



EUROPEAN U21

TAEKWONDO CHAMPIONSHIPS

2025

PRISHTINA
KOSOVA

11-14 DECEMBER 2025



Dear Delegates, Athletes, Coaches, Officials, and Guests,

On behalf of the European Taekwondo Union (ETU), it is my great honor and pleasure to welcome you to the 2025 European U21 Taekwondo Championships, held here in Pristina, Kosovo, from 11 to 14 December 2025.

This event represents a vital milestone for our Under 21 athletes, providing them with the opportunity to compete at a high level and to transition toward senior competition. It is in line with our mission to support the development of the next generation of European Taekwondo.

I extend my sincere gratitude to the Kosovo Taekwondo Federation, the Local Organizing Committee, and all partners for their dedication and hard work in preparing for this championship. I also thank the National Associations, coaches, referees, volunteers, and all participants for their contribution.

To our athletes: compete with integrity, respect, and determination. May this championship bring you growth, valuable experience, and unforgettable memories.

I wish you all a successful, fair and inspiring tournament.

With cordial regards,

Sakis Pragalos

President European Taekwondo Union



Dear friends,

It is my great pleasure to extend an official invitation
To you and your team to participate in the
European Under 21 Championships. As proud
Members of the European Taekwondo family, we
are honored to host this prestigious event in
Prishtina, Kosova, from 11–14 December, where
athletes will experience competition and our warm
hospitality. This championship aspires to stand among
the most distinguished and memorable events in
Europe, uniting teams from around the world in a
Celebration of sporting excellence and the
values of Taekwondo.
We are looking forward to receive your confirmation of
participation for this event no later than
28th November 2025.

Yours sincerely,

Arsim Agushi

President of Kosovo Taekwondo Federation

1. SANCTIONED BY

European Taekwondo Union

ADDRESS: Hofestatt 13, 57439 Attendorn, Germany

E-MAIL: info@europetaekwondo.org

WEBSITE: <https://europetaekwondo.org>

2. ORGANIZER

Kosovo Taekwondo Federation

ADDRESS: Rr. Agim Ramadani, House of Sports, 10000 Prishtina, Kosova

E-MAIL: info.tkd.kos@gmail.com

3. VENUE

Salla e Sporteve 1 Tetori

ADDRESS: 1 October, Prishtina 10000

<https://maps.app.goo.gl/NqCR9PrwSPvkGD229>

4. GLOBAL RANKING

N/A

5. REGISTRATION & ACCREDITATION

DATES: 9th – 13th December

LOCATION: Emerald Hotel

ADDRESS: Magjistralja Prishtine – Ferizaj, km. i 5-te, Prishtine 10000 Kosove

<https://maps.app.goo.gl/d1nnVoiJuT8KuVEB7>

9th December: 15:00 hrs – 18:00 hrs

10th December: 09:00 hrs – 13:30 hrs / 15:00 hrs – 18:00 hrs

LOCATION: At Venue (Salla e Sporteve 1 Tetori)

11th - 12th December: 9:00 hrs – 13:30 hrs / 15:00 – 18:00 hrs

13th December: 9:00 hrs – 13:30 hrs

6. COMPETITION DATES & SCHEDULE

DATES: 11th – 14th December

Competition starts at: 9:00 hrs

11th December: Female: -46 kg, -53 kg, -67 kg, +73 kg

12th December: Male: -54 kg, -63 kg, -80 kg, -87kg

13th December: Female: -49 kg, -57 kg, -62 kg, -73 kg

14th December: Male: -58kg, -68 kg, -74 kg, +87 kg

7. WEIGH – IN DATES, SCHEDULE & LOCATION

DATES: 10th – 13th December / SCHEDULE: 10:00 – 13:00 hrs

LOCATION: Emerald Hotel

10th December: Female: -46 kg, -53 kg, -67 kg, +73 kg

LOCATION: At Venue (Salla e Sporteve 1 Tetori)

11th December: Male: -54 kg, -63 kg, -80 kg, -87kg

12th December: Female: -49 kg, -57 kg, -62 kg, -73 kg

13th December: Male: -58kg, -68 kg, -74 kg, +87 kg

Please make sure to arrive in time in Prishtina to attend the weigh in at the scheduled weigh in times. ETU will not allow any athlete or team to arrive later than the scheduled weigh in and weigh in after the scheduled times will not be permitted.

In case your plane is delayed, please send as soon as possible an email to sport@europetaekwondo.org including a photo of the airport screens showing the actual delay of the airplane. Without any proof, ETU will not allow any late weigh ins

8. RANDOM WEIGH – IN DATES, SCHEDULE & LOCATION

LOCATION: Sports Hall / SCHEDULE: Daily at 08:00 hrs

The names of the athletes selected for the Random Weigh-in will be daily published, at 06:30 hrs on the competition day on the following (social) media platform: <https://europetaekwondo.org/documents/>

9. DRAW SHEETS & BRACKET PUBLICATION

The draw sheets and brackets will be daily published, one (1) day before the start of competition at 19:00hrs on the following (social) media platform:

<https://europetaekwondo.org/documents/>

10. SEEDING

No seeding is applicable. All athletes will be seeded randomly in the brackets. Athletes from the same country may compete between each other from preliminary round.

11. COMPETITION RULES

Last updated WT Competition Rules & Interpretation shall be applied.

12. MEDAL EVENTS

The following medal events are applicable:

SENIOR AND UNDER 21 DIVISIONS			
Men's division		Women's division	
Under 54 kg	Not exceeding 54 kg	Under 46 kg	Not exceeding 46 kg
Under 58 kg	Over 54 kg and not exceeding 58 kg	Under 49 kg	Over 46 kg and not exceeding 49 kg
Under 63 kg	Over 58 kg and not exceeding 63 kg	Under 53 kg	Over 49 kg and not exceeding 53 kg
Under 68 kg	Over 63 kg and not exceeding 68 kg	Under 57 kg	Over 53 kg and not exceeding 57 kg
Under 74 kg	Over 68 kg and not exceeding 74 kg	Under 62 kg	Over 57 kg and not exceeding 62 kg
Under 80 kg	Over 74 kg and not exceeding 80 kg	Under 67 kg	Over 62 kg and not exceeding 67 kg
Under 87 kg	Over 80 kg and not exceeding 87 kg	Under 73 kg	Over 67 kg and not exceeding 73 kg
Over 87 kg	Over 87 kg	Over 73 kg	Over 73 kg

13. METHOD OF COMPETITION & CONTEST TIME

- Single elimination tournament system.
- Best of three (3) system will be used.
- Under 21 divisions: 3 rounds of 2 minutes, one (1) minute break between each round. The WT Technical Delegate has the authority to adjust the contest time as he sees fit.

14. HEAD OF TEAM MEETING/ MEDICAL MEETING

The Head of Team/Medical meeting at the European Under 21 Championships 2025 will take place in the **Emerald Hotel** on Wednesday 10th December at 18:00 hrs. The Head of Team Meeting is accessible for maximum two (2) representatives for each team. All information will be published on the following media platforms: <https://europetaekwondo.org/documents/>

15. GENERAL ELIGIBILITY REQUIREMENTS

Each MNA may send **two (2)** athletes per weight category to compete in the European Under 21 Championships 2025, plus qualified athletes from ETU events.

16. ELIGIBILITY REQUIREMENTS

- Holder of a valid 2025 WT Global Athlete License.
- Member of the National Team of the pertinent Member National Association, recognized by European Taekwondo Union or World Taekwondo
- Holder of the nationality of the pertinent Member National Association.
- Under 21: 1st Kup and above
- An athlete in order to be eligible for participation must be born in: 2005, 2006, 2007, 2008 and 2009.
- In case of a Refugee athlete, the athlete must meet following requirements:
 - i. Must hold the Refugee Status, documented by UNHCR or
 - ii. Refugee Status documented by national agency, e.g. Department of Foreign Affairs or related/responsible department of the residing country.

- In case of an Individual Neutral Athlete (AIN), the athlete must
 1. Obtain AIN Status, screened and confirmed by World Taekwondo
 2. Only athlete with AIN GAL Number can participate.
- All competitors must prove their age/nationality by presenting their passport or identification card at the official weigh in. For those athletes that are not adults, a written letter of consent must be submitted (please find enclosed on the last pages) at the registration, signed by one of the parents or legal guardians, accepting their participation and all parts of the official invitation.

17. QUOTA SPECIFIC RULES

Athletes who meet the athlete eligibility requirements and fulfilled all other relevant requirements and won a quota place from the ETU events are allowed to participate at the European Under 21 Championships 2025. The registration should be completed by their National Federation via Simply Compete. All MNAs should register them as a Quota Team (ALBANIA Quota TEAM separate from ALBANIA National Team). Athletes who qualified for the event via a quota place are allowed to either move one weight category up or down.

18. COACH ELIGIBILITY REQUIREMENTS

- Minimum age of 18 years.
- WT Coach Certificate Level I or above is required.
- Holder of a valid 2025 WT Global Official License.
- Coach is not allowed wearing Dobok. A formal outfit (suit/dress) is mandatory for Semi-finals and Finals
- One (1) coach per five (5) athletes is allowed. Exceeding this ratio is subject to an extra fee.
- Trainers are not allowed to coach.

19. MEDICAL STAFF ELIGIBILITY REQUIREMENTS

- Minimum age of 18 years.
- Holder of a valid 2025 WT Global Official License.

20. SPORT ENTRIES

Team entries will only be accepted through the WT GMS online registration system Simply Compete. Registration of the athletes is only possible with a valid 2025 WT Global License (GAL issued by assigned GMS club, Edition and Administrators only). Each Member National Association may send two (2) athletes, plus qualified athletes per medal event.

Please find below the direct link to the WT GMS platform

<https://worldtkd.simplycompete.com/>

21. OFFICIALS ACCREDITATION CARDS

ROLE	MALE TEAM		FEMALE TEAM
MNA Official		2	
Head of Team		1	
Manager		1	
Coach	1 per 5 athletes		1 per 5 athletes
Trainer	2		2
Team Doctor/Physio		1/1	
National Team Athletes	16		16
Qualified Athletes	Unlimited		Unlimited

Each Member National Association may send two (2) athletes, plus qualified athletes per medal event. Athletes with direct qualification from ETU events:

1. Must be registered by their MNA
2. Quota athletes should register in the category or one up or down from the category winning the quota.

22. REGISTRATION DEADLINE

28 November 2025, 23:59 CET

This deadline is applicable for all sport entries, payments and admitting all required documents.

23. APPLICABLE FEES

REGULAR ENTRY FEE

150 € (euro) per registered athlete, paid until 9th November 2025.

LATE PAYMENT

175 € (euro) per registered athlete, paid after 9th November 2025.

CASH PAYMENTS (not recommended)

200 € (euro) per registered athlete.

ON-SITE CHANGE OF MEDAL EVENT (WEIGHT CATEGORY)

Change of weight category is **not possible** after the deadline.

ADDITIONAL ACCREDITATION CARDS

50 € (euro) for each on-site approved additional requested accreditation card.

REPLACEMENT OF ATHLETES

In case an athlete needs to be replaced after the deadline this can be done maximum of 48 hours the draw takes place. A fee of 200 € (euro) is applicable. Replacement athletes must present at the event and meet all applicable and eligibility criteria. Qualified athletes from previous ETU events cannot be replaced.

EXTRA COACHES

50 € (euro) for each accreditation coach exceeding the 1:5 ratio.

PROTEST FEE

200€ (euro). In case of an official protest submitted according to WT Rules, a non-refundable 200€ (euro) fee shall be paid. Make sure the protest form is used (attached at the end) and be aware that the protest is made in time.

24. PAYMENT ENTRY

All entry fees shall be paid in advance to European Taekwondo Union. All bank transfer shall be paid to the following bank account:

Beneficiary:	European Taekwondo Union
Name of the bank:	Sparkasse ALK
IBAN:	DE32462516300000063271
BIC/SWIFT:	WELADED1ALK
Bank address:	Kolner Str. 10, 57439 Attendorn, Germany

NOTE: Bank transaction expenses should be set to “OUR”. If set to “SHA” then the team may be asked to pay at Registration & Accreditation Centre any differences that may occur at the final amount remitted.

Payment reference:

UNDER 21EUROPE plus NATIONAL TEAM

Example:

UNDER 21EUROPE plus AUSTRIA NATIONAL TEAM

SUBMIT A COPY OF YOUR PAYMENT AT:

finance@europetaekwondo.org

25. PROOF OF PAYMENT

All teams are required to send proof of payment (copy of bank transfer) to finance@europetaekwondo.org within one (1) week after registration in Simply Compete or submit it at the registration appointment booking platform. European Taekwondo Union has the right to delete sport entries from teams that do not send proof of payment from the system in order for other athletes to register and to prevent ‘ghost athletes’.

Any athlete registering on-line who does not take part in the competition and who has not been removed from the entry list before the deadline 28th November 2025, is fully liable for paying his/her entry fee in full. (For any athlete not presenting at registration, his/her team or official shall be liable for ensuring full payment of the entry fee of the aforementioned athlete prior to the team's participation). If a team does not show up at the event and has not requested a participation cancellation before the deadline, ETU shall invoice the team for the full amount (100%) as per current outline.

26. NO REFUND

European Taekwondo Union and/or the Organizing Committee do not refund entry fees paid.

27. SPORT EQUIPMENT

PSS SYSTEM: Daedo Generation 3, with electronic headgear.

MATS: WT recognized mats will be used.

DOBOK & PROTECTIVE EQUIPMENTS: All participants athletes must wear WT recognized competition uniform. See a list of recognized products at: <http://www.worldtaekwondo.org/wtpartners-wt/recognize.html>

Only WT recognized equipments is allowed groin, forearm, shin, mouthpiece, Daedo sensor socks and gloves shall be brought by the contestants, which is compulsory.

28. FIELD OF PLAY REGULATIONS

By accepting a European Taekwondo Union accreditation card, all accredited persons agree to comply with the Field of Play regulations applicable at European Taekwondo Union events.

29. INDIVIDUAL AWARDS

1st place – gold medal and certificate

2nd place – silver medal and certificate

3rd place – bronze medal and certificate

3rd place – bronze medal and certificate

All participants will receive a certificate of participation.

30. TEAM AWARDS

RATIONALE NO. OF POINTS AWARDED

For every contestant who passed the official weigh in: 1

For every win (including byes): 1

For every Gold Medal: 120

For every Silver Medal: 50

For every Bronze Medal: 20

Trophies will be awarded for the 3 top teams (female, male & overall)

31. MEDICAL / ANTI-DOPING

a. The WT Anti-Doping Rules, and where necessary the Code of the World Anti-Doping Agency, shall apply throughout the competitions.

b. Compulsory anti-doping tests will be carried out for selected medalists, while random tests will be conducted to the rest of the athletes. The WT and/or WADA may carry out random out-of-competition testing prior to the Championships

c. TUE (Therapeutic Use Exemption)

Athletes who take any substance or medicine listed in the “Prohibited List” of the WT Anti-Doping Rules and Anti-Doping Code of World Anti-Doping Agency (WADA) for therapeutic purposes are requested to submit TUE applications via ADAMS, together with the required medical information. If you do not have an ADAMS account yet, please contact tue@ita.sport to have it set up.

Otherwise, please download the TUE Application Form [HERE](#) and once duly completed and signed, send it together with the required medical file to tue@ita.sport with copy to: antidoping@worldtaekwondo.org by at least 30 days before the first competition day.

For more details, please see the following page of the WT website:

http://www.worldtaekwondo.org/anti_doping-wt/therapeutic.html

d. WT Mouth guard, Taping and Bracing rules

<http://www.worldtaekwondo.org/wp-content/uploads/2019/06/WT-Mouthguard-brace-taping-and-padding-rules-5-29-2019.pdf>

32. MEDIA & PRESS

MEDIA ACCREDITATION

Registered media and press officials or official photographers are entitled to receive a media and press accreditation card. For more information, please contact the European Taekwondo Union at media@europetaekwondo.org

PHOTO POSITIONS

All accredited photographers are only allowed to use the designated photo positions while working in the Field of Play. By accepting a media and press accreditation, the accredited person agrees to follow at all times the instructions of the European Taekwondo Union Media and Press officer.

33. HASH TAGS & SOCIAL MEDIA

HASH TAGS

European Taekwondo Union uses the following hash tags at Facebook and Instagram:

#ETU

#EuropeanTaekwondoUnion

#EUROPEUNDER21

SOCIAL MEDIA PLATFORMS

European Taekwondo Union is present at the following social media platforms:

Facebook: @europeantaekwondounion

Instagram: @europeantaekwondounion

Twitter: @europeantaekwondounion

YouTube Channel: European Taekwondo Union

34. INDEMNITIES

It is the responsibility of each registering team to ensure that their athletes and team officials have filled out the indemnification forms correctly and have duly signed them, there by indemnifying WT, ETU, the Organizing Committee and all other officials and athletes from any claims of injuries, losses or otherwise arising during participation at the European Under 21 Championships 2025 or any activities linked therewith.

It is the responsibility of each registered team to ensure and guarantee that sufficient insurance coverage has been arranged for all athletes, team officials and other participants. Without sufficient insurance coverage, teams will not be allowed to compete. Please fill out the Personal Indemnity Forms and return them to the Organizing Committee before 30th November 2025. Each participant (athletes, team officials, etc.) must fill out the indemnification form.

35. MEDICAL INSURANCE

All participating athletes, coaches, team officials, technical officials and participants at ETU events shall have mandatorily an international medical insurance that covers medical care (COVID included) and in case of emergency, repatriation to the country of origin, valid on the days present in the host country of the event. ETU nor the Organizing Committee shall be responsible to cover any medical costs incurred for medical treatment before, on or during the competition or repatriation in the broadest sense of the word. All relevant documents proving that such an insurance is present, including insurance policy papers, should be taken to the event in case a medical situation occurs. Each MNA, Team doctor or team medical staff must ensure their athletes and team officials have valid international health insurance that covers medical and emergency care at the designated hospitals in Kosovo before arrival to the venue.

General

The OC cannot predict the developments in the next coming months with regard to the Corona COVID-19 outbreak in Europe. The teams have to bear in mind that due to the uncertain nature of the Corona COVID-19 outbreak and sole authority of each government on how to respond, restrictions to access the Host country may be applicable. **It is the responsibility of each and every participating team to make sure they meet all entry requirements in order to enter the Host country and to monitor the Kosovo policy with regard to entry policies.**

Sufficient insurance

The teams are strongly urged and advised to make sure to have their own sufficient travel, cancellation, medical insurance.

Liability

In this respect, please be informed that the OC shall not and cannot be held liable for any expenses and costs incurred by the teams for travelling to the event in case of cancellation of the event due to (further) outbreak of the Corona COVID-19 virus in the Host Country. The teams are strongly urged and advised to make sure to have their own sufficient travel, cancellation and medical insurance. The OC shall not accept any claims or requests for compensation in case of cancellation of the event.

36. ACCOMMODATION & TRANSPORTATION

HOTEL ACCOMMODATION

All participating teams and officials must book their hotel accommodation via the OC mini- mum (2) two nights per accredited person. The OC provides hotel rooms in each price range, but make sure you make your bookings early to avoid missing out the preferred hotel rooms. Please refer to the accommodation guide for further information and send to: info.tkd.kos@gmail.com

PLEASE FIND THE ACCOMMODATION FORM ON SIMPLY COMPETE

Accommodation fee if you did not book your stay via OC:

100 euro per accredited team member should (athlete, coach, physio etc) be paid directly to OC.

TRANSPORTATION

OC provides transportation from/to the airport, hotel, venue during the Championships to the teams have booked their accommodation via the Organizing Committee.

PLEASE FIND THE TRANSPORTATION FORM ON SIMPLY COMPETE

ATTENTION!

Any payments with regard to the accommodation shall be paid to the OC directly. Please find more information to the Accommodation Form and Guide in Simply Compete.

Name of Organizer: Kosovo Taekwondo Federation

Address: Rr. Agim Ramadani, House of
Sports, Prishtina 10000 Kosovo

Name of the Bank: BKT Kosova,

IBAN: XK05 1901966314031148

BIC: NCBAXKPR

37. VISA INVITATIONS

VISA ASSISTANCE

You should apply <https://www.evisa.gov.tr/en/> by online.

If your country is not applicable for e-visa, you should go directly to nearest Kosovo Embassy personally, to apply.

Accredited persons with valid form should be sent back to info.tkd.kos@gmail.com by 15th of October 2025. Forms sent after 15th October will not be accepted. It is responsibility of each athlete and MNA to apply for and secure the correct entry visa for Kosovo. All wrong information provided (mistakes in names, document numbers, dates) is on your own responsibility. In order to get a visa invitation, you need to send a proof of participation payments and pre-book your accommodation via OC.

PERSONAL INDEMNIFICATION FORM

THIS INDEMNIFICATION, HOLD HARMLESS, RELEASE AND CONSENT NOT TO SUE executed this on:

(insert date of signing).

I, the undersigned, certify that I will indemnify, hold harmless and release the European Taekwondo Union, World Taekwondo and the Organizing Committee, its executive board members, directors, officers, members, employees, consultants, agents, attorneys, contractors (including without limitation sponsors, suppliers, licensees and other representatives (each, an "Indemnatee" and, collectively, "Indemnitees"), from and against any and all damages, injuries, penalties, fines, claims, suits, liabilities, costs, attorneys' fees court costs and expenses of every kind and nature suffered by or asserted against the Indemnatee as a direct or indirect result of participating in the European Under 21 Championships 2025 in the broadest sense of the word.

By signing and submitting the form below, I accept and agree to the terms and covenants contained in this Indemnification, hold harmless, release and consent not to sue.

I verify that by signing and submitting this form, that I have read and agree to all of the terms and conditions provided above.

Name:

Date:

Signature:

In case the person involved is a minor, the legal guardian has to sign:

Name:

**Relation towards the
minor**

Date:

Signature:

Please send this form to: info.tkd.kos@gmail.com

LIABILITY DECLARATION / only for under aged athletes

My name:

I live in:

I am the parent/guardian of:

Date of birth (competitor): _____ / _____ /

I declare that I accept the participation of

at the European U21 Championships on 11-14 December 2025 and
that I accept all parts of the official invitation of this tournament.

For physical reasons nothing speaks against a participation of the
aforementioned athlete, I understand that all competitors are considered
to participate at their own risk.

European Taekwondo Union, World Taekwondo and the Organizing
Committee assume no responsibility for any damages, injuries or
losses. All athletes must bring their own documents and the forms or
any medical insurance in Kosovo.

Place: _____ ; Date:

Signature of the parents/legal guardian:

PROTEST FORM

Name athlete: _____

WT Licence No.: _____ Weight division: _____

End time of the pertinent contest: _____

Rule violation: Please specify on what ground the protest is being made, clarify which article of the WT competition has been breached according to you.

To be filled out by ETU official:

Time of protest submitted:

Process fee paid: