



March 3-5, 2023
LAS VEGAS, NEVADA



KYORUGI



PROMTER

USATKD
1015 Garden of the Gods Road, Suite 110
Colorado Springs, Colorado 80907
1-719-374-5745

SANCTIONED BY

World Taekwondo
10th Floor, Booyoung Taepyeong Building 55, Sejong-daero, Jung-gu, Seoul Republic of Korea
04513

Pan American Taekwondo Union
General Guadalupe Victoria 214, Zona Centro, 20000 | Aguascalientes, Mexico
events@panamericantaekwondounion.org

GLOBAL RANKING

Seniors: G2

ORGANIZER

USA Taekwondo
1015 Garden of the Gods Road Suite 110
Colorado Springs, CO 80907
1-719-374-5736

Eric Winger
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Christy Simmons
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VENUE

West Gate Hotel
3000 Paradis Road
Las Vegas, Nevada 89109

ACCOMMODATION

Hotel accommodation

All accredited club/teams participating at the event are strongly recommended to book their hotel accommodation via the Organizing Committee in the Official Hotels through <https://groups.reservetravel.com/group.aspx?id=57805>

REGISTRATION & CREDENTIALS

March 2 – 4, 2023
West Gate Hotel
3000 Paradise Road
Las Vegas, Nevada 89109

DRAW SHEETS & DESIGNATED POOMSAE

Poomsae draws and brackets will be published after the Technical Meeting on the [USATKD website](#) and [Facebook](#) page.

SEEDING

World Taekwondo Kyorugi World Rankings will be in force.
Seeding will be done for Senior divisions. All other kyorugi divisions will not be seeded.

HEAD OF TEAM MEETING

The Kyorugi Head of Team meeting will take place on March 3, 2023 at the competition venue.

COMPETITION RULES

[WT Competition Rules](#) will be used for the Ultra, Senior, Junior, and Cadet divisions. Youth (10-11), Tiger (8-9), and Dragon (6-7) divisions will use the [USATKD Kyorugi Rules](#) safety rules.

Single elimination brackets.

All divisions will be best two out of three rounds.

EQUIPMENT

PSS – system

Daedo International Generation 2, with electronic headgear are provided by the OC for all divisions. Athletes must bring their own Daedo Senior gloves and socks.

Mats

WT recognized mats will be used at the event

Dobok and protective equipment

Athletes can only use WT recognized products while participating at the event. See a list of recognized products [here](#).

WEIGH-IN

If an athlete makes a weight category change within the same registration period that you registered and paid it will be free. If you make a weight category change in a different registration period from when you initially registered and paid you will be charged the difference e.g. Registered and paid during early bird (until 7 Feb) you can change any time during this period for FREE. If you then change weight category during regular (Feb 8 - 21) you would be charged the difference between regular and early registration fee. If you need to make a weight change after registration is closed you would be charge \$50 USD onsite at weigh-in. A competitor's weight shall be measured the day prior to his/her competition day. All competitors must weigh-in during the designated times on the schedule

A competitor's weight may be measured twice. If a contestant does not qualify the first time, one more official weigh-in is granted within the time limit. So as not to be disqualified during official weigh-in, a scale, the same as the official one, shall be provided at the convention center as a test scale.

Any irregular action by the competitor or coach during the weigh-in may result in disqualification from event participation.

Weigh in, for both male and female shall be taken in the official V-neck uniform, or, if a contestant wishes, weigh-in may be done in underpants for male and underpants and bra for female contestants. ***Under NO circumstances may an athlete weigh-in in the nude in the United States.***

**Athletes in the Youth (10-11), Cadet (12-14) and Junior (15-17) division will weigh-in clothing or dobok ONLY. Athletes will be given 0.2kg cushion for clothing.*

RANDOM WEIGH IN: All G-2 Kyorugi competitors are subject random weigh-in, except for the Male +87kg and Female +73kg divisions. The random weigh-in list will be posted at 6 a.m. the morning of competition. Should a contestant that is selected for the random weigh-in fail to appear, he/she will be disqualified. The random weigh-in shall be conducted with +5% of the contestant's weight category.

ATHLETE ELIGIBILITY REQUIREMENTS

Holder of a valid WT Global Athlete License.

1. Member of the team/club of a pertinent Member National Association, recognized by the Pan American Taekwondo Union or World Taekwondo.
2. Holder of 1st Dan/Poom and above (WT regulations)

COACH ELIGIBILITY REQUIREMENTS

- Minimum age of 18 years.
- Holder of a valid WT Global Official License.
- Coach is not allowed to wear a Dobok.

Coaches are required to have at minimum at World Taekwondo Level I Coach certification. Any member that cannot provide proof of a WT coach certification will not be allowed to coach at this tournament.

Attire

All coaches are required to wear a sport coat for the semi-final and final rounds. Any type of hat/cap is not allowed.

USA Coaches

USA Coaches are required to complete and pass a background check (every two years), complete the U.S. Center for SafeSport training (every year).

The SafeSport and background check can be completed from your [Sport80](#) profile.

First Time SafeSport - <https://sport80.zendesk.com/hc/en-us/articles/360054619112-How-do-I-take-SafeSport-core-training->

SafeSport Refreshers - <https://sport80.zendesk.com/hc/en-us/articles/360054619252-How-do-I-take-a-SafeSport-refresher-course->

These will update automatically every 24 hours if you follow the link through your [Sport80](#) profile.

KYORUGI DIVISIONS

All divisions are black belt only.

ULTRA SPARRING (33 - 40, 41 - 50, and 51 & Over) BEST 2 out of 3 ROUNDS, 1 MINUTE		
Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fly	Not exceeding 58kg	Not exceeding 49kg
Light	Over 58kg & Not exceeding 68kg	Over 49kg & Not exceeding 57kg
Middle	Over 68kg & Not exceeding 80kg	Over 57kg & Not exceeding 67kg
Heavy	Over 80kg	Over 67kg

SENIOR SPARRING DIVISIONS (17-32)**BEST 2 out of 3 ROUNDS, 2 MINUTES**

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 54kg	Not exceeding 46kg
Fly	Over 54kg & Not exceeding 58kg	Over 46kg & Not exceeding 49kg
Bantam	Over 58kg & Not exceeding 63kg	Over 49kg & Not exceeding 53kg
Feather	Over 63kg & Not exceeding 68kg	Over 53kg & Not exceeding 57kg
Light	Over 68kg & Not exceeding 74kg	Over 57kg & Not exceeding 62kg
Welter	Over 74kg & Not exceeding 80kg	Over 62kg & Not exceeding 67kg
Middle	Over 80kg & Not exceeding 87kg	Over 67kg & Not exceeding 73kg
Heavy	Over 87kg	Over 73kg

JUNIOR SPARRING DIVISIONS (15-17)**BEST 2 out of 3 ROUNDS, 1 MINUTE 30 SECONDS**

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 45kg	Not exceeding 42kg
Fly	Over 45kg & Not exceeding 48kg	Over 42kg & Not exceeding 44kg
Bantam	Over 48kg & Not exceeding 51kg	Over 44kg & Not exceeding 46kg
Feather	Over 51kg & Not exceeding 55kg	Over 46kg & Not exceeding 49kg
Light	Over 55kg & Not exceeding 59kg	Over 49kg & Not exceeding 52kg
Welter	Over 59kg & Not exceeding 63kg	Over 52kg & Not exceeding 55kg
Light Middle	Over 63kg & Not exceeding 68kg	Over 55kg & Not exceeding 59kg
Middle	Over 68kg & Not exceeding 73kg	Over 59kg & Not exceeding 63kg
Light Heavy	Over 73kg & Not exceeding 78kg	Over 63kg & Not exceeding 68kg
Heavy	Over 78kg	Over 68kg

CADET SPARRING DIVISIONS (12-14)**BEST 2 out of 3 ROUNDS, 1 MINUTE 30 SECONDS**

Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 33kg	Not exceeding 29kg
Fly	Over 33kg & Not exceeding 37kg	Over 29kg & Not exceeding 33kg
Bantam	Over 37kg & Not exceeding 41kg	Over 33kg & Not exceeding 37kg
Feather	Over 41kg & Not exceeding 45kg	Over 37kg & Not exceeding 41kg
Light	Over 45kg & Not exceeding 49kg	Over 41kg & Not exceeding 44kg
Welter	Over 49kg & Not exceeding 53kg	Over 44kg & Not exceeding 47kg
Light Middle	Over 53kg & Not exceeding 57kg	Over 47kg & Not exceeding 51kg
Middle	Over 57kg & Not exceeding 61kg	Over 51kg & Not exceeding 55kg
Light Heavy	Over 61kg & Not exceeding 65kg	Over 55kg & Not exceeding 59kg
Heavy	Over 65kg	Over 59kg

YOUTH SPARRING DIVISIONS (10-11)		
BEST 2 out of 3 ROUNDS, 1 MINUTE		
Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 30kg	Not exceeding 30kg
Light	Over 30kg & Not exceeding 35kg	Over 30kg & Not exceeding 35kg
Middle	Over 35kg & Not exceeding 40kg	Over 35kg & Not exceeding 40kg
Heavy	Over 40kg	Over 40kg
TIGER SPARRING DIVISIONS (8-9)		
BEST 2 out of 3 ROUNDS, 1 MINUTE		
Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 21kg	Not exceeding 21kg
Light	Over 21kg & Not exceeding 25kg	Over 21kg & Not exceeding 25kg
Middle	Over 25kg & Not exceeding 30kg	Over 25kg & Not exceeding 30kg
Heavy	Over 30kg	Over 30kg
DRAGON SPARRING DIVISIONS (6-7)		
BEST 2 out of 3 ROUNDS, 1 MINUTE		
Classification	Male Divisions Weight Category (kg)	Female Divisions Weight Category (kg)
Fin	Not exceeding 19kg	Not exceeding 19kg
Light	Over 19kg & Not exceeding 23kg	Over 19kg & Not exceeding 23kg
Middle	Over 23kg & Not exceeding 27kg	Over 23kg & Not exceeding 27kg
Heavy	Over 27kg	Over 27kg

REGISTRATION & FEES

Entries will only be accepted through the WT GMS online registration system Simply Compete.

Registration of athletes and coaches is only possible with a valid WT Global License (GAL issued by assigned GMS club, Edition and MNA Administrators only). All athletes and coaches must register through the WT online registration system. There will be no onsite registration.

<https://worldtkd.simplycompete.com/>

ATHLETES		
Deadline	One Division	Two Divisions
Tuesday, February 7	\$150	\$200
Tuesday, February 21	\$200	\$250

COACHES		
EARLY	LATE	ONSITE
\$80	\$150	\$180

PAYMENT ENTRY

All entry fees shall be paid in advance to USATKD through Simply Compete registration system. Cash payments will **only** be accepted under extraordinary circumstance and with a prior request. If a wire transfer needs to be done directly to USA Taekwondo due to national policies of MNA, please refer to the following info:

Beneficiary: USA Taekwondo
 Name of the bank: Wells Fargo
 Account Number: 1690251853
 Routing Number: 102000076
 BIC/SWIFT: WFBIUS6S
 Bank address: 90 S Cascade Ave. Colorado Springs, CO 80903

SUBMIT A COPY OF YOUR PAYMENT TO: ewininger@usatk.org.

Athletes and coaches must pay IN FULL by the early, regular or final registration deadline to receive the registration fee at that rate. This means if you register during the Early Registration period but do not pay by the deadline you will have to pay the fee applicable for the registration period when you pay.

USATKD has a NO REFUND policy.

CREDENTIALS

Athletes will receive an event credential via email if they have paid in full by the registration deadline. If an athlete has not paid in full they must come to the registration desk onsite to complete any outstanding items with their profile before they will be emailed a credential. Coaches will not be emailed a credential. All coaches will receive a physical credential onsite at the event.

All participants must provide a valid ID to weigh-in. There will be no exception to this policy. A valid ID can be any of the following: school ID, state issued ID, GAL, or passport. If the athlete is a minor and does not have a valid ID then the parent/legal guardian must provide a copy of

VISA REQUEST

their birth certificate.

The visa invitation letter for each registered individual will be automatically generated from WT GMS platform if the visa is requested during the registration for the event. All members who need entry visa to USA must be registered for the event in GMS. You must then use this letter to apply for your or your team member's visa.

If you need assistance with a Visa letter you can email nbryant@usatkd.org.

AWARDS

INDIVIDUAL AWARDS	
1 st Place	Gold Medal
2 nd Place	Silver Medal
3 rd Place	Bronze Medal
3 rd Place	Bronze Medal

TEAM AWARDS	
1 st Place	7 points
2 nd Place	3 points
3 rd Place	1 point
3 rd Place	1 point

Team awards will be given out to the top three (3) teams in each of the Men's and Women's Kyorugi per medalist.

Other awards

Best Male and Best Female athlete in the Senior Kyorugi Division

Best Male and Female Kyorugi International Referees

Best Male and Female Kyorugi Team Coach.

Awards will be determined and awarded after the conclusion of the final day of the Senior Sparring Divisions.

ANTI-DOPING

Applicable medical rules

The WT Medical Code, WT mouthguard, bracing, taping, padding, and piercing rules are applicable, which all MNA participating in this event must comply.

Applicable doping rules

The WT Anti-Doping Rules and the WADA Anti-Doping Code are applicable. Compulsory random doping tests will be conducted among all athletes. World Taekwondo and/or WADA may carry out random out-of-competition testing prior to the event.

Therapeutic Use Exemption

Athletes who take any substance or medicine listed in the "Prohibited List" of the WT Anti-Doping Rules and WADA Anti-Doping Code for therapeutic purposes are requested to submit TUE applications via ADAMS, together with the required medical information. Otherwise, please download the TUE Application Form (found on <https://ita.sport/TUE>), and once duly completed and signed, send it together with the required medical file to tue@ita.sport. Report TUE applications also to the WT Sport Department via antidoping@worldtaekwondo.org by no later than 15 January 2022.

ADAMS login

For ADAMS login, please contact National Anti-Doping Organization (NADO) in your country or tue@ita.sport with copy to antidoping@worldtaekwondo.org

For more details, please visit

<http://www.wada-ama.org/en/ADAMS/>

http://www.worldtaekwondo.org/anti_doping-wt/therapeutic.html

MEDICAL

Athletic Trainers & Taping of Athletes

Medical will be provided by Bare Essentials Sport Medicine. Sports Med Staff will be ringside and in the medical tent to provide injury and illness care for all participants. Please remember when taping ankles or instep pads, competitors must comply with the rules set forth by the WT and USATKD.

MEDIA

Registered media and press officials or official photographers are entitled to receive a media credential. For more information, please contact the USATKD at media@usatkd.org.

SPECTATORS TICKETS

Admission to the National Championships is by credential or ticket only. Advanced event tickets can be ordered directly online through [Brown Paper Tickets](#). Online ticket sales will end Sunday, February 26.



TICKETS		
	Online	Door
Adults (18 & Over)	\$18	\$21
Child (6 - 17)	\$13	\$16

Wristbands will be given in exchange for your tickets at the tournament. Wristbands must be worn at all times and are good for the time allotted on your ticket (Single Day = only for the appropriate day purchased).

SAFESPORT & MAAP

If you need crisis intervention, referrals, or emotional support at any time, contact the 24-hour SafeSport Helpline at 866-200-0796.

If you are facing a life-threatening emergency, contact 911. Please use this link to report a Safe Sport incident - safesport-i.sight.com/portal.

How to report a Safe Sport concern -

Please call 833 5US Safe
safesport-i.sight.com/portal

USA Taekwondo, SafeSport and the MAAPP Policy

Safe Sport is an initiative that is mandatory for all USOPC National Governing Bodies to develop and to implement. USA Taekwondo has done so, and it is now a requirement that people in supervisory positions with our Taekwondo athletes must undergo and successfully complete a background check. Of course, the emphasis here is on the safety of our athletes and the strong motivation to keep them safe from all kinds of abuse, to include harassment, bullying and improper touching. We will also be providing training for our membership regarding Safe Sport and its implementation.

We are partnering with the USOPC to bring this training to our membership. Athlete safety concerns our entire membership and SafeSport is a great initiative that has been instituted by the U.S. Olympic & Paralympic Committee to help to protect all of our athletes.

The Minor Athlete Abuse Prevention Policies (MAAPP) limits one-on-one adult/minor interactions and sets standards for training and sport settings that prevent abuse and misconduct. Sport organizations invested in keeping young athletes free of abuse are strongly encouraged to adopt the MAAPP—now required throughout the U.S. Olympic and Paralympic Movement.

Click [here](#) to view USATKD's SafeSport Details including Reporting and MAAPP

Click [here](#) to view the US Center for SafeSport

SCHEDULE

US Open Taekwondo Championships Schedule

Date	Event	Time	Division
February 7	Early Registration Deadline	11:59 p.m. MT	All Divisions
February 21	Final Registration Deadline	11:59 p.m. MT	All Divisions
March 2	Check-in/Weight Changes	10 a.m. - 12 p.m.	All Divisions
	Check-in/Weight Changes	2 p.m. - 4 p.m.	All Divisions
	Training	1 p.m. - 5 p.m.	All Divisions
	Poomsae Head of Team Meeting	4:30 p.m.	Poomsae Divisions
March 3	Doors Open for Poomsae Athletes & Coaches	7:30 a.m.	Divisions TBA
	Athletes MUST be in Holding	8 a.m.	Divisions TBA
	Doors Open for Spectators	8 a.m.	All Divisions
	Competition Begins	8:30 a.m.	All Poomsae Divisions
	Check-in/Weight Changes	9 a.m. - 12 p.m.	All Sparring Divisions
	Weigh-in	8 a.m. - 10 a.m.	Dragons (6-7) Black Belts - M/F Tigers (8-9) Black Belts - M/F Youth (10-11) Black Belts - M/F Ultra (33+) Black Belts - M/F
	Weigh-in	10 a.m. - 12 p.m.	Cadet (12-14) Black Belts - M/F
	Check-in/Weight Changes	12 p.m. - 2 p.m.	Junior (15-17) Black Belts - M/F
March 4	Doors Open for Sparring Athletes & Coaches	7:30 a.m.	Divisions TBA
	Athletes MUST be in Holding	8 a.m.	Divisions TBA
	Doors Open for Spectators	8 a.m.	Divisions TBA
	Competition Begins	8:30 a.m.	Division order TBA after registration closes
			Sparring
			Dragons (6-7) Black Belts - M/F Tigers (8-9) Black Belts - M/F Youth (10-11) Black Belts - M/F Cadet (12-14) Black Belts - M/F Junior (15-17) Black Belts - M/F Ultra (33+) Black Belts - M/F
	Weigh-in	10 a.m. - 12 p.m.	Senior Sparring Divisions
March 5	Random Weigh-in List Posted	6 a.m.	Senior Sparring Divisions
	Random Weigh-in	7:30 a.m.	Senior Sparring Divisions
	Doors Open for Sparring Athletes & Coaches	7:30 a.m.	Divisions TBA
	Athletes MUST be in Holding	8 a.m.	Divisions TBA
	Doors Open for Spectators	8 a.m.	Divisions TBA
	Competition Begins	8:30 a.m.	Senior Sparring Divisions
	Registration	9 a.m. - 11 a.m.	