

**POLISH OPEN G1 TOURNAMENT**  
**19-21 SEPTEMBER 2025**



**POLISH**  
**OPEN** 2025  
**WARSAW CUP**



**Dear Taekwondo Friends,**



On behalf of the Polish Taekwondo Federation, it is my great pleasure to welcome you to the Polish Open 2025 WT-G1 ETU-E1 Ranking Tournament. It is a tremendous honor for us to host you and your teams in Warsaw, Poland. The event will take place from the 20th to the 21st of September, and this year's tournament will be held in the OSIR Bemowo Sports Centre, which provides excellent facilities for all participants.

We guarantee the highest quality of organization as well as challenging and exciting competitions held in the spirit of fair play. We expect more than 700 athletes from over 25 countries to participate in this year's tournament.

As organizers, we adhere to the highest standards of preparation to ensure a perfect atmosphere for all participating teams. We believe you will have a wonderful time in Poland and achieve your goals in the competition.

We look forward to welcoming you to Warsaw and wish you and your teams much success in these championships.

Yours sincerely,

**Artur Chmielarz**

*President of Polish  
Taekwondo Federation*

## **ORGANIZER**

Polish Taekwondo Federation  
Nowowiejska 5/44 Street, 00-649 Warsaw, Poland  
[polishopen@pztaekwondo.pl](mailto:polishopen@pztaekwondo.pl)

## **VENUE**

### **OSIR Bemowo Sports Centre**

Address: Obrońców Tobruku 40 Street, 01-494 Warsaw, Poland

## **COMPETITION DATES**

**20 of September 2025** - JUNIOR & CADET, E1 European Ranking

**21 of September 2025** – SENIOR, G1 World Ranking

## **REGISTRATION & ACCREDITATION**

**19-20 of September 2025**

OSIR Bemowo Sports Centre, Obrońców Tobruku 40 Street, 01-494 Warsaw, Poland

## **COMPETITION RULES**

WT Competition Rules & Interpretation (latest version)

## **COMPETITION SYSTEM**

Single elimination tournament system, best of 3 system.

## **CONTEST TIME**

Senior: 3 rounds of 2 minutes, 1-minute break between each round

Junior & Cadet 3 rounds of 1.5 minutes, 1-minute break between each round

*The WT Technical Delegate has the authority to adjust the contest time as he sees fit.*

## **CONTESTANTS**

Cadets: born in 2011, 2012, 2013. Cadets must hold at least 4th Geup.

Juniors: born in 2008, 2009, 2010. Juniors must hold at least 4th Geup.

Seniors: born in 2008 and older. Seniors must hold Kukkiwon Dan certificate.

*Each athlete may only compete in one age category.*

## **ELIGIBILITY REQUIREMENTS**

1. Holder of a valid 2025 WT Global Athlete License
2. Member of the team/club of a World Taekwondo Member National Association.
3. All competitors must prove their age and identity by presenting their passport or identification card at the official weigh-in. For those athletes that are not adults, a written consent must be submitted (please find enclosed on the last pages) at the registration, signed by one of the parents or legal guardians, accepting their participation and all parts of the official invitation.

## **COACH ELIGIBILITY REQUIREMENTS**

1. Minimum age of 18 years
2. Holder of the WT Coach License Level I/ Level II Coach Certification
3. Holder of a valid 2025 WT Global Official License
4. Coaches are not allowed to wear Dobok.
5. One coach for every 4 competitors is granted free admission. Extra coach passes can be purchased for 30 euro for each individual coach. WT Global Coach License and Level I/II Coach Certification are mandatory.

## RANDOM WEIGH-IN

Selected athletes must be present at 07:00 hrs on Saturday/08:00 hrs on Sunday sharp. The names of the athletes selected for the Random weigh-in will be published at 06:00 hrs on Saturday/07:00 hrs on Sunday on the organizers media platforms and on the OVR's website.

**Random weigh-ins will take place at the competition venue.**

## DRAW SHEETS

The draw sheets will be published daily one (1) day before the start of competition at 21:00 hrs on the organizers' media platforms and on the OVR's website.

## SEEDING

Seniors: All athletes will be seeded according to the WT ranking as per last publication.

Juniors and Cadets: All athletes will be seeded according to the European ranking as per last publication.

## WEIGHT CATEGORIES:

Cadets Male:	-33kg, -37kg, -41kg, -45kg, -49kg, -53kg, -57kg, -61kg, -65kg, +65kg
Cadets Female:	-29kg, -33kg, -37kg, -41kg, -44kg, -47kg, -51kg, -55kg, -59kg, +59kg
Juniors Male:	-45kg, -48kg, -51kg, -55kg, -59kg, -63kg, -68kg, -73kg, -78kg, +78kg
Juniors Female:	-42kg, -44kg, -46kg, -49kg, -52kg, -55kg, -59kg, -63kg, -68kg, +68kg
Seniors Male:	-54kg, -58kg, -63kg, -68kg, -74kg, -80kg, -87kg, +87kg
Seniors Female:	-46kg, -49kg, -53kg, -57kg, -62kg, -67kg, -73kg, +73kg

## SPORT EQUIPMENT

**KPNP scoring system will be used during Polish Open 2025**

The OC will provide body protector and head protector for all matches. Athletes must provide their own groin guards, mouth guards, gloves, shin and forearm guards and sensor socks. Only WT recognized brands are allowed.

## SPORT ENTRIES - ONLINE REGISTRATION

Registration is only possible with a valid 2025 WT Global License. Please find below the direct link to the WT GMS platform: <https://worldtkd.simplycompete.com>

## REGISTRATION DEADLINE

**14<sup>th</sup> September 2025, 23:59 CET or until the limit of 350 seniors and 400 cadets and juniors is reached.**

## APPLICABLE FEES

EARLY PAYMENT DATE - 125,00€ for each contestant via bank transfer. Entry fee must be transferred to the account below by 1st of August 2025.

REGULAR PAYMENT DATE - 150,00€ for each contestant via bank transfer. Entry fee must be transferred to the account below by the deadline 15th of September 2025.

LATE PAYMENT DATE – 175,00€ for each contestant paid via bank transfer after the deadline 15th of September 2025, or **only in cash** at the registration office.

**PAYMENT MUST BE DONE BY TEAM. INDIVIDUAL PAYMENTS ARE NOT ALLOWED.  
THE ORGANIZING COMMITTEE DOES NOT REFUND ENTRY FEES PAID.**

*Any athlete registering on-line who does not take part in the competition and who has not been removed from the entry list before the deadline, is liable for paying his/her entry-fee in full. (For any athlete not presenting at registration, his/her team or official will be liable for ensuring full payment has been received, prior to the team's participation). If a team does not show up at the event and has not requested a participation cancellation before the deadline, it will be requested to settle the payment of the entry fees in full (100%).*

**On-site change of weight division and/or other modifications**

50€ for each amendment, payable at the registration desk. All changes after the registration deadline shall be done on-site.

**Protest fee**

200€, only the official Coach is allowed to protest. It must be done immediately after the end of the contest. The protest fee will not be refunded in any case.

**BANK DETAILS**

All entry fees shall be transferred to the following bank account.

**All bank charges shall be borne by the participating teams (option OUR).**

**Name of Organizer:** POLISH TAEKWONDO FEDERATION  
**Name of the Bank:** MILLENIUM Bank  
**IBAN:** PL12 1160 2202 0000 0003 6401 8793  
**SWIFT:** BIGBPLPW

**FIELD OF PLAY REGULATIONS**

By accepting an accreditation card, all accredited persons agree to comply with the Field of Play regulations applicable at Taekwondo events. Only the competitors and their coaches will have admittance with valid accreditations to the contest areas.

**DOPING CONTROL**

Some of the athletes will be randomly chosen to undergo a doping test.

**MEDIA AND PRESS**

Registered media and press officials or official photographers are entitled to receive a media and press accreditation card. For more information, please contact the Polish Taekwondo Federation at [polishopen@pztaekwondo.pl](mailto:polishopen@pztaekwondo.pl)

**ACCOMMODATION & TRANSPORTATION**

All information is provided in the accommodation guide.

**VISA**

Please fill in and send VISA REQUEST FORM to [polishopentkd@gmail.com](mailto:polishopentkd@gmail.com) no later than September 5<sup>th</sup> to receive Invitation letter.

**MEDICAL INSURANCE**

All participating athletes, coaches and team officials shall have mandatory a medical insurance that covers medical care and in case of emergency repatriation to home country. All relevant documents proving that such an insurance is present, including insurance policy papers, should be taken to the event in case a medical situation occurs. The organization and supervisor assume no responsibility for teams, any damages, violence, losses and injuries during the stay in Poland.

# TIMETABLE

*(subject to change)*

DATE	TIME	EVENT
<b>19 September</b>	10:00 – 13:00 hrs 14:00 – 20:00 hrs	Registration & Accreditation
	14:00 – 20:00 hrs	Weigh-in Cadets and Juniors athletes competing on Saturday 20th September
	21:00 hrs	Publication of draw sheets Junior and Cadet Competition
<b>20 September</b>	06:00 hrs	Publication random weigh-in lists
	07:00 hrs	Random weigh-in
	08:00 hrs	Start Cadets and Juniors Competition
	09:00 – 14:00 hrs	Registration & Accreditation
	10:00 – 14:00 hrs	Weigh-in Seniors athletes competing on Sunday 21st September
	21:00 hrs	Publication of draw sheets Senior Competition
<b>21 September</b>	07:00 hrs	Publication random weigh-in lists
	08:00 hrs	Random weigh-in
	09:00 hrs	Start G1 Senior Competition

Medals for the Cadet and Junior categories will be awarded right after the matches on the mats. Senior category medals will be presented at the podium ceremony after the tournament.  
The Organizer reserves the right to alter or cancel the event in the case of low number of participants.

## UNDER 18 LIABILITY DECLARATION

(only for under aged competitors)

Name: \_\_\_\_\_

Country of residence: \_\_\_\_\_

I am the parent/guardian of: \_\_\_\_\_

Date of birth (competitor): \_\_\_\_/\_\_\_\_/\_\_\_\_

I declare that I accept the participation of \_\_\_\_\_  
at the G1 Polish Open Taekwondo Tournament 2025 on 19-21 September 2025 and that I accept  
all parts of the official invitation of this tournament.

For physical reasons nothing speaks against a participation of the athlete, and I understand that  
all competitors are considered to participate at their own risk. Polish Taekwondo Federation, and  
the Organizing Committee assume no responsibility for any damages, injuries or losses. Athletes  
must bring all necessary documents and proof of valid medical insurance with them to the event.

Place and date: \_\_\_\_\_

Signature of the parents/legal guardian: \_\_\_\_\_

## **PERSONAL INDEMNIFICATION FORM**

THIS INDEMNIFICATION, HOLD HARMLESS,  
RELEASE AND CONSENT NOT TO SUE

executed this on: \_\_\_\_\_(insert date of signing).

I, the undersigned, certify that I will indemnify, hold harmless and release the World Taekwondo Europe, World Taekwondo and the Organizing Committee, its executive board members, directors, officers, members, employees, consultants, agents, attorneys, contractors (including without limitation sponsors, suppliers, licensees and other representatives (each, an "Indemnatee" and, collectively, "Indemnitees"), from and against any and all damages, injuries, penalties, fines, claims, suits, liabilities, costs, attorneys' fees court costs and expenses of every kind and nature suffered by or asserted against the Indemnatee as a direct or indirect result of participating in the G1 Polish Open Taekwondo Tournament 2025 in the broadest sense of the word.

By signing and submitting the form below, I accept and agree to the terms and covenants contained in this Indemnification, hold harmless, release and consent not to sue. I verify that by signing and submitting this form, that I have read and agree to all of the terms and conditions provided above.

**Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

*In case the person involved is a minor, the legal guardian has to sign:*

**Name:** \_\_\_\_\_

**Relationship to the minor:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Signature:** \_\_\_\_\_