University of Technology, University Sports Association, I cordially greet you to the University European Championships. We will be pleased to host you. We will do the best we can. I am convinced that the competition will be at a high sports level, which will popularize our sport. As a former player, I know that water polo is a hard sport for tough players, who can be fair play at the same time. I hope that we will get to know each other and become friends. We will create the academic water polo environment. I wish you an interesting competition, good time and new friends.

Welcome to Lodz! Welcome to Poland!

**Czaplicki Michał**  
**OC Water Polo Technical Delegate**



## COMPETITION INFORMATION

### Water polo Competition Committee

CHAIR	MS. FLOBENA NIKOLLI
EUSA TECHNICAL DELEGATE	MR. KOVACS CSATLOS TAMAS
OC TECHNICAL DELEGATE	MR. CZAPLICKI MICHAŁ
LOCAL ASSISTANT	MR. KOZŁOWSKI KAMIL

### Competition Format

The competitions will be played in two (2) stages: the first stage will be played in groups and the second stage will be played in a play-off format system, set according to the respective sports regulations. Last group matches of the first stage, shall be played at the same time, whenever possible.

Competition system involves matches for all final places (i.e. 1st, 3rd, 5th, 7th, 9th, 11th, 12th). Taking part in conciliation tournament is compulsory.

### Training program

Training rooms will be available for teams that would like to train, but advance reservations are required.

To reserve a training room, the head of delegation leader must fill out an online form, which will be available on the app by 5pm the day before the training.

On GTM day only, reservations will be available until 24:00

# WATER POLO

## CALENDAR

14	15	16	17	18	19	20	21	22
A	GTM	1	2	3	4	5	6	D

A – Arrivals

D – Departures

GTM – General Technical Meeting

1,2, (Number) – Number of Competition Days



### Sport Equipment and Material

Balls: MIKASA W6000W SIZE 5

### Competition and training venues

Zatoka Sportu Politechniki 10, 93-590 Łódź

## Medical and Security Services

EUSA - regulated medical care and an ambulance will be provided at all sites

Security Services will be provided in all the venues, to for entrance control and to assure all participants' safety.

## International regulations

The organization of the EUG Water Polo shall be mainly based on the latest technical regulations of International Swimming Federation (FINA).

## Competitions

### Team Tournament:

- 1 (one) men's tournament, maximum of 12 (twelve) teams,

## Program

The competition consists of 6 (six) days. The General Technical Meeting, where the presence of each head of the delegation is

obligatory, will be held 1 (one) day prior to the start of the competition.

## Delegation

The delegation will consist of minimum 10 (ten) and maximum 13 (thirteen) athletes and minimum one (1) and maximum 4 (four) officials. The head of the delegation must be appointed.

## Referees

OC shall provide referee.

- The delegation may, at its own cost, include a referee with at least the highest national license; the relevant license of the national water polo federation must be submitted within the Quantitative entry deadline. Accommodation and food for the referee must be provided by the Organizing Committee without charging the participation fee; no refereeing fee is provided.

## Playing scheme

The format of the tournament will be decided by CTC taking into consideration the number of teams entered.



# WATER POLO

## Draw, seeding

The draw will be done in the presence of EUSA representative. The university team of the hosting city or in their absence the hosting country's highest ranked team will be placed on first (1) place in pool A. Teams from the same country shall, whenever possible, be placed in different pools.

## Financial obligations

In order to participate, all financial obligations towards EUSA and Organizing Committee need to be settled by the specified dates, as per EUSA Rules and Regulations

## Uniforms

EUSA rules concerning players' swimsuits and caps are based on FINA Rules for sports material, team equipment & advertising guidelines in the latest version.

All letters and numbers (university code, player's numbers) on the player caps and warming up suits must be in Latin characters and must be in contrasting colours to the part of the uniform and/or warming up suit where they are placed.

During the entire duration of the EUG competition each player must wear the same number.

## Awards

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
Cups	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Team	European Universities Champion
Medals	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Team (athletes, officials)	European Universities Champion
Other Awards	Most Valuable Player	Athlete	Most Valuable Player
	Best Goalkeeper	Athlete	Best Goalkeeper
	Top Scorer	Athlete	Top Scorer

## Athletes Sport Equipment and Clothing

EUSA rules concerning players' swimsuits and caps are based on FINA Rules for sports material, team equipment & advertising guidelines in the latest version.

All letters and numbers (university code, player's numbers) on the player caps and warming up suits must be in Latin characters and must be in contrasting colours to the part of the uniform and/or warming up suit where they are placed. During the entire duration of the EUG competition each player must wear the same number.

## General Technical Meeting

The GTM is a mandatory part of competition and will be held in Zatoka Sportu, on the 15th July at ?. The GTM is called by the CTC chair together with SCAC representative, one (1) day prior to the start of the competition. Invitees are: the SCAC, the competition commission, the NSF representative (if nominated), the OC representatives, the Heads of Delegations (maximum two (2) persons per delegation), the NUSAs coordinators (if present), referees and other guests.

The GTM, after the welcome message of competition commission chair, the GTM is divided in three parts:

**First Part:** organizational part of the EUG, presented by the OC representative,

**Second Part:** technical part of the competition, presented by the TD,

**Third Part:** the draw of the competition (optionally, if required by the competition format), carried out by the TD and EUSA Sport Manager.

The team representatives may ask questions about all aspects of the competition, if times allow its.

## The Draw Procedure

The draw procedure will be:

- in agreement with the competition system (format),

- explained to the GTM audience,
- carried out in front of the team representatives.
- The draw procedure cannot be repeated, unless a mistake is done, and this is approved by the TD and SCAC Representative.
- The results of the draw will be delivered to participating teams immediately after the GTM.

### Protest on non-technical matters

The SCAC is the highest authority of the EUG and controls overall organizational and technical aspects of the EUG. The SCAC is responsible for the interpretation of EUSA Regulations, for the supervision and smooth running of the EUG, settling any dispute, examining and dealing with any complaints or protests of a non-technical nature, taking emergency sanctions against participants (teams or individuals) who violate the EUSA Regulations, deciding of any other matters not covered in these Regulations, at the time of the EUG.

### Protest on technical match matters

REG 71

The HoD or authorised representative of the team may protest on behalf of competitors or team. Each protest shall be accompanied by a deposit of two hundred (200) EUR except for the following sports: Basketball, Beach Handball, Handball, Football, Futsal, Volleyball and Water Polo where the deposit is five hundred (500) EUR. If the protest is upheld, the fee will be returned. The protests shall be submitted:

REG 71.1 during the GTM for draw related protests

REG 71.2 within twenty (20) minutes after the end of the match to the TD for the match issues,

REG 71.3 before the start of next competition day on published results to the TD for the published issues,

REG 71.4 during the competition to the CTC for technical issues,

REG 71.5 during the competition to the SCAC for non-technical issues,

REG 71.6 within seven (7) days after the EUG to the EUSA EC for the EUG issues.

### International Regulations and Exceptions

The EUG 2022 will be played according to the latest regulations approved by FINA. The preliminary round is played in groups.

The teams are divided in groups on the basis of the results of the draw conducted at the General Technical Meeting. The draw will be done in the presence of the EUSA

### Preliminary round

Matches shall be evaluated as follows:

- each match won = 3 points
- each match drawn = 1 point for each team
- each match lost = no points

Teams are ranked according to the total number of points gained. If two or more teams have gained the same number of points after the group matches have been completed, classification is decided as follows:

- results in points between the teams concerned
- goal differences in the matches between the teams concerned
- greater number of plus goals in the matches between the teams concerned.

- If the teams are still equal, a decision is made between those teams with equal number of points as follows:

- goal difference is subtracted in all matches
- greater number of plus goals in all matches.

If classification is still not possible, a draw shall decide. The SCAC representative on site shall execute the draw, if possible in the presence of the 'responsible team officials'. If the 'responsible team official' cannot be present, other co-workers selected by the SCAC shall take part.

## WATER POLO

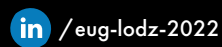
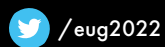
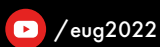
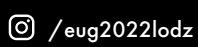
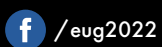
### Finals

After completion of the preliminary round, the finals shall be played in accordance with the knock-out system. If a game is tied at the end of the regular playing time and a winner has to be determined. Should the match still not be decided, it is decided with 5 m penalty throws in accordance with FINA Rules.





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