



# TAEKWONDO EUROPEAN MULTI GAMES 2023

CADETS | JUNIORS | SENIORS

11.-14. MAY, SARAJEVO  
VENUE - Hotel Hills



**Dae do**  
INTERNATIONAL

**KWON**



**Dear friends,**

It is my honor to invite you and your team to participate in the European Taekwondo Multi Games Championships 2023!

We are very proud to host for the first time in Bosnia and Herzegovina the European Taekwondo Multi Games Championships. We invite you to join this tremendous event, starting on 11<sup>th</sup> May till 14<sup>th</sup> May in Sarajevo, Bosnia and Herzegovina, to compete for the highest honor on the mats, but also to enjoy our great hospitality!

We are looking forward to receiving your confirmation of participation for this event no later than 1. May 2023.

Yours sincerely,

**Samir Saric**

*President of the Bosnia and Herzegovina Taekwondo Federation*

## **SANCTIONED BY**

**European Taekwondo Union**

Hofestatt 13, D-57439 Attendorn

Germany

[info@europeantaekwoundunion.org](mailto:info@europeantaekwoundunion.org)

## **ORGANIZER**

**Bosnia and Herzegovina**

**Taekwondo Federation**

Serifa Loje 22, 71000 Sarajevo

[tkdsbih@gmail.com](mailto:tkdsbih@gmail.com)

## **EUROPEAN RANKING**

**Seniors:** G1

**Juniors:** E2

**Cadets:** E2

## **VENUE**

**Hotel Hills**

Butmirska cesta 18,

71000 Sarajevo

## **COMPETITION DATES & SCHEDULE**

**10.05 – 14.05.2023**

11 May: Juniors divisions

12 May: Cadets divisions

13 May: Seniors divisions

14 May: Seniors divisions

## **REGISTRATION & ACCREDITATION**

**9 – 13 May 2023, Hotel Hills**

**Registration for Kyorugi:**

09 May: 14:00-20:00 hrs

10-13 May: 10:00 – 13:00 hrs & 14:00-20:00 hrs

## **WEIGH-IN DATES, SCHEDULE & LOCATION**

**10 – 13 May 2023, Hotel Hills, Sarajevo**

**10 May:** 11:00 – 13:00 hrs

Juniors Male: : -45kg, -48kg, -51kg, -55kg, -59kg, -63kg, -68kg, -73kg., -78kg, +78kg.

Juniors Female: -42kg, -44kg, -46kg, -49kg, -52kg, -55kg, -59kg, -63kg., -68kg, +68kg.

**11 May:** 11:00 – 13:00 hrs:

Cadets Male: U-148 cm, U-152 cm, U-156 cm, U-160 cm, U-164 cm, U-168 cm, U-172 cm. U-176 cm., U-180 cm. O-180 cm.

Cadets Female: U-144 cm, U-148 cm, U-152 cm, U-156 cm, U-160 cm, U-164 cm, U-168 cm, U-172 cm, U-176 cm. O-176 cm.

**12 May:** 11:00 – 13:00 hrs  
Seniors Male: -54kg, -63kg, -74kg, -87kg.  
Seniors Female: -49kg, -57kg, -67kg, +73kg.

**13 May:** 11:00 – 13:00 hrs  
Seniors Male: -58kg, -68kg, -80kg, +87kg.  
Seniors Female: -46kg, -53kg, -62kg, -73kg.

## **RANDOM WEIGH-IN**

Selected athletes must be present at 08:00 hrs sharp. The names of the athletes selected for the Random weigh-in will be published at 07:00 hrs on the competition day on the following (social) media platforms:

[www.europeantaekwoundunion.org](http://www.europeantaekwoundunion.org)

[www.facebook.com/tkdeurope](https://www.facebook.com/tkdeurope)

## **DRAW SHEETS & BRACKET PUBLICATION**

The draw sheets and brackets will be daily published, one (1) day before the start of competition at 21:00 hrs on the following (social) media platforms:

[www.europeantaekwoundunion.org](http://www.europeantaekwoundunion.org)

[www.facebook.com/tkdeurope](https://www.facebook.com/tkdeurope)

## **SEEDING**

All athletes will be seeded according to the latest published WT/ETU ranking list.

## **HEAD OF TEAM MEETING**

There will be no Head of Team meeting. All Information will be published on the following (social) media platforms.

[www.europeantaekwoundunion.org](http://www.europeantaekwoundunion.org)

[www.facebook.com/tkdeurope](https://www.facebook.com/tkdeurope)

## **COMPETITION RULES**

WT Competition Rules & Interpretation (January 27, 2023).

## **COMPETITION SYSTEM**

Single elimination tournament system.

## CONTEST TIME

**Best of three (3) system will be used.**

Senior divisions: 3(2) rounds of 2 minutes, 1-minute break between each round  
Junior divisions: 3(2) rounds of 1,5 minutes, 1-minute break between each round  
Cadet divisions: 3(2) rounds of 1,5 minutes, 1-minute break between each round

WT TD has the authority to adjust the contest time.

## ELIGIBILITY REQUIREMENTS

1. Holder of a valid 2023 WT Global Athlete License;
2. Member of the team/club of a pertinent Member National Association, recognized by European Taekwondo Union or World Taekwondo, a letter from the federation may be requested;
3. Seniors: national or Kukkiwon Dan certificate  
Juniors: 1<sup>st</sup> Geup and above  
Cadets: 1<sup>st</sup> Geup and above
4. An athlete in order to be eligible for participation must be born in:  
Seniors: 2006 or before  
Juniors: 2008, 2007 or 2006  
Cadets: 2011, 2010 or 2009

Athlete can compete in more than one age class, if he/she fulfills the age criteria

All competitors must prove their age by presenting their passport or identification card at the official weigh-in. For those athletes that are not adults, a written consent must be submitted (please find enclosed on the last pages) at the registration, signed by one of the parents or legal guardians, accepting their participation and all parts of the official invitation.

5. Junior born in 2006 can compete in Junior and Senior Division

## QUOTA SPECIFIC RULES

The following athlete quota (direct qualification) can be obtained at European Multi Games, under the applicable rules and regulations:

European Club Taekwondo Championships		
Seniors	U21	4
Juniors	U21	4
Cadets	European Cadets	2

## COACH ELIGIBILITY REQUIREMENTS

1. Minimum age of 18 years;
2. Holder of the WT Coach License Level I;
3. Holder of a valid 2023 WT Global Official License;
4. Coach is not allowed wearing Dobok.
5. One (1) coach per five (5) athletes is allowed. Exceeding this ratio is subject to an extra fee.

## MEDAL EVENTS

The following medal events are applicable:

### SENIORS

Men's division		Women's division	
Under 54kg	Not exceeding 54kg	Under 46kg	Not exceeding 46 kg
Under 58kg	Over 54 kg & Not exceeding 58 kg	Under 49kg	Over 46 kg & Not exceeding 49 kg
Under 63kg	Over 58 kg & Not exceeding 63 kg	Under 53kg	Over 49 kg & Not exceeding 53 kg
Under 68kg	Over 63 kg & Not exceeding 68 kg	Under 57kg	Over 53 kg & Not exceeding 57 kg
Under 74kg	Over 68 kg & Not exceeding 74 kg	Under 62kg	Over 57 kg & Not exceeding 62 kg
Under 80kg	Over 74 kg & Not exceeding 80 kg	Under 67kg	Over 62 kg & Not exceeding 67 kg
Under 87kg	Over 80 kg & Not exceeding 87 kg	Under 73kg	Over 67 kg & Not exceeding 73 kg
Over 87kg	Over 87 kg	Over 73kg	Over 73 kg

### JUNIORS

Men's division		Women's division	
Under 45kg	Not exceeding 45kg	Under 42kg	Not exceeding 42 kg
Under 48kg	Over 45 kg & Not exceeding 48 kg	Under 44kg	Over 42 kg & Not exceeding 44 kg
Under 51kg	Over 48 kg & Not exceeding 51 kg	Under 46kg	Over 44 kg & Not exceeding 46 kg
Under 55kg	Over 51 kg & Not exceeding 55 kg	Under 49kg	Over 46 kg & Not exceeding 49 kg
Under 59kg	Over 55 kg & Not exceeding 59 kg	Under 52kg	Over 49 kg & Not exceeding 52 kg
Under 63kg	Over 59 kg & Not exceeding 63 kg	Under 55kg	Over 52 kg & Not exceeding 55 kg
Under 68kg	Over 63 kg & Not exceeding 68 kg	Under 59kg	Over 55 kg & Not exceeding 59 kg
Under 73kg	Over 68 kg & Not exceeding 73 kg	Under 63kg	Over 59 kg & Not exceeding 63 kg
Under 78kg	Over 73 kg & Not exceeding 78 kg	Under 68kg	Over 63 kg & Not exceeding 68 kg
Over 78kg	Over 78 kg	Over 68kg	Over 68 kg

### CADETS

Men's division			
Cadet contestants' Height		MAX. Weight	MIN. Weight
Under 148cm	Not exceeding 148cm	45kg	33kg
Under 152cm	Over 148cm & not exceeding 152cm	48kg	35kg
Under 156cm	Over 152cm & not exceeding 156cm	51kg	37kg
Under 160cm	Over 156cm & not exceeding 160cm	53kg	39kg
Under 164cm	Over 160cm & not exceeding 164cm	56kg	41kg
Under 168cm	Over 164cm & not exceeding 168cm	59kg	43kg
Under 172cm	Over 168cm & not exceeding 172cm	61kg	45kg
Under 176cm	Over 172cm & not exceeding 176cm	64kg	47kg
Under 180cm	Over 176cm & not exceeding 180cm	67kg	49kg
Over 180cm	Over 180 cm	80kg	52kg



Women's division			
Cadet contestants' Height		MAX. Weight	MIN. Weight
Under 144cm	Not exceeding 144cm	43kg	32kg
Under 148cm	Over 144cm & not exceeding 148cm	45kg	33kg
Under 152cm	Over 148cm & not exceeding 152cm	48kg	35kg
Under 156cm	Over 152cm & not exceeding 156cm	51kg	37kg
Under 160cm	Over 156cm & not exceeding 160cm	53kg	39kg
Under 164cm	Over 160cm & not exceeding 164cm	56kg	41kg
Under 168cm	Over 164cm & not exceeding 168cm	59kg	43kg
Under 172cm	Over 168cm & not exceeding 172cm	61kg	45kg
Under 176cm	Over 172cm & not exceeding 176cm	64kg	47kg
Over 176cm	Over 176 cm	75kg	50kg

## SPORT ENTRIES - ONLINE REGISTRATION

Team entries will only be accepted through the WT GMS online registration system Simply Compete.

Registration of athletes is only possible with a valid 2023 WT Global Licence (GAL issued by assigned GMS club, region and MNA Administrators only). Please find below the direct link to the GMS platform:

<https://worldtkd.simplycompete.com/>

## REGISTRATION DEADLINE

The deadline for registration is set at:

**1st May 2023, 23:59 (GMT+2)**

This deadline is applicable for all sport entries, payments and admitting all required documents.

## APPLICABLE FEES

### Kyorugi

**Regular entry fee:** 120 euro per registered individual athlete and paid by bank **till 15.04.2023**

**Late registration fee:** 140 euro per registered individual athlete and paid by bank **after 15.04.2023**

### ***On-site Change of medal event (weight division) and/or other modifications***

50 euro or each amendment, payable at the registration desk. All changes after the registration deadline shall be done on-site

### ***Additional Accreditation cards***

50 euro for each on-site approved additional requested Accreditation card or for registered team officials on the top of the above-mentioned quotas.

### ***Protest fee***

200 euro. In case of an official protest, a non-refundable 200 euro fee shall be paid.

### ***Replacement of athletes***

In case an athlete needs to be replaced after the deadline, this can be done maximum 48 hours before the draw will take place. A fee of 120 euro is applicable.

### ***Replacement of Accreditation cards***

25 euro for each replacement and reprinting request of accreditation cards.

## **BANK DETAILS**

All entry fees shall be transferred to the following bank account. All bank charges shall be borne by the participating teams (option OUR).

**Name of Organizer:** European Taekwondo Union  
**Name of the Bank:** Sparkasse ALK  
**IBAN:** DE32462516300000063271  
**BIC:** WELADED1ALK  
**Address of the bank:** Kolner Str. 10, 57439 Attendorn, Germany  
**Payment Reference** 2023EUMULTI + Team name

## **NO REFUND**

The ETU and/or the Organizing Committee does not refund entry fees paid.

## **PROOF OF PAYMENT**

All teams are required to send proof of payment (copy of bank transfer) to [tkdsbih@gmail.com](mailto:tkdsbih@gmail.com) within one (1) week after registration in SimplyCompete. European Taekwondo Union and/or the Organizing Committee have the right to delete sport entries from teams that do not send proof of payment from the system in order for other athletes to register and to prevent 'ghost athletes'.

Any athlete registering on-line who does not take part in the competition and who has not been removed from the entry list before the deadline (15th August 2021), is liable for paying his/her entry-fee in full. (For any athlete not presenting at registration, his/her team or official will be liable for ensuring full payment has been received, prior to the team's participation). If a team does not show up at the event and has not requested a participation cancellation before the deadline, it will be requested to settle the payment of the entry fees in full (100%).

## **ACCOMMODATION**

### ***OFFICIAL HOTELS***

Participating teams and officials must book their hotel accommodation via the OC for minimum 2 nights. The OC provides hotel rooms in various price range, but make sure you make your bookings early to avoid missing out the preferred hotel rooms. Please refer to the accommodation guide for further information.

Team members that do not book their accommodation via the OC are subject to a one time 75 euro penalty fee.



## **SPORT EQUIPMENT**

### ***PSS – system – WT Recognized (Daedo)***

#### **Mats**

Daedo mats will be used.

#### ***Dobok and protective equipment***

Athletes can only use WT recognized products while participating at the event. See a list of recognized products at: <http://www.worldtaekwondo.org/wtpartners-wt/recognize.html>

Only WT-recognized equipment is allowed groin-, forearm-, shin-, mouthpiece, PSS sensor socks and gloves shall be brought by the contestants, which is compulsory. Sensing socks will not be provided by the organization.

## **FIELD OF PLAY REGULATIONS**

By accepting an accreditation card, all accredited persons agree to comply with the Field of Play regulations applicable at Taekwondo events. Only the competitors and their coaches will have admittance with valid accreditations to the contest areas.

## **VENUE ACCESS REGULATIONS**

Only accredited persons with valid accreditation cards will be allowed the venue. No audience will be allowed.

## **TRAINING FACILITIES**

Only the athletes competing on the respective date will be allowed to the training venue

## **AWARDS**

#### ***Individual awards***

1<sup>st</sup> place – gold medal and certificate

2<sup>nd</sup> place – silver medal and certificate

3<sup>rd</sup> place – two bronze medals and certificate

Trophies will be awarded for the top 3 teams (female, male, overall).

All participants will receive a certificate of participation.

## **MEDICAL AND ANTI-DOPING**

#### ***Applicable medical rules***

The WT Medical Code, WT mouthguard, bracing, taping, padding and piercing rules are applicable, which all MNA participating this event must comply.

#### ***Applicable doping rules***

The WT Anti-Doping Rules and the WADA Anti-Doping Code are applicable. Compulsory random doping tests will be conducted among all athletes. World Taekwondo and/or WADA may carry

out random out-of-competition testing prior to the event.

### ***Therapeutic Use Exemption***

Athletes who take any substance or medicine listed in the “Prohibited List” of the WT Anti-Doping Rules and WADA Anti-Doping Code for therapeutic purposes are requested to submit TUE applications via ADAMS, together with the required medical information.

Otherwise, please download the TUE Application Form (found on <https://ita.sport/TUE>), and once duly completed and signed, send it together with the required medical file to [tue@ita.sport](mailto:tue@ita.sport). Report TUE applications also to the WT Sport Department via [antidoping@worldtaekwondo.org](mailto:antidoping@worldtaekwondo.org) by no later than 1st May 2023.

### ***ADAMS login***

For ADAMS login, please contact National Anti-Doping Organization (NADO) in your country or [tue@ita.sport](mailto:tue@ita.sport) with copy to [antidoping@worldtaekwondo.org](mailto:antidoping@worldtaekwondo.org)

For more details, please visit

<http://www.wada-ama.org/en/ADAMS/>

[http://www.worldtaekwondo.org/anti\\_doping-wt/therapeutic.html](http://www.worldtaekwondo.org/anti_doping-wt/therapeutic.html)

## **MEDIA AND PRESS**

### ***Media accreditation***

Registered media and press officials or official photographers are entitled to receive a media and press accreditation card. For more information, please contact the European Taekwondo Union at [info@europeantaekwondounion.org](mailto:info@europeantaekwondounion.org)

### ***Photo positions***

All accredited photographers are only allowed to use the designated photo positions while working in the Field of Play. By accepting a media and press accreditation, the accredited person agrees to follow at all times the instructions of the European Taekwondo Union Press officer.

## **HASH TAGS & SOCIAL MEDIA**

### ***Hash tags***

European Taekwondo Union uses the following hash tags at Facebook and Instagram:

#tkdeurope

### ***Social media platforms***

European Taekwondo Union is present at the following social media platforms:

Facebook: [@tkdeurope](https://www.facebook.com/tkdeurope)

<https://www.instagram.com/tkdeurope/>

## **TRANSPORTATION**

The Organizing Committee shall provide transportation between the airport and hotel and vice-versa for those **teams that have booked their hotel via the Organizing Committee.**

## **INDEMNITIES**

It is the responsibility of each registering team to ensure that their athletes and team officials have filled out the indemnification forms correctly and have duly signed them, thereby indemnifying WT, ETU, the Organizing Committee and all other officials and athletes from any claims of injuries, losses or otherwise arising in the course of participation at the European Taekwondo Multi Games 2023. It is the responsibility of each registered team to ensure and guarantee that sufficient insurance coverage has been arranged for all athletes, team officials and other participants. Without sufficient insurance coverage, teams will not be allowed to compete. Please fill out the Personal Indemnity Forms and return them to the Organization Committee before 1st May 2023. Each participant (athletes, team officials, etc.) has to fill out the indemnification form.

## **MEDICAL INSURANCE**

All participating athletes, coaches, team officials, technical officials and participants at ETU events shall have mandatorily an international medical insurance that covers medical care (COVID included) and in case of emergency, repatriation to the country of origin, valid on the days present in the host country of the event. ETU nor the Organizing Committee shall be responsible to cover any medical costs incurred for medical treatment before, on or during the competition or repatriation in the broadest sense of the word.

All relevant documents proving that such an insurance is present, including insurance policy papers, should be taken to the event in case a medical situation occurs.

Each MNA, Team doctor or team medical staff must ensure their athletes and team officials have valid international health insurance that covers medical and emergency care at the designated hospitals in Bosnia and Herzegovina before arrival to the venue.

### ***Sufficient insurance***

The teams are strongly urged and advised to make sure to have their own sufficient travel, cancellation, and medical insurance.

### ***Liability***

In this respect, please be informed that the OC shall not and cannot be held liable for any expenses and costs incurred by the teams for travelling to the event in case of cancellation of the event dueto

**PERSONAL INDEMNIFICATION FORM**

THIS INDEMNIFICATION, HOLD HARMLESS, RELEASE AND CONSENT NOT TO SUE  
executed this on: \_\_\_\_\_(insert date of signing).

I, the undersigned, certify that I will indemnify, hold harmless and release the European Taekwondo Union, World Taekwondo and the Organizing Committee, its executive board members, directors, officers, members, employees, consultants, agents, attorneys, contractors (including without limitation sponsors, suppliers, licensees and other representatives (each, an “Indemnatee” and, collectively, “Indemnitees”), from and against any and all damages, injuries, penalties, fines, claims, suits, liabilities, costs, attorneys’ fees court costs and expenses of every kind and nature suffered by or asserted against the Indemnatee as a direct or indirect result of participating in the European Taekwondo Multi Games 2023 on 11.05 – 14.05.2023 in the broadest sense of the word. By signing and submitting the form below, I accept and agree to the terms and covenants contained in this Indemnification, hold harmless, release and consent not to sue. I verify that by signing and submitting this form, that I have read and agree to all of the terms and conditions provided above.

**Name:**

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**Date:**

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**Signature:**

*In case the person involved is a minor, the legal guardian has to sign:*

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**Name:**

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**Relation towards the minor:**

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**Date:**

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**Signature:**

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# LIABILITY DECLARATION

(only for under aged athletes)

My name:

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I live in:

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I am the parent/guardian of:

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Date of birth (competitor): \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

I declare that I accept the participation of \_\_\_\_\_ at the European Taekwondo Multi Games on 11.05-14.05.2023 and that I accept all parts of the official invitation of this tournament.

For physical reasons nothing speaks against a participation of the aforementioned athlete and I understand that all competitors are considered to participate at their own risk. Taekwondo Federation of Bosnia and Herzegovina, and the Organizing Committee assume no responsibility for any damages, injuries or losses. All athletes must bring their own documents and the forms or any medical insurance in Sarajevo, Bosnia and Herzegovina.

Place: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of the parents/legal guardian:

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